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Russel (Mac T) Tinsley  
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**FREE RUSSELL  
( MAC T)  
TINSLEY**

**“Civilly Committed”**

**FROM A NEW JERSEY PRISON  
PUNISHING HIM WRONGFULLY.**

## ***Free Russell Tinsley from a New Jersey Prison punishing him wrongfully. . .***

This information that you and others are being provided with is for educational purposes to help you to understand more about our country New Jersey's sex offender treatment program at the (STU) Special Treatment Unit, in Avenel is unconstitutional for Russell Tinsley, who was wrongfully **civilly committed** and in a difficult situation, now with hope that you the readers can come to his aid; or can accommodate him as much as you can, to gain his freedom.

Russell Tinsley is serving a potential life sentence after already completing his criminal sentence, and now trying to make progress with-in his positive treatment participation at the (STU). You can also review more about his case on his web-sites: [www.russelltinsley.vpweb.com](http://www.russelltinsley.vpweb.com) with links to go to other web-sites, and legal cases explaining his difficult situation on his evil civil commitment. Although, his cases involving claims of ineffective assistance of counsel, however based on your review of his web-sites that are being provided to you for your review, it will show that he were wrongfully incarcerated on a 3<sup>rd</sup> Third degree theft/eluding charge in the state of New Jersey, and for the failure of the State of New Jersey to extradite him, from the State of California, but now wants to prosecute him 12 years later on an 15- 35 years old charges that were of a sexual nature – out of the State of New Jersey, that he already did time for.

During his 5 years in the (STU) he has argued serious legal issues in the state and federal courts with no avail, including that the way in which the (STU) is managed needlessly keeps him away from treatment necessary to advance towards release. He argues it was unconstitutional because he is being kept away from being discharge from the prison's program.

Although, he has been following his goals to meet and fulfill the STU-Prison's Therapy Treatment Requirement, following all his therapists' recommendations, towards making progress in treatment to help improve his life in many ways, including discharge from the (STU). So far, there seems to be no movement towards this change.

He believes the (STU) facility staff has been treating him with hostility, discrimination and bias, regardless of the fact, he has done his work to fulfill his treatment goals, to get discharge from the (STU), and so that he can return to his home state in Philadelphia, Pennsylvania. He has become frustrated with his lack of movement through the treatment program and phases. He nevertheless, is providing this book with information about his work done in treatment, to share with you some of the evidence of his successfully completing some of his goals, such as with his Autobiography, Personal Maintenance Contract, RP- Relapse Prevention Homework Assignments and his Cycle of

Behavior – Though – Feeling, about his build up during his charges that were of a sexual nature, and other information for your review; or support to his goal of being discharge from the (STU).

Such as we already know, there are some people who have been convicted of charges that were of a sexual nature who are innocent and realize they do not need therapy. In Russell Tinsley's instances, yet he engaged to fulfill his treatment goals, but his fear of his own freedom is at stake, because this one-way door has resulted in essentially lifelong commitment.

As a direct and proximate result of the (STU) is unconstitutional for Russell Tinsley, his civil and Human Rights have been and continue to be violated, and without your help; or support he will continue to suffer an great injustice. Therefore, in the interest of justice to discharge Russell Tinsley, from the (STU), he would like to share with you this information.

Thank You!

Russell Tinsley

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# GOALS

## FOR TINSLEY'S PROCESS GROUPS 14

- 1.) Fulfill the Therapy Treatment Requirements, outlined in the Resident Guide, and from what psychologists and my Treatment team recommends for my good progress in treatment to help improve my life in many ways including discharge from the STU. I will listen to others when they are giving me advice in my process groups' meetings, with feedback, and I will control my own voice volume when I am speaking. To always remember I am looking for the best advice and/or suggestions that will help me better understand myself and to make progress toward the goal. To participate and work hard in the developed successful based modules of therapy that are acceptable to my group peers and therapists; or facilitators alike.
- 2.) Although, my sex relationships in both the State of California and Pennsylvania are questionable, they still involve ongoing criminal litigations within the Courts; or in the alternative to have my cases dismissed. In addition, I am in the legal process, making the effort to setting the record straight, clearing my name of all criminal activity, cleaning my slate and expunging of my criminal record as well as to get myself exonerated; or a Pardon. The therapeutic approach or aid to my treatment could help me toward this aim, to build my better character development, and to alleviate any future mistakes; or difficulties that I may be faced with.
- 3.) However, I take full responsibility of my past sexual behavior, mistakes I'd made and regret any/all harm that I have caused to myself, family, friends and others. Especially upon Ms. Tawnya Davis, and her family in San Francisco, California 33 years ago, and after being found guilty of rape against her, that made the Court to order me to register as a sex offender, after serving my 10 years prison sentence, and with 5 years of parole. I do have remorse for Ms. Lakeisha Adams, in Philadelphia, PA., 10 years ago, too, where I had to plea to a sexual offense against her, and was sentence by the Philadelphia Court to 23 months time served, and was to be released to serve 8 years probationary community supervision and with out-patient treatment. Most of all, I pray everyday that G-d "Allah" will forgive me of all my sins that I have committed against his laws, such as in fornication and adultery. That is to mean having illegal sex, without being married; and/or in the case, having sex with a married person. Even, if Ms. Davis and our sexual relationship "was Consensual" it was still illegal, pursuant to Allah's Laws.
- 4.) If I could go back in time, and from what I know now. I would change my own behavior, by valuing myself and others even more, to appreciate the beautified creation, be it oneself or others. I am not trying to justify my mistakes; or my past criminal behavior and sins I'd committed against Allah's

Laws, most importantly by committing the illegal sexual relationship of fornication with Ms. Tawyna Davis. Even though, in the state of California, their laws makes it legal to have consensual sex with a female between the ages of 16 – 21, but to marry her you will need a parent; or guardian consent. I guest that's one of the reason the District Attorney Office of San Francisco, did not charge me with statutorily rape, because statutorily rape wasn't a crime of violence; if it was Consensual.

5.) I am not in denial; or being defensive in what happen between Ms. Tawnya Davis, and me. I took full responsibility then, and I do the same today, for my own action and as I told Ms. Tawnya Davis and her mother Ms. Sharon Davis, back in 1983, when they wanted to apologize to me about what happen. I told them that their nothing for them to apologize to me for. But, I was the one sorry for bringing any and all problems; or confusing to their family, that I must deal with for the rest of my life.

6.) If NJ does not intend an individual committed pursuant to the Act to remain confined any longer than he suffers from a mental abnormality rendering him unable to control his dangerousness. Whatever, the case may be as a patient at this STU, I am taking responsibility for my own decisions and actions, not blaming circumstance, other people, devil and destiny etc., since taking responsibility means taking a risk to change and therein lies the real fear and the challenge. I ask for your help, to allow me the opportunity to move forward, by processing this information, to improve my life in many ways including, not only here, but to be discharge from the STU.

By Russell Tinsley  
Dated: March 30, 2014

April 2, 2014

Russell Tinsley  
PO Box 905  
8 Production Way  
Avenel, NJ 07001

Mark Singer  
Senior Deputy Attorney General  
Office of the Attorney  
25 Market Street/PO Box 112  
Trenton, NJ 08625-0112

**RE: I.M.O. Commitment of R.T. SVP-573-10**

Dear Mr. Singer:

Please accept this letter, to act as a complaint, about my issues concerning treatment for me at the STU, and my requests to talk with you about my other issues relevant to the mental health treatment program at the STU.

As you already know, I have been civilly committed here at the STU, since May 12, 2010, and my final hearing was held on December 18, 2013. It's been four (4) years, since I have been here, and I am still in Phase 1 – Orientation. I have also been participating in both ("TO") 2, and Process Group 14, so I am well over being traumatic, and believe I am entitled to more considerate treatment and should be promoted to either Phase 2, 3, 4; or 5 fulfilling the Therapy Treatment Requirements, to get discharge from the STU. You would think after my being here at the STU for four ("4") years, I am ready to move forward to fulfill my Goals' for Tinsley's Process Group 14 outlined in the attachment.

In the Resident Guide, at page 33, it states: In reviewing these Phases in **IN THE MATTER OF THE CIVIL COMMITMENT OF V.A., SVP 25-99.**, the Appellate court said that "Based on these time projections, it would take an individual committee approximately four to five years to reach the goal of being released into the community. This projection assumes, of course, an average to above average patient performance, without a negative incident, relapse or other type of regression."

I know I am well over the intensity of motivation and to make the investment in fulfilling the Therapy Treatment Requirements, to get discharge from the STU. Further, I am enclosing a copy of Goals for Tinsley's Process Group 14. Please review and help me with regard to these issues; or forward to Judge Phillip Freedman, for response.

Thank you, for acting on this information.

Yours truly,

Russell Tinsley

Rt/C: Nora Locke.



"[A]n individual should be released when a court is convinced that he or she will not have serious difficulty controlling sexually violent behavior and will be highly likely to comply with [a] plan for safe reintegration into the community."

In reviewing a judgment for commitment under the SVPA, the scope of appellate review is "extremely narrow[.]" and the trial court's decision should be given the "'utmost deference' and modified only where the record reveals a clear abuse of discretion." *In re Commitment of J.P.*, 339 N.J. Super. 443, 459, 772 A.2d 54 (App. Div. 2001) (citing *State v. Fields*, 77 N.J. 282, 311, 390 A.2d 574 (1978)); see also *In re Civil Commitment of V.A.*, 357 N.J. Super. 55, 63, 813 A.2d 1252 (App. Div.), *certif. denied*, 177 N.J. 490, 828 A.2d 917 (2003).

R.T.'s age and cancer situation and treatment reduced his likelihood to reoffend. And, it should be recommended that R.T. be return to the State of Pennsylvania; or with a conditionally discharged, with the following conditions: "approved residence, frequent and random drug and alcohol testing, GPS monitoring, a curfew, continued substance abuse treatment, and sex offender out-patient specific treatment."

R.T. "progress has been good at the STU[.]" in the course of treatment.

An involuntary civil commitment can follow service of a sentence, or other criminal disposition, when the offender "suffers from a mental abnormality or personality disorder that makes the person likely to engage in acts of sexual violence if not confined in a secure facility for control, care and treatment." N.J.S.A. 30:4-27.26. "[T]he State must prove that threat [to the health and safety of others because of the likelihood of his or her engaging in sexually violent acts] by demonstrating that the individual has serious difficulty in controlling sexually harmful behavior such that it is highly likely that he or she will not control his or her sexually violent behavior and will reoffend." *In re Commitment of W.Z.*, 173 N.J. 109, 132, 801 A.2d 205 (2002). The court must address "his or her present serious difficulty with control over dangerous sexual behavior[.]" and the State must establish "that it is highly likely that" the individual will reoffend "by clear and convincing evidence." *Id.* at 132-33 (emphasis added); see also *In re Civil Commitment of J.H.M.*, 367 N.J. Super. 599, 610-11, 845 A.2d 139 (App. Div. 2003), *certif. denied*, 179 N.J. 312, 845 A.2d 137 (2004).

Once an individual has been committed under the SVPA, a court must conduct an annual review hearing to determine whether the individual will be released or remain in treatment. N.J.S.A. 30:4-27.35. The burden remains upon the State to prove by clear and convincing evidence that the individual continues to be a sexually violent predator, as defined in the SVPA and interpreted in *In re Commitment of W.Z.*, *supra*, 173 N.J. at 126-32. "[A]n individual should be released when a court is convinced that he or she will not have serious difficulty controlling sexually violent behavior and will be highly likely to comply with [a] plan for safe reintegration into the community." *Id.* at 130.

In reviewing a judgment for commitment under the SVPA, the scope of appellate review is "extremely narrow[.]" and the trial court's decision should be given the "'utmost

deference' and modified only where the record reveals a clear abuse of discretion." *In re Commitment of J.P.*, 339 N.J. Super. 443, 459, 772 A.2d 54 (App. Div. 2001) (citing *State v. Fields*, 77 N.J. 282, 311, 390 A.2d 574 (1978)); see also *In re Civil Commitment of V.A.*, 357 N.J. Super. 55, 63, 813 A.2d 1252 (App. Div.), *certif. denied*, 177 N.J. 490, 828 A.2d 917 (2003). "The appropriate inquiry is to canvass the significant amount of expert testimony in the record and determine whether the lower court['s] findings were clearly erroneous." *In re D.C.*, 146 N.J. 31, 58-59, 679 A.2d 634 (1996) (citing *Fields, supra*, 77 N.J. at 311).

R.T. is still in the very early stages of treatment and that "treatment is having a progressive effect." He does accept full responsibility for all of the incidents occurred. R.T. take responsibility of any and all his misbehavior, not blaming his victims, is an positive patient to successful treatment, and he is not at a high risk to reoffend when release from the STU.

R.T. is in the early stages of treatment. In Phase I of treatment, the introductory phase during which residents are introduced to the basic concepts and curriculum of treatment. despite being in STU for nearly four years, we must characterize R.T. as "making some decisions as to immediate steps to be taken to help him reach his future goals. He expressed to the vocational staff that he was very interested in becoming an entrepreneur. And understand that, in order to pursue this interest in Entrepreneurship, he would need to consider more schooling and training and he have "even a[n] good understanding, knowledge of the treatment concepts." And while at the STU, R.T. has participated in his Process Groups and all the Modules to help him prepare for the community.

Additionally, R.T. has addressed his sexual assault cycle, relapse prevention or victim empathy. Further, he is making positive progress in attendance and participation in process groups, and shows good progress in his ability to utilize therapy effectively, and addressing his adequate coping skills.

R.T. has been placed on Modified Activities Program (MAP) status in his first year for violation. The MAP violation have not resulted in frequent breaks in his treatment, because this was before the final hearing, but he has been conforming to rules during his institutionalization, especially the rules related to sexual control.

R.T.'s. TPRC must conclude that "given his positive progress in treatment, good behavioral control, no arousal, and ability adhering to the rules of the facility [,] [R.T.] does not fit the high risk to sexually recidivate if not confined to the STU."

He is not acting out in the STU. He is respectful towards all staff, and especially to females. He kept himself off of; or to get any other violations, that he is not highly likely to engage in further acts of sexual violence if released from a secure facility for control, care, and treatment. That he is not a danger to the public health presently, because of his none mental abnormality, no personality disorder that has been mitigated by sufficient treatment, He is making progress, very fast . . . . He is not a threat to the health and safety of [] women and [] he has no male victims as well. Highly likely by clear and convincing evidence that he will not engage in sexual violent acts.

## Comprehensive Treatment Plan Review

### Resident Input Form

Name: **Russell Tinsley**

STU#563

Date: June 18, 2014

The purpose of this form is to help you communicate your ideas about your treatment needs to aid Treatment Team in creating your Comprehensive Treatment Plan (CTP). After your plan has been completed, you will be invited to a meeting to discuss it with the team. If you wish, your family members (and/or significant others) and your attorney also may be invited to attend this meeting.

Note: A completed copy will be placed in your chart; If you do not respond it will be noted on your treatment plan.

1. What goals and objectives do you have for yourself in therapy?

As I have discussed this goals and objectives in my process group and have brought to that discussion an open mind and a generous amount of humility. My goals and objectives are still the same, and that is to Fulfill the Therapy Treatment Requirements, outlined in the Resident Guide, and from what psychologists and my Treatment team recommends for my good progress in treatment to help improve my life in many ways including discharge from the STU. Please see my attached Goals for Tinsley's Process Group 14.

2. How many floors did you take during the last 6 months? What specific issues did you address in each one?

I have taken several floors, since my participation in treatment that I think was "average to above average performance." Even though, I am still in the very early stages of treatment and that "treatment is having a progressive effect." I do accept full responsibility for all of the incidents occurred. I take responsibility of any and all my misbehavior, not blaming my victims, is an positive patient to successful treatment, and I am not at a high risk to reoffend when release from STU.

However, my being in the early stages of treatment. In Phase 1 of treatment, the introductory phase during which I have been introduced as a resident to the basic concepts and curriculum of treatment, despite being in STU for nearly four years, you must characterize me as "making some decisions as to immediate steps to be taken to help me reach my future goals.

Additionally, I have addressed my sexual offenses, and Relapse Prevention 1 A homework assignments, as it relates to my sexual assault cycle, relapse prevention or victim empathy. Further, I am making positive progress in attendance and participation in process groups, and shows good progress in my ability to utilize therapy effectively, and addressing my adequate coping skills, as well as giving back some positive and constructive feedback. Please see my attached Autobiography of Russell Tinsley, Personal Maintenance Contract and

Sex Offender Disclosure Questionnaire.

3. What progress have you made toward your goals since your last treatment progress meeting?

I've received and made great progress towards my goals, since my last treatment progress meeting, because I was participation in "TO" group then but, as you know, since arriving at the STU in May 2010 I was not officially civilly committed until December 2013. Since then, I have been participating in treatment and you must agree, with an improved overall stability.

4. What modules and/or substance abuse groups have you taken since your last Treatment Plan and what were the results?

As stated above, because I was participation in "TO" group then, I was not in any modules and/or substance abuse groups, but I am now fully engaged in my Assignments modules RP 1A – South Room 1, SA-PG 3 – South Room 1, and Stress Management – South Room 2. I feel that I am making good progress in these groups and benefiting from the presentation and discussing in them.

