Fall / September 2019 Newsletter

Envisioning a world where everyone thrives





Group Aikido Program at ZenATX on Thursdays 8:30pm-9:45pm

Gift Ticket Swap Meetup monthly on the 1st Monday

Sharing your gifts & talents and meeting your needs & desires at the same time

Hurray Hurray! We have kicked off our first Gift Ticket Swap meeting last Labor day. I am thankful to those divine sparks who were present. View their profiles and Purchase their gift tickets or Request a swap here: https://divinesparkallies.org/gift-provider-profiles. It's a prototype system for now and



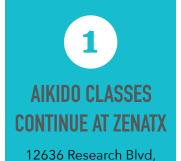
Group Holistic Yoga

Program at PWYS

on Tuesdays & Thursdays 10:15am-11:30am

Group Holistic Yoga and Healing Meditation Program at PWYS on Sundays at 4pm-6pm

Contact Kyung at (469) 878-9441 or Seagan at (469) 235-4401



Austin, TX

HOLISTIC YOGA
CLASSES CONTINUE AT

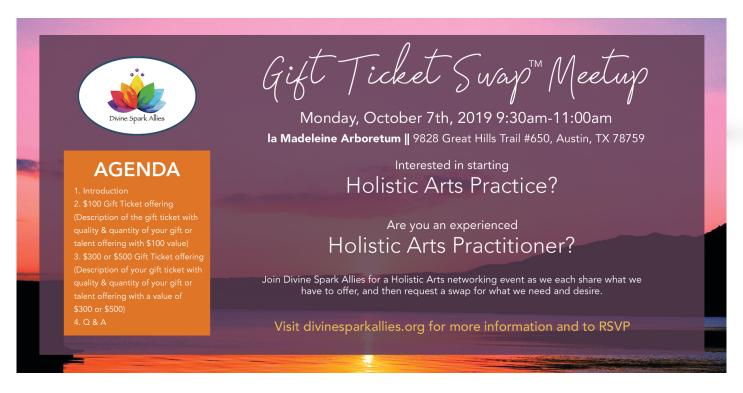
Peaceful Warrior Yoga Studio 12221 Riata Trace Pky, Austin, TX HOLISTIC YOGA &
HEALING MEDITATION
PROGRAM

Six Weekly Sessions starting 9/29/2019

the next meeting is scheduled for Monday, October 7th, 2019 at La Madeleine, Arboretum, in keeping the momentum going while we are working on the mobile application software. Space is limited so please RSVP at https://divinesparkallies.org/gift-ticket-swap-meetup.

And now as we ease into the fall season, we are continuing with our regular classes for Aikido at ZenATX on Thursdays at 8:30pm and Holistic Yoga at Peaceful Warrior Yoga Studio on Tuesdays and Thursdays at 10:15am. Schedule your next class online at www.holistichealingandyoga.com or text your intention to attend at least 24 hours in advance, where possible. We are also starting another round of 6 weekly Holistic Yoga & Healing Meditation sessions on Sundays at 4pm on September 29th, 2019 and ending on November 10th, 2019. To learn more and to sign up, visit https://www.holistichealingandyoga.com/hyhm-program.

Last but not least, the Holistic Healing & Yoga retreat in Drakensburg, South Africa has been rescheduled to October 2020 and we are still working on offering additional options to include an African Safari trip as well as a Wine Testing Tour & visit to Cape Town. More details to follow soon.



Wishing you and yours a happy fall season.

Namaste,

Kyung Yi-O'Kelly

Your Partner in Our Healing Journey

www.holistichealingandyoga.com, Uniting Mind, Body & Spirit

www.divinesparkallies.org, Envisioning a world where everyone thrives