

Planning with the Sandwich Generation

You've heard about them and perhaps you are a member of the sandwich generation. This is the generation in its middle forties to late sixties that find themselves addressing care and financial issues for their parents while still having responsibility for children, whether minors or adults in college or still at home. This situation places the people in the middle of the sandwich under time, emotional and financial stress related to both the older and younger generations.

Faced with these pressures, what should be done? The first step is to get an understanding of the various needs of all the family members – including the members of the sandwich generation – and the priorities among those needs. The next step, rather more difficult, is a balancing of those priorities in light of available resources of time and money.

For more, contact us at www.mentorriac.com or e-mail us at info@mentorriac.com