

Informed Disclosure for Herbal Consultations

Jennie Isbell Shinn is not a doctor.

She is an herbalist and educator. Please feel encouraged to ask about her training and background for a better understanding of the field.

Her primary goal is to help you nourish and support your body so that it can heal itself. She may provide information or suggestions for things you can research more on your own.

You are encouraged to discuss your health concerns with your other healthcare providers. You should notify your physician(s) of any herbs or supplements you are using. It is your responsibility to tell your herbalist of any prescription medications you are using. Some pharmaceuticals and some herbs should not be used together.

Good health is your own personal responsibility: the final decision in any recommendation – whether to follow it or not – is always yours.

The nature of this herbal consultation is educational: it is important that you have a good understanding of what we discuss, no matter how many questions you need to ask. I encourage your continued research and self-education as you walk the herbal path.

I am not a doctor, I am not dispensing medical advice, and I am not diagnosing or treating any medical conditions. I am providing information and education from the perspective of traditional herbalism. Any herbal preparations I provide are to be considered a sample to aid in your personal investigation into the effects of herbs in your own body.

Please sign to indicate you have read and understood this information:

Printed name

Signature

Date