

# OUR LADY OF LOURDES, ROTTINGDEAN and ST. PATRICK'S, WOODINGDEAN



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**Priest: Mgr. Benny O'Shea 07802 791394**

**Deacon: Rev. Neil Mercer 07801 706167**

Also resident: Canon Oliver Heaney and Canon Daithi Foley


The Parish is part of the Diocese of Arundel & Brighton Diocesan Trust Registered Charity No.252878

**PLEASE NOTE** that due to COVID-19, the celebration of Mass in our church will take place without a public congregation. For the time being, masses including those requested for your intentions, will continue to be celebrated in private. Re: Live Streaming from OLOL. Please check Newsletter for LINK

**PLEASE CHECK THE PARISH WEBSITE REGULARLY FOR ANY UPDATES**

## Services and Intentions

## THE WORD WHO IS LIFE

<b>Sunday 24 May</b> <b>World Communications Day</b>	<b>6.30pm (Sat.)</b> <b>10.30am</b>	<b>Vigil Mass</b> <b>Seventh Sunday of Easter</b>	People of the Parish Roger Craven R.I.P. (A)
Monday 25	9.00-9.55am <b>10.00am</b>	Adoration <b>Mass</b> <i>St. Bede the Venerable</i>	Donald & Pamela Newman RIP (A)
Tuesday 26	9.00-9.55am <b>10.00am</b>  10.30am-12.30pm	Adoration <b>Mass</b> <i>St. Philip Neri</i>  <i>Eucharistic Adoration</i>	Paddy McDonagh and Sr. Mary Francis R.I.P. (A)
Wednesday 27	9.00-9.55am <b>10.00am</b>	Adoration <b>Mass</b> <i>St. Augustine of Canterbury</i>	Intentions of Pat and Clive Mudd
Thursday 28	9.00-9.55am <b>10.00am</b>	Adoration <b>Mass</b> <i>Blessed Margaret Pole</i>	David Stainthorpe R.I.P. (R)
Friday 29	9.00-9.55am	Adoration <b>Mass</b> <i>St. Paul VI</i>	Adrienne Nnadi R.I.P. (R) Rose Miller R.I.P. (A)
<b>Sunday 31 May</b> <b>Pentecost Sunday</b> 	<b>6.30pm (Sat)</b> <b>10.30am</b>	<b>Vigil Mass</b> <b>Day of Prayer for the Church</b>	People of the Parish

**Please Note:** - EVENING PRAYERS THIS WEEK at 7.00pm on – MONDAY, TUESDAY & THURSDAY

**Please remember in your prayers** our recently deceased parishioners and others known to us -Eileen Stevens, Fr. Douglas Perkins, Michael Leech, Mary Timlin, Theresa Burnett-Lloyd, Veronica Wishart, Peter Sharp, John Cheong, Kay Tidbury, David Stainthorpe, Moira Morris, Kathleen Healy, Christopher Jordan, Aidan Power, and Mary Hoban. May they rest in peace. Remember also their families at this time.

*'All joined in continuous prayer, together with several women, including Mary the mother of Jesus.....'*

We are in the 'in-between-time' now – between the Ascension of the Lord and the coming of the Holy Spirit. In the situation we find ourselves in 2020 – restriction of movement out of our homes (easing gradually) – we read in the Acts of the Apostles that Jesus' closest friends were in 'lockdown' – waiting in the Upper Room. They were probably feeling insecure about the future, fearful of the authorities, wondering about when the Lord would fulfil his 'promise' to send the Helper he had told them about. Joining in 'continuous prayer' helped that group to stay strong and believe that the Lord had not abandoned them. For all of us living in the world in 2020 the Covid-19 Pandemic may have given us the opportunity to 'rediscover' the value of prayer and the time to dedicate to a stronger relationship with the Lord. Of course, many peoples' energies will be focused on 'getting by' and that is quite understandable. However, it would also be great if, after the problems posed by Corona Virus, we have discovered/re-discovered the value of our Faith in Jesus Christ. He has gone back to the Father but, as He assured the Disciples, - *'He would be with them ALWAYS, to the end of time'*. During this 'in-between-time' let our prayer be .....*COME, HOLY SPIRIT!*

**PLEASE REMEMBER IN YOUR PRAYERS THE YOUNG PEOPLE PREPARING THIS YEAR FOR CONFIRMATION**

**Visits to the Sick/Hospital/Housebound: If you know of anybody who is sick please contact the Parish Office with details.**



**PLEASE PRAY** for all our sick parishioners who are in nursing homes or housebound, listed in our chapels, but especially for Alison Stainthorpe, Sami Ghazal, Sophie Reilly, Ann Chapman, John Heal, Sandra Waugh, Eileen Cross, Carole Goudy, Victor Hopkin, Eileen Noakes, Una McLaughlin, Veronica Westbury, Gabriel Arthur, Patricia and Joe Collins.

