

LMMI - “A DAY OF CORPORATE PRAYER AND FASTING” (1 Hour on Wednesdays)

Based on the book, **“31 Days of Prayer and Fasting, plus 1 hour per Day of Prayer and Fasting”**

by ***Loretta C. Johnson***. (Copyright 2012: L & M Ministries)

Background: Because of the essentiality of everyone to know the **LORD JESUS CHRIST** and **HIS** Power, coupled with the worsening conditions of our world today - the idea for instituting a specially-selected day devoted to eradicating issues that are causing detriment to every man, woman, girl, boy – of every age - of every culture - was presented by a Director of LMMI. We felt this idea to be **GOD-ordained**, thus: **“A CORPORATE DAY OF PRAYER AND FASTING”** was instituted – to be done on Wednesdays; suggested: one hour per day.

Focus: **“Re-uniting Immigrant Babies, Toddlers, Children Teenagers, Young People with their Parents/Families”** (Read relevant information from Website.)

When: **Prayer** to begin on August 1. **Prayer AND Fasting** to begin on August 8, 2018.

Time: Try for **one hour** (between the hours of 6 AM and 6 PM - **not sleeping hours**)

GENERAL PROCEDURES:(specially written for persons new to Prayer and Fasting)

1. **Before you begin: Take time to “ready yourself” for this endeavor: Do your Research.**

- a) What does it mean to **PRAY**?
- b) What does it mean to **FAST**? [**NOTE: Be guided by the advice of your physician(s).**]
- c) **Question:** **“What will be some Benefits for me in participating in this Endeavor?”**

2. ***Is this for you to do? Did you Pray and Fast for your answer? If your answer is “yes:”**

- a) Gather items you will need: **Holy Bible**/appropriate reference Bibles, pens, paper, dictionary, Bible resources/references, relevant sources/resources, etc.
- b) **Get yourself ready:** Read. Consecrate. Focus/Meditate on your task-at-hand.

3. **As You Pray and Fast:**

- a) Throughout this time, **PRAY** for **GOD’s Knowledge, Guidance, Wisdom, and Anointing.**
- b) Throughout the day, Read and concentrate on appropriate Scriptures from the Bible.
- c) Keep focused on your **goal(s)/objective(s).**

4. Even **when not Fasting**, keep yourself in **“an atmosphere and attitude of Prayer and Fasting.”**

REMEMBER what II Chronicles 7:14 says! *BE BLESSED in your Efforts!!*