

TECHNIQUE

LA ROUTINE DE CAISSE

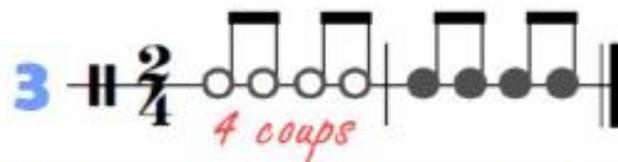
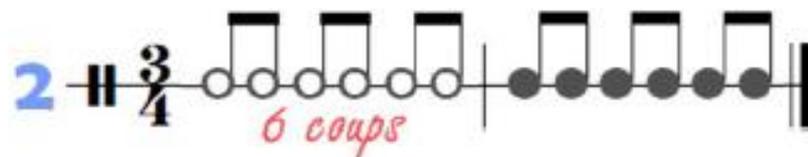
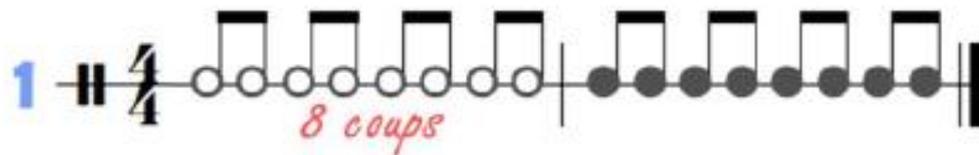


LA ROUTINE DU BATTEUR

Exercice 1

Le 8-6-4

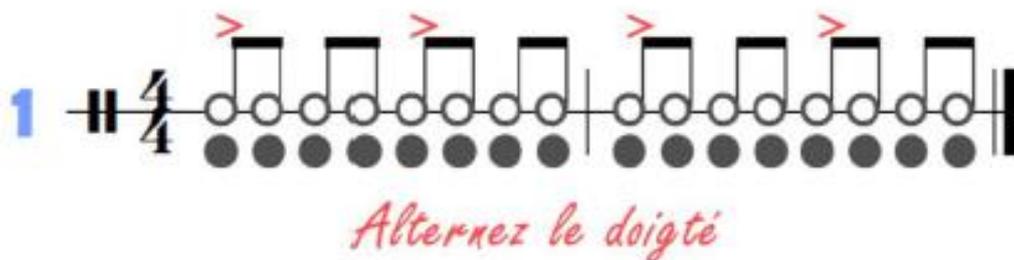
Tempo
70 - 180+



Exercice 2

Les Accents

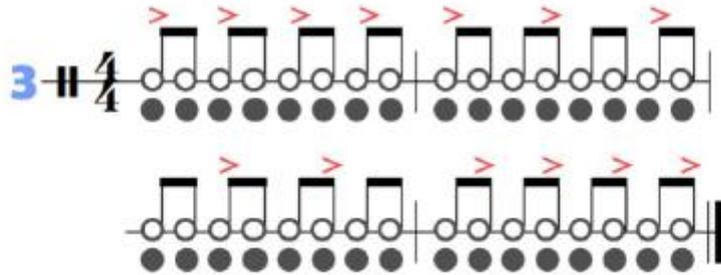
Tempo
50 - 180+



Exercice 3

Les Accents

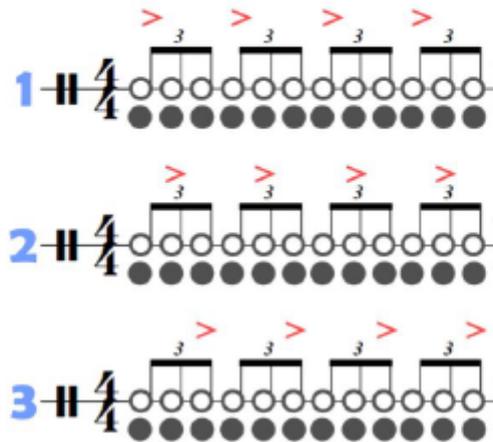
Tempo
70 - 180+



Exercice 4

Les Accents (triolet)

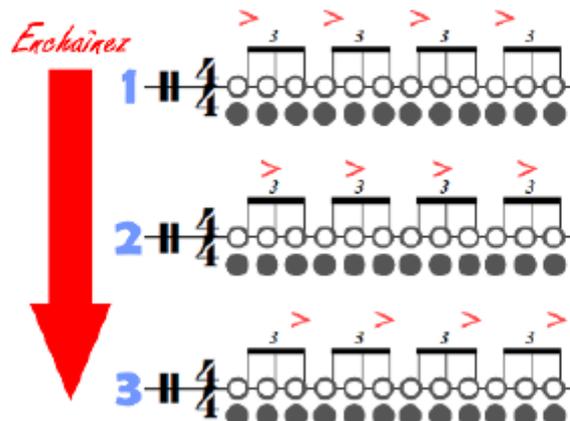
Tempo
45 - 130+



Exercice 5

Les Accents (triolet)