Please let Fr. Benny know if you would like a name added.

**Our Lady of Lourdes Catholic Primary School** There are two vacancies for Foundation Governors and one for a Co-opted Governor. If you are interested in being considered for one of these vacancies, please follow the Link on the parish website for further information and an application form.

**Our Lady of Lourdes School** has a project to help the Whitehawk Food Bank. Donations of food, especially tinned items, drinks, toiletries, etc. can be left on the porch steps of the School. The SVP can arrange collection if necessary. Phone Ann: 01273 301252 or Eve: 01273 303126. For collection from the Woodingdean area, kindly contact [zoegarbarz@lourdes.brighton.hove.sch.uk](mailto:zoegarbarz@lourdes.brighton.hove.sch.uk)

**Very many thanks** to Ian Watson who has made it possible for us to have mass on line at Our Lady of Lourdes. The link for live-streaming is <https://www.youtube.com/channel/UcC4VXBr3EOa43nCxxzB-Edw>

**SVP Help Line** During this period many people need our support and help. If you know of anyone who needs help, the SVP are on hand to look after the needs of our neighbours, be it shopping or giving support and advice when necessary. Please contact Ann Knox on 01273 301252, e.mail: [john273knox@gmail.com](mailto:john273knox@gmail.com)

**MEAL DELIVERY SERVICE** St. Margaret's and Our Lady of Lourdes have been involved in organising a distribution service of hot lunches (£6 per head) on Tuesdays, Wednesdays and Thursdays. If anyone is interested, please ring Ann (301252) or Eve (303126). The meals will be delivered to your door by a volunteer group.

**Weddings, Baptisms and First Holy Communion** – These celebrations are postponed until a time that allows for families and friends to gather safely within our churches.

**MAGNIFICAT – UNIVERSE & CATHOLIC TIMES** (Now Amalgamated)– **TABLET -BIBLE ALIVE – MY DAY by DAY - MASS LEAFLETS** with Readings etc which we usually have in our Churches on Sundays. If you regularly purchase any of the above in the Church Porch and would like to continue to receive the latest editions – **YOU CAN EITHER:** - **Pick them up from the steps by the Presbytery/Parish Office Door.** Alternately, **if you are unable to collect please leave a message on the Parish Office Phone (01273 302903)** with your Name/Tel No and Address- OR send an e-mail to: [ololandstp@outlook.com](mailto:ololandstp@outlook.com) with these details and Newspaper, Booklet or Mass Sheet you request will be sent to you via Royal Mail.

***Our Lady of Lourdes & St. Patrick's – MASSES - LIVE STREAMING***  
**Link:** <https://www.youtube.com/channel/UcC4VXBr3EOa43nCxxzB-Edw>

**SEE PARISH WEBSITE -[www.ololandstp.org](http://www.ololandstp.org) FOR ALL UPDATES**

## **SACRAMENTS**

**BAPTISM** marks the beginning of the Christian's life of Faith. At present we cannot plan celebrations until we are allowed to re-open our Churches but we can begin preparation now. Ring the parish office or e-mail to begin the process.

**Planning your MARRIAGE** – It is probably impossible at present to make definite plans, please remember that our diocesan guidance is that couples should give at least 12 months' notice of intention to marry in order to allow time for discernment, prayer and reflection. If you are engaged and wish to discuss preparation Courses etc. please contact Fr. Benny or Deacon Neil.

**CAFOD Coronavirus emergency appeal:** The effects of Covid-19 in developing countries are devastating. The most marginalized communities will be pushed further into poverty. Working with local partners, CAFOD is already responding on the ground to ensure food supplies, healthcare and hygiene. Your payers and gifts are needed more than ever to help the most disadvantaged. Donate at [cafod.org.uk/coronavirusappeal](http://cafod.org.uk/coronavirusappeal). Please Gift Aid if you are a Uk tax-payer, increasing the value of your donation by 25% at no further cost.

