



a faith-based community non-profit corporation



### **CHR, Inc. 2019 Calendar of Events**

- 2/14 ~ *Effects of Emotional Abuse* – Dr. Mary L. House
- 3/15 ~ *Economic Empowerment* – Rhonda Jackson
- 4/11 ~ *Cooking Healthy African American Foods* –  
Chef Stacey Dougan
- 5/09 ~ *The Black Church's Response to Domestic Violence* –  
Rev. Dr. Brenda Braam
- 6/13 ~ *Self-Care: Hair & Make-up* with Kayan Sykes  
*Self-Care in The Midst Of* with Sandra Abdullah
- 7/11 ~ *DV and the African American Male* – Jamaal Moore
- 8/1-2 ~ WEG Conference – Dr. Mary L. House (Thursday/Friday)
- 9/12 ~ *Developing A Safety Plan* – Genese Jones
- 10/10 ~ *Safety Tips for You & Your Family* – Det. Tracy Smith  
*Legal Facts of DV* – Judge Karen Bennett-Haron
- 10/20 ~ Pink & Purple Worship – Dr. Mary L. House (Sunday)
- 11/14 ~ *Karaoke with Dr. House* – Dr. Mary L. House
- 12/06 ~ Divas & Desserts – Dr. Mary L. House (Friday)

***Be a friend, bring a friend...We hope to see you at our workshops!***

[www.chrinc.net](http://www.chrinc.net)

24 Hour Hotline: (702)646-4981