

CYCLING & WALKING

Welcome to **Yorkshire**
yorkshire.com

Yorkshire Coast & North York Moors

// Day and long-distance cycle rides and walks, discovering hidden dales, heather clad moors and rugged coastline

Y

Outdoors

Dalby Forest © Tony Bartholomew

Produced in association with:



A warm Yorkshire welcome...



North Yorkshire boasts a stunning coastline contrasted with rich moorland, making it the perfect place to discover the great outdoors. Both day-trippers and holiday makers cannot fail to be bowled over by the combination of sheer natural beauty and warm Yorkshire hospitality, making it the ideal destination.

Don't forget to take a trip to the bustling town of Whitby, which offers some of the best fish and chips in the UK, as well as Britain's first seaside resort, Scarborough. Why not explore the beautiful North York Moors National Park or the Yorkshire Wolds to the south where you'll find lush valleys, atmospheric forests and picturesque villages. With more than 1,400 miles of paths and tracks, and over 500 miles of bridleways, it really is a walker's and cyclist's paradise and you'll find something for everyone right here – we look forward to welcoming you.

Gary Verity
Chief Executive,
Welcome to Yorkshire

Dalby Forest

Challenge yourself and test your skills on Dalby's world class cross country competition route or polish your mountain bike technique and defy gravity at the exciting Pace Bike Park at Dixon's Hollow, where expert riders can hone their technical skills.



Dalby Forest

01 Purple Mountain



Located in Dalby Forest, we can supply everything you need for your mountain biking adventure. Bike hire for all sizes and abilities, a shop full of biking goodies, and a café to refuel. Plus our Bike School courses and events are available all year round.
www.purplemountain.co.uk

02 Humble Bee Farm



This working farm borders part of the Yorkshire Wolds Way National Trail and is close to the coast for cyclists. Choose from cottages, wigwams or a campsite. Great facilities, child and dog friendly. Open 12 months a year.
info@humblebeefarm.co.uk
www.humblebeefarm.co.uk

03 Dalby Forest



Dalby, The Great Yorkshire Forest offers over 8,000 acres of woodland to explore and enjoy, including on-site catering, bike hire, Go Ape adventure course, play areas for children, barbecues and plenty of waymarked cycle and walking trails for all abilities. Admission is £7.00 per car.
www.forestry.gov.uk/dalbyforest