Tempo
45 - 130+



Exercice 6

Les Flats

Tempo
50 - 180+



Exercice 7

Les Flats

Tempo
50 - 180+



Exercice 8

Les Flats

Tempo
50 - 180+

Exercise 8 consists of four staves of music, each with a red box highlighting the notes below. The first staff is in 4/4 time and contains four measures of eighth notes: G4, F4, E4, D4. The second staff is in 3/4 time and contains three measures of eighth notes: G4, F4, E4. The third staff is in 2/4 time and contains two measures of eighth notes: G4, F4. The fourth staff is in 1/4 time and contains one measure of an eighth note: G4, followed by a repeat sign and the number '2'. To the left of the staves are two vertical arrows: a red arrow pointing downwards and an orange arrow pointing upwards.

Exercice 9

Les Flats

(triolet)

Tempo
40 - 150+

Exercise 9 is a single staff of music in 4/4 time, containing four measures of eighth notes. Each measure is a triplet of eighth notes: G4, F4, E4. The measures are numbered 1, 2, 3, and 4 in red above the notes.

Exercice 10

Ras de 3

(frisé)

Tempo
50 - 150+

1 || $\frac{4}{4}$

2 || $\frac{4}{4}$

3 || $\frac{4}{4}$

4 || $\frac{4}{4}$

Exercice 11

Ras de 4

(frisé)

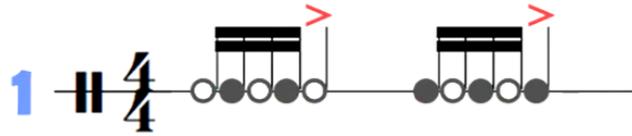
Tempo
50 - 250+

1 || $\frac{4}{4}$

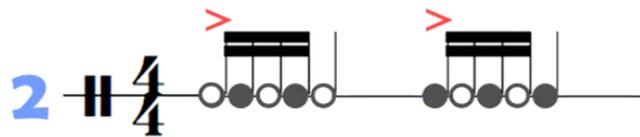
2 || $\frac{4}{4}$

Ras de 5

(frisé)

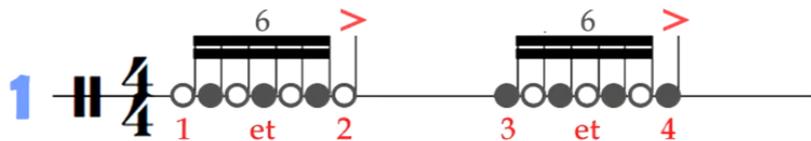


Inversion des accents



Ras de 7

(frisé)



Ras de 3

(Roulé)

1

2

Ras de 4

(Roulé)

1

2

Ras de 5

(Roulé)

1

1 2 3 4

2

1 2 3 4

Ras de 6

(Roulé)

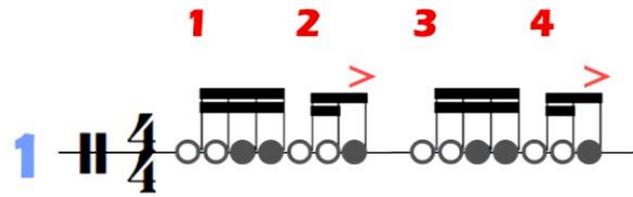
1

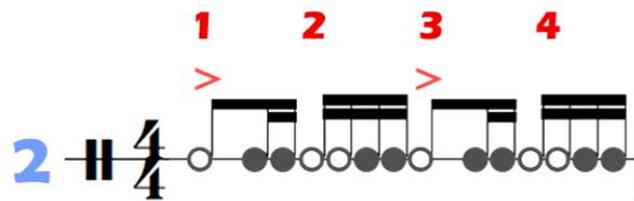
1 2 3 4

ou

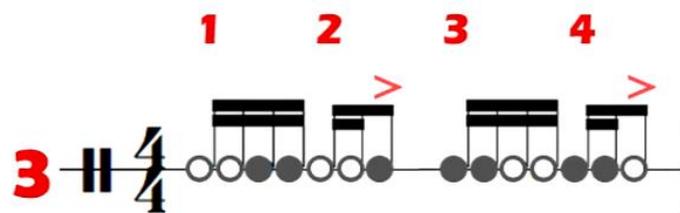
1 2 3 4

Sextolet

1 

2 

Inversion des mains dans la mesure

3 

1

2

Les 4 Moulins

Les moulins sont une combinaison de frisé et de roulé, il en existe 4

PREPARATION A TRAVAILLER

1 ○ ● ○ ○ ● ○ ● ●

2 ○ ● ● ○ ● ○ ○ ●

3 ○ ○ ● ○ ● ● ○ ●

4 ○ ● ○ ● ● ○ ● ○

