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Croatia Aromatic Study Tour – June 25-July 5, 2020

Hosted by the International Journal of Professional Holistic Aromatherapy and Šola-Aromaterapije



We begin in Split, a town on Croatia's Dalmatian Coast, is known for its beaches and the fortress-like complex at its center, Diocletian's Palace, erected by the Roman emperor in the 4th century. Within its white stone walls and under its courtyards are a cathedral and numerous shops, bars, cafes, hotels and houses. We will be located adjacent to the Riva Promenade on the harbor. Come a day early to explore Split.



The city of Zadar is a real treasure trove of archaeological and historical monuments dating back to antiquity, the Middle Ages and the Renaissance, as well as of numerous contemporary works of architecture, such as the world's first Sea Organ (or *Morske orgulje*) and Nikola Bašić's Monument to the Sun. Many churches and monuments from all periods of history have been preserved, and they reflect the art and architecture of all styles.

We will base ourselves in Zadar for five days in a beautiful seaside hotel. We will explore phytotherapy as practiced in Croatia with lectures, workshops, a visit to a distillery and botanical walk. We will ferry to Rava island to visit a distillery and spend a beach day on the island of Kornati as a mid-trip break before heading to the island of Hvar.



Our accommodations in Hvar are surrounded by pines and olive trees overlooking the Adriatic Sea. We remain in Hvar for three days to learn about the plants of the area and essential oil production. We will visit distilleries and enjoy lectures and workshops during the day and some of the nightlife Hvar has to offer in the evenings. Those leaving the tour at this point will travel back to Split for departure home. For those who stay on, we will travel by catamaran to Dubrovnik. Known for its distinctive Old Town, encircled with massive stone walls completed in the 16th century, its well-preserved buildings range from baroque to Renaissance and paved with lime stone. Here we will explore the Old Town and enjoy a lecture and workshop on perfumery.

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