5. What modules would you like to attend?

I think the modules that I am attending now are reflective of a specific therapeutic intervention by the Treatment Team in order to best meet my clinical needs, while here at the STU, for now.

6. Which self-help groups, if any, do you attend? How frequently do you attend these? Do you facilitate any self-help groups?

I am attending Stress Management, for now. However, Dr. C. Beaumont, PhD Clinical Psychologist I, did ask me to facilitate a self-help group on the South Unit, in which I've agreed but, as of now I am awaiting for his schedule plan.

7. Have you submitted to any polygraphs in the past 6 months? If yes, which ones and what was the result?

NONE!

8. What is your Job? Do you attend any Rec activities? If so, which ones? If you don't, why not?

Yes! I have a Job as the Law Library Clerk on the South Unit. I also fully participate in Open Rec, BINGO and all; or any Rec activities when I am able.

9. Where are you in completing the following? Choose from the following numbers and place the number next to the spaces below:

A. Not started / don't even have the form.

B. Have asked for the form to fill out in the past 6 months, have started to work on it.

- C. Working on it but have not reviewed in process group in the past 6 months.
- D. Started and have reviewed in process group in the past 6 months.
- E. Submitted, reviewed in group & currently revising.
- F. Completed and reviewed by staff/in process group (please note date completed)

SHO \_\_\_\_\_ PMC \_\_\_\_\_ Substance Abuse PMC \_\_\_\_\_

Autobiography \_\_\_\_\_ Victim Impact Letters \_\_\_\_\_ Offense Cycle \_\_\_\_\_

(Include type)

Are there any other programmatic requirements you are working on?

Please review my Autobiography, Personal Maintenance Contract and Relapse Prevention 1 A homework assignments.

10. Is there anything else you think is important for the staff to make note of in completing your treatment plan and providing information to the TPRC?



**Complaint by Russell Tinsley**  
**Dated: 12, August, 2014**

This is however, a continuance letter of complaint, dated April 21, 2014, re difficult to participate in Treatment Process Group 14 when I was treated with hostility by staff members, and how the Special Treatment Unit staff administers Treatment.

On August 11, 2014 at 1:20 a.m. in my Process Group 14, at the Special Treatment Unit, in Avenel, New Jersey, and because I was civilly committed, when transferred to New Jersey, from Philadelphia, Pennsylvania, on March 12, 2010. I will receive treatment, and when I am discharged from commitment, I can return to Philadelphia, Pennsylvania, to fulfill my obligations under that state's court on-going criminal proceeding. But, Dr. Burley and C. Beaumont, PhD Clinical Psychologist, of this Process Group 14 facilitators has continue to demonstrate unprofessional conduct towards me, other residents and even towards each other as staff members, that another resident named John Banda had to filed an complaint against them because of their: "Unprofessional conduct by two staff members at approx. 2:30 p.m., on a Monday in Room One (Therapy Room One), right after process group 14 was over he saw Dr. Burley and Beaumont were the Therapy Room alone in a unknown "heated" discussion" then all of a sudden he saw Dr. Burley, picks up a chair and goes after Dr. Beaumont, with the chair in her hand, up over her shoulder, to hit Beaumont top of his head." He further stated: "On 7-22-14, the body language he witness, was confirmation has been made that there was a very serious problem between these two, when they both facilitated Process Group 14 and Anger Management, when they cannot control their own anger."

I believe that these allegations from my previous complaints, and now this one with the attached supported documental evidence, as well as the other residents' Petitions, in this complaint calls for a full review, a investigation, for disciplinary order issued by the Attorney General Office of New Jersey "Medical Board" that Dr. Burley and Beaumont, be suspended indefinitely to work at the Special Treatment Unit. This full review, investigation for disciplinary order against these two facilitators should be effective immediately, and for their unprofessional conduct violates the Medical Practice Act, and the State Board of Psychology, as Dr. Burley and Beaumont continue to threaten other residents and staff's personal safety, as well as to my investment towards my goals of fulfilling my treatment requirements to get discharged from commitment, so that I can return to Philadelphia, Pennsylvania.

In Process Group 14, Dr. Burley and Beaumont has even refused to allow me to "take the floor" to discuss my written completed Autobiography, and my sexual history questionnaire to pass a polygraph. All the while by Dr. Burley and Beaumont, refusing to allow me to discuss my Autobiography, and my role in the out of state sex offense, with a open and honest, mind, heart and soul, to engage in therapy with relative freedom, to be at liberty to recount my experiences, articulate attitudes, and express my feeling. Dr. Burley, will be very interrupting, abusive, disrespectful as well as to become very angry with me, that I think is a inappropriate behavior in regards to the therapeutic process, by a Facilitator in my process group would have little prospect of success for me.

Dr. Burley and Beaumont, has and will continue to try to force me to lie to them and the group about my Autobiography in the exact way they accepts- so I can fail, any chance of being freed from indefinite civil commitment.

Dr. Burley and Beaumont, are denying me to make progress in my treatment, because they want me to lie; or make up some fabricated story about my life, and as a result I am suffering, because of Dr. Burley and Beaumont unprofessional/Occupational Misconduct, and other issues relevant to the mental health treatment program at the Special Treatment Unit, are being violated, and as in the Class Action Law-suit Settlement **Alves v. Main.**

**Respectfully submitted,**

**Russell Tinsley, Id#563  
Special Treatment Unit  
8 Production Way  
P.O. Box 905  
Avenel, New Jersey 07001**

**AUTOBIOGRAPHY**  
**BY**  
**RUSSELL TINSLEY**  
**#563**  
**DATED: April 19, 2014**

## A. EARLY CHILDHOOD

1. Where did you live? What kind of work did your mother and father do?

How did they feel about their work?

I was born and raised and lived in South Philadelphia, Pennsylvania. My mother was a single homemaker, and ran her own business as a Hair Stylist. She lost her husband and my father, who was in the United States Army, also was a Engineering and Construction Worker.

My mother did her best as a single parent to make sure her children was well taken care of, we always lived in a clean and orderly house, with lots of food to eat. My father was killed, after he retired as a Military Leader, for his Country. My mother received financial support from his Pension.

2. What was the religious and ethnic background of your family?

My father was a 33<sup>rd</sup> Degree Freemason and my mother was a Eastern Star, but she allowed me to visit a Baptist Church, and become baptized when I was only about five (5); or six (6) years old.

3. Who named you? Why was that name chosen?

Both my mother and father named me, after one of my father's brothers who name was also Russell Tinsley.

4. What is your earliest memory? What are the feelings connected to it?

I remember as far as my 3<sup>rd</sup> Birthday, when my father sat me on his lap, and I told him he was going to die. Three days later my father was killed in a fight with another man, and I remember attending to his funeral with

the rest of my family, and my feeling was sad, because of some reason I told him what was going to happen.

5. What was it like being a small child in your home? Who was special to you? Who cared the most about you?

I was the baby boy and it was easy because my sisters and brothers was much older and they had to take time out of their schedule to take care of me. My mother was very special to me and my mother was the one who cared about me the most. I remember her always telling me if I should see death coming for her, like I did with my father, for me not to tell her, just let it happen, without her knowing about it. To keep it to my self.

6. Give the names and birth dates of other children in the family in which

You grew up?

Shirley Ceaser	(71)	DOB	_____
Benita Williams	(70)		_____
James Tinsley	(68)		_____
Juanita Rowe		(now deceased)	
Thomas Tinsley		(now deceased)	
Patricia Tinsley	(56)		_____
Eve Tinsley	(54)		_____
Zena Tinsley	(51)		_____

7. Who disciplined you?

My mother, unless she was keeping me in the custody and care of one of my older sisters or brothers they would disciplined me and to let my mother know what I have done; or did not do.

- a.) How did you get along with them?  
Fine, no childhood abuse, my childhood in my family was alright, we was a struggling household and in want of the American Dream.
- b.) What was your place in the family?  
I was the cute baby boy.
- c.) How did you feel about the disciplined you received?



Of course, I didn't like it, but I knew that my mother and family loved me very much, and only was protecting me from hurting myself; or from being bad.

8. Where their any health problems in the family? Deaths?

Well as I stated above, my father was killed, when I was three years olds. We lost our sister Juanita Rowe, in 1998, from passing away from lung cancer. Our mother also pass away in 2008, from lung cancer. Then our brother Thomas, just recently pass away last year in 2013. I think cancer run through our family, because I too, had been diagnosed with cancer and injury caused by defective procedures when I was in California, but my disease went into admission. Apparently, my cancer has returned, and I could die, very soon.

9. Did your family attend church or Sunny School? How often? did parents attend? What church? How important was religion in the family?

My parents was Freemasons, as stated above, and my father never attending Church with the rest of the family, because he would attend the Scottish Rights Temple, in Philadelphia. But, my mother would take us to the New Raising Sun Baptist Church, every Sunday, when I was a child from ages of birth to about 8;

or 9 years old. Maybe up until I was about 10 or 11, something like that. All I can remember, that my mother was very religious and didn't play when it came about God. I also had two of my sisters get married in Church, and my father's funeral was also in our Church.

10. How did your parents show feelings towards each other?

a. Anger b. Love c. Closeness d. Fear e. other feelings or concerns in the family?

The feelings I believe our family have towards each other is an unconditional Love and Bond to be there for each other regardless of the situation.

11. How did your parents get along with each other? What did they enjoy together? What did they fight about? How did they fight? What effect did their relationship have on you then and now?

As far as I can remember, and before my father died, my parents got along when I was a baby was fine. No fights or arguments that I know of. My mother was very strict in raising her children to be united, and to spend a lot of time together. Like every week end, especially on Sundays, to be together, after Church, for our family dinner, and to talk about family business. She would also

like to take us on trips, have Holidays House Parties, BBQ summer cook outs in the parks; or at some other family member house. Like I said no arguments that I know, but some time family's conversations can get a little heated a little bit, when talking about family business. My mother was the one that made the rules in her house and if you could not follow her rules, in her house. Then you would have to leave and move in your own house. I was told that, I took after my father, even though I really never got a chance to grow up knowing him. I was told that he was very intelligent, talent and hard working, like I am today, because I like showing off my talents just like my father, and to work hard at what I was doing to finishing a project.

## **B. SCHOOL ACTIVITIES (6-19 years)**

1. How did you feel when you started school? What was good about school? What was bad about it?

I was very excited about going to school for the first time. I started school early because of my upbringing, with all my older brother and sisters. I started a little after my father's death. I was first a little shy, but I still made a lot of new friend. I had kids more my age to play with, instead of my older brothers and sisters. I liked the school work I had to, the teachers and I think they also liked

me. They would also tell me about one of my brothers or sisters that was also in they class, at one time or the other.

2. Who were your friends at school? What did you do with them?

What games or hobbies did you enjoy with other children during grade school years?

I would mostly hang out with the kids from my block I grew up on, these was some of the same kids that I would played with in my neighborhood at the parks, in mine or their house. We enjoyed playing games such as hide and seek, tag kickball, basketball, baseball, and some time just would joke around and laughs about each other for little kids stupid stuff.

3. How did the teaches treat you?

Well I think I had the best teaches in the whole wide world, they always was nice and treat me with respect. They took a special interest in me in doing all of my school work, and to pay attention in class. Some of my school teachers, even use to come by my house to talk with me and my mother, about my education, and about getting my mother permission to go to their house on some weekends to stay, and study with them.

4. Did you enjoy school work? Was any of it hard for you?

What subjects?

I loved schoolwork, because of my mother teaching me to read at a very young age, and my growing up with older brothers and sisters, with me they made it seem like it was another game to play, because we did have some good educational games in the house that we all use to play with. Of course, at that time we didn't have it like the children do today, with the computers and all; or with all this new technologies to help kids to learn and love school. I think all my teachers, brothers and sisters working with me, made it much easy for me to understand what the teachers was teaching me in their class. Besides, some of my brothers and sisters had some of the same teachers I had. I was even told by a couple of my teachers, that my sister Juanita, was their best student, and who was also, my best sister.

5. What did your parents want for you in school? Did they want you to do well in sports, school work or religion?

My parents wanted me to do good and learn in school. They wanted me to get a good education, and to be the best in all that I can do.

6. Were there changes in your living arrangements or family during High School? Financial changes? Deaths? Moves?

I got a good paying job at the Steel Mills, with my sister Juanita's husband, and who was the shop foreman. So financial, I was able to help my mother little more, towards taking better care of myself as well as to help her out to pay bills.



7. Did your feelings about school achievements in school change in your High School years?

NO.

8. What friends and/or activities were you involved with during high school years?

I made a lot of new friends, but working, and trying to survive was my priority, as well as to satisfy my mother to get a good education.

9. What kind of future job dreams or plans did you think about in your high school years? What were your goals?

To make a name for myself in the entertainment business, whether it was to be a performer, on stage, in the film industry; or in music. I want to live the lifestyle of the rich and famous. My goals, was one day to not only be the one on stage, but to also be the man behind the scene, pulling the strings behind some of our most popular and famous celebrities.

### C. SEXUAL DEVELOPMENT

1. When you were very young what did your parents teach you about sex?

My mother always talk about sex, to my older brothers and especially to my sisters. She would always tell them to wait until they get marry before having sex, because she wasn't taking care

of their babies, in her house it they didn't have a husband. As far, as the boys, and myself she would tell us to keep that little jimmy in your pants. You are no different then, your sisters, wait until the Lord, send you a good girl, and marry her.

2. When did you start to masturbate? What did your parents tell you about it? What were your feelings about masturbation?

I can remember, maybe at the age of 10 or 11, when I woke up with a hard on, and my underwear, was sticky wet to my body. I told my brother Thomas, and James, because at that time we was sleeping all together in the boys room. They started laughing and teasing me about it, and my mother heard all the commotion in our room, then walked, asking what was going on in here.

Thomas, told her I was jerking off, and came on his self. I said I did not, I woke up like this. My said, boys he just had a wet dream, and to leave me alone, and for me to go wash up, put on some clean clothes, then come downstairs, because I want to talk to you about this. When I went downstairs, to see what she had to say. She said, Russell, don't feel bad about what happen, it just mean, that you are now becoming to be a man, and nature will take its course. Of course, it you are masturbating, that just like committing a sin, or fornication. That just likes having sex without being married, but I would rather for you to masturbate, then to have you now, start going out there having sex with some

girls, who you don't plan on marrying.

3. Did you have sexual contact with other family members? Who?

When?

NEVER!

4. What was your first sexual experience you remember as a child?

What were your feeling then?

I think I was about 12 or 13 when I had my first sexual experience, because I cannot forget the time that my brother Thomas, had his girlfriend, and sister, a few years older then me to come over our house one night, when my mother was not home. He was telling his girlfriend and her sister, about my wet dream experience, and that I thought, I am becoming to be a man. They then starting teasing and laughing at me. My brother's girlfriend sister, said let me show him how to be a man, then took me upstairs in my bedroom, and pull down my pants, pull up her skirt, took off her panties and laid me on the bed, started sucking me off, until I got nice and large and then got on top of me.

#### **ADOLESCENCE**

5. How did you feel about the changes in your body as you became a teenager?

When the changes started happening to my body I was happy because I thought I was becoming a man.

6. How often did you have sexual feelings and thoughts about sex as a teenager?

I had feelings and thoughts about sex every time I would have a wet dream.

7. When did you start to date?

I was about 15 teen, with my oldest daughter's mother.

8. When did you start to have sexual contact with others?

After the experience with my brother's Thomas' girlfriend's sister. I started having sexual contact, with my baby's mothers, and other girls were started to come on to me at school and around my neighborhood.

9. What did you think was the expected sexual behavior of men during your teenage years?

Well, it was a very high teenage pregnancy rate around my neighborhood, where I grew up and a lots of guy always talked about how they gave females sexual pleasure, and who they got pregnant.

10. What did you think was the expected sexual behavior of women during your teenage years?

Not so much difference than the guys, to get the nice looking boyfriend they could; or the most popular one and did every thing they could to love and please their man.

11. Who scared or humiliated you sexually? How? When?

**NO ONE!**

- 12. What was your fathers sexual behavior like? How did you feel about it?**

**I DON'T KNOW!** My father died when I was a baby.

- 13. What was your mothers sexual behavior like? How did you feel about it?**

**I DON'T KNOW!** My mother never talked to me about her sex.

- 14. What has your sexual behavior been like as an adult? When and why have you been involved in sexual relations with other people?**

I always wanted to find the right female to marry and have a family with. Unfortunately, it didn't turn out like that, but I still hope and pray that God, will bless me with my soul mate. I know however, that I met and been with some very smart and beautiful ladies in my life, such as my children's mothers. Nonetheless, with all my career goals and all, I didn't want to settle down. I nevertheless, it was no romance without finance and you had to pay to play, even when it came down to having an affair and to engage in sex every chance possible married or not.

