

## Services

### **Hypnosis or Reiki:**

- \$369 for 3 sessions (minimum)
- \$693 for 6 sessions
- \$999 for 9 sessions (HIGHLY recommended)
- each session is 1 hour each

### **Coaching \$369 (NO KEYS ARE GIVEN IN THIS PACKAGE)**

- 3 sessions
- each session is 1 hour each

## RECOMMENDED 369 PROGRAMS FOR LONG-TERM SUCCESS

### **1) My 369 Beginner Program Coaching Only \$3,000**

- three 1 hour sessions per month/[3 months/9 sessions total](#)
- learn some of the keys and how to apply them
- monthly payments accepted with 1st payment upfront
- 10% discount applied if paid in full upfront

### **2) My 369 Combo Program (Reiki, Hypnotherapy & Coaching Combined): \$5,000**

- learn all of the keys and how to use them daily
- three 1 hour sessions per month/[6 months/18 sessions total](#)
- monthly payments accepted w/ 20% down payment required
- 10 % discount if paid in full upfront

### **3) My 369 Full Program \$18,000**

**\*The best choice for permanent change with support & guidance along the way to ensure your success of the results you want on your journey.**

- [1 full year/114 hours total](#)
- 2 hour manifesting mastermind monthly
- 1 hour meditation monthly
- 1 hour of private coaching monthly
- 1 hour of hypnotherapy monthly
- group Reiki energy sent monthly (with permission)
- 2 full days with me
- monthly payments accepted w/ 20% down payment required
- 5% discount if paid in full