04 Ashfield Cottages

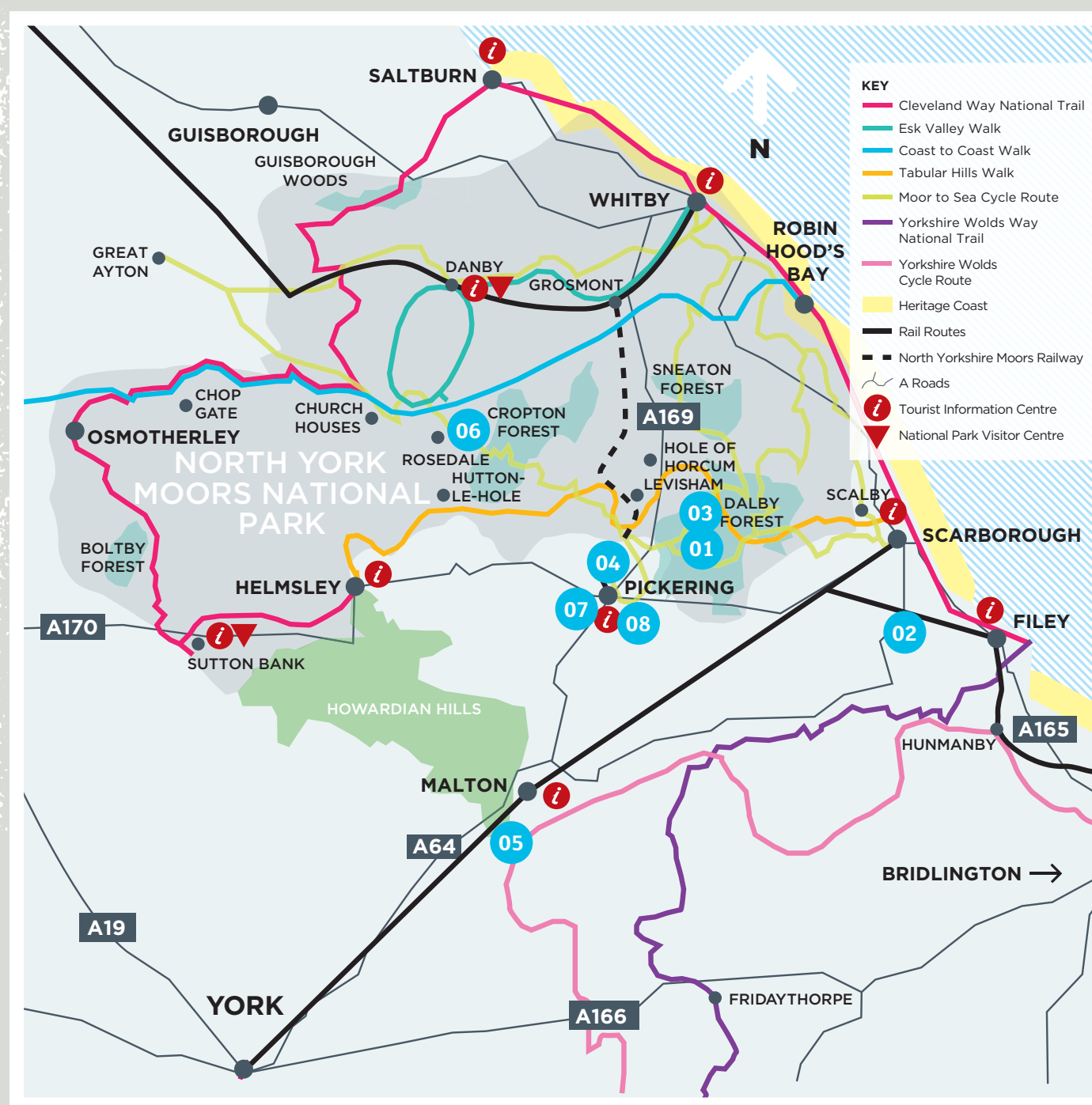


Situated near to Dalby Forest, this great location has many walks that can be enjoyed from the doorstep, or for mountain bikers the challenge doesn't come any better, just get on your bike and go. Low season short breaks available.
Info@ashfieldcottages.com
www.ashfieldcottages.com

05 Yew Tree Cottage



A beautifully restored 1750 farmhouse is the perfect backdrop for cycling and walks. Gently rolling countryside, pretty villages, woodland and historic landmarks are there to explore right from your doorstep. Enjoy the fresh air, local food and relaxed atmosphere.
info@yewtreecottagewestow.co.uk
www.yewtreecottagewestow.co.uk



Cycling and Walking Routes

Cycling

Dalby Forest

Yorkshire's premier cycling venue and with a network of more than 50 miles of tracks, it's great for all the family.

Moor to Sea Cycle Route

An ideal first cycle tour, with more than 100 miles of waymarked cycling through the spectacular scenery of the North York Moors to the breathtaking Heritage Coast.

Yorkshire Wolds Cycle Route

A new 146-mile well-signed circular route mainly on minor country lanes.

Walking

Cleveland Way | NATIONAL TRAIL

The Cleveland Way follows 109 miles across fabulous moorland and rugged cliff tops.

Coast to Coast

The classic walk devised by the late Alfred Wainwright to link the Irish Sea and the North Sea via the hills, moors and valleys of northern England, includes a good chunk of the North York Moors along the 190 mile route.

Cropton, Dalby and Sneaton Forests

Enjoy the waymarked walks through these forests, or if you prefer to find your own route and are confident with a map, the Forestry Commission's estates are open to access on foot at anytime.

Esk Valley Walk

A 35 mile route which follows the river from the source of the Esk, high on the moors, to the sea at Whitby. Marked on the latest OS maps, it can also be tackled in shorter linear sections using the scenic Esk Valley Railway.

Tabular Hills Walk

Starting just north of Scarborough, this 48 mile walk takes you along the edge of the moors to join end-on with the Cleveland Way National Trail at Helmsley. Complete a full circuit of the Moors by walking both.