- 15. How often do you masturbate now? To what thoughts or fantasies do you usually masturbate too?**

Due to I had been diagnosed with cancer and injury caused by defective procedures when I was in California, and my

disease went into admission. Apparently, my cancer has returned, and I could die, very soon. Therefore, after my surgery and radiation therapy for my cancer diagnosis, I am unable to achieve an erection and ejaculation. But to be honest, I do still have thoughts about my children's mothers and some of the other women I've been with, and I think about all the good times we had together. If you want to call that fantasies or day dreaming, I guess that's what it is.

16. Do you sometimes have different kinds of fantasies that you masturbate to? When and what kinds of thoughts or fantasies?

I DO NOT MASTURBATE! I still have dreams, but without waking up with an erection and ejaculation.

#### **D. ADULTHOOD**

1. What schooling or training were you involved in beyond high school? How did you like it and how did you do in it?

After I graduated from South Philadelphia High School in Philadelphia, PA in 1973. I then attended Jr. College where I earned an Associate Degree in Business Administration. It was Kennedy King Junior College in Chicago. . I took some other, college courses on and off through my incarceration. . I took courses at Temple, in regards Business administration, and marketing. There is one more at Sacramento State, and for

political science.

2. **What kind of Jobs have you had? For how long? How did you like them?**

I was self-employed. I did self-employment work, but I was unemployed due to medical reasons.

Those medical reasons were I had surgery for colon/rectal cancer. I have my surgery in 2003, or 04. I was last employed, part-time and after my illness. I worked for a friend that had a restaurant. So I worked at the restaurant up until the latter part of 2004, and this was in San Francisco, California.

I really enjoyed my work.

3. **When did you get romantically involved with someone for the first time? How did you meet? What was attractive about the person to you? How long did it last? When and how did it end?**

When I was 15 years old, I met my oldest daughter Venus' mother Zulma in Philadelphia, PA. She was also 15 years old. She is a Puerto Rican bombshell turned heads, and our relationship with one another, was amazing. I would probably say our relationship lasted a few years, because we broke up, because I wouldn't marry her. However, we do share a very beautiful daughter and grand children together, today.

4. **How many serious relationships did you have before you married? How long did they last? When did they break up?**

Unfortunately, I was never married, and like my parents was.

I do have four 4 children though, who are all grown, from 4 prior relationships, that lasted each for about 3 to 5 years, today we are all still friends.

5. What first attracted you to your wife? Why did you decide to marry? How did the relationship change after we were married?

**I WAS NEVER LEGALLY MARRIED.**

6. What was the good parts of the marriage? What were the troubles in the marriage?

**I WAS NEVER LEGALLY MARRIED.**

7. When did you have children? How many? (names and ages). How did they affect the marriage?

**EVEN THOUGH, I WAS NEVER LEGALLY MARRIED. I**

have 4 children, who are grown, from 4 prior relationships,

Venus 42, mother Zulma; both reside in Philadelphia, PA.,

Tiffany Polite, 40, mother Michelle Polite; both reside in

Atlanta, GA; Brandon Tinsley, 38, mother Ramona Brown;

both reside in Oakland, CA; and Karima Tinsley, 34, mother

Lateefah Alhark, and both reside in San Francisco, CA.

Having 4 children by 4 different women was a big responsibility,

but with the help of my children have the best parents in the world

we made it happen.



8. Did you or your wife have other sexual relationships? Why?

When?

AGAIN, I WAS NEVER LEGALLY MARRIED.

9. Did the marriage end? When? Why?

NOT MARRIED.

**E. BEHAVIOR THAT BROUGHT YOU INTO TROUBLE WITH THE LAW**

1. When and how did you first get involved with the law? What happen?

At age thirteen (13) my past criminal activity began when I was mislead by gang members and the very fast lifestyle that was so much around me growing up in South Philly. The average young Blackman (African American) that was in my South Philly's neighborhood was poor people who became criminals, and did not have much of a choice. That lead to many gang members to be killed, or may have been found guilty by a court of law and they probably did in fact commit the crime for which they was being punished. But they had very little choice in the direction in which they were traveling.

2. What other things have you been arrested for? When What Happen?

In October 6, '04 I was arrested in New York. Prior to that, coming to Philadelphia. I was extradited from New York to Philadelphia. I had arrests related to a robbery, or something involving receiving stolen property.

3. Have you served time in other institutions? How long?

Where? How long?

Confinement in the Philadelphia Prison System, and I was incarcerated in California. I served 10 years in California, and still on probation in Philadelphia, PA.

4. What was the situation leading up to your most recent sex

offense? What was going on in your life? How were you feeling?

After my surgery and radiation therapy for my cancer diagnosis, I had been trying to deal with the fact that I am unable to achieve an erection and ejaculation. I even told the courts, and presented evidence documentations, since October 16, 2004, on the Philadelphia case, to try to clear my name from some of the charges, that I was falsely accused by Ms. Lakeisha Adams, and the Philadelphia Police Department of rape, against her.

Even though, I have a history of convictions for sexual offenses against women in California and Pennsylvania. In Pennsylvania, Petitioner was convicted on January 8, 2008 to 23 months in prison and was assessed a "sexually violent predator."

When Ms. Lakeisha Adams, an (age 22) prostitute, like Ms. Janell Walker, was and we check into a Hotel together so we could get high. I thought that once we were there, I could perform oral sex on her and I paid her for that.

With my medical condition and injury caused by defective procedures, I don't think I would ever be able to rub my genitals against another women's vagina again to eventually have sex her if, or not she would be willing to have sex me.

Before the Doctors, performed their surgery on me, one of the disturbing things that bother me the most, was the fact the Doctor told me that I might not, and never be able to have sex again, like before. I asked her why; she said it's a 50%50 chances that you will not be able to get an erection and ejaculation. I then told her if I could not have sex, it was no reason for me to get the operation. When I said that, she said: "Then Mr. Tinsley, you will die". They perform the operation, and now I have to deal with this for the rest of my life. I do hope someday, to get another surgery to correct this erection and ejaculation problem, to get marry.

**5. What was the specific incident that seemed to trigger your sexually assaultive behavior?**

Ms. Lakeisha Adams (age 22) I didn't know what I was thinking, especially after my medical situation and bad experience of being with prostitutes in the past. I was guessing Ms. Lakeisha Adams, reminded me so much of Ms. Janell Walker, I though I could start a relationship with her, but that didn't happen. I thought I could replace Janell's memories with her.

**6. What did you say and do to your victim? How did you feel about them at the time?**

All I did, was take a prostitute to a Hotel, to get high with Ms. Lakeisha Adams, and paid to have oral sex with her (age 22), when she took me for my money, clothes and

jewelry then called the police to say that I raped her. I never actually penetrated her vaginal, and there was no medical reports to suggest otherwise.

I didn't physical hurt Ms. Tawnya Davis (age 17). All I did was put my mouth on her vagina, had illegal sex with her, and offer her something to drink and drugs. I didn't force her by using a weapon; and God forbid, kidnap or abduction. It was just bad judgment.

**7. What did you feel about yourself and the victims afterwards?**

**What did you say to them?**

I take full responsibility of my past sexual behavior, mistakes I'd made and regret any/all harm that I have caused to myself, family, friends and others. Especially upon Ms. Tawnya Davis, and her family in San Francisco, California 33 years ago, and after being found guilty of rape against her, that made the Court to order me to register as a sex offender, after serving my 10 years prison sentence, and with 5 years of parole. I do have remorse for Ms. Lakeisha Adams, in Philadelphia, PA., 10 years ago, too, where I had to plea to a sexual offense against her, and was sentenced by the Philadelphia Court to 23 months time served, and was to be released to serve 8 years probationary community supervision and with out-patient treatment. Most of all, I pray everyday that G-d "Allah" will forgive me of all my sins that I have committed against his laws, such as in fornication and adultery. That is to mean having illegal sex, without being married; and/or in the case, having sex with a married person. Even, if Ms. Davis and our sexual relationship "was Consensual" it was still illegal, pursuant to Allah's Laws.

**8. What other similar crimes have you been involved with and how long?**

I did discuss in my Process Group #14, about the history of my juvenile record which includes a charge for rape. This case date back to my age being 16. I was under a court's order in Philadelphia, PA., to be placed in the juvenile diagnostic center when I was 16, for the rape charge against Mary, and for evaluation and treatment. The case was later dismissed and I was discharged in or about 1973.

**9. Which drugs or chemicals have you abused? For how long?**

Do you still use or plan to use?

I did cocaine, and smoked pot when I was much younger. Over a period of 10-maybe 20 years. No I do not plan to use, anymore.

**F. THEATMENT**

**1. What other treatment have you or your family been involved in?**

**for what kinds of problems?**

The only treatment I'd received that my family was involved was what

I did discuss in my Process Group #14, about the history of my juvenile record which includes a charge for rape.

This case date back to my age being 16. I was under a court's order in Philadelphia, PA., to be placed in the juvenile diagnostic center when I was 16, for the rape charge against Mary, and for evaluation and treatment. The case was later dismissed and I was discharged in or about 1973.

**2. What helped you the most in treatment?**

I will get more out of the group when the group isn't negative.

**3. What do you wish you done differently? How could you have gotten more from the treatment?**

By Fulfilling the Treatment Requirements, outlined in the Resident Guide, and what my Treatment team recommends for my good progress in treatment to help improve my life in many ways including discharge from the STU. I must listen to others when they are giving me advice and feedback, as well as to control my own voice volume when I am speaking. To always remember I am looking for the best advice and/or suggestions that will help me better understand myself and to make progress toward the goal.

Although, my sex offenses in both the State of California and Pennsylvania are questionable, it still involves ongoing litigations within the Courts; or in the alternative to have my cases dismissed. In additional, I am in the legal process, making the effort to setting the record straight, clearing my name of all criminal activity, cleaning my slate and expunging of my criminal record as well as to get myself exonerated; or a Pardon.

However, I take full responsibility of my past criminal activity, and regret any/all harm that I have caused to myself, family, friends and others. Especially upon Ms. Tawnya Davis, her and her family in San Francisco, California 33 years ago, that made me become a sexual offender, and had to register, after serving 10 years in prison, and with 5 years of parole. As well as to Ms. Lakeisha Adams, in Philadelphia, PA., 10 years ago, where I plea to a sexual offense, and was sentence by

the Philadelphia Court to 23 months time served, and was to be released to serve 8 years probationary community supervision and with out-patience treatment. Most of all, I pray everyday that G-d "Allah" will forgive me of all my sins that I have committed against his laws, such as in fornication and adultery. That is to mean having illegal sex, without being married with your partner; and/or in my case, having sex with a married woman.

**4. What is the most important thing you need now in this Treatment?**

**How can we help you get it?**

I have been civilly committed here at the STU, since May 12, 2010, and my final hearing was held on December 18, 2013. It's been four (4) years, since I have been here, and I am still in Phase 1 – Orientation. I have also been participating in both ("TO") 2, and Process Group 14, so I am well over being traumatic, and believe I am entitled to more considerate treatment and should be promoted to either Phase 2, 3, 4; or 5 fulfilling the Therapy Treatment Requirements, to get discharge from the STU. You would think after my being here at the STU for four ("4") years, I am ready to move forward to fulfill my Goals' for Tinsley's Process Group 14 outlined in the attachment.

In the Resident Guide, at page 33, it states: In reviewing these Phases in **IN THE MATTER OF THE CIVIL COMMITMENT OF V.A., SVP 25-99.**, the Appellate court said that "Based on these time projections, it would take an individual committee approximately four to five years to reach the goal of being released into the community. This projection assumes, of course, an average to above average patient performance, without a negative incident, relapse or other type of regression."

I know I am well over the intensity of motivation and to make the investment in fulfilling the Therapy Treatment Requirements, to get discharge from the STU.

**LIST BELOW A MINIMUM OF FOUR (4) specific goals that you want to work on in treatment. Consider which parts of yourself that you need to change that caused your crimes.**

1. I need to be more acceptable to feedback in group.
2. To work on not being aggressive to others.
3. Getting the best I can from treatment and working on my way out the door.
4. Doing the right things that I enjoy doing like my music and building a successful business to support myself and family, as well as to helping others.

## **GOALS FOR TINSLEY'S PROCESS GROUPS 14**

- 1.) Fulfill the Therapy Treatment Requirements, outlined in the Resident Guide, and from what psychologists and my Treatment team recommends for my good progress in treatment to help improve my life in many ways including discharge from the STU. I will listen to others when they are giving me advice in my process groups' meetings, with feedback, and I will control my own voice volume when I am speaking. To always remember I am looking for the best advice and/or suggestions that will help me better understand myself and to make progress toward the goal. To participate and work hard in the



developed successful based modules of therapy that are acceptable to my group peers and therapists; or facilitators alike.

2.) Although, my sex relationships in both the State of California and Pennsylvania are questionable, they still involve ongoing criminal litigations within the Courts; or in the alternative to have my cases dismissed. In addition, I am in the legal process, making the effort to setting the record straight, clearing my name of all criminal activity, cleaning my slate and expunging of my criminal record as well as to get myself exonerated; or a Pardon. The therapeutic approach or aid to my treatment could help me toward this aim, to build my better character development, and to alleviate any future mistakes; or difficulties that I may be faced with.

3.) However, I take full responsibility of my past sexual behavior, mistakes I'd made and regret any/all harm that I have caused to myself, family, friends and others. Especially upon Ms. Tawnya Davis, and her family in San Francisco, California 33 years ago, and after being found guilty of rape against her, that made the Court to order me to register as a sex offender, after serving my 10 years prison sentence, and with 5 years of parole. I do have remorse for Ms. Lakeisha Adams, in Philadelphia, PA., 10 years ago, too, where I had to plea to a sexual offense against her, and was sentence by the Philadelphia Court to 23 months time served, and was to be released to serve 8 years probationary community supervision and with out-patient treatment. Most of all, I pray

everyday that G-d "Allah" will forgive me of all my sins that I have committed against his laws, such as in fornication and adultery. That is to mean having illegal sex, without being married; and/or in the case, having sex with a married person. Even, if Ms. Davis and our sexual relationship "was Consensual" it was still illegal, pursuant to Allah's Laws.

4.) If I could go back in time, and from what I know now. I would change my own behavior, by valuing myself and others even more, to appreciate the beautified creation, be it oneself or others. I am not trying to justify my mistakes; or my past criminal behavior and sins I'd committed against Allah's Laws, most importantly by committing the illegal sexual relationship of fornication with Ms. Tawyna Davis. Even though, in the state of California, their laws makes it legal to have consensual sex with a female between the ages of 16 – 21, but to marry her you will need a parent; or guardian consent. I guesst that's one of the reason the District Attorney Office of San Francisco, did not charge me with statutorily rape, because statutorily rape wasn't a crime of violence; if it was Consensual.

5.) I am not in denial; or being defensive in what happen between Ms. Tawnya Davis, and me. I took full responsibility then, and I do the same today, for my own action and as I told Ms. Tawnya Davis and her mother Ms. Sharon Davis, back in 1983, when they wanted to apologize to me about what happen. I told them that their nothing for them to apologize to me for. But, I was the one

sorry for bringing any and all problems; or confusing to their family, that I must deal with for the rest of my life.

- 6.) If NJ does not intend an individual committed pursuant to the Act to remain confined any longer than he suffers from a mental abnormality rendering him unable to control his dangerousness. Whatever, the case may be as a patient at this STU, I am taking responsibility for my own decisions and actions, not blaming circumstance, other people, devil and destiny etc., since taking responsibility means taking a risk to change and therein lies the real fear and the challenge. I ask for your help, to allow me the opportunity to move forward, by processing this information, to improve my life in many ways including, not only here, but to be discharge from the STU.

**By Russell Tinsley**  
**Dated: April 20, 2014**

# PERSONAL MAINTENANCE CONTRACT

I.      **Name:** Mr. Russell Tinsley.                          **Date:** April 17th., 2014  
             Main Bldg. (*South Unit*)                          **Revised:** September 19, 2014

## II. A REMINDER OF MY REASONS FOR CHANGE:

This will remind me, when I'm tempted to relapse, of all the reasons I want to use my positive life plan goals. I should consider my health As such; it is clear that STU, DOC, DHS, and the Office of the Public Defender, Received my medical records, and a doctor in the Special Treatment Unit, reported to the authorities that I had been diagnosed with cancer and injury caused by defective procedures, when I was in California, but my disease went into admission. Apparently, my cancer has returned, and I could die while incarcerated. But, in saying all this I must consider the (physical & emotional), relationships, between all the family, friends, finances, legal issues, & plans for the future, of myself and others.

From Fulfilling the Therapy Treatment Requirements, outlined in the Resident Guide, and from what psychologists and my Treatment team recommends for my good progress in treatment to help improve my life plan in many ways including discharge from the STU. When listening to others when they gave me advice in my process groups' meetings, with feedback, and to control my own voice volume when I am speaking. To always remember I am looking for the best advice and/or suggestions that will help me better understand myself and to make progress toward the life plan goals. The participation and hard work in the developed successful based modules of therapy that was acceptable to my group peers and therapists; or facilitators alike.

