

Earl Stewart-Grey, PhD, LPC, ACS

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Educaiton

2008 Ph.D.	Counseling Studies	Capella University (CACREP)
	<i>Dissertation: Qualitative investigation of the holistic manifestation and resolution of stress using EMDR treatment</i>	
2004 M.A.	Counseling	West Virginia University (CACREP)
1999 B.F.A	Theater Arts	Point Park university

Teaching Experience

Walden University **May 2010 to Present**
Contributing Faculty, M.S. Counseling Programs (CACREP)

Courses Taught:

COUN 6316 - Techniques in Counseling
COUN 6720/PSYC 6200 - Diagnosis and Assessment (Abnormal Psychology)
COUN 6671 - Practicum
COUN 6682A - Internship I
COUN 6682B - Internship II

West Virginia University (multiple positions) **Jan. 2005 – June 2010**
Adjunct Faculty, M.A. Counseling Program (CACREP) & M.S. Rehab Counseling Program

Courses Taught:

COUN 505 - Theory & Practice of Human Appraisal
COUN 536 - Lifespan Human Development
COUN 609 - Group Counseling Theory & Techniques
COUN 632 - Counseling Adolescents and Adults
COUN 660 - Field Experience – School Counseling
COUN 685 - Counseling Practicum
COUN 686 - Counseling Internship

- Developed Curriculum applying Blooms Taxonomy to address educational needs of first year graduate students
- Designed consultation opportunities for graduate students to improve writing skills and comply with APA 5th edition manual formatting.
- Synthesized both ACA ethics and ASCA National model to lectures to benefit both community and school counselors in training.
- Applied multi-sensory teaching interventions to educate students by matching course content with multiple learning styles
- Participated in the 2008 CACREP reaccreditation exit interview

West Virginia University Continued...

Guest Lecturer, M.A. Counseling Program (CACREP)

Courses Guest Lectured:

COUN 501 – Counseling Theory & Techniques 1
COUN 606 – Counseling Theory & Techniques 2
COUN 630 – Counseling Children & Adolescents
COUN 645 – Couples/Family Counseling

- Demonstrated evidenced based interventions to aid counselors in training
- Synthesized current neuro-science with traditional psychology theories and translated the application of neuro-science to counseling
- Explained the special considerations need for effective counseling of LGBT relationships and families

Guest Lecturer, Undergraduate Honors Classes

Courses Guest Lectured:

Honors Human Sexuality;
Honors Life Skills

- Designed a unique opportunity for relationship develop for undergraduate student using ballroom dance and wellness
- Afforded undergraduate students to explore non-sexual intimacy in order to gains skills for emotional boundary building and romantic abuse prevention

Field Instructor, Master's Counseling Program

Supervised:

Graduate Counseling Practicum & Internship

- Guided professional counselors in training to effety assess community mental health clients for accurate diagnosing
- Educated professional counselors in training on how to document treatment in the forms of treatment planning, progress notes, and case presentations to treatment team

California University of Pennsylvania

Sept. 2006 to Sept. 2007

Field Instructor: Graduate Department of Social Work

Supervised:

MSW Practicum & Internship Site Supervisor;

- Guided master's level social workers in training to effety assess community mental health clients for accurate diagnosing
- Educated master's level social workers in training on how to document treatment in the forms of treatment planning, progress notes, and case presentations to treatment team

University of Pittsburgh

Sept. 2005 to May 2006

Field Instructor: *Graduate Department of Social Work*

Supervised:

MSW Practicum & Internship Site Supervisor;

- Directed master's level social workers in training on research methodology, program evaluation, and quality assurance assessment
- Guided master's level social workers in training to effectively assess community mental health clients for accurate diagnosing
- Educated master's level social workers in training on how to document treatment in the forms of treatment planning, progress notes, and case presentations to treatment team

Waynesburg University

Aug. 2005 to Dec. 2005

Temporary Adjunct Faculty: *Undergraduate Sociology/Criminal Justice Programs*

Course Taught:

Deviant Behavior

- Designed curriculum targeting advance undergraduate criminal justice majors need to evaluate deviance using Social Learning Theory, Labeling Theory, and Rational Choice Theory

Professional Counseling Experience

**Chrysalis Mental Health & Wellness Inc., (*multiple positions*)
Pittsburgh and Washington, PA**

May 2007 - Present

Founder

- Established a group practice to fill a gap in the Greater Pittsburgh Region for individual suffering from complex trauma and dissociative issues.
- Managed all accounts payable and receivable
- Develop treatment protocol to assure efficient and evidence-based treatment according to the APA practice guidelines.
- Establish public relations and marketing campaigns that were recognized as the best mental health marketing in the Greater Pittsburgh Region
- Tripled productivity within the first 12 months of establishing Chrysalis Mental Health & Wellness Inc.

