

## The Lord's Table (Communion) At Home

**Who?** Anyone who is trusting in Jesus for their salvation. Celebrating the Lord's Table should be a sober occasion with Thanksgiving.

**What?** It is to remember that Jesus paid for our sins on the cross.

**Where?** This is usually celebrated in church, but can be anywhere.

**When?** Our church has the tradition of celebrating the Lord's Table on the first Sunday of the month and on special days like Good Friday and Easter. Some churches celebrate it weekly and others less often.

**Why?** The purposes of the Lord's Table are:

1. To examine ourselves and to confess our sins.
2. To remember what Jesus did on the cross and how much He loves us.
3. To remember that Jesus arose from the dead and is going to come back to earth for us.

**Preparation:** You will need glasses for each member of your family, some kind of juice (grape if you have it) or water, and bread or crackers. If you don't have these supplies, you can pretend with what you have. God knows our heart.

**The Steps in the celebration of the Lord's Table:**

1. Pray—Thankyou that we can gather as a family in remembrance of what God has done for us.
2. Read I Corinthians 11:23-28
3. Examine yourselves for known sin
4. Pass out bread
5. Read verse 24 and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me."
6. Eat the bread
7. Pass our juice
8. Read verse 25 In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me."
9. Pray a prayer of thanksgiving and expectation of Christ's return.

I Corinthians 11:23-28

23 For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, 24 and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." 25 In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." 26 For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

27 So then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. 28 Everyone ought to examine themselves before they eat of the bread and drink from the cup.