A) First and foremost, is not to have anymore victims, and after all the hard work, making the effort to setting the record straight, clearing my name of all criminal activity, cleaning my slate and expunging of my criminal record as well as to get myself exonerated; or a Pardon. The therapeutic approach or aid to my treatment could help me toward this aim, to build my better character development, and to alleviate any future mistakes; or difficulties that I may be faced with.

## PERSONAL MAINTENANCE CONTRACT

B) Having a full understanding of the effect (Fear humiliation, guilt & embarrassment) it had on my victims, their family and friends. I take full responsibility of my past sexual behavior, mistakes I'd made and regret any/all harm that I have caused to myself, family, friends and others. Especially upon Ms. Tawnya Davis, and her family in San Francisco, California 33 years ago, and after being found guilty of rape against her, that made the Court to order me to register as a sex offender, after serving my 10 years prison sentence, and with 5 years of parole. I do have remorse for Ms. Lakeisha Adams, in Philadelphia, PA., 10 years ago, too, where I had to plea to a sexual offense against her, and was sentenced by the Philadelphia Court to 23 months time served, and was to be released to serve 8 years probationary community supervision and with out-patient treatment. Most of all, I pray everyday that G-d "Allah" will forgive me of all my sins that I have committed against his laws, such as in fornication and adultery. That is to mean having illegal sex, without being married; and/or in the case, having sex with a married person. Even, if Ms. Davis and our sexual relationship "was Consensual" it was still illegal, pursuant to Allah's Laws.

C) How it destroyed their lives, not to mention mine, the lives of my family, loved ones, and friends all have been impacted by my past behavior.

### III. LIST MY STRENGTHS, SKILLS & PERSONAL INTERESTS:

#### STRENGTHS:

- A) I am a good listener, and fast learner.
- B) I like to read, write, sing and dance, as well as to pray.
- C) I like to help people, and will give the shirt off of my back.
- D) Good hygiene habits, and loves to dress for success.
- E) I have a better understanding of myself which I did not have in the past that is a new strength, I gain through treatment.
- F) I like to work, & have no problem doing it, as long as my health allows.
- G) Today, I can say that I love taking Responsibility.
- H) Today, I can say I can enjoy life without hurting somebody.

# PERSONAL MAINTENANCE CONTRACT

## SKILLS:

- A) Computer and Paralegal Training.
- B) Marketing, Management to pursue a interest in Entrepreneurship.
- C) Love to Cook, with hope of having my own Restaurants & Club.
- D) Music Producer.

## PERSONAL INTERESTS:

I will do the Following: Exercise, Dancing and Singing to Music, Playing Sports, Working for my own company, producing music and doing Live Entertainment Shows; and spending time with family, going to the Mosque. (Religious activities)

## IV. DESCRIBE MY SEXUAL OFFENSES (Include all offenses. Be brief & specific.)

### 1. Sex and Age Range of my Victim's:

Female; Age: 17 years old. (I was 29 years old.)

Female; Age: 22 years old. (I was 49 years old.)

### 2. Specific Sexual Acts:

(FEMALE; Tawnya Davis 17 YEARS OLD.)

I, Illegally had sexual relationship with Ms. Tawnya Davis, by performing oral sex on her, and by allowing her to place my penis into her vagina, and If I could go back in time, and from what I know now. I would change my own behavior, by valuing myself and others even more, to appreciate the beautified creation, be it oneself or others. I am not trying to justify my mistakes; or my past criminal behavior and sins I'd committed against Allah's Laws, most importantly by committing the illegal sexual relationship of fornication with Ms. Tawnya Davis. Even though, in the state of California, their laws makes it legal to have consensual sex with a female between the ages of 16 - 20, but to marry her you will need a parent; or guardian consent. I guest that's one of the reason the District Attorney Office of San Francisco, did not charge me with statutorily rape, because statutorily rape wasn't a crime of violence; if it was Consensual. I am not in denial; or being defensive in what happen between Ms. Tawnya Davis, and myself. I took full responsibility then, and I do the

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same. today, for my own action and as I told Ms. Tawnya Davis and her mother Ms. Sharon Davis, back in 1983, when they wanted to apologize to me about what happen. I told them that their nothing for them to apologize to me for. But, I was the one sorry for bringing any and all problems; or confusing to their family, that I must deal with for the rest of my life.

(FEMALE; Ms. Lakeisha Adams 22 YEARS OLD.)

2.) I do have remorse for Ms. Lakeisha Adams, in Philadelphia, PA., 10 years ago, too, where I had to plea to a sexual offense against her, and was sentence by the Philadelphia Court to 23 months time served, and was to be released to serve 8 years probationary community supervision and with out-patient treatment. Most of all, I pray everyday that G-d "Allah" will forgive me of all my sins that I have committed against her and His laws, But, in this case Ms. Lakeisha Adams was not loyal, when I met her back in September 1, 2004. When I met Ms. Lakeisha Adams, in the area of drugs and prostitution in Philadelphia, I picked her up, off the streets and was nice enough to take her shopping, out to a nice public restaurant to get something to eat, and we both check into a hotel room together, at the Days Inn, on Roosevelt Boulevard, and we both used our Identification.

1st.Assault Process: (how I committed my offenses). *Grooming & Planning*

(FEMALE; Ms. Tawnya Davis 17 YEARS OLD.)

3.) I was always involved in the entertainment business, trying to make a name for myself, and when I met any male and/or female I would tell them of my child hood dream, "To someday, become very wealthy and famous, by putting my name up in lights, camera and action, either by being as artist and/or an actor myself." With Ms. Tawnya Davis, I was only celebrating my new job, as a Booking Agent, and with the Storyville Nightclub and Restaurant, in San Francisco, California. I was so happy to have found a job that would have gave me the opportunity to book entertainers' artists at their club. I never intended to have sex with her, but after partying, drinking and using some drugs together, one thing lead to another. Of course, I made a mistake by inviting her to my apartment to celebrate with me.

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On July 30, 1984, Ms. Tawnya Davis, a 17-year-old young and beautiful female, met me for the second time when she went to my apartment to celebrate, and pick up some toys for her niece.

At my apartment that night, Tawnya accepted a drink of brandy and some cocaine, and we had sex. Early the next morning, Ms. Tawnya David, went home.

Even though, I was arrested and charged for rape, at trial, my defense was that the charged acts were consensual. I testified that I actually left the apartment several times while Ms. Tawnya Davis was there, so she was free to leave. I testified that our sex was consensual.

However, my jury found me guilty of rape, and oral copulation, etc.

(FEMALE; Mary 14 YEARS OLD.)

I did discuss in my Process Group #14, about the history of my juvenile record which includes a charge for rape. This case date back to my age being 16. I was under a court's order in Philadelphia, PA., to be placed in the juvenile diagnostic center when I was 16, for the rape charge against Mary, and for evaluation and treatment. The case was later dismissed and I was discharged in or about 1973.

(FEMALE; HEATHER WEEKS 18 YEARS OLD.)

This case involved the 1999 case, about Ms. Heather Weeks, and after sending her artistic letters, or naughty sexual drawing, on her 18<sup>th</sup> birthday, as part of my marriage proposal to her, that was rejected by her and her mother. This case was also dismissed, and my probation was terminated. However, I have taken full responsibility for any and all sexual offenses that was either dismissed and/or for what I was convicted.

V. **DESCRIBE MY DEVIANT CYCLE:** (Non-Sexual offenses must be included) Attach my deviant cycle here. (My cycle should have been developed in RP1, presented in my process group, revised as needed, and approved by therapists)

Significant Events A-B

### 1. My Perception Was:

At age thirteen (13) my past criminal activity began when I was mislead by gang members and the very fast lifestyle that was



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so much around me growing up in South Philly. The average young Blackman (African American) that was in my South Philly's neighborhood was poor people who became criminals, and did not have much of a choice. That lead to many gang members to be killed, or may have been found guilty by a court of law and they probably did in fact commit the crime for which they was being punished. But they had very little choice in the direction in which they were traveling.

## My Thoughts Were:

Why are all the gang members getting all the best looking girlfriends, nice clothes, cars and money while my mother was struggling to just keep a roof over my head, food in my stomach and clothes on my back, to go to school, and get an education. What could I do to get what those gang members had?

## My Feelings Were:

Positive, Aggressive, Ambitious, Smart, Excited.

## My Behavior Was:

I would get better girlfriends, clothes, cars and make much more money then them. I better start getting it right now to make myself look like, I got it going on just like they did, but by not being a member of their gang. I would not stop trying until I had what they had or better.

## 2. My Perception Was:

I was not going to be intimidated by those gang members, because I had the same potential they did, and to do what I'd thought back then as success.

## My Thoughts Were:

Why I cannot have what they are calling the finest things of life, and the best things in it that this world has to offer. Why I cannot show them that they are having nothing, compared to what I am going to have. I am better then them. I will show them I'm the best.

## My Feelings Were:

Happy, Powerful, loved, Popular.

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## My Behavior Was:

I told my mother, about how I would like to have better things in life for her and myself, but she said it's nothing wrong with having nice things, as long as you are getting those nice things by doing the right things to get it. I still continued to think about getting those nice things, and talked it over with my friends who all agreed, that one day we will all get rich and go to Hollywood to put our names up in lights. I stayed away from the gang members, but my friends and I worked all together towards making a lot of money, getting pretty girlfriends, nice clothes and cars. We showed them something that they didn't believe themselves.

## 3. My Perception Was:

I was better then them at a young age, and besides my mother was always telling me to be the best, and she did her best to raise me, with 8 eight other children, to have nice and pretty things, but, as long as I was getting it by being honest. I though, I just had to get it, by any means necessary.

## My Thoughts Were:

I don't want to do bad things to get this. But I had to get some pretty girls to help me to do this. This isn't easy. I'll get paid in a large amount, if I have some of these pretty girls helping me to get this money.

## My Feelings Were:

Invincible, Unstoppable, Powerful, Fearless.

## My Behavior Was:

I remained ambitious, and hard working. I wanted to be honest, and like my mother said, but some of my friends were also a bad influence on me. My mother said stayed away from them, but all I was concerned about was getting this money.

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### 4. My Perception Was:

At sixteen (16), the girl Mary I met in school, was fourteen (14), she and I got together to make plans on how we can make some money together, and have sex. Even though, my perception was getting her to hustle with me and my friends. When her mother found out about us being together, and having sex, she called the police and had me arrested for rape.

### My Thoughts Were:

Damm! What's going to happen now, Am I doing it right, I wonder what my friends and girlfriend is thinking? My First Daughter Venus Tinsley's Mother Zulma Alvarado, was going to kill me, for being with another girl.

### My Feelings Were:

What the hell, I fucked up, Disappointed, Misunderstood.

### My Behavior Was:

I did what the gangs' members were doing, and what my friends told me. Don't look at yourself or her for what her mother did to get me arrested. Her Mother just doesn't understand, and like she really didn't know her own daughter. I acted like nothing happened.

### 5. My Perception Was:

At seventeen (17), I saw myself seeking for guidance, that I wasn't getting from my South Philly's neighborhood, friends and started reading the Bible, up in my mother's house bedroom. I had a strange experience, after praying to G-d "Allah", for guidance and strength to understand and about how to survive in this world, where it seem to be very bad all around me. I thought then that it was necessary for me to leave Philly, and I told my mother just that. She asked me where I was going, I told her I didn't know, but I must leave for awhile. I needed a change of place, to be at that particular time and space.

### My Thoughts Were:

Why is the world so messed up, why doesn't anyone stop all the suffering in the world, which I and my family were going

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through. I hope by me leaving from Philly that would help me get up on my feet where I was supposed to be in life. Times were hard in Philadelphia, and especially for a young African American growing up in, because of the behavior of powerful, corrupt and selfish interest groups that large numbers of poor people have become criminals. While my mother didn't want me to leave her house, she supported my wish to leave, but told me, don't throw your life away, do the right thing, and to stay out of trouble.

### My Feelings Were:

Adventurous, Unusual, Extraordinary.

### My Behavior Was:

Righteous, and Obedient. I didn't do any thing wrong for months, while I visit my sister in Washington, D.C., travel to Miami, Fl., except for being a look out for prostitutes, when they were hustling. They gave me money, up until I took a trip; or short visit in Chicago, Illinois where I met my spiritual leader and adopted father Imam Warith Deen Mohammed.

It was Imam Warith Deen Mohammed, who has introduced me to the religion of Al-Islam, and the life example of Prophet Muhammad. The Holy Quran was revealed to Prophet Muhammad to serve as a "manual", a guide with specific instructions for mankind. I learned from this, our first priority should be to redefine criminal behavior along the guidelines established by Allah through his Prophet Muhammad. By using these guidelines, one arrives at the conclusion that the worst crime that man can commit is to associate anything with God. It is through associating other things, for example, persons, wealth, power, etc., with God that has brought so much corruption into His society.

Psychology has taught us that if one accepts to be inferior and internalizes his inferiority, he will begin to act out this perception of himself. Therefore, one can or must conclude that criminal behavior is not only defined by Christianity, but it is also promoted by the Church. Why should man strive to be an upright and morally strong citizen in his community after being told by the most influential body in the country that he was born wicked and is inclined to do wrong? Man can easily rationalize why he breaks established laws, when he is under the influence of Christianity. Many times we have heard the expression that "the devil made me do it".

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### 6. My Perception Was:

At twenty (20), my G-d "Allah" is always in control, and nothing can happen without his permission. To always seek His forgiveness of my sins, His mercy and Blessing. Because no one is perfect, only in our Righteousness are we better than others, who also would have to answer to Him, on the Day of Judgment for their our own sins, too.

To put it another way, roughly 80 percent of the convicted prisoners in America did not finish high school, and of this percentage, almost 90 percent never went to high school. A close study of this profile and a similar study of the community profile from whence I came will show a striking resemblance. This resemblance will be high population density, poor education, lack of political power and little economic or cultural strength. It is no accident that Black men (African American) is represented within the prisoner population by a highly disproportionate percentage. One will also find that my community (African American Community) represents the highest rate of unemployment and the lowest rate of economic stability within the confines of America, to even be wrongfully convicted of an crime, in which they were innocent; or as in an sex offense would face the consequences of indefinite civil commitment that's used to hold criminals the state considers sexually violent predators.

### My Thoughts Were:

Why is he punishing me I'm going to listen to my Mother, and to work hard on the job, and trying to be honest, and to do the best of my ability to survive! Why don't he stop punishing me, and or to give me the strength to help him punish those who are violating His Laws, and making their own man made Laws up to supersedes G-d's "Allah" Righteous Laws, as in for those who have not sin, cast the first stone. I'll stop them, and by teaching them the truth.

### My Feelings Were:

Faithful, Helpful, Powerful, Merciful.

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### My Behavior Was:

I called my Mother always at home and talk to her about my life experience, because as just as must I wanted to make her very proud of me. I know I always needed her advice, to keep me strong but the devil kept attacking me. I tried to fight back. I tried to stay out of trouble, to become very successful outside the criminal activities and to stay out of jail; or by obeying the laws of our Creator.

### 7. My Perception Was:

At twenty-one; or twenty-two (21); or (22), I left Chicago, and after visiting my mother in Philadelphia and moved to Los Angeles, California with the hope of pursuing my first childhood dream, to get involve in Show business. However, my perception of Hollywood was not like I thought. It was a fast, and fury city to live in.

### My Thoughts Were:

I don't want to go back to Philadelphia. Mom told me right, "that it wasn't anything but trouble here, for you". "You don't have to return; or to be bad, to make it out there." Just keep your nose clean, and to stay out of trouble. She always, advised me to also stay away from those fast ass girls, that don't even care about you, only their selves and would do any thing to get what they want, even if it will get you in trouble. "I raised you better then that".

### My Feelings Were:

Happy, Relieved, Free, Safe.

### My Behavior Was:

I will make a lot of money to help my Mother out. I smiled more, and worked hard to make a good name for myself, in the entertainment industry. I moved to San Francisco, California.

### 8. My Perception Was:

At twenty-seven; or twenty-eight (27); or (28), I met my son Brandon Tinsley's momma, Ms. Ramona Brown. She became the mother

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of my first and only son. She also helped and work with me towards fulfilling some of my childhood dreams by establishing our first fashion and live entertainment, dinner show, at the Raffles Restaurant in San Francisco, California.

### My Thoughts Were:

I can't ever forget her. Even though we are not together today, I still keep in touch with her and her family. She still lives in California. I was some what disappointed about our break up, because she wanted to settle down get married, and I wasn't. I told her that I wasn't getting married, until I made it to the top. Other words, I wanted to fulfill my childhood dreams, of getting rich and famous; become very successful.

### My Feelings Were:

Love, Respect, Honored, Appreciated,

### My Behavior Was:

I went on with my entertainment business plans and even made some bad choices in life that even caused me to catch a few illegal run in with the law. I'll even let another female to do what Ms. Ramona Brown did with me in my business, even though it was with Ms. Ramona Brown, I give credits too, in us building a strong foundation together, in which we had good ideas and healthy relationship.

