

Rising Lotus Inc
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**School of The Rising Lotus
OWENSBORO, KY**

Yoga Teacher Trainee Candidate,

Thank you very much for applying to the School of The Rising Lotus, Owensboro. The School of The Rising Lotus is the yoga teacher training program of Rising Lotus Inc is a 501(c)3 non-profit organization (C4115762) and a registered **Yoga Alliance® School**. The Yoga Teacher Training program is an independent study 200 hour program. The program is designed to train future yoga instructors to competently and safely teach a yoga class for 1 to 10 students from the foundation of Patanjali's eight limb path. Although the physical and academic training is remedial it will be time consuming and challenging. Rising Lotus INC's YTT is not designed to address students individual or personal health and wellness concerns or issues although students will personally benefit due to a regular practice and learning to take care of others. Students will be committed to taking their skills to educate economically challenged areas of Owensboro by providing volunteer services. Cost of the program including books and study materials is \$3,000.00 per student. Scholarships are available. If awarded a full or partial scholarship the recipient is responsible for a \$100.00 non-refundable enrollment fee if applicant is accepted into the program. The student is also responsible for books and materials, estimated cost, \$150.00.

“Go confidently in the direction of your dreams! Live the life you’ve imagined. As you simplify your life, the laws of the universe will be simpler.”

—Henry David Thoreau

YTT APPLICATION

Teaching yoga requires the assimilation and embodiment of the teachings, presented in your own voice and in your own way. As we grow as teachers, we add our own voice to the lineage of teachers. This is how the yoga tradition stays alive and evolves.

Personal interview and completion of the Rising Lotus INC YTT application is required to complete enrollment.

Start Date: _____

Name: _____

Date: _____

Home Address:

Street:

City: _____ **State:** ____ **ZIP:** _____

Email address: _____

Social Media Usernames

IG _____

FACEBOOK _____

TWITTER _____

Cell phone:

Emergency

Contact: _____

Essay questions: Please take your time and answer the following questions in complete sentences. Please write at least 3 sentences for **each** question. Please submit with your application.

Describe your introduction to yoga.

Describe your present yoga practice.

How has your yoga practice changed?

Describe your vision of the yoga instructor you will be upon graduation and then in one year.

What do you think is the most important aspect that you want to learn as a yoga teacher trainee?

Do you have any experience with any other healing art?

What healing art other than yoga would you like to be certified in?

Describe your work experience.

Describe your educational experience.

Describe your physical fitness and health.

Describe your mental and emotional health.

List two references and what your relationship is.

Are you requesting a full or partial tuition scholarship, if so please explain.

I, _____, understand and acknowledge that Rising Lotus facilities are for the exclusive use of instruction and business. I therefore agree to use the Facilities or the equipment in the Facilities to engaged in my activities as a trainee. I hereby waive, release and discharge Rising Lotus, its present and former Board of Directors and its present and former officers, employees, agents and volunteers (the "Indemnitees") from any and all claims that are based in whole or in part on injuries (including death), damages, losses, or expenses of any kind I may suffer or incur in connection with services my activities as student. I recognize and acknowledge that Company shall not be responsible for insuring me against any injury or loss connected with my use of the Facilities, including without limitation workers' compensation insurance.

I have read and fully understand this Trainee Waiver and Release of All Claims and execute it of my own free will and without any reservation whatsoever.

PRINT NAME: _____

SIGNATURE: _____ DATE: _____

RISING LOTUS INC'S EXECUTIVE DIRECTOR:

_____ DATE _____

Your signature certifies that all the information on this application is true and correct to the best of your knowledge. Your signature also certifies that you have received the policy and procedure handout and that you understand and agree with its contents. Falsifying information on this application will be considered cause for dismissal from this program without refund.