Neuro-Psychotherapist

- Initial assess all incoming clients for level of care needs, treatment goals, and treatment prescriptions
- Evaluate clients for the efficiency of information processing through emotional, physiological, and behavioral assessments
- Provide neurological driven interventions to assist clients to achieve their treatment goals.

Persad Center Inc., Pittsburgh, PA, (*multiple positions*)

Sept. 2007 to Sept. 2009

Admissions Coordinator

Mental Health and Drug & Alcohol Programs

- Developed policies, protocols, and procedures to streamline intake of clients seeking services.
- Managed 150+ incoming inquiries per week regarding services
- Provided triage for all active and non-active clients in need of immediate interventions and referrals.
- Supervised client care once assigned to a therapist assure satisfaction and quality assurance
- Presented all new client cases to treatment team and provided through assessment for diagnostics and treatment recommendations according to the APA practice guidelines.

Supervising Clinical Therapist

Mental Health and Drug & Alcohol Programs

- Clinical Lead Co-Occurring Intensive Outpatient Program
- Managed and reported grant funding the IOP program
- Designed LGBT and HIV+ specific clinical programming for individuals in need of higher than outpatient treatment levels of care
- Devised individualized treatment plans using Structural, Systems, Transactional Analysis, Choice, Transtheoretical, EMDR and Rational Emotive Behavioral Theories
- Implemented multi-sensory interventions to stabilize, educate and remediate unwanted expressions in individuals, children, and family units
- Manage treatment and documentation of assigned families
- Develop group therapy interventions for individuals with Drug and Alcohol issues

SPHS C.A.R.E. Center, Washington, PA. (*multiple positions*)

Jan. 2004 to Oct. 2007

Clinical Consultant, *Drug and Alcohol*

- Assess effectiveness of clinical intervention in a population of offenders
- Design curricula founded in research for eight week session for DUI offenders
- Participate in Washington County Drug Court to assure continuity and comprehensive services for participating clients

Clinical Supervisor, *Behavioral Health; Sexual Trauma Services; & Child Advocacy Center*

- Developed staff's skills which has lead to the agency making a profit
- Supervised all clinical staff in assessing, educating, and treating all clients to nearly 100% client satisfaction
- Provided clinical education to all clinical staff regarding counseling theory, evidence-based practice, multi-sensory interventions, counseling children, working with the school system, and counseling a rural population
- Successfully assured compliance to all state regulations as proven by continued Department of Public Welfare Agency Licensure
- Served as the primary coordinator of the Multidisciplinary team for the Washington County Child Advocacy Center through successfully implementing holistic debriefing for children and family members
- Designed specialized program for the Washington County Family Court focusing family conflict during separation and divorce surrounding the potential trauma reactions of the children involved

SPHS CARE Center continued...

Psychotherapist, *Behavioral Health*

- Designed individualized treatment plans using structural, systems, transactional analysis, choice, and rational emotive behavioral theories for young children, adolescents, and families.
- Coordinated treatment for children with local schools to incorporate outpatient mental health with in school Individual Education Plans
- Implemented multi-sensory interventions to stabilize, educate and remediate unwanted expressions in children, adolescents, and family

School Guidance Counselor, *Mon Academy II*

- Successfully deescalated emotional outburst of children and adolescents
- Managed classroom milieu to promote an optimum learning environment
- Trained teachers on evidence-based interventions to improve the quality of the students' learning by implementing multiple IEPs on a daily basis
- Supported administration by designing individualized corrective action plans for troubled students
- Provided family support to all students with referrals for services and follow-up social supports
- Applied developmental theory to assist teachers in educating student at an individual developmentally appropriate level
- Resolved conflicts between student using brief multi-sensory evidence-based interventions
- Assisted students evaluated and explore future career paths

Western Psychiatric Institute and Clinic Pittsburgh, Pa Jan. 2004 to Aug. 2004

Residential Advisor, *Kidstep RTF*

- Successfully managed Residential Treatment Facility day to day functioning
- Identify and theoretically redefine dysfunctional behaviors requiring remediation for residential delinquent adolescents
- Oversaw staff members and direct interventions with assigned patients
- Maintain documentation of progress through measurable goals