A few years after Ms. Ramona Brown, I met my youngest daughter's mother Ms. Lateefah Alhark, and she also started to work with me in my business, and we have made a lot of progress together, after Ramona and I laid the foundation, to where Lateefah, only had to work with me, to be more productive for the business; or up until I got arrested, and sent to prison behind the case with Ms. Tawnya Davis.

### 9. My Perception Was:

I thought, like every time, as soon as things began to look like they are going well something bad happen, to me.

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### My Thoughts Were:

I don't need this shit. Somebody is either trying to kill or hurt me, and not trying to see that I become successful. My mother said I'll never stop to think about anything. And, she was afraid that I might end up like some of the gang members, back in Philly. She said I don't want you to be the next victim, from making the wrong choices in life, and bad association with people who do not give a fuck about you or what you trying to do in life. I know she was right and I didn't want to ruin my good character and representation; or to be locked up in somebody prison.

### My Feelings Were:

Scared, Terrified, Fearful, Frightened

### My Behavior Was:

I went to prison any way, behind the case, involved Ms. Tawnya Davis.

### 10. My Perception Was:

At thirty-nine; or something (39), in 1993 I was released from prison, and moved in with Ms. Ruth Ballard, a older women, who was not my girlfriend.

### My Thoughts Were:

I am still a good man that can be trusted, because, after all I went through, Ms. Ruth Ballard, not only let me move in her apartment, but she gave me a job at her own store. She help me later on to get my own apartment, a automobile, new clothes and worked with me to help rebuild my fashion and entertainment business. My representation proved to her I wasn't a bad boy. I was free from my prison sentence's abuse.

### My Feelings Were:

Happy, Excited, Relieved, Loved, Freedom.



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## My Behavior Was:

Money whenever I wanted. Ms. Ruth Ballard, loved to cook whatever I wanted.

## 11. My Perception Was:

I returned to the entertainment business and produced fashion and live entertainment talent showcases when I was working with Ms. Ruth Ballard, (prompted by my employer).

## My Thoughts Were:

I'm not a rapist like some people always said. I can do anything I put my mind to. I'm smart. I can't let my boss Ms. Ruth Ballard, down. My boss believed in me.

## My Feelings Were:

Proud, Thankful, Happy, Responsible, Determined.

## My Behavior Was:

With this job I got, with Ms. Ruth Ballard, as the manager of her own clothes store "MEME." I helped others with modeling and entertainment goals. I hire others to participate in our fashion shows and live entertainment talent showcases.

## 12. My Perception Was:

At forty (40) I started working at MEME, and it wasn't never too late to fulfill my child hood dreams.

## My Thoughts Were:

I can help Mom out. I can buy her what she always wanted. I can buy her a new big house.

## My Feelings Were:

Happy, Mature, Responsible, Independent

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### My Behavior Was:

I helped Mom out with bills. I bought nice things for her and my children. I bought the car I wanted. A lot of beautiful women wanted to start dating me.

### 13. My Perception Was:

I then met a lady by the name of Ms. Janell Walker, who was a prostitute, I started dating, because she was giving me some money, but I started drinking and using drugs with her.

### My Thoughts Were:

It has been a long time, since I last used any drugs, and I guess I wanted to see how it will make me feel. I won't get hooked like other people, I thought. I'll just take half of what she will take. But, I liked the way I felt.

### My Feelings Were:

Curious, Good, Happy, Cautious.

### My Behavior Was:

I started doing more drugs. I started hanging out with bad people who used and sold drugs. I was fighting with my boss Ms. Ruth Ballard, when she found out about Ms. Janell Walker, and using drugs. She fired me from working at her store. I was irresponsible/ not working now at the store. I was sleeping with Ms. Ms. Janell Walker, more often, and even had to move in with her. I was earning money from her work, and starting selling drugs to other prostitutes. I was cheating, and sleeping with other women, who was also prostitutes. Some would even pay me for sex.

### 14. My Perception Was:

After about two years, after my release from prison I got my first parole violation and learned that my woman Ms. Janell Walker, was pregnant with my baby, but she became angry with me and had a miscarriage.

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## My Thoughts Were:

While doing my one year, for the parole violation I was thinking about why I keep fucking up a good thing, and I just couldn't keep blaming someone else. Now I'm locked up, again and Ms. Janell Walker is out there walking the streets late by herself, when it's not safe out here. Let me try to contact her to tell her that I was sorry, and she would need to seek some help to get off the streets and drugs. I though, If I didn't tell her that I was sorry, and try to convince her to get off the drugs and streets and something happens to her it's my fault.

## My Feelings Were:

Caring, Friendly, Concerned, Responsible

## My Behavior Was:

I saw her after a year of doing my parole violation. She didn't even want to talk to me to. We started keeping away from one another but I missed being with her.

## 15. My Perception Was:

I had to move on with my life, and started looking for some work. My parole officer would help me get a room in a hotel, but that wasn't for long. Then I got employed, part-time work at a friend's business that had a Restaurant called "Powell Place".

## My Thoughts Were:

I worked at the Restaurant, on and off part-time from about 1996 to 2004. Mr. Powell, who was a friend, was also my employer that also was involved into the entertainment industry. His music profession was Gospel Music. I hope I make it to the big time, by working with him, because of his connection in the business of entertainment. He is still a friend of mine today, and we still keep in touch. I have told him about all my problems, and always would give me good advice, to help me to keep going.

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## My Feelings Were:

Happy, Helpful, Nervous, Joyful, Relieved, Excited,  
Responsible.

## My Behavior Was:

I took care of his business as if he were my own. I helped manage the Restaurant. I moved in his big house, in the San Francisco's Woods, and had my own room. I bought new clothes and food, for myself, as well as to make enough money to send back home to my mother, and to give to my children. I was getting back on my feet, with out the drugs and drinking.

## 16. My Perception Was:

When I was working at the Powell Place, one day I was taken the bus to work, and met Ms. Heather Weeks. She looked so much like some one else I know, I asked her if she knew; or was related to Amber. She said yes, that's my sister. I asked her how was her sister doing, and she said fine. I told her to tell her sister, that you met Russell, and that I want you to tell her, I'm now working at Powell Place, and for her to come down to see me and get some of our good Soul Food.

## My Thoughts Were:

Ms. Heather Weeks would come by the Restaurant, with other girls, but never with her sister. I thought she was kind of attracted to me, but I would always ask her how her sister is, and she would say fine. I asked her if she told Amber, what I said on the bus. She said yes, and that her sister been working long hour and coming home too late, to come to the Restaurant. I was always nice to Ms. Heather Weeks, and she was always nice to me in return. But, I still thought, how she looked at me and would always give me her pretty smile, she must liked me. But I knew she was younger then her sister Amber

## My Feelings Were:

Happy, Positive, Patience, Understanding, Valuable.

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### My Behavior Was:

I tried to get Ms. Heather Weeks, to get her sister Amber to come to my job. I asked Ms. Heather Weeks to give me her sister phone number, but instead she gave me her cell number, that I found out later when I called it, to speak to Amber. I looked for Amber, because I knew where her job was located. She worked at a Pizza Shop on Haight Street.

### 17. My Perception Was:

Ms. Heather Weeks wanted to talk to me, because every time I called her number to speak to her sister, she was never home, and she would start asking me all kind of questions about different things like what I like about her sister so much. I told her we were just friends that use to talk.

### My Thoughts Were:

I'm liked by Ms. Heather Weeks, but she's too young. I'm going to talk to her, as a friend. I'm a likable man now, by Amber's youngest sister. Thank Gods she's beautiful, but too young and I don't want to get into trouble with her, like I did with Ms. Tawnya Davis, the other young beautiful girl, that I went to prison behind.

### My Feelings Were:

Happy, Proud, Loving, Joyful, Excited, Adequate.

### My Behavior Was:

I talk to her. She would ask me to buy her clothes, shoes and food. I told her I would. I helped her out, by solving little problems between herself and her boyfriend. She would ask me, if she could come over to my apartment. I told her I didn't think that was good, but I will still be your friend and we can keep talking on the phone. She would also ask me to meet her on the beach, with her friend, because it was a party. I told her that I would meet her and her friend at the Beach Party, because I heard about it, and that every body is going to be there. I asked her if Amber, was going to be there, she no, because Amber had to work. I said me too, but I will meet you and your friends at the beach, on my way to, because I got to be at work too.

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18. My Perception Was:

If Ms. Heather Weeks, was a little older she would be my girlfriend and possibly my wife.

My Thoughts Were:

She's going to grow up, into one beautiful woman. I wouldn't have to keep dating different women; or to take girls to motels anymore. I'm a good and nice looking man. I'm going to take my mind off her sister, and think about her, and the things I know she would love. I told her that and she use to tell me how she would like to get marry someday, and make a lots of kids, with her husband. But, after meeting her on the bus, her coming by the Restaurant, talking on the phone and after one day walking her home, her mother saw me, by looking out her kitchen window, standing in her back yard drive way and near some flower bushes, resulting in me getting arrested, because she called the police on me.

My Feelings Were:

Crushed, Angry, Mad, Worthless, Hurt, Revengeful,  
Resentful, Inadequate.

My Behavior Was:

I was being her friend and gave her good telephone conversations, gifts and never asked her for sex; or anything in returned. I had no sex with her, but I know she was having sex with other men, especially with her boyfriend, because she told me. I became more verbally abusive, when I called her mother and told her about her daughter's other relationships. I met with her boyfriend, and we started to fight. I written letter from jail to Ms. Heather Weeks, trying to explain how must I started to feel about her, and I thought that she should tell her mother and the police the truth. I would get other girls, who also knew Ms. Heather Weeks, to also tell the truth about Heather's other relationships, and the fact I was just being a nice and caring friend.

19. My Perception Was:

I am getting another bad rap, going to prison for being Mr. Nice Guy.

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## My Thoughts Were:

I want her to marry me. She's going to be my wife. I used to write her from jail. I can't keep going through all the bullshit like I did in the past. However, when I did get out of jail, the police came by the Restaurant, while I was working and arrested me again, because of the letters I wrote to Ms. Heather Weeks, from jail.

## My Feelings Were:

Fearful, Scared, Paranoid, Insecure, Angry, Resentful,  
Hurt, betrayed, Revengeful, Humiliated, disappointed.

## My Behavior Was:

I did get out of jail, and started doing more drugs to deal with my fears. I didn't try to get anymore girlfriends and tried to explain all of this I was going through with my daughter Karima Tinsley, who was asking a lot of questions about what I was going through, which is her concern as my daughter. I told her the truth, and she asked her mother, if I was telling the truth about every thing I told her. She even went as far as to question Ms. Heather Weeks, about our friendship.

## C. Fantasies:

I would say, when I started writing my letters to Ms. Heather Weeks, from jail, I did fantasize about her, when she was having her 18<sup>th</sup> birthday, and I expressed all that in the letter, and by wish her a Happy 18<sup>th</sup> Birthday, before the arrest. I had thoughts of seeing her breasts and would think how nice it would be to feel them. I would fantasize about rubbing my body against hers. I thought that if I could get close enough to her, we could have sex. I would also have fantasies about having oral sex with her, like she never had experience, before as she was now to be considered as an adult female.. I would also fantasize about having sex with her like I never had done with any of my past girlfriends I had before I got locked up (she's about thirty-three or thirty-eight these days). I would usually fantasize about coitus and cunnilingus.

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### D. Sexual Urges:

Who: Females, ages 18-60

What: Vaginal intercourse, cunnilingus; or oral intercourse.

When: During the morning and before bedtime

Where: In the bedroom.

How: By thinking and fantasizing about women I know, and had been with. However, because of my doctor in the Special Treatment Unit, reported to the authorities that I had been diagnosed with cancer and injury caused by defective procedures, when I was in California, but my disease went into admission. Apparently, my cancer has returned, and I could die while incarcerated, I know longer can get an Erection and Ejaculations.

### E. Planning:

After my surgery and radiation therapy for my cancer diagnosis, I had been trying to deal with the fact that I am unable to achieve an erection and ejaculation. I even told the courts, and presented evidence documentations, since October 16, 2004, on the Philadelphia case, to try to clear my name from some of the charges, that I was falsely accused by Ms. Lakeisha Adams, and the Philadelphia Police Department of rape, against her.

Even though, I have a history of convictions for sexual offenses against women in California and Pennsylvania. In Pennsylvania, Petitioner was convicted on January 8, 2008 to 23 months in prison and was assessed a "sexually violent predator."

When Ms. Lakeisha Adams, an (age 22) prostitute, like Ms. Janell Walker, was and we check into a Hotel together so we could get high. I thought that once we were there, I could perform oral sex on her and I paid her for that.

With my medical condition and injury caused by defective procedures, I don't think I would ever be able to rub my genitals against another women's vagina again to eventually have sex her if; or not she would be willing to have sex me.

Before the Doctors, performed their surgery on me, one of the disturbing things that bother me the most, was the fact the Doctor told me that I might not, and never be able to have sex again, like before. I asked her why; she said it's a 50%50 chances that you will not be able to get an erection and



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ejaculation. I then told her if I could not have sex, it was no reason for me to get the operation. When I said that, she said: "Then Mr. Tinsley, you will die". They perform the operation, and now I have to deal with this for the rest of my life. I do hope someday, to get another surgery to correct this erection and ejaculation problem, to get marry.

Feelings: In both cases, I felt mentally and emotionally aroused, but disappointed, and betrayed, used.

### F. Commitment:

When I get out of this civil commitment Special Treatment Unit, I plan to visit my medical physician who knows my health situation best, and try to correct my erection and ejaculation problem, so that when I do find the right woman, to get marry I would still be able to satisfy her sexual.

To be honest I miss being able to went to make love to my woman in our bed room and lay down on top of her, putting my penis in her vagina.

Perception: After being incarcerated for so long, with this problem I am surprise that I am still living, and I know there is still a beautiful woman, who wants me to marry her lying on top of her, in our bedroom, willing to have sex; and/or to make love with me.

Thoughts: Loving, Kind, Sensual, Romantic, and Passionate.

### G. Assault:

Date: July 30th, 1988

I invited Ms. Tawnya Davis (age 17) in my apartment; we have a few drinks and did some drugs. I invited her to my apartment to party, and that lead to us having sex. We undressed each other, got into the bed and I began to kiss her, and that's what she was doing back to me, while she pulled my penis down towards her vaginal. She was saying and moaning, she didn't know why she's doing what she's doing and I told her to just keep doing what we was doing in the bed. She pulled down my penis and said she wanted to feel it up in her vagina. That's when I took the opportunity to pound my penis deeply inserted it in her vagina.

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With Ms. Tawnya Davis, I was only celebrating my new job, as a Booking Agent, and with the Storyville Nightclub and Restaurant, in San Francisco, California. I was so happy to have found a job that would have gave me the opportunity to book entertainers' artists at their club. I never intended to have sex with her, but after partying, drinking and using some drugs together, one thing lead to another. Of course, I made a mistake by inviting her to my apartment to celebrate with me.

Date: August 1, 2004

After, doing some shopping for some new clothes, I went to a hotel with Ms. Lakeisha Adams, a prostitute, (age 22), and paid to perform oral sex on her. When I was done, she wanted something from the store, and more to drink. I left Ms. Lakeisha Adams, into the Hotel room that we checked in together as Russell Tinsley and Lakeisha Adams, so we could get high. I thought once I got back, she would still be there, but instead she was gone, with some money, clothes and jewelry I left with her in the room.

### H. Rationalization:

Ms. Tawnya Davis (age 17) I shouldn't have invited her to my apartment, and offered her something to drink and drugs. She was still a minor and I shouldn't have illegal sex with her; or with any other young girl, as far as that matter.

Ms. Lakeisha Adams (age 22) I didn't know what I was thinking, especially after my medical situation and bad experience of being with prostitutes in the past. I was guessing Ms. Lakeisha Adams, reminded me so much of Ms. Janell Walker, I though I could start a relationship with her, but that didn't happen. I thought I could replace Janell's memories with her.

### J. Minimization:

I didn't physical hurt Ms. Tawnya Davis (age 17). All I did was put my mouth on her vagina, had illegal sex with her, and offer her something to drink and drugs. I didn't force her by using a weapon; and God forbid, kidnap or abduction. It was just bad judgment.

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All I did, was take a prostitute to a Hotel, to get high with Ms. Lakeisha Adams, and paid to have oral sex with her (age 22), when she took me for my money, clothes and jewelry then called the police to say that I raped her. I never actually penetrated her vaginal, and there was no medical reports to suggest otherwise.

### K. Vowing To Never Do It Again:

Yes When I left California, and return to Philadelphia, Pennsylvania, and after the entire numbers women I had problems with, and with me being sick with cancer and all. I said what I was doing; I'll never do it again.

After I got locked up for my all my criminal activities on all women, I swore I would never do that again either.

### L. Hiding:

I never considered myself denying; or lying about all that I been going through, I think it was more on the authorities' part of hiding the truth of the criminal activities, just to get a conviction. I however, took full responsibility of my actions, and even taken a plea bargain deals in some of my cases. When the women said that they feel they was violated, I have to respect her feelings. Evidently, I did something wrong to make a woman to go to the police, for anything about me. When she feel and said I did something wrong and she really thinks that, then I'm wrong, and I will not feel right as long as she thinks that way. However, I believe that the truths will always prevail. I am not denying anything, which I did. I am just sorry it happen like it did, and I hope it will all change for the better.

