

Childhood Trauma in the Family System

Responding to Family Issues SEMINAR #3:

Identify the IssueCompleting and F.T.R. worksheetApply the Family Values Based Decision Making ModelComplete the practical exercises and videoConnect the needed resources or support issueComplete a Family Plan of Action for this issue		
	Purpose:	The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.
	Instructions	The "Responding to Family Issues" process provides a step by step path for a family to consider when developing their response in how to best create a solution to a family issue. Complete each step below to formulate your possible family course of action.
	Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.
	Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews the "Family is a System". Topics include: 1. Recognize the Signs of Childhood Trauma, 2. Get an Assessment and Diagnosis, Trauma in Children. Determine which issue you seeking to resolve.
	Complete Family Value Based Decision- Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.
	Key Topic #1: Recognizing Childhood Trauma	Your family will seek balance, by identifying with a professional therapist, which areas the family needs to adjust, the skills required to recognize childhood trauma. Complete the practical exercise in the Seminar Workbook.
	Key Topic #2: Get an Assessment and Diagnosis	Your family members will seek to identify a professional assessment and diagnosis of Childhood trauma in the family members that are exhibiting signs of trauma. Complete the practical exercise in the workbook
	Key Topic #3: Trauma in Children	Your family members will seek to determine if any of these behaviors may exhibit in school saged children: 1. Pre-School, 2. Elementary School, 3. Middle and High School. Complete the practical exercise in the workbook
	Complete a Family Plan of Action Worksheet	Determining the solution, making a values based decision, understanding who can assist the family, by addressing the top three issues in your family through practical exercise are all wrapped into one call to action for the family members, This call to act is outlined through completing the Family Plan of Action. Complete the practical exercise in the workbook



Seminar Objectives:

- Learn what a Harm Reduction Model looks like.
- Review the Pros and Cons of Harm Reduction.
- Understand how Harm Reduction helps to avoid overdosing and Fentanyl.

Session Materials Provided:

- A Power Point Presentation w/voice over on slides.
- A Learning Series Study Guidebook. (all 32 seminars)
- A Learning Series Workbook. (all 32 seminars)
- A "It's Time to Get Organized" family organizing binder.
- A "It's Time to Get Networked" family provider community directory.
- A Meeting Agenda, template for each seminar.
- Practical Exercise Handout, for each seminar. Clinical Paper Handout, for each seminar.