

Bryant Chiropractic and Massage

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COVID- 19 Massage Policies and Procedures

New Cancellation Policy

Amid the ongoing uncertainty of COVID-19, we have modified our cancellation policy to offer greater flexibility to all our clients/patients. We hope this will alleviate any stress and hesitation you have about an upcoming appointment. If you need to reschedule, because you are not feeling well, we understand and request for you to please contact us as soon as possible. To further support you, there will be no penalties for cancellations due to illness. Please, **call or text us at 425-890-8983** if you need to cancel same day.

New Booking Policy

Due to COVID-19, we are temporarily limiting the number of daily appointments. The health and safety of our clients and staff is very important to us. For this reason, walk-in appointments will not be accepted and clients who are not currently receiving a service will be asked to step out in order to control the number of people within the clinic. If you are experiencing a fever, cough, or sore throat, please reschedule your appointment for when you are no longer symptomatic. If you have been to a COVID-19-impacted area or have been in close contact with a person infected with COVID-19, we ask that you please reschedule your appointment for 14 days past the date of contact.

New Appointment Procedures:

Washington Department of Health has issued guidelines on how to perform massage during the Covid 19. We ask our patients to Please:

- **Wait in your car** if you are early for your appointment.
- **Bring only essential items** with you like phone, keys, credit card or insurance card if necessary. Leave big purses and coats at home or your car.
- **Wear easy to remove and put on shoes and not walk bare foot on the floor or put your bare feet on the floor while dressing and undressing. Keep your shoes on until you are on the massage table.**
- **Wear face coverings when you arrive** for your appointments. If you do not have a face mask or you forgot your mask, one will be provided for use during your visit at our clinic and your massage. We will evaluate your breathing comfort during the prone positioning of your massage session and modify the positioning if necessary. If you are not able to wear a mask during your visit, please wait to schedule your massage until that is no longer necessary.
- **Bring your own water bottle and pen** or ask us to provide these for you
- **Go to the restroom and wash your hands upon entering the office before your massage starts. Avoid touching any surfaces after you have washed your hands**
- **A container will be provided for your clothing**, which will be disinfected between clients.
- The massage therapist will wear full PPE (personal protection equipment) – gloves, gown, mask and eye protection.
- Pay for your appointment in advance online if applicable. For insurance clients- we will send you a statement with the outstanding balance not covered by insurance.

These policies are subject to change without notice. I understand and agree with the above listed policies.

Patient Name: _____

Patient Signature: _____ Date: _____