### Pretend-Normal:

I worked more hours with my business goals. I started promoting my business on social media with friends. I had stronger family ties, since my cancer situation. I kept my appearance neat and clean. I did use let drugs and drinks to help clear my head of all the mistakes, the shame and embarrassments of what I'd done.

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## Thoughts:

I thought by working and being with my family it would show that everything was all right.

## Feelings:

I felt if I looked clean and neat, no one would see the shame and embarrassment I was feeling.

### 1. Descriptions:

#### A. Thinking Error's:

My Thinking Error's include the following:

I am not going to fulfill my childhood dreams, to be very successful in life, if this kind of stuff keeps happening. No woman is good enough for me (the mothers) of all my children, and others.

My mother was right, when she told me No Women can be trusted.

I am better than any other man, and I am the best:

I always look good in and out of my clothes.

I had a large size penis.

Matter it because, I was always attracted to women who had Whorish behavior; or was prostitutes.

I always kept money; with or without a good job.

I can do just about anything right.

I never try to hurt them (women), because I love them all, so why do they try to hurt me.

All the women I was with wanted to have sex with me.

#### B. Feelings:

My Problem Feelings include the following:

Rejected, Betrayed, Disappointed, Anger, Frustration, Rejected, Hurt.

#### C. My Seemingly Unimportant Decisions: (S.U.D's)

Dating women who are prostitutes, that all about getting your money.

Young and Fast Teenagers Girls, who think they are grown.

Being around people who use and sell drugs to you for profits.

When I met Ms. Tawnya Davis, I should have never invited her in my apartment to party, drink, and used drugs that lead to our sexual situations with one another. I should have told her sister about the toys, I wanted to give to her for her daughter.

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## D. My High Risk Situations Are...:

I am the high risk situation, always, people, places and things don't change. It's what I bring to the situation that creates the high risk, and I have made the effort to change.  
Young fast Teenagers Girls, who think they are grown.  
Being alone with female, not my family members or wife.  
Arguing & fighting with girlfriends.  
Hanging around people in drug areas.  
Getting "high"....  
Using prescription drugs. (for unlawful purposes)  
Dating women with drugs and drinking problems.

2. List Emotional, Physical & Behavioral Clues that Need my Attention .  
(These are signs that I might be on my way to trouble.)

### EMOTIONAL:

Unloved, Rejection, depressed, Sadness, Resentments, Betrayal, Loneliness, Aroused, Apathetic, Insecure.

### PHYSICAL:

Tightness in my muscles.  
Faster heartbeat.  
Butterflies/knot's in my stomach.  
Restless.  
Looking grubby. (Unshaved)

### BEHAVIORAL:

Doing drugs.  
Getting fired from my job.  
Getting angry & shutting down.  
Having hookers around me.  
Street corners where drugs are bought, sold & used, and prostitutes are selling their body for sex.  
Looking outside of the relationship for comfort.

## 3. When I realize I am starting to Plan Another Offense, I will:

When I become aware:

I would accept the fact that I'm thinking this way.

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Then I would remove myself from the situation.

Then depending on the intensity of the thoughts, I would use either my thought stopping or my aversive script.

Then I would catalog my feeling and try to gain an understanding as to why I am thinking this way.

Call my Support Team.

Draw attention to myself.

Call somebody to help me, like my therapist or group member or family.

Pray to Allah, and speak to one of my Religious Leader; or Imam.

### VI. SPECIAL ENVIRONMENT RESTRICTIONS: (These should be specific to my dynamics)

I won't socialize with men or women who use drugs and drink.  
I won't get involve in a romantic relationship with a women under 21.

I won't go to strip clubs, peep shops or sex clubs where sexual activities are acted out at.

I won't possess pornographic movies, magazines or photos of any sort.

I won't walk/cruise neighborhoods where drugs and prostitutions are bought/sold at.

### VII. INTERVENTIONS FOR EACH STAGE OF MY RELAPSE CYCLE: ( This should be the most extensive part of my Personal Maintenance Program.)

#### Interventions:

1. When I am engaging in Thinking Errors, I will challenge/cope with them in the following ways:

I would first check my perceptions, because how I view things determines how I think.

I am smart.

I help people not hurt people.

I'm a problem solver. (Positive Self-Talk)

I'll do my best, that's all I can do.

I'm a spiritual person and I have faith that I can achieve anything.

I know it's not about me, it's about others.

I am a good person my good outweighs my bad

Girls are more then breast & butt; she's someone's daughter, sister; or aunt and mother.

I will find work to support myself and family.

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I have many skills. Family and friends say they need things fixed.

I don't want to die I want to live life as good as I can without drugs:

I can face reality without using drugs.

I am strong

## 2. When I experience Problem Feelings I will cope with these feelings in the following ways:

I will share all of my feelings openly in therapy group.

Call my Support Team and let them know what I'm feeling.

Use my Positive Self-Talk.

I will journalize them.

Talk to others when I'm feeling inadequate or less than myself.

Listen to music.

Workout/Exercise.

## 3. When I catch myself having my Problem Fantasies I will; (Be brief & specific)

Go to my Calm scene

I will call my Support Team & describe what happened & be open to feedback.

Try to understand the nature of my fantasies & use positive self talk to change it into a positive fantasy.

"Stop it I'm in control Remember all the pain I've caused.

Journalize it and bring it to group the next time it meets.

## 4. When I catch myself having a Problem Sexual Urge or Temptation I will; (Brief & Specific:)

When I become aware:

I would accept the fact that I'm thinking/feeling this way.

Then I would remove myself from the situation.

Then depending on the intensity of the thoughts/feelings, I would use either my thought stopping or my aversive script.

Pray, Meditate, Reading the Bible and Noble Qu'ran

Leave the area.

Go to the gym.

Play basketball.

Call a Support Team Member ask if he/she could pick me up.

### A.) BUILD-UP:

When I'm feeling stressed out & overwhelmed, I will use Meditation to calm down.

When I am feeling inadequate about myself, I will cope with them by using Positive Self Talk.

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When I'm struggling with a situation, I will call my Support Team & share with them my thoughts & feelings & seek their help & guidance.

## B.) ACTING OUT:

Don't date women for sex that have a drug and drinking problem.

Don't socialize with men or women who have sex orgies parties. Make sure responsible adults know about my deviancy, it is always with me.

Don't hang around family members; women, and friends etc. that do drugs.

## C.) JUSTIFICATION:

I must be aware that women and young Teenage Girls are people and they have feelings.

I know that I hurt my victims psychologically, emotionally even though I didn't cause them physical pain by my sexual actions.

## D.) PRETEND NORMAL:

Instead of going about my daily routine of working, socializing with family & friends I would expose my secrets and get as much help as needed (whatever it take so I don't hurt someone else).

## 4. SHORT TERM INTERVENTIONS:

My Covert Script should be attached here. (These will be discussed & when possible, approved by my therapists.)

### A\_\_RP-1 Imagery as a Coping Strategy & Intervention.

I received a letter from the United States of America's President Barack Obama, telling me I was accepted by the White House, and to host my program honoring him and it will be held at the Marriot Hotel next week. I visualize dressed in a black tux suit, white shirt and black shoes walking through the lobby of the Marriot Hotel going to the Ballroom where I met a African young woman with an accent asking me my name and giving me a clue card with people names, which were 7 that I will announce to receive their Awards. Before my hosting, I visualize going into the lobby to a quiet place so I can do Progressive Deep Breathing to relieve the stress and anxiety I was feeling just before the



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event. I sat quietly with my eyes closed and I took in a long breath and let it out slowly until I could focus on my breathing and my anxiety subsided and I was refreshed.

My name was called over the loud speaker and I was escorted to the stage by a young woman who had on black dress and a diamond necklace and ear rings, who was one of the Awards Presenters. she told me to call the first honoree to the stage and she gave them their Award. As I looked around, I saw people of all ages, genders, ethnicity in deep thought but I was still relaxed. Then, I looked up and saw this tall blonde Caucasian petite woman coming towards me and I can see she had another Award in her hands. As she approached the center stage and I stood next to her and greeted her and said you know my name, but who is our next honoree? And she said the President and his wife Madam Michelle Obama. We announced the President and the First Lady and presented to them their Awards. History was being made from where we was from. I couldn't help notice the tears coming from the First Lady brown eyes. I had to ask her why were their tears in your eyes and she said she was born for this day, to receive this Award with her husband, as the President of the United States of America. A celebrity approached the stage with a microphone and bunch of flowers in both hands. He said he's going to sing to the President and First Lady, his special song he wrote for them. He gave the flowers to the First Lady and as the young lady and I lead the President and First Lady off the stage, and back to their seat. Our celebrity began to perform for an energetic; all ages sold out crowd a choice song. He must have chosen the right song, because the President and the First Lady could not stay in their seats. The whole crowds, in the audiences stood up and lifted up their hands and sang the same song with the celebrity, from the time he started to finish and I shook hands with the President and said good luck to each other and the best is yet to come. It just began.

Note: (I will soon be adding in my Aversive Scene after taking AR.)

Relaxation.

Take an alternative route to avoid drug areas and anywhere Prostitutes may hang out.

When I get angry, I must be aware and take a time out.

Think before I act.

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## 5. LONGER - TERM INTERVENTIONS:

These interventions should last for several hours. They should be realistic & keep me out of High-Risk situations by involving myself in pro-social activities.

Go to Church and Majids to participate in Religious and social gatherings.

Go out and play Bingo with my family and friends.

Cutting the grass if needed.

Painting the house (weather permitting)

Planting flowers during spring/summer time.

Go to the gym to workout and or participate in sport activities like playing basketball, jogging, exercising & socializing with others.

Contact my AA/NA Sponsors to check out what they have plans for the next few hours or so.

## 6. DESPERATE MEASURES:

These need to be reality-based

Draw attention to myself. Yelling calling out for help My God. Work out.

Just start screaming. Someone may ask if they could help me.

Drink coffee, hot tea, soda and yell for help and run.

Stay away from a potential victim out of her/them way. Putting time and space between us.

## VIII. LIFESTYLE INTERVENTIONS:

### 1. Relationships

#### A. Problems with friends....

Not caring for their feelings, and thinking only of mine.

Not getting my way.

Not telling them every thing about how I feel.

Putting them off.

Pushing them away when they are trying to help me.

Pushed them aside, shutting down. No communication.

#### How I can Create Productive Patterns with friends

Be courtesy.

Keep an open mind.

Talk to Support team when problem come up.

Set healthy boundaries.

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Let my friends in on how I'm feeling in the moment.  
Ask another person to join in on the conversation.

### **B. Problems with my romantic relationships:**

Thinking she's using me.  
Fear of rejection.  
Fear of commitment.  
Being unfaithful to her. Going outside the relationship for more sex.  
Not being honest with her.  
Thinking she's lying to me.  
Fear of being judged "Less Than A Man".

### How I can Create Productive Patterns with my romantic relationships

Being open minded and honest in communicating with them.  
Ask instead of thinking I know everything or what she's thinking.  
Be committed in a relationship. Take it very seriously.  
Be faithful in it.  
Give updates in groups as to how it's coming along and discuss to them to understand what the problem may be in it.  
Keep it simple, with open communication. Listen to what she's saying/feeling.  
Give each other time and space to think.

### **C. Problems with my family and support system:**

Stuffing negative feelings.  
Being argumentative.  
Not being open to constructive criticism.  
Not expressing how I feel when I have a problem with them.  
Not spending a lot of time with them.

### How I can Create Productive Patterns with my family & support system:

Being open and honest with my thoughts and feelings to them.  
Continue in attending AA/NA Programs and my Sex Offender Therapy in order to address ongoing and future problems that may/will arise.  
Having close contact with them.  
Being aware of when I feel/think I'm starting to get frustrated and or angered. Be able to feel safe to express it in the moment to avoid arguments that could destroy all my relationships with my family.

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## D. How has work created problems in the past

Getting high with co-workers.

Taking prescription drugs; or smoking pot to get high with on the job.

Coming into work late.

Working long hours.

Not earning enough money.

Not working hard enough. (Being lazy when it came to REAL work)

## How can I Create Productive Patterns in the work place

By keeping an open mind, don't jump the gun, don't be so quick to go to my anger.

Address it in group.

Get a job that doesn't require me to work long hours.

Become more responsible in getting to work on time.

Be sure to find a job that either pays more early on, or I can work my way up in promotions for more pay.

By continue attending AA/NA Programs in order to stay clean.

Keep in mind that I really don't want anymore problems and no more victims.

## E. Support Network:

### 1.) Who do I know now that can be part of my support system

Ms. Shirley	Sister	Mr. James Tinsley	Brother
Ms. Eve	Sister	Mr. Emmitt Powell	Friend
Ms. Diane	Friend	Ms. Venus Tinsley,	Daughter
Ms. Karima	Daughter	Mr. Brandon Tinsley,	Son

### 2.) These are safe, appropriate ways to meet new people who may be added to my Support Network in the future....

From those that regularly attend AA/NA Home Groups.

Customers that always coming into the Coffee Shop to drink and socialize with other coffee drinkers like me.

Finding people that will be my Sponsors at the AA/NA Meetings.

Through family members and their friends.

Patrons that regularly attend Church and/or Masjids. As well through Church and Religious Organizations that need volunteers to help out in the community.

I may ask a member or two from my Sex Offender Therapy Group if they would like to be added to my Support Team.

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## IX. Positive Self-Enhancing Activities.

1. List positive activities and interests I can participate into helping me to stay healthy:

### A. Physical:

Jogging.  
Exercise.  
Join a local Gym.  
Weightlifting.  
Dancing

### B. Solitary:

Singing  
Reading.  
Writing.  
Do Crossword Puzzles.  
Listening to music. (Jazz) Watching movies.  
Sitting on porch, drinking coffee.  
Cooking.

### C. Sports:

Going Bowling.  
Playing Basketball.  
Playing Tennis.  
Playing Football.

### D. Travel:

To Saudi Arabia.  
To Italy.  
To Israel.  
To Jamaica.  
To the State of Georgia.

### E. Social:

Love to play Chess  
AA/NA functions.  
Being around Church and Masjid activities.  
Playing Billiards.  
Hanging out/around with family members, Cook outs, Fishing trips.

### F. Mechanical:

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HVAC Technician.  
Handyman.  
Data Entry. Carpentry.  
Fixing car's (tune-up)

## G. Building or making things/Hobbies, etc etc:

Putting together model car's, airplane's.  
Wood Working.

## H. Music/Art:

I like to paint, draw.  
Go to Art Exhibits/Shows.  
Listen to Jazz Music.

I.

## J. Spiritual/Religious:

Going to Church.  
Participating in Church activities.  
Reading/studying the Bible.  
Listening to Gospel Music.

## K. Other:

Participating in my Recovery in Sex Offender Treatment.  
Enjoy going/being an active member in my AA/NA Recovery Programs.

## X. GOALS:

Include the steps necessary to make each goal happen. (When your discharged)

### FIRST DAY:

Register with the local Police.  
Meet with family to get necessities (sheets, blankets etc.) if I'm approved to live with my sister get my own apartment.  
Meet with my Parole Officer to go over my Conditions of Release and make future appointment's to regularly meet with him/her daily/weekly/monthly.  
Getting my first REAL meal  
Having a REAL bath & Sleeping on a REAL bed tonight

### I Will Make This Happen By.

Asking my Parole Officer to take me to the Police Station.

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Calling up my family to meet me at my new place of residence.  
Sitting with him/her going over all things.  
Finding out where a Red Lobster is located at.  
Putting the hot water in it, relaxing in it. Making my bed up.

### FIRST WEEK:

Meeting up with my new therapist(s) and establishing times my groups regularly meet each week/month.  
Looking for a job.  
Getting my Driver's License renewed.  
Going to AA/NA Meetings.  
Go to Wells Fargo Bank and update my new address as to where my Bank Statements are to be sent to.  
Shopping for clothes at a cheap dime store.

### I Will Make This Happen By.

Getting the information from my Parole Officer.  
Looking in the local paper's.  
Going to the nearest Public Library asking for assistance in obtaining a job. (Such as going to a one stop center)  
Bringing all my ID's I need to provide proper identification.  
Asking Parole, calling Churches, and Masjids for after care programs.  
Finding a local Wells Fargo Bank nearest me.  
Look for a store with sale signs on clothing.

### ONE (1) MONTH:

Still looking for a job. Waiting for prospective employers to respond to my applications submitted.  
Getting a Bus Card for public transportation until I can buy a used reliable car later on down the road.  
Looking into an affordable cell phone with payments I can afford.  
Going to my scheduled groups/meetings/appointments.  
Spending time getting reacquainted with my family & old friends.

### I Will Make This Happen By.

Having a simple cell phone for all calls coming in to me.  
Going to the local public transportation station.  
Shopping around for the right price and one that don't have internet access.  
Being responsible in attending them.

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Getting in contact with them by my new phone I just bought.