Richard E. Ruah Conservatory Pittsburgh PA Jan. 2003 to Feb. 2004

Director of Education and School Guidance

- Provided College and Career guidance to all High School students
- Supervised 37 individual classes in 3 unique educational programs.
- Designed curriculum for High School Vocational Program.
- Managed policy and procedures to maintain compliance with Pennsylvania State requirement for vocational program with high school students
- Coordinated all scheduling for more than 100 students per semester
- Designed and implemented yearly program evaluation for curriculum and faculty performance evaluation
- Successfully managed student recruited and retention as evidence by a 150% increase in enrollment in the first year of employment

Publications and Research

Publications

- Grey, E. (2011). A pilot study of concentrated EMDR: A brief report. *Journal of EMDR Practice and Research*, 5(1), *In Press*.
- Grey, E. (2010). *Unify your mind: Connecting the feelers, thinkers, and doers of your brain*. Raleigh, NC: Lulu
- Grey, E. (2010). Use your brain: A neurologically driven application of REBT with children. *The Journal of Creativity in Mental Health*, 5(1)

Academic Training

- The Theory and Practice of Research (3 credit)
- Epistemology of Practice Knowledge (4 credit)
- Fundamentals of Social Science Research (4 credit)
- Quantitative Research Methods in Human Service (4 credit)
- Advanced Qualitative Research Methods (4 credit)
- Study in Research Methods (4 credit)
- Designing Mixed Methods Research, John Creswell, Spring 2006 (3 hour workshop)

Projects as Lead Researcher

- Concentrated EMDR: A Case Study of EMDR with Co-Morbid Depression and Anxiety. A single case design outcomes study of EMDR.
*Poster Presentation, September 2010, EMDR International Association Annual Conference
- A Recipe for Health: Combining Expressive Arts with EMDR in the Treatment of Eating Disorders. Longitudinal comparison study of expressive arts treatment with and without EMDR. With Lauren Lazar Stern, MA, STR-BC, LPC
*Poster Presentation, September 2010, EMDR International Association Annual Conference
- *Holistically Stressed: a Qualitative investigation of EMDR Treatment*. A grounded theory study to investigate the cognitive, emotional, physical manifestation of human stress.
*Poster Winner, September 2009, EMDR International Association Annual Conference
- *EMDR: It's More Than Eye Movements*. A quantitative study of the relationship between social functioning outcomes and EMDR treatment with participants with subclinical stress
*Poster Presentation, September 2008, EMDR International Association Annual Conference
- *Tactile EMDR and Economic Stress: A Brief Report*. A quantitative case study of the benefits of tactile EMDR in assisting individual gain relief from economic stressors. *In revision*
- *EMDR Theory Exists*. A meta-analysis of the knowledge regarding neuro-psychology, neuro-anatomy, neuro-physiology, and neuro-chemistry and information processing
Completed May, 2008
- *Creative Counseling and Co-Occurring Disorders: Outcome Research*. A quasi-experimental investigation of the efficacy of theory driven practice using creative counseling techniques. *Completed Sept, 2008*

Presentations

- Grey, E. (2010, November) *Human Neuro-Ecology: Understanding Personality Development from Nature to Nurture*. Chi Sigma Ota, Morgantown, WV
- Grey, E. (2010, September/October). *RSVP: Validating and expanding AIP tenets*. Paper presented at the annual meeting of EMDR International Association, Minneapolis, MN.
- Grey, E. (2010, April/May). *Gaining clarity...Driving your EMDR practice with the adaptive information processing model*. Workshop presented at the annual meeting of EMDR Canada, Toronto, Ontario.
- Grey, E. (2009, May). *EMDR theory exists: An explanation of neurophysiological underpinnings*. Paper presented at the EMDR Canada Conference, Vancouver, British Columbia Canada.
- Grey, E. (2009, April). *EMDR and the brain: Importance of body sensation*. Paper presented at the Western Massachusetts EMDRIA Conference "EMDR and the Body," Amherst, MA
- Grey, E. & O'Toole, H. (2008, October) *Brain Freeze: The neurophysiology of the developing brain and how to "de-frost" it*, presented with Heidi O'Toole at the Mid-Atlantic Network of Youth and Family Services Annual Conference, Annapolis, MD
- Grey, E. (2008, October) *Assessment and Treatment of Co-Occurring Disorders* presented at the PERSAD Center, Pittsburgh, PA
- Grey, E. (2008, September) *EMDR Theory Exists: An Explanation of Neurophysiological Underpinnings*, presented at the EMDR International Association Annual Conference, Phoenix, AZ
- Grey, E. (2008, September) *The Life-style Assessment of Adlerian Psychology: How To!*, presented at the Western Pennsylvania Society of Adlerian Psychology quarterly meeting, Pittsburgh, PA
- Grey, E. (2008, September) *Color and Light: The Neurophysiology of Image Processing*, presented at the WVU Earth Science Department, Morgantown, WV,
- Grey, E. (2008, July) *The Neurophysiology of Binge Eating* presented to parents of children with weight problems at Camp New You, Morgantown, WV
- Grey, E. (2008, April) *It's Play Time: Play Therapy from a Family Therapy Perspective*, presented at the West Virginia Play Therapy Association Annual Conference, Elkins, WV
- Grey, E. (2007, March) *Managing Childhood Anxiety Through Play* presented at the West Virginia Play Therapy Association Annual Conference, Elkins, WV
- Grey, E. (2007, January) *Community Mental Health*, presented at Shaler Area High School Psychology Classes, Pittsburgh, PA
- Grey, E. (2006, October) *Internet Safety*, presented at Washington County Mental Health Association Semi-annual providers training, Washington, PA
- Grey, E. (2005, September) *Effective Group Intervention* presented at the WVU Extension Service Family Nutrition Program for Nutrition Outreach Instructors Semi-Annual Conference, Weston, WV

