**DRIVING WITH A HEALTH CONDITION & the NDIS**

**If you have a health condition, learning to drive can seem like a far off goal to achieve, but it doesn’t have to be. Learning to drive with a disability might bring more challenges, but it’s not impossible.**

**Can I learn to drive with a disability?**

Whether or not you can learn to drive depends upon how severe and what your disability is. Before you get on the road, you may need to check with your General Practitioner and relevant state driving authority [Vic Roads or NSW RTA of any pre-existing disabilities of medical conditions you have, so that they can assess how your disability could affect your driving.

**Find a driving instructor**

Once you’ve received your learners driving licence, you’ll want some driving lessons. Learning to drive with a disability can present more challenges, so it might be a good idea to search for a driving instructor with experience in teaching learner drivers with a disability or health condition.

**Adapted vehicles**

If your medical condition requires you to have a specially adapted car, you might need to buy an adapted car before you can get on the road. To discuss this further, an appointment with a specialised occupation therapist is a good place to start. The assessment by the specialised occupational therapist aims to look at what adaptations, if any, your vehicle will need.

**Driving with autism**

Having autism doesn’t automatically mean that you’re unable to drive. As autism is a spectrum disorder, it’s impossible to say whether you should or shouldn’t drive because you have autism. You will, however, need to disclose your autism spectrum disorder (ASD) when you apply for your provisional driving licence.

Before you get on the road, you may need to check with your General Practitioner and relevant state driving authority [Vic Roads or NSWRTA of any pre-existing disabilities of medical conditions you have, so that they can assess how your disability could affect your driving.

Source: https://midrive.com/learner/learning-to-drive-with-a-disability

***Click below***

*for further information and other resources which may be of interest.*

Autistic Society UK and Driving [**WEBSITE**](https://www.autism.org.uk/about/family-life/everyday-life/driving.aspx)

Driving Through The Lens of Autism | Haley Johnson Bishop [**TED TALK VIDEO**](https://www.youtube.com/watch?v=JHZ1RJ9E-nU)

Julia's Story from Autistic Driving School [**VIDEO**](https://www.youtube.com/watch?v=S93scNE94Ho)

[Driving With Aspergers](https://www.bidmc.org/centers-and-departments/neurology/programs-and-services/cognitive-neurology/programs/drivewise-and-driveadvise)  [VIDEO](https://www.youtube.com/watch?v=B9vOkKRBNCI)

Many young people with autism can become safe drivers [ARTICLE](file:///C%3A%5CUsers%5Cvdane%5CDesktop%5CMany%20Young%20People%20With%20Autism%20Can%20Become%20Safe%20Drivers%3A%20Study)

Young drivers with autism spectrum disorder may need more time to learn basic driving skills [ARTICLE](https://medicalxpress.com/news/2018-06-young-drivers-autism-spectrum-disorder.html)

Teen with autism reluctant to drive; should this parent push? [ARTICLE](https://www.autismspeaks.org/expert-opinion/teen-autism-reluctant-drive-should-parent-push-0)

To Drive Or Not To Drive – That Is The Question [ARTICLE](https://www.autismawareness.com.au/news-events/aupdate/drive-not-drive-question/)