## SIX (6) MONTHS:

Cont- to go to my scheduled groups/meetings/appointments.  
Cont- to establish healthy relationships/boundaries with family members & friends.  
Hopefully, I'll have a job by then.  
Getting interested in maybe buying a used truck.  
Building a decent Support Team for me.

## I Will Make This Happen By.

Being responsible in my recovery.  
Communicating openly, honestly my thoughts, perceptions & feelings. Being assertive.  
Staying on top of it, not allowing myself to backslide.  
Stopping by Used Car places, checking out selection available & prices in order to get an idea on how much I need to purchase one.  
Choosing wisely as to who would be best for moving forward in my personal recovery in being a productive member of society.

## ONE (1) YEAR:

A good possibility I maybe renting my own apartment.  
I would like to visit my brother James Tinsley, down in state of Pennsylvania.  
Cont- to go to my scheduled groups/meetings/appointments.  
Cont- to establish healthy relationships/boundaries with family members, friends & Support Team.  
Building up my bank accounts.  
Seriously thinking about getting full certification in Paralegal.  
Have a good reliable truck to work out of and get around.

## I Will Make This Happen By.

Saving my money and doing what I need to do in order to stay safe.  
Talking to my Parole officer as to the possibility of getting permission to travel from NJ. to Philadelphia for 2 weeks  
Being responsible in my recovery.  
Communicating openly, honestly my thoughts, perceptions & feelings. Being assertive.  
Putting money in I earn from working.



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Signing up at a University. to retake the business and Legal course.

Saving my money & shopping around for a good deal on one.

## THREE (3) YEARS:

Have full certification as a full fledged Paralegal.

Have stable affordable housing.

Cont- to go to my scheduled groups/meetings/appointments.

Cont- to establish healthy relationships/boundaries with family members & friends.

Possibly finding a romantic relationship that is healthy for me.

Owning my own truck fully paid off.

## I Will Make This Happen By:

Going to school for it and passing the Paralegal course.

Establishing good relationship with my landlord/owner.

Being responsible in my recovery.

Communicating openly, honestly my thoughts, perceptions & feelings. Being assertive.

Finding someone who don't use or drink. Don't have any children.

Who accepts me even with my faults. One who has a sincere interest in assisting me in maintaining my recovery. someone whom share similar common interests.

Making all the required payments on time including insurance.

## FIVE (5) YEARS:

Be in a stable romantic relationship with a wonderful woman I care about. Get Marry.

Have a nice bank account with growing credit.

Cont- to go to my scheduled groups/meetings/appointments.

Cont- to establish healthy relationships/boundaries with family members & friends.

Established a good reputation with Parole, Therapist(s), Sponsor's...as a person dedicating himself with no more victims

## I Will Make All This Happen By.

Continuing to maintain healthy boundaries & open communication.

Respecting her needs in it.

Working full time establishing a reputation someone to rely upon.

Being responsible in my recovery.

Communicating openly, honestly my thoughts, perceptions & feelings. Being assertive.

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Being truthful, honest, dedicated to my recovery.  
Continue to meet any goals not quite yet met.

## **XI. This is how my life will change if I fail to follow my RP Maintenance Contract or (Positive Life Plan):**

I will lose everything that I've worked for. I will end up back in STU for the rest of my life I will have once again, victimized my family by putting them through all this again. Not to mention the major impact upon the victim and her family. The shame & embarrassment they have to carry with them. I will have created many victims. They will go through life second guessing themselves, not trusting anyone. Paranoid of letting their kids out of sight for fear of what I did happen again. Maybe feeling it's their fault it happened. Feeling guilty depressed, inadequate, disconnected, insecure in decision making. These are only a small part of the turmoil I will have caused everyone if I fail to follow my Positive Life plan A small part

## **XII. This is how my life will look when I follow my RP Contract or (Positive Life Plan):**

No More Victims Better skills. healthier attitudes. A productive member of society. Living on life's terms, not mine. Accepting things I cannot change the courage to change the things I can and the wisdom to know the difference. Healthy relationships with all involved with me in my recovery. A new man Healthy, happy, grateful for those that believed in me. I'm Victim Free

**This RP Contract & Guidelines are tools to help me remain safe in any community. They will only work if I USE THEM. It is very important for me to share this plan with my Support System. Because this plan highlights the components needed for me to maintain my positive life plan, showing it to others will help me to stay safe in the community**

Russell Tinsley

MY NAME: \_\_\_\_\_

April 19, 2014  
DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

MY SIGNATURE: \_\_\_\_\_

# PERSONAL MAINTENANCE CONTRACT

Therapist SIGNATURE: \_\_\_\_\_

Support members who reviewed my plan:

_____	_____
_____	_____
_____	_____

## Relapse Prevention 1 A homework assignments

Good effort

Name: Russell Tinsley

Date: May 6, 2014

### Chapter 1 Assignment Page 17

Ten (10) Reasons why it is important to learn about your cycle.

- ✓ 1. To control my criminal behavior, and not to commit or re offend a crime.
- ✓ 2. To understand my cycle behaviors, thoughts, feelings and circumstances.
- ✓ 3. Knowing about the effects of my behavior gives tools to control myself. - helps you see consequences
- ✓ 4. Learning about the cycle will help me to understand the complexity of the relationship between thoughts (etc.) - feelings - behaviors
- ✓ 5. Learning about my cycle will help me to discover how my feelings contribute to my behavior.
- ✓ 6. Learning what kind of thinking leads to deviant behavior and what kind leads to healthy behavior. (how thinking influences behavior)
- ✓ 7. Learning about how my beliefs, about the world and myself influence how I act.
- ✓ 8. Understanding my cycle teaches about where I am going in the future. → how your behavior influences your future
- ✓ 9. Understanding my cycle is a step toward developing tools to break an out-of-control cycle. interventions
- ✓ 10. Understanding and learning about a behavioral chain link has a beginning and end in my cycle.

Examples from your life of how you would have acted differently if you had known about each reason.

1. By keeping a healthy, productive and mental attitude of being aware of the circumstances, towards making the right decisions to eliminate any or all bad perceptions.
2. To be smart enough not to become influenced by negativity, bad behavior, thoughts and/or bad people in my environment.
3. I would know how to control my situation and circumstances better to help me necessitate my healthy living, by knowing about the effect of my behavior towards my important tool for controlling my life.
4. I would know how to control my feeling and manage my behavior, not to violate the law, and I will do my best to become a better law bidding citizen in society.
- ✓ 5. I would know how to recognize any unhealthy feelings and where it may lead me as an essential step in the right direction, towards becoming a more spiritual person and increase my faith that I can be the best that I can be, as a righteous person. "I would have been able to recognize unhealthy feelings, I could have intervened and coped with them differently, which would have prevented me from acting out"

TM re-writing your answers.  
look back in the book pg. 17 #1 "Hint" for an example!

- "I would have recognized my unhealthy thinking (selfish deviant thinking - it's all about me) before behaving like it was all about me"*
- ✓ 6. I would focus all my thoughts about living a life knowing that it's not all about me in the world, but it's about others, to overcome any and all selfish deviant thinking that can lead to a deviant behavior.
  7. I would know as a good person that I am, that can from a healthy childhood and very supportive family outweighs any negative beliefs about the world in which I live in to get into any other kind of trouble.
  8. I would know how to change my thinking, based on my faith in God, and being pure at heart, to make the right decisions so that I can have a healthy God Conscious Power over me in my future.
  9. I would have placed all my negative thoughts in balance with my positive thoughts or feelings about my cycle in a step towards developing the right tools to break an out-of-control cycle about deviant sexual acts to not commit sexual crimes.
  10. I would know how to control and be very successful about my behavior chain, as a series of thoughts and feelings that are connected and follow one after another to make the decisions.

Name: Russell Tinsley

Date: May 6, 2014

Chapter 1 Assignment

Page 17 (continued)

2a and 2b

Words

Police

Prison

Wife

Sex

Children

Rain

Beach

Lunch

Women

New York

Thoughts

Serve & Protect

Correction Facility

Soul Mate

Making Love

True Greatness

Purification

Ocean

Afternoon

Man's other half

Statute of Liberty

Feelings

Good

Serious

Love

Great

Kingdom of Heaven

Spiritual Growth

Pure Knowledge

Mid day meal

Womb of Mind

Liberation

} what do  
these  
feel like?  
(think intense  
reaction)

Name: Russell Tinsley  
Date: May 12, 2014

Chapter 2 Assignment  
Page 22

1a. Negative thoughts, feelings and behaviors.

Perception	Thought	Feeling	Behavior
Example: Saw Dad hit brother.	What do I do?	afraid	Hid in my room
My Dad gets killed.	Why?	sad	Cried
Saw my Mom struggle without my father.	What could I do to Help?	helpless	Being good
Had to move in with my older sister and husband.	It was good to help our mother raise me.	good	Helpful
Saw my sister and her husband fight.	Stopping it.	<sup>Thought</sup> was not my business	<sup>Feeling</sup> Sad <sup>Behavior?</sup>
Seen gangs violent.	Didn't want to be a part of this.	<sup>Thought</sup> I got to do better than this	<sup>Feeling</sup> Frighten <sup>Stay away</sup>
My oldest brother going to prison.	Didn't want to see him in there.	unhappy about his situation.	Try to stay out of trouble.
To see my oldest brother drinking after his release.	I didn't like it.	<sup>Feeling?</sup> I felt sorry for him.	Stay away
To see a friend get killed by his step dad.	It was crazy.	Sympathy	<sup>Feeling</sup> Hurt <sup>Stay Away</sup>
The lost of two friends who went to prison.	It could have been me.	lucky	<sup>Feeling</sup> But sad for them <sup>Behavior?</sup>

Chapter 2 Assignment  
Page 22

1b. Positive thoughts, feelings and behaviors.

Perception	Thought	Feeling	Behavior	Be more specific
My mother telling me how much she loves me.	She cares about me.	Happy	<u>To be there for her.</u>	→ how were you there for her? what things did you do?
My mother telling me to stay out of trouble.	She didn't want anything bad to happen to me.	Loved	To pay attention.	to show her?
How my brother and sisters cared about me.	Appreciated.	Blessed	<u>Respectful.</u>	→ be more specific - how did you show respect?
Going to Church with family members.	Religious	<u>Child of God.</u>	Good.	what does that feel like?
Being Baptized.	What going happen to me now.	<u>Saved</u>	Righteous.	what does that feel like?
Going to School.	Getting an education.	Smart.	Attentive	
All my school teachers taking an interest in me.	Liked by them.	Special	Studious	
Getting my first job.	Make some money.	Good	Responsible	
Buying my own clothes.	Getting mature to start taking care of myself.	A little Independent.	Proud	
Buying my own car.	I'm the man.	<u>I got it going on.</u>	Popular.	what does that feel like? confident?

to be  
thought  
+ you had  
this  
sentence

Be more specific with your behaviors.  
example:  
"studious"  
how do you behave exactly to show you were studious?

1. Illegal drugs;
2. Gang members;
3. Bad People and their influence;
4. Stay away from vulnerable women and/or prostitutes;
5. Illegal gambling spots and hot drugs and prostitution area;
5. Any and all bad neighborhoods where criminal activities are present;
6. Don't associate with those people who are just negative;
7. Stay away from any and all environment that have no benefit or direction of doing the right thing;
8. Stay away from all negative conversation or discussion that can only leave me unfulfilled and frustrated rather than positive and content;
9. Do not allow myself to be hindered by bad influential friends/relatives etc;
10. Change my circle of bad friends to be around good friends that have an unconditional acceptance to moral guidance.



## Relapse Prevention 1 A homework assignments

Name: Russell Tinsley

Date: June 1, 2014

### Chapter #3 Thinking Links

Assignment Page #29 (#s 1 and 2)

#1: Choose Ten (10) of the Thinking Defects listed on pages 24 through 26.  
Only choose 10 that apply to you.

Thinking Defect	Examples of how you used each defect in your life.	
Ranting and Raging	(I have become angry in a productive and healing way to control more damaging angry and to avoid falling error.)	Give a specific example of when you used this thinking defect
The One-and-Only	(When I'm thinking I have no support, I <u>think only of myself and my needs to succeed.</u> )	
Great Expectations	(To fulfill all my child hood dreams, <u>to become rich and famous, expecting immediate results.</u> )	
Paranoia	(Being a Blackman, growing in America, was a bad experience for me because of racism, and injustice towards my people, made me feel like I was being a target.)	Think of a specific thought you had when you used this thinking defect
One-Track Mind Standing by ones principles	(To keep to my moral principles, and to follow my dreams in life, to satisfy my parents and reach my goal target.)	
The Victim	(History has proven that the Blackman and Black women in America has suffered the most, from slavery to now the most. Even though, we made some progress, we still got a long to go to be treated as a full equal citizen in America.)	Think of a specific example of when you have doubts around and played "The Victim" pg. 25
Not my Fault	(I take full responsibility of my own action, not to blame it on white America, but it is well known from History. It was not right for the injustice and prejudice against Black Americans, by whites do not take their responsibility, and	

read this in the book

for how they miss treated us as an Equal.)

Blaming

(I never blame anyone else for my own mistakes I've made, but the truth of the matter, I would not be in the situation I am in today, if I was Rich and White. I am in this situation by circumstances beyond my control.)

All Mine

(When I felt, I had no support and no one there to assist me in making my own choices, towards my goal. Then I thought I was on my own, and could only trust myself, as well as to look out for what was mine.)

Later Man

(At times I had low self esteem and deny myself good experiences and opportunities to be successful.) Such as getting married, etc.

go back and re-read the thinking defects  
and examples in the book

Name: Russell Tinsley

Date: June 1, 2014

#2 : List five (5) examples of how your thinking defects led to behaviors that were involved in your sex offenses.

Thinking Defect/Thoughts	Behavior
All my sexual offenses were <u>consensual</u> . However, they was still illegal, because I was not married.	(Was to live a fast life style, having sex without being married.)
I know I was a very attracted Youngman, and <u>what women wouldn't want me.</u>	(I was good looking and talent, but not rich yet, but was still attractive to fine women that I wanted to have sex with, before marrying them.)
Maybe she would work with me, towards getting rich.	(Was to go after beautiful women, who either was a prostitute; or wanted to be one, to make money together and have sex with.)
I knew women was attracted to me, and wanted to be with me.	( <u>I was so caught up on myself, getting what I wanted, to reach my goals,</u> I did not think too much about the women who was so attracted to me, who wanted me to be there for them, first.)
All the women, I had sex with, wanted me, just as much I wanted them.	(We both indulged our selves, and it was not until either an money; or their family, got involved that brought our sexual relationship, that was consensual, to the authorities' attention to become a legal issue. And, now it has become a civil commitment issue).

## Relapse Prevention 1 A homework assignments

Name: Russell Tinsley

Date: June 9, 2014

### Chapter #4 Thinking Links

#### Assignment Page #37 (#s 1, 2 and 3)

#1: From the list of Feelings (Figure #3) on Page 32, pick the ones you usually feel, then write what you are likely doing (behavior) when you feel that particular feeling.

Feeling

↑  
Behavior

think of  
specific  
examples

- |                 |  |
|-----------------|--|
| Excited.....    | I always try being full of higher energy to work hard at what I am focus on to improve my life.  |
| Amused.....     | I think I can learn always new ways to focus my attention to entertain and bring happiness to others.  |
| Unique.....     | I intend to be one and only, in my field of talent, because there's no one like me, with my talent.  |
| Joyful.....     | My aim is to facilitate happiness from myself through my unique talent and musical singing, dancing and entertainment experience   |
| Hopeful.....    | I'm hopeful to being an Icon idol of Peace, Love and Joy through promoting my songs and dance.   |
| Courageous..... | To have courage to overcome any fear in face of pain, danger and suffering of becoming just a failure.   |
| Satisfied.....  | To be content with what others may think or say about me, positive; or negative. Taking into consideration, is the right thing for understanding towards what I am struggling to accomplish that will bring Peace, Love and Happiness. |
| Happy.....      | It make me very happy, when I bring satisfaction, pleasure or joy to someone else and through my entertaining them.  |

what are you  
normally  
doing when  
you have  
the feelings  
you listed?

Feelings  
doing  
behavior!

Thankful.....It is always with great Gratitude and  
appreciation to share my God-Giving Gifts  
of His Love to the world, with my special  
talents that He has giving me, and no other.

## Relapse Prevention 1 A homework assignments

Name: Russell Tinsley

Date: June 9, 2014

#2: Think back to your last sex crime you committed. Write down a detailed account of how you felt before, during and right after your crime. Add what kinds of things you were doing as a result of your feelings. (X)

### Before my last sex crime

#### Feelings

Excited.....I was excited to meet Ms. Lakeiska Davis when I met her, in the area of drugs and prostitution in Philadelphia. I picked her up, off the streets and was nice enough to take her shopping, out to a nice public restaurant to get something to eat, and we both check into a hotel room together, at the Days Inn, on Roosevelt Boulevard.

