

ANGELIC SKIN CLINIC

Pre Treatment Instructions for Photo-Facial Treatment

Pre Treatment Instructions:

- Avoid sun exposure (apply sunscreen daily and do not tan at all – including self-tanner) for 4 to 6 weeks before and after treatments.
- Do not use any retinol products (or products containing tretinoin) or exfoliants on the area to be treated for one week. Avoid Accutane (or isotretinoin products) for 6 months prior.
- Let your provider know if you have a history of hyper-pigmentation.
- You must notify the technician if you have had any cosmetic tattooing on or near the area to be treated.
- Photosensitizing medications such as certain antibiotics or steroids should be discontinued two weeks prior to the treatment. If you are unsure of a medication consult with your provider prior to treatment,
- Anticipate a social “down-time” of 2-5 days before any redness, swelling and sloughing of the sunspots has subsided.
- Come to your appointment with a clean face- remove all makeup if area to be treated is the face.

Call 763-497-7546 During Working Hours for any questions or concerns OR
Email info@angelicskinclinic.com for after hour support.

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Post Treatment Instructions for Photo-Facial Treatment

Post Treatment Instructions:

-You may have a mild sunburn (burning) sensation following the treatment that is usually gone within a few hours. Skin redness is normal and may last a few days. There may be a slight amount of swelling. Crusting or blistering is uncommon and not serious. Pigmented areas may begin to flake after a few days. Cold compresses may be useful for the first 24 hours.

-Your skin will be fragile for 2-3 days. Use gentle cleansers, do not rub the skin and avoid hot water during this time.

-Do not use any retinoids, tretinoin, alpha or beta hydroxy products, vitamin C products, scrub, exfoliate, or have chemical peels performed on the areas treated area for one week.

-Makeup can be applied immediately (if the skin is not broken).

-Avoid the sun and use sun block. Avoid excessive heat or friction to the treated area (heavy exercise, saunas).

-Sun spots and age spots will DARKEN with the laser treatments BEFORE they begin to respond and resolve. This is expected and a normal part of the Laser process. Do not pick these spots once they become dry. They will lift and fall off on their own.

-Please contact us as soon as possible if you experience any blistering or increase pain. Contact us if you are concerned about infection. If any pigment changes are bothersome or persist beyond 4 weeks.

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