Sarah Jahimiak is a Ph.D candidate, Adjunct Faculty member, and Clinical Supervisor in Oakland University's Counseling program. She is a fully licensed counselor with areas of interest in grief and loss, depression, women's issues, stress, relationship issues, life transition, career counseling, chronic illness and cancer, and veterans. She completed training in family resiliency to serve veterans and their families during pre-deployment, deployment, and reintegration stages. Sarah is committed to working with you in reaching your goals for change.

For fun, Sarah is an avid runner and enjoys many other outdoor activities such as biking, inline skating, water skiiing, kayaking, and snow shoeing. She also enjoys supporting local businesses and artisans through festivals, art fairs, and theater.