

## Harm Reduction

## Responding to Family Issues SEMINAR #32:

Identify the Issue

Completing and F.T.R. worksheet

Apply the Family Values Based Decision Making Model Complete the practical exercises and video worksheets

Connect the needed resources or support services

Complete a Family Plan of Action for this issue

| Purpose: |                                                                 | The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.                                                                                                     |
|----------|-----------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|          | Instructions                                                    | Medical Assisted Treatment needs to have family member support in the recovery journey                                                                                                                                     |
|          | Identify the Issue                                              | First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.                                                                                                                  |
|          | Complete Family<br>Transformational<br>Response (F.T.R.)        | Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews what is included Family Member Part of Harm Reduction. Which of these will the family member need to seek help in solving? |
|          | Complete Family<br>Value Based<br>Decision -Making<br>Model.    | In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.                      |
|          | Key Topic #1:<br>What does Harm<br>Reduction Model<br>Look Like | Your family members will seek to identify their own level of understanding in regards to Harm Reduction by first understanding what a Harm Reduction Model looks like.                                                     |
|          | Key Topic #2: Pro's<br>& Con's to Harm<br>Reduction             | Understanding what the specialist and policy makers with community leaders are saying both Pro and Con to this the Harm Reduction model.                                                                                   |
|          | Key Topic #3:<br>Avoiding<br>Overdosing and<br>Fentanyl         | Because the deadly inclusion of fentanyl is so widely distributed, testing before using is a value added feature to a Harm Reduction Model.                                                                                |
|          | Purpose:                                                        | The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.                                                                                                     |



## Seminar Objectives:

- Learn what a Harm Reduction Model looks like.
- Review the Pros and Cons of Harm Reduction.
- Understand how Harm Reduction helps to avoid overdosing and Fentanyl.

## Session Materials Provided:

- A Power Point Presentation w/voice over on slides.
- A Learning Series Study Guidebook. (all 32 seminars)
- A Learning Series Workbook. (all 32 seminars)
- A "It's Time to Get Organized" family organizing binder.
- A "It's Time to Get Networked" family provider community directory.
- A Meeting Agenda, template for each seminar.
- Practical Exercise Handout, for each seminar.
  Clinical Paper Handout, for each seminar.