

Celia Guppy

Inspire, Motivate, Empower

Client Outcomes Form

Name:

What do you want?

Write out what you want to achieve, what are your goals & dreams.

Previous attempted solutions?

What's stopping you?

What would you do if you knew you couldn't fail?

What will be different in your life as a result of having this change?

How is this change going to affect family and friends?