### **Details of Masses on line:**

[St Mary of the Angels, Worthing](#) - you can access an online Mass responses sheet [here](#).

[St Dunstan's, Woking, Sacred Heart, Hove, Sacred Heart, Caterham, St Paul's, Haywards Heath](#) will be streaming via Facebook, their page can be accessed [here](#). Christ the Prince of Peace, Weybridge  
Additional services will also be available further afield: [The Shrine of Our Lady at Walsingham](#) offers a 12 noon online Pilgrim Mass each day, a selection of previously recorded services and a [prayer request](#) facility. [Church Service TV](#) provides live streaming from churches around the country. [Heavensroadfm.com](#)

The website, [www.ChurchPaper.co.uk](http://www.ChurchPaper.co.uk), contains the latest editions of the newspapers: A&B News, UCM News (Union of Catholic Mothers) Reach - Catholic Schools Paper.

## **Coronavirus indulgences evoke Francis' 'ridiculously-pardoning' church**

This article appears in the [Coronavirus](#) feature series. [View the full series.](#)

**ROME** — Announcement of the Vatican's offering of new plenary indulgences to those around the world affected by the coronavirus may have left some Catholics asking, "We still do that?"

The answer is yes. And theologians say the move, made [in a March 20 decree](#) from the apostolic penitentiary, shows a seemingly unprecedented level of pastoral care for those who suffer from the virus — especially those who may die in isolation without being able to receive final rites.

Jesuit Fr. James Corkery, an Irish theologian at the Pontifical Gregorian University, said the decree fits with Pope Francis' vision for a "merciful, welcoming, 'ridiculously-pardoning' church.

### **Special Indulgence for the COVID-19 Pandemic**

During these extraordinary days, we know that the ways in which we normally experience the working of grace through the Church have largely been suspended.

We cannot be physically present at Mass; the Sacrament of Reconciliation is almost impossible because of closed churches and social distancing and even the anointing of the sick and dying may be severely curtailed. However, through all of this Christ never abandons his people and all the baptised continue to make up the Body of Christ. To assure people of the certainty of grace and mercy, even without the normal recourse to the Sacraments the Holy Father has granted the gift of a *Plenary Indulgence* to all those affected by the Corona Virus in various ways. This extends to those suffering from the virus, their families, Healthcare workers and the general Faithful who are concerned at this time.

This moment of grace is an opportunity for us to be more completely free from the effects of sin. It can encourage us on our pilgrim path through these difficult times as we are assured of the Lord's healing, forgiveness and the promise of Eternal Life. The requirements for the Indulgence, which are set out in the Decree are gentle and achievable and form a wonderful opportunity for us simply to pray for each other at this time. Now across the world, when people are *staying apart to draw together*, we can all draw together across the Universal Church in this powerful act of Faith and Hope.

Knowing that the Mass is being celebrated; joining in spiritually in that celebration; watching the live-streaming of the Mass; following its prayers at home; making an act of spiritual communion: this is how we share in the Sacrifice of Christ in these days. These are the ways in which we will sanctify Sunday, and indeed every day.

An Act of Spiritual Communion is the best way for union with Christ.

*My Jesus, I believe that you are present in the Most Holy Sacrament  
I love you above all things and I desire to receive you into my soul  
Since I cannot at this moment receive you sacramentally  
Come at least spiritually into my heart  
I embrace you as if you were already there and unite myself wholly  
to you.*

*Never permit me to be separated from you. Amen.*

*St. Alphonsus Liguori*

#### **Act of Contrition**

*Lord, I am sorry for the times I have sinned against you.*

*I am sorry because I've offended your infinite goodness*

*because I've turned my back on you.*

*I ask your forgiveness now. Embrace me in your mercy.*

*Out of your love that I may pick up again in full joy,*

*the call of discipleship to follow your son, Jesus Christ, who lives and reigns forever and ever. Amen.*



**ST. BEDE** was a monk of the Benedictine Order and is widely regarded as the greatest of Anglo Saxon scholars and historians. He is best known for writing the Ecclesiastical History of the English. He was born in 672 on the very grounds of the monastery at Jarrow. At age seven, he was presented by his family to the Abbot of Wearmouth to be educated. From that day he spent the whole of his life within the monastery, devoting all his time to the study of scripture and the observance of monastic discipline.

