

Ceramic Himalayan Salt Inhaler



Portable Halotherapy Inhaler 100% Natural & Drug Free Himalayan Salt Therapy.

Directions: For optimal results, inhale through mouth and exhale through nose. Place the mouth piece between your lips and draw gently through your mouth. Exhale through your nose. DO NOT EXHALE BACK THROUGH THE DEVICE. You may experience some coughing or sneezing when the inhaling process starts. The recommended duration of usage is 15 to 25 minutes per day. Use regularly all year round for best results.

Comes pre loaded with enough salt to last months.