

**A Season of Grief  
Day 33  
Go Forward with God**



When it's hard to look forward and it's painful to look back, you need a new perspective, a new focus. Look to the Father and keep your eyes on Him. Every time your thoughts drift away from Him, repeat these words, "Focused on You, Jesus. Focused on You."

If you keep yourself centered in God, you will be able to move forward again. Cindy offers a suggestion from her own experience. She says, "What is at the center of your life? Just for an hour or two hours, put God at the center of your life and see what happens. Then do it for half a day. Then do it for a day, and see what happens. I think you'll start feeling that you're going to be okay, that you can trust God, and that you can do the things you need to do."

*"Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day...So we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal."*

**2 Corinthians 4:16, 18**

Thank you, God, that I don't have to strive in my journey, because You have already provided the grace I need to make it.

Amen