*Lord God almighty,*

*open wide the door of my heart*

*and illumine it with the grace of the Holy Spirit,*

*that I may seek what is pleasing to your will.*

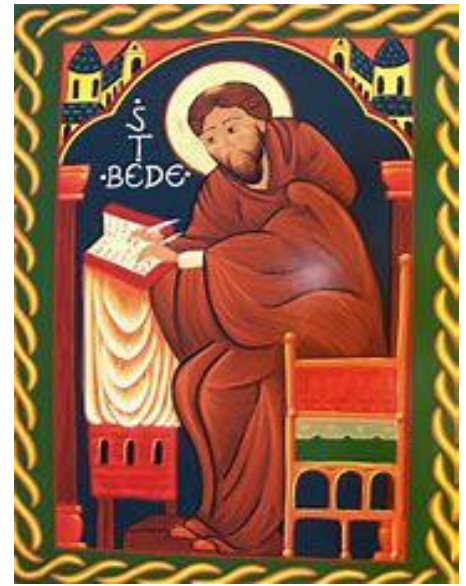
*Guide my thoughts and my heart,*

*and lead my life in the way of your commandments,*

*that I may always seek to fulfil them,*

*and that I may grasp the eternal joys of the heavenly life;*

*through Jesus Christ our Lord. Amen. St. Bede the Venerable*



### Cardinal Nicholls on 'Easter Duties' and the forgiveness of sins

At this time, we are coming nearer to Holy Week - to that most important week in our year. The week in which we celebrate with real solemnity, the final events of Our Lord's life. His entry into Jerusalem, His last supper with His apostles, His death on the Cross on Calvary, His entombment; and, of course, the glorious Resurrection of our Saviour from the dead.

Now, this year, with great distress and sadness, we know we will not be able to come together to celebrate these great days and we will have to do the best we can by the means that are at our disposal.

Now, I want to talk about a very important aspect of this.

You will know that it is an obligation on all Catholics to fulfil what is known as their 'Easter duties'. This is to receive Holy Communion at Easter time, or thereabouts, and it's often coupled, with the desire or the need to go to the Sacrament of Reconciliation.

I want to say with all clarity that this obligation is removed from us this year - in the same way as it is not an obligation on us to attend Mass on Sunday, because these circumstances make it impossible. So, too, the obligation to our Easter duties is removed.

I would not want anyone to be burdened by the thought they are failing to fulfil

their Easter duties. You are not. Now, also at this moment, we can recover another part of our Catholic tradition, a bit like the act of spiritual communion, which comes to our aid in times of great distress and difficulty.

It is the teaching of the Church that the Lord, in His mercy, will forgive our sins, even our grievous sins if we cannot go to Confession - go to the Sacrament of Reconciliation - as long as we make what is termed a perfect Act of Contrition, and resolve to confess our serious sins when we next have the opportunity to do so.

As I say, this is part of a deep Catholic tradition. It's not something new thought up for these very difficult circumstances.

So let me explain a little more.

What the Church teaches us, is that God in His mercy, forgives our sins when we are truly sorry for them. And when we turn to Him and express our sorrow in an Act of Contrition, it's called an Act of Perfect Contrition when its focus is on the mercy and the love of God rather than on the burden of our guilt.

So to make an act of Perfect Contrition, we simply need to turn to God and be, as it were, overwhelmed by God's mercy, and then express in our own words or in the words of the traditional Act of Contrition, the sorrow we feel for our offences against the goodness of God.

When we do that in all sincerity of heart, we may rest assured that God forgives our sins and that we come away from that Act of Perfect Contrition freed from those sins.

And, as I say, the only thing we have to remember is, when it is possible to make a Confession again, that we mention the grievous sins which were forgiven by this Perfect Act of Contrition.

You might say, well, why do we have to go to Confession and name our sins?

Part of the reason is often we don't really own them until we name them. And in the act of naming our serious sin, then we take hold of them and hand them over to Jesus on the Cross, because he takes on the burden of our sin.

And we, for our part, when we have that opportunity, name it to the priest who is there representing the person of Jesus and his mercy. So we can approach Easter with a clear conscience. And we can make use, under these extreme circumstances, of this great tradition of the Church. Through it, the Lord forgives our sins that we may enter fully into the joy of the Resurrection.