

Professional Teeth Whitening

2018-2019



BOOST

In-office 1-hour procedure
Jump-start to your whitening
Follow-up with Custom Trays or GO

CUSTOM TRAYS

At-home use
In-office impressions
Overnight or day wear

GO

At-home use
15-60-minute wear
Custom-like fit

CHOOSE FROM THE FOLLOWING PACKAGES:

1. Boost + Custom Trays + 8 Whitening Syringes..... \$399
2. Boost + 10pk GO..... \$199
3. Custom Trays + 8 Whitening Syringes..... \$270
4. 10pk GO..... \$70
5. 5pk GO..... \$35
6. Sample GO..... \$5*

*Samples of GO are Limit 1 per patient. If you purchase additional whitening products within 2 weeks, we will give you a \$5 discount on your purchase.

ALREADY HAVE CUSTOM TRAYS? – CHOOSE FROM THESE ADDITIONAL PACKAGES:

7. Boost + 4 Whitening Syringes..... \$179
8. 4pk Whitening Syringes..... \$50
9. 2pk Whitening Syringes..... \$25

NOTE: Teeth whitening is only offered to our patients who have had a cleaning and exam in the last 6 months. Please see our Consent Form for other important information.

(Teeth Whitening – Boost / Custom Trays)

CONSENT FORM

Description

Boost: This is an in-office procedure in which a whitening gel is applied to the patient's teeth for a series of two 20-minute sessions. Boost is intended to noticeably whiten the teeth in one sitting and to give the patient's whitening efforts a head start. A plastic cheek retractor is placed and the patient will wear it for the entire treatment. Before the whitening gel is placed, a resin barrier will be applied to protect the gums. After Boost, the patient will choose either **Custom Trays** or **GO** to continue whitening at home.

Custom Trays: These are for at-home use either overnight or for 2-6 hours during the day. At the first appointment impressions are taken to create models of the patient's teeth. These models are used to form flexible plastic custom trays. At the second appointment the custom trays and Opalescence PF whitening gel syringes are given to the patient along with instructions. The patient should return 2-3 weeks after they begin whitening to assess the new shade.

GO: These are disposable trays that the patient forms to their teeth and wears at home for 15-60 minutes. Instructions are included in each box.

Alternative Treatments

I understand that I may decide not to whiten my teeth at all and that there are alternative treatments for whitening my teeth for which my dentist can provide me additional information including: In-office Boost whitening procedure, custom whitening trays, disposable GO trays, and whitening toothpastes. All teeth whitening should begin within 6 months of my last dental exam.

Results

Before whitening, the shade of the upper-front teeth will be assessed and recorded to use as a comparison after whitening. I understand the following statements: Although it is our goal to obtain the brightest shade desired, results vary from patient to patient and are not guaranteed. Restorative materials, such as fillings and crowns, will not whiten. Teeth with multiple colorations, bands, splotches or spots due to tetracycline use or fluorosis do not whiten as well, and may need multiple treatments or may not whiten at all. Teeth with many fillings may not whiten and are usually best treated with non-bleaching alternatives. Teeth whitening may not be permanent, in that the shade of the teeth may regress. This can be accelerated by exposing the teeth to various staining agents (including but not limited to red wine, coffee, soda, tea, etc.).

Risks

I understand that Opalescence whitening systems are considered generally safe by most dental professionals, but that the treatment is not without risk. Some of the potential complications include, but are not limited to:

- **Existing Conditions** – Whitening will be postponed until active decay or gum disease has been treated. However, if the patient has a cavity or needs a tooth-colored restoration on the front of one of their teeth, they may whiten their teeth before the filling or crown is placed. I understand that if this is my situation, the cavity can become larger with time and I may need more treatment than was recommended at the time of the exam to restore the tooth.
- **Tooth Sensitivity/Pain** – Some patients experience tooth sensitivity or pain after whitening treatments. This is normal and is usually mild, but can be worse in susceptible individuals. Normally the sensitivity subsides within 24 hours, but it can persist for longer periods of time. People with existing sensitivity, recession, exposed dentin, exposed root surfaces, and areas of tooth wear, cracked teeth, cavities, leaking fillings, or other dental conditions that cause sensitivity or allow penetration of the gel into the tooth may find that those conditions increase or prolong tooth sensitivity or pain after whitening treatment.
- **Soft Tissue Inflammation** – Whitening may cause inflammation of the gums, lips or cheek margins due to inadvertent exposure of a small area of those tissues to the whitening gel. These tissues may turn white in the area that was exposed. The inflammation is usually temporary and will subside in a few days but may persist longer and may result in significant pain or discomfort, depending on the degree to which the soft tissues were exposed to the gel.
- **Dry/Chapped Lips** – The Boost treatment involves keeping the mouth open for the entire 1-hour procedure with a plastic cheek retractor. This could result in dryness or chapping of the lips or cheek margins, which can be treated by application of lip balm or petroleum jelly.

As office policy states, all money is due at the time of service. This includes whitening products and services.

In signing this informed consent I am stating that I have read this document (or it has been read to me) and that I fully understand the possible risks, complications, and benefits that can result from teeth whitening treatments. I have had the chance to ask any question and those questions have been answered.

Patient Name: _____ Date: _____

Patient Initials: _____ I am not pregnant and/or breastfeeding.

Patient Signature: _____

---If Patient is a minor---

Parent Name: _____

Parent Signature: _____