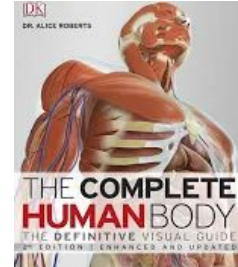


# RISING LOTUS READING LIST

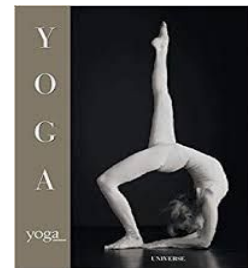
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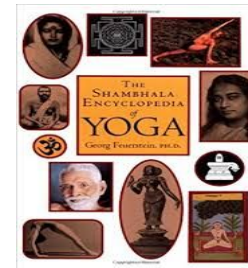
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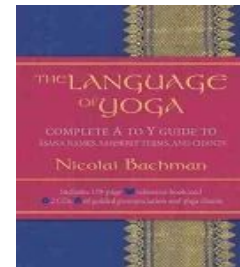
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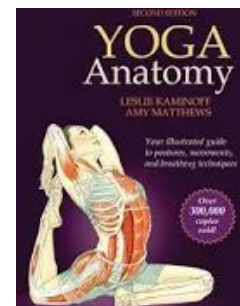
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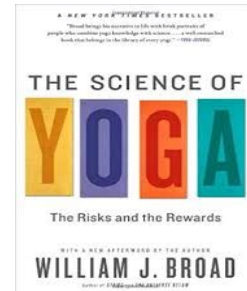
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\* The Science of Yoga: The Risks and the Rewards

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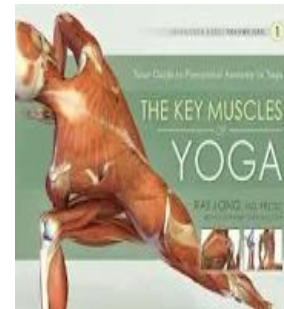
by William J Broad



\* The Key Muscles of Yoga: Scientific Keys, Volume I

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\* Anatomy for Yoga with Paul Grilley DVD

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