Presentations continued...

Grey, E. (2005, April) *Effective Eating and Nutrition Intervention with Children*, presented at the WVU Extension Service Family Nutrition Program for Nutrition Outreach Instructors, Semi- Annual Conference, Weston, WV

Grey, E. (2004, October) *Parenting and Communicating Effectively (PACE)*, presented at the Washington County Family Law Association Annual Conference, Southpointe, PA

Grants

Staunton Farm Foundation

2007-2008

Developed curriculum, lead and managed program implementation, and analyzed statistical data for reporting of a \$90,000 grant for a Dual Diagnosis Outpatient Treatment Program targeting the LGBT and HIV+ populations at the PERSAD Center Inc.

Awards and Honors

1. 40 Under 40 Honoree, Pittsburgh Magazine and Pittsburgh Urban Management Project (PUMP), November 2010
2. Recognized for dedication to volunteer work for the EMDR Humanitarian Assistance Program, September 2010
3. Awarded Outstanding Achievement as a Supervisor by Jeff Mascara CEO of Southwestern Pennsylvania Human Services Inc., June 2007
4. Recognized for Advocacy and Treatment of children of divorce by Scarlet Morgan, Comptroller Pittsburgh branch of the Pennsylvania Governor's Office, March, 2007
5. Recognized for "service to others and promoting mental health" by Craig Dotson, President of Washington County Mental Health Association, November, 2006

Licenses and Certifications

1. Licensed Professional Counselor, Pennsylvania #PC004192
2. Licensed Professional Counselor, West Virginia #1909
3. Approved Clinical Supervisor, C&CE
4. Nationally Certified Counselor, NBCC
5. International Certified Co-occurring Disorder Professional Diplomat, IC&RC
6. Certified Co-occurring Disorder Professional Diplomat, PCB
7. Certified Sexual Assault Counselor, PCAR
8. Certified EMDR Therapist, EMDRIA
9. Approved Consult in EMDR, EMDRIA
10. EMDR Training Facilitator, EMDR Institute

Specialized Training

Neuroscience
Couples in Special Populations
GLBTQ Issues
Play Therapy
EMDR
Trauma
Co-occurring Disorders
Compulsive Gambling
Child/Adolescent Development
Child/Adolescent Advocacy

Professional Affiliations

American Counseling Association, Professional Member (2002)
American School Counseling Association, Professional Member (2008)
American Association for Marriage and Family Therapy, Affiliate Member (2002)
International Association Marriage and Family Therapists, Professional Member (2002)
Association of Creative Counseling, Professional Member (2008)
National Council on Problem Gambling, Member (2007)
EMDR International Association, Full Member (2006)

Community Work

Participating Therapist of the DSM-5 Development Task Force, American Psychiatric Association
Regional Coordinator for EMDRIA Local Chapter - 2009 to Present
Research Board Member for Association of Creative Counseling - 2008 to Present
Built/rebuilt homes for impoverished families in the mountains of Kentucky- 1989 & 1990
Lobbied for equality in Washington DC for Racial minorities and the LGBT Community - 1994
Member of the Washington County Disaster Team - 2005-2007
Provided free counseling to victims of Hurricane Katrina relocated to WV – 2005-2006
FEMA Funded Crisis intervention for those impacted in Washington PA by Flooding Ivan - 2006-2007
Weekly at risk Youth Chaperon at Pittsburgh's Gay & Lesbian Community Center – Fall 2006

Research Interests

Mixed Methods Research	Neuroscience	Practice Interventions
School Counseling	Treatment Efficacy	Human Development
Complex Trauma	Stress	Human Neuro-Ecology®
Bullying	Quality Assurance	Clinical Trials