

HOW TO WORK WITH PSYCHOSOMATIC SYMPTOMS IN YOUR NUTRITION PRACTICE

These are free, weekly, one hour, no-need-to-register, informal talks for all IHN students and alumni.



VANCOUVER CAMPUS: Tuesday May 3rd | 2 pm

Recent research from leading experts in the field suggests that our thoughts and/or level of "consciousness" have a direct effect on our physical well-being. When you meet a client who presents with symptoms of an illness that is non-responsive to orthomolecular medicine, what will you do? Find alternative tools and learn another language, which can help you speak to potential psychosomatic underlying causes.

Join Leah Hille in this cutting-edge dialogue to learn how to best facilitate concrete solutions for your clients. Learn about:

- The four common brain states - what are they and how do they directly affect the body?
- What is psychosomatic illness?
- Current studies on common psychosomatic illnesses.
- How to work with clients with symptoms, yet who have no obvious bio-chemical imbalance.
- New techniques in working with clients towards a solution for their health.

About Leah Hille, RTC

LEAH HILLE has extensive education in the mind-body model of health. After becoming a Reiki Master in 2003 and studying CranioSacral Therapy, she studied with Langara College for three years in the Integrative Energy Healing Practitioner Program. In 2009 she began her journey with The Way of the Heart™, an organization founded on ideals of transformative healing and life mission. She has been volunteering with this organization for the past five years. She recently completed her degree in counselling and is now working as a Registered Therapeutic Counsellor and Art Therapist. Leah has been in private practice for the past decade, helping clients realize their innate healing potential. www.theheartsmission.com