Yorkshire Wolds Way | NATIONAL TRAIL

This 79 mile waymarked trail is a hidden gem, with peaceful lanes and poppy filled meadows taking you through some of the most tranquil countryside in England.



06 Craven Garth Farm Cottages Rosedale

In the heart of the North York Moors National Park, you will find Craven Garth, a family run working farm, nestling in the beautiful valley of Rosedale surrounded by stunning scenery. Stay in our traditional cottages renovated from the old barns.

Walking, cycling and horse riding could have been invented for the North York Moors. Get on your bike, pull on your walking boots and you can explore breathtaking moor and coastal paths, steep-sloped valleys and fragrant pine forests all in the same day.

And when you're ready to take a break, set a course for the charming market towns and a hearty pub lunch and then back to Rosedale for Yorkshire food at its finest. There are tearooms, a bakery, pubs and restaurants, all within two miles of the cottages. Or simply relax in your cottage in front of a log fire.

Craven Garth Farm
Holiday Cottages,
Rosedale, Pickering,
North Yorkshire,
YO18 8RH
01751 417506
Ena@visitorsedale.co.uk
visitorsedale.co.uk



Rosedale © Chris Ceaser

Essential Information

For your perfect break, you'll find a great choice of places to stay to suit all budgets. From coastal self-catering cottages and cosy bed & breakfasts to camping spots by secluded rivers or even a wigwam, you're certain to find everything that you need.



Look for the Cyclists Welcome or Walkers Welcome logo when booking which tells you that the accommodation has extra facilities, like water points for washing bikes and lockable storage areas for cyclists and space for drying outdoor clothes and cleaning boots for walkers.



Look for the leaf when booking your holiday. The Green Tourism Business Scheme awards are places to stay and visit that are taking action to support the local area and the wider environment.

Shops, guided bike rides & cycle hire

North York Moors National Park

Golden Square Caravan &
Camping Park*, Oswaldkirk
01439 788269

Purple Mountain*,
The Courtyard, Low Dalby
01751 460011

Sawdon Heights*, Sawdon
01723 859321

Malton

R Yates Cycles, 20 Castlegate
01653 693215

Pickering

Gone Mountain Biking, Eleven Westgate
01751 475111

Trailblazer Outdoors, 17 Market Place
01751 475183

* Cycle hire available

Ordnance Survey Explorer maps

For detailed maps use Ordnance Survey Explorer maps:

- OL27 North York Moors Eastern Area
- OL26 North York Moors Western Area
- 300 Howardian Hills & Malton
- 301 Scarborough, Bridlington & Flamborough Head



Walkers on Cleveland Way, Hasty Bank © Mike Kipling

To plan your next break, go to
yorkshire.com/accommodation

Calendar of Events

April

Boots and Steam Walking Festival
Pickering

June

Scarborough Festival of Cycling
Scarborough

Ryedale Grand Prix
Location tbc

October

**UK Pro Surf Tour – a surf,
skate & BMX Festival**
North Bay, Scarborough

For other events in the area and to find
out more, go to yorkshire.com/events

Useful links

For all you need to know about
Yorkshire's Great Outdoors

www.yorkshire.com/outdoors

More mountain bike route ideas
www.muddybums.org.uk

National Cycle Network routes
www.sustrans.org.uk

For walks, cycle ideas and information on Moorsbus,
the National Park's bus network
www.northyorkmoors.org.uk

For more travel information
www.yorkshire.com/travel

CYCLING

Ideal Biking Territory...

Winding empty roads, old droving trails, disused
railway lines, twisting technical singletrack and
forest tracks all waiting to be discovered.

On the **Moor to Sea Cycle Trail**
you can choose from eleven
linear routes or take a few days
and cycle the entire length,
which links the historic towns of
Scarborough, Pickering, Whitby
and Great Ayton.

Or how about the **Yorkshire
Wolds Cycle Route**, taking in the
gently undulating hills and picture
postcard villages of the Wolds.

England's largest trail centre,
Dalby Forest, has an award
winning visitor centre and a
vast network of trails, so there's
something for all skill levels.

