**Dreamer and Achiever Center offered groups that support individuals in learning how to deal with everyday situations in a positive and productive way. The groups encourage individuals to maintain their overall wellness and advocate for their needs. We offer support services that will enable individuals to learn from staff with lived experiences on recovery...**

**Join URL:**[**https://us04web.zoom.us/j/834223652**](https://us04web.zoom.us/j/834223652)

**Or**

**Meeting Call in Phone #: 1 253 215 8782 Meeting ID#: 834 223 652**

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| --- | --- | --- | --- | --- | --- |
| **April** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **10 am** | **Self Care**  **Jackie Bibbs** | **Current Event Update: Corona – virus**  **Jackie Bibbs** | **Anger Management**  **Jennifer Franklin**  **Dorothy Adams** | **Coping Skills**  **Jackie Bibbs** | **Double Trouble**  **Maurice Gross** |
| **11 am** | **Spirituality**  **Dorothy Adams** | **Substance Use – Misuse / Support Group**  **Maurice Gross** | **Substance Use – Misuse / Support Group**  **Maurice Gross** | **Substance Use – Misuse / Support Group**  **Maurice Gross** | **Substance Use – Misuse / Support Group**  **Maurice Gross** |
| **1 pm** | **One on One Peer Support / Wellness Check In**  **Alternating Staff** | **WRAP Seminar Support Group**  **Gerard Thomas** |  |  |  |