

About 4 months into my pregnancy I developed severe pain in my hip/glute. I went to the doctor, massage therapy and physio, but nothing was helping and I ended up on crutches for a couple weeks.

I heard about Sarah from a friend and after one visit, I was able to walk again without the crutches and the pain cleared up quickly after the second session.

Towards the end of my pregnancy she helped with the carpal tunnel I developed.

I loved seeing my acupuncture appointments in the calendar. The room was always warm, calm and relaxing.

Sarah was always well informed, professional and offered great advice! I saw AmberLynn multiple times throughout my pregnancy, mostly for back and hip pain. Just like the acupuncture appointments, I always looked forward to seeing a massage appointment in my calendar. AmberLynn made me feel comfortable and the way the table was set up I was able to lay face down almost until the end of my pregnancy