

## CHAKRA MASSAGE THERAPY

Imbalances within any chakra may have profound effects upon either our physical or emotional bodies. An experienced therapist can by observation, intuition, dowsing or scanning sense which of the chakras are out of balance and by careful use of the correct essential oils and massage can help adjust the chakras thus restoring the bodies equilibrium

If your client's energy system is out of balanced, your client may feel listless, tired, out of sorts, or depressed. Not only will physical bodily functions be affected and diseases manifest, but the mind may also be affected by negative attitudes. A constant balance between the chakras will promote health and a sense of well being.

Chakra Massage Therapy combines the knowledge of the body's energetic system with massage and essential oils, following specific protocols to treat your client.

## CONTACT US

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# THE TRAINING CENTER OF WELLBEING

Chakra Massage  
Therapy



# CURRICULUM

The Chakra and Aura System  
Protocols  
Combining Essential Oils  
Contraindications  
The Therapy Sessions: putting it all  
together  
Client Aftercare  
Case Studies and Research  
  
Chakra Massage Therapy



## ABOUT THE COURSE

Pre-requisite: Massage therapy level 3 and  
Aromatherapy or equivalent including AP  
Duration of training: 1 Day  
Cost: £125  
Independent Learning Hours: 10  
Case Studies: 3 with 2 follow ups on each

## MORE INFORMATION

Please contact us to ensure that you meet the  
minimum requirements for this course. We will  
need to see your certification. A minimum of  
level 3 (or equivalent) massage therapy and  
Aromatherapy including Anatomy and  
Physiology is required. Your previous study  
must have been classroom based training.

Accredited by the Complementary Medicine Association

## IS THIS COURSE FOR YOU?

This course is ideal for the experienced massage therapist and  
Aromatherapist who would like to offer a new therapy to their  
clients.

## WHATS INCLUDED?

Your training includes:  
Full printed manual, classroom sessions, support with case studies.