If you love Dalby, you'll want to
check out **Guisborough** and
Boltby Forest too.

Outside the forests, the **North
York Moors National Park**
is prime mountain biking
country, with over 500 miles of
bridleways, byways and green
lanes to explore, all in remote,
unspoilt countryside. The Moors
are famous for having some of
the best singletrack and technical
trails in England, interspersed with

Moor to Sea Cycle Trail – Scarborough to Whitby

The Scarborough to
Whitby Railtrail stretch is
a mixture of good cinder
tracks and some rockier
sections - ideal for more
adventurous families.
Part of National Route
1 of the National Cycle
Network, it runs alongside
the North Yorkshire
Heritage Coast for 18 miles.



Cyclists near Ravenscar
© Tony Bartholomew

easier sections. Gems include
classic moorland routes around
Fylingdales and Rosedale.



Mountain biking in the North York Moors

For more information and other cycling
ideas, go to yorkshire.com/bike

WALKING

A Walker's Paradise...

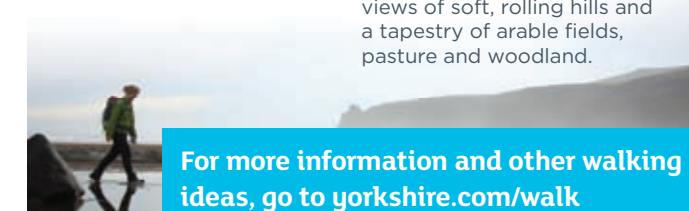
Imagine walking across the largest unbroken expanse of wild
heather moorland in England or standing on a cliff top looking
out across a stunning coastline – this is the natural beauty of
the North York Moors, a place great for simply going for a walk.

Enjoy easy **coastal walks** with
towering headlands, sandy
beaches and rocky coves and see
where Yorkshireman James Cook
began his seagoing adventures.
There are 18 circular and linear
walks taking in the North Sea
coastline available to download
from www.northseatrail.co.uk

Gaze across the vast natural
amphitheatre of the **Hole of
Horcum**, known locally as the
"Devil's Punchbowl". Catch the
North Yorkshire Moors Railway
from Pickering to Newtondale

and walk through
the Hole to serene
Levisham. Pickering
is a Walkers are
Welcome town

New to walking? "Try a trail"
bite sized chunks will give you
a taster of the **Cleveland Way** –
there's six available to download
from [www.yorkshire.com/](http://www.yorkshire.com/nationaltrails)
nationaltrails. Or if you're feeling
a little more energetic, Trailblaze
is a brand-new concept - runners
are challenged to complete
sections of the Cleveland
Way - or the full route, using
computerised time mechanisms
to record their efforts.

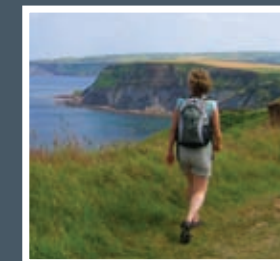


Staithe © Tom Bailey

For more information and other walking
ideas, go to yorkshire.com/walk

Cleveland Way

Traditionally starting in
Helmsley, the National
Trail opens with a long and
challenging walk around the
western upland fringes of
the North York Moors, before
following the Heritage Coast
from Saltburn down to
Filey Brigg.



Cleveland Way south of Staithe
© North York Moors National
Park Authority

Scenery of a different kind
can be found in the **Howardian
Hills**, an area designated as
one of Outstanding Natural
Beauty with far reaching
views of soft, rolling hills and
a tapestry of arable fields,
pasture and woodland.

07



- Come and ride North York Moors epics - some of the best trails in the UK
- Ride the trails in Dalby Forest, home of the UK's World Cup XC course
- Luxury four star B&B with lock up, workshop, bikewash & drying facilities
- Holiday packages including guiding and instruction sessions
- Day courses for all group sizes, from beginners to advanced riders
- Qualified guide, instructor and cycle mechanic onsite

Web: www.gonemountainbiking.com • eMail: info@gonemountainbiking.com
Phone: 01751 475111 • 11 Westgate, Pickering, North Yorkshire YO18 8BA

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