#### Behaviors

~~you can refer to her by her initials~~

Friendly..... After my surgery and radiation therapy for my cancer diagnosis, I had been trying to deal with the fact that I am unable to achieve an erection and ejaculation. I even told the courts, and presented evidence documentations, since October 16, 2004, on the Philadelphia case, to try to clear my name from some of the charges, that I was falsely accused by Ms. Lakeisha Adams, and the Philadelphia Police Department of rape, against her.

Joyful..... When Ms. Lakeisha Adams, an (age 22) prostitute, like Ms. Janell Walker, was and we check into a Hotel together so we could get high. I thought that once we were there, I could perform oral sex on her and I paid her for that.

Happy..... Ms. Lakeisha Adams (age 22) I didn't know what I was thinking, especially after my medical situation and bad experience of being with prostitutes in the past. I was guessing Ms. Lakeisha Adams, reminded me so much of Ms. Janell Walker, I though I could start a relationship with her, but that didn't happen. I thought I could replace Janell's memories with her.

### During my last sex crime

Thankful..... After, doing some shopping for some new clothes, I went to a hotel with Ms. Lakeisha Adams, a prostitute, (age 22), and paid to perform oral sex on her. When I was done, she wanted something from the store, and more to drink. I left Ms. Lakeisha Adams, into the Hotel room that we checked in together as Russell Tinsley and Lakeisha Adams, so we could get high. I thought once I got back, she would still be there, but instead she was gone, with some money, clothes and jewelry I left with her in the room.

Surprised..... All I did, was take a prostitute to a Hotel, to get high with Ms. Lakeisha Adams, and paid to have oral sex with her (age 22), when she took me for my money, clothes and jewelry then called the police to say that I raped her. I never actually penetrated her vaginal, and there was no medical reports to suggest otherwise.

Inadequate..... I am not going to fulfill my childhood dreams, to be very successful in life, if this kind of stuff keeps happening.  
No woman is good enough for me (the mothers) of all my children, and others.  
My mother was right, when she told me No Women can be trusted.  
I am better then any other man, and I am the best.  
I always look good in and out of my clothes.  
I had a large size penis.  
Maybe its because, I was always attracted to women who had Whorish behavior; or was prostitutes.  
I always kept money, with or without a good job.  
I can do just about anything right.  
I never try to hurt them (women), because I love them all, so why do they try to hurt me.  
All the women I was with wanted to have sex with me.

Obedient

Sympathetic

After my last sex crime

Relapse Prevention 1 A homework assignments

Name: Russell Tinsley

Date: June 9, 2014

*needs to  
finish this  
question*

#3: Write a deviant cycle (includes 4 phases) that shows how you got into the mind state of committing your crime using JUST your FEELINGS and REACTIONS.

Build-Up phase

Feeling

Reaction/Behavior

Friendly

Playful

Good

Pleased

Acting-Out phase

Feeling

Reaction/Behavior

Excited

Satisfied

Thankful

Beautiful

Justification phase: Think about what you told yourself (thoughts) to make you did OK:

I must be aware that women and young Teenage Girls are people and they have feelings.

I know that I hurt my victims psychologically, emotionally even though I didn't cause them physical pain by my sexual actions.



**Pretend-Normal phase:** Think about what you did to cover up your deviant behaviors:

Instead of going about my daily routine of working, socializing with family & friends I would expose my secrets and get as much help as needed (whatever it take so I don't hurt someone else).

Name: Russell Tinsley

Date: June 15, 2014

Chapter #5  
Values Clarification-Page 43

#2. List of 20 people and how the Values you listed above affected your relationship with them.

Name of Person	Effect of values on the relationship	Name of Person	Effect of values on the relationship
----------------	--------------------------------------	----------------	--------------------------------------

Mamie Tinsley / My mother.	First Teacher of values.	Imam WD Mohammed / my Imam.	He taught me my religious' values.
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Shirley Ceaser / my oldest sister.	Like my mother she help me with understanding family values, from a female perspective.	James Tinsley / my oldest brother.	Since my father died when I was just three, he help me cope with values of growing without a father, and to deal father and son issue.
------------------------------------	---	------------------------------------	--

Ms. Taylor, my school teacher.	She taught me the important values in getting an good education.	Zulma Alvarado, my real first girlfriend and mother to my oldest daughter.	
--------------------------------	--	--	--

Ramona Brown, my oldest son's mother.	She help me to understand the values of a father and son relationship.	Lateefah Alhark, my youngest daughter mother.	Her relationship to me was full of intimacy value, and we was close in common for marriage.
---------------------------------------	--	---	---

Karima Tinsley, my youngest daughter.	We together value our father and daughter relationship.	All of my Grand-children.	I miss and love, continue to show me the values of a strong family structure.
---------------------------------------	---	---------------------------	---

Mr. Emmitt Powell, my friend and business associate.	He has help me to value an honest and smart business value relationship.		
--	--	--	--

you are to list how your negative and your positive values affected your relationships with each person

Name: Russell Tinsley

Date: June 15, 2014

Chapter #5  
Values Clarification-Page 43

#3.

VALUES MY PAST SHOWS	RATING ON A 10 POINT SCALE	VALUES I WANT IN THE FUTURE	RATING ON A 10 POINT SCALE
----------------------	----------------------------	-----------------------------	----------------------------

Going to Religious Services.

5

Participating in Religious Activities.

10

Getting an Education.

5

To earn a College Education.

10

Responsibility

5

Having a full understanding of the effect (*Fear humiliation, guilt & embarrassment*) it had on my victims, their family and friends. I take full responsibility of my past sexual behavior, mistakes I'd made and regret any/all harm that I have caused to myself, family, friends and others.

10

I started having sex, drinking and using dr in Sex Offender Treatment, Enjoy going/b Recovery Programs.

Participating in my Recovery member in my AA/NA

10

My romantic relationships 5

Being open minded and honest in communicating with my wife, in our romantic relationship.. Ask instead of thinking I know everything or what she's thinking. Be committed in a relationship. Take it very seriously. Be faithful in it. Give updates in groups as to how it's coming along and discuss to them to understand what the problem may be in it. Keep it simple, with open communication. Listen to what she's saying/feeling. Give each other time and space to think.

10

My Friends and Family

7

Be courtesy. Keep an open mind. Talk to Support team when problem come up. Set healthy boundaries. Let my friends and friends in on how I'm feeling in the moment. Ask another person to join in on the conversation.

10

## Relapse Prevention 1 A homework assignments

Name: Russell Tinsley

Date: June 15, 2014

### Chapter #5 Values Clarification-Page 43

#1:

#### NEGATIVE VALUES

Not completing my college education.

Not reaching my full potential.

Not getting married when I had the opportunity.

Not always listening to my mother, about girls and getting marry.

Not listening to my Religious Leader, about our faith and family values.

#### POSITIVE VALUES

Always seeking a higher education to learn through, knowledge, wisdom and understanding.

To be the best that I can be, and to continue working hard, towards reaching my career goals in life, and to learn any/or all new things of getting there.

I regret about not getting marry to one of the best female I'd met, and to get marry some day soon.

To always remember what my mother told me, about women and to live the rest of my life on the principals she taught me through her knowledge, wisdom, understanding and from her experiences in life, to make her proud of her son.

To live by all the moral teaching, and common sense teaching of Imam W.D. Mohammed.

*\*take a look at how your past behaviors*

⊗ I think you misunderstood the question -  
 it asked for you to list your negative values  
 and then to list your positive values

It was Imam Warith Deen Mohammed, who has introduced me to the religion of Al-Islam, and the life example of Prophet Muhammad. The Holy Quran was revealed to Prophet Muhammad to serve as a "manual", a guide with specific instructions for mankind. I learned from this, our first priority should be to redefine criminal behavior along the guidelines established by Allah through his Prophet Muhammad. By using these guidelines, one arrives at the conclusion that the worst crime that man can commit is to associate anything with God. It is through associating other things, for example, persons, wealth, power, etc., with God that has brought so much corruption into His society.

Doing my own thing, growing up too fast in doing certain things to impress friends, making money on different jobs.

Not to rush doing things, just to impress people, but to take my time, to concentrate on doing the right things to succeed in life.

Having sex with female who wasn't my wife, and fathering our children together, without us being married.

Never to have sex again, without being married, and building a strong, healthy intimacy relationship with my wife.

Not listening to all my family and friends, and taking my time in life.

I am now a good listener, and to follow the good advice, from people who care about me the most.

Not studying enough.

I like to read, write and study as well to talk about any subject to help me build my better character development.

The therapeutic approach or aid to my treatment could help me toward this aim, to build my better character development, and to alleviate any future mistakes; or difficulties that I may be faced with.

Not praying enough and going to the Mosque.

As a very spiritual person, I am I need to offer more praying, reading and partake in more religious services, towards improving my faith.

Gaining a better understanding of myself.

I have a better understanding of myself which I did not have in the past that is a new strength, I gain through treatment.

Not taking responsibility.

Today, I can say that I am taking on that responsibility.

Name: Russell Tinsley

Date: June 22, 2014

Chapter #6  
Links and Chains that Maintain Your Cycle  
-Page #55

#1: Explain how environment affects your cycles.

Environment / Explain Effect on Your Cycle

Where you

lived / Growing up in South Philly. The average young Blackman (African American) that was in my South Philly's neighborhood was poor people who became criminals, and did not have much of a choice.

Where you

Worked / In my own entertainment business, and produced fashion shows for a clothes store called "MeMe", in San Francisco, California. I also worked in the Restaurant Business.

School / I attended John Bartram High School in Philadelphia, and Kennedy King Jr., College in Chicago, Illinois.

Social / I am a spiritual person with good moral values, as a member the American Muslim Community, and spend time with like-minded people, I've made healthy links that help me to think and act more like them.

#2. List all the habits that you have. (hint on page #49)

Habits of Behavior

Praying, five daily prayers of Islam or supplications to the Creator.

Habits of thought /

It is an act that particularly, relatives of both psychologically and physically ill patients revert to at the most acute phases of illness.

Habits of feeling

Seeking guidance from G-d "Allah" and turning to Him in repentance, for all my past, present and any sins in the future.

Fasting during this month of the year (i.e. Ramadan).

It is a source of an "intervention" to stop eating, drinking and to keep away from illegal sexual intercourse, etc.

To keep away from any or all bad behavior, and from making any more mistakes, to earn forgiveness.

consider how these environments affected you. Then link them to your cycle.

how did growing up in south Philly affect you? your thoughts, feelings, behaviors, perceptions?

How did where you worked affect you?

How did where you went to school affect you?

How did who you socialized with affect you?

any other habits of behavior that may be linked to your cycle?

Being charitable and to give donations to other people.

Being grateful for what I have, and giving or sharing with others.

The feeling of giving is something of good qualities such as being forgiving and receiving G-d "Allah's" mercy.

Listening to music.

Bring peace of mind, love and harmony to my heart.

It can put me into different moods of relaxation, and / or

Dancing and Working out.

Keeping me in good shape, mentally, physically and spiritually.

Feeling better, with no stress issues and my heart rate is great.

Stimulus

Response

Define: It a starting event; a perception; a thought; an idea; a feeling or situation.

Praying to G-d "Allah" with hope and the feeling of being forgiving of all my sins.

define response

Examples stimulus-response connection

Fasting

Refraining from all bad behaviors

Charity

Helping others by giving to those who are in need.

✓ Listening to music

Start singing the song and dancing to the music.

Fashion

Like to dress and keep up on all the new styles.

Exercising

To do aerobics; or some weight lifting to maintain my health and stay physical fit.

✓ Watching TV or a movie

Help me to relax, and eat some food.

try reading chapter again for examples

#5

Example of a Behavior

Result

Reading a good book about history.

I can vision myself being caught up into the story.

behavior must be

Same Behavior listed above done a  
different time.

Different Result

---

Watching a History documentary or  
movie.

I can see myself in the documentary or  
movie.

---

Explain why you ended up with a different result.

Reading the book, is very educational, watching the documentary movie is very  
entertaining and I can feel; or see myself in the story.



Date: June 29, 2014

# Chapter #7 The Secrets of the Cycle

Page #65 #1: Write down at least seven (7) examples of the hidden ways your deviant cycle works. Choose examples from this list:

- (1) You're the Last to Know
- (2) Someone Else's Fault
- (3) Striking Thinking
- (4) Holey Memory
- (5) The Cycle Spins You
- (6) The Cycle Feeds Itself
- (7) A Wheel within a Wheel
- (8) Lies, Secrets, and Silence
- (9) Illusions of Control
- (10) Roller coaster
- (11) The Willpower Delusion

Write down 7 and come up with an example of each.

Name of Hidden Way

Explain how it applies to Your Cycle

You're the last to know, I was irresponsible for using drugs and dating prostitutes for sex.

It's initials instead of full names to protect privacy.

At age thirteen (13) my past criminal activity began when I was mislead by gang members and the very fast lifestyle that was so much around me growing up in South Philly. The average young Blackman (African American) that was in my South Philly's neighborhood was poor people who became criminals, and did not have much of a choice. That lead to many gang members to be killed, or may have been found guilty by a court of law and they probably did in fact commit the crime for which they was being punished. But they had very little choice in the direction in which they were traveling. My mother and family members always told me I was moving to fast, and I should just wait until I meet the right girl to marry.

I then met a lady by the name of Ms. Janell Walker, who was a prostitute, I started dating, because she was giving me some money, but I started drinking and using drugs with her. It has been a long time, since I lasted used any drugs, and I guess I wanted to see how it will make me feel. I won't get hooked like other people, I thought. I'll just take half of what she will take. But, I liked the way I felt. I started doing more drugs. I started hanging out with bad people who used and sold drugs. I was fighting with my boss Ms. Ruth Ballard, when she found out about Ms. Janell Walker, and using drugs. She fired me from working at her store. I was irresponsible/ not working now at the store. I was sleeping with Ms. Ms. Janell Walker, more often, and even had to move in with her. I was earning money from her work, and starting selling drugs to other prostitutes. I was cheating, and sleeping with other women, who was also prostitutes. Some would even pay me for sex.

When I met Ms. Lakeisha Adams, in the area of drugs and prostitution in Philadelphia, I picked her up, off the streets and was nice enough to take her shopping, out to a nice public restaurant to get something to eat, and we both check into a hotel room together, at the Days Inn, on Roosevelt Boulevard, and we both used our Identification. Ms. Lakeisha Adams, an (age 22) prostitute; like Ms. Janell Walker, was and we check into a Hotel together so we could get high. I thought that once we were there, I could perform oral sex on her and I paid her for that.

Ms. Lakeisha Adams (age 22) I didn't know what I was thinking, especially after my medical situation and bad experience of being with prostitutes in the past. I was guessing Ms. Lakeisha Adams, reminded me so much of Ms. Janell Walker, I thought I could start a relationship with her, but that didn't happen. I thought I could replace Janell's memories with her.

Name: Russell Tinsley

Date: July 27, 2014

## Chapter #8

### The Justification Phase

These questions  
are good to bring  
up in  
your PB.

Page 71 #3. Write down the ways you have tried to hide your abusive behavior.  
(Remember, you can only say you did not try to hide your behavior if you went directly to the police and turned yourself in immediately).

Victim: T.W.

Tried to cover-up deviant behavior by (identify what you told the victim)

\* I was always involved in the entertainment business, trying to make a name for myself, and when I met any male and/or female I would tell them of my child hood dream, "To someday, become very wealthy and famous, by putting my name up in lights, camera and action, either by being as artist and/or an actor myself." With Ms. Tawnya Davis, I was only celebrating my new job, as a Booking Agent, and with the Storyville Nightclub and Restaurant, in San Francisco, California. I was so happy to have found a job that would have gave me the opportunity to book entertainers' artists at their club. I never intended to have sex with her, but after partying, drinking and using some drugs together, one thing lead to another. Of course, I made a mistake by inviting her to my apartment to celebrate with me.

On July 30, 1984, Ms. Tawnya Davis, a 17-year-old young and beautiful female, met me for the second time when she went to my apartment to celebrate, and pick up some toys for her niece.

At my apartment that night, Tawnya accepted a drink of brandy and some cocaine, and we had sex. Early the next morning, Ms. Tawnya David, went home.

Even though, I was arrested and charged for rape, at trial, my defense was that the charged acts were consensual. I testified that I actually left the apartment several times while Ms. Tawnya Davis was there, so she was free to leave. I testified that our sex was consensual.

However, my jury found me guilty of rape, and oral copulation, etc.

Victim: L.A.

\* I do have remorse for Ms. Lakeisha Adams, in Philadelphia, PA., 10 years ago, too, where I had to plea to a sexual offense against her, and was sentence by the Philadelphia Court to 23 months time served, and was to be released to serve 8 years probationary community supervision and with out-patient treatment. Most of all, I pray everyday that G-d "Allah" will forgive me of all my sins that I have committed against her and His laws, But, in this case Ms. Lakeisha Adams was not loyal, when I met her back in September 1, 2004. When I met Ms. Lakeisha Adams, in the area of drugs

*grooming?* and prostitution in Philadelphia, I picked her up, off the streets and was nice enough to take her shopping out to a nice public restaurant to get something to eat, and we both check into a hotel room together, at the Days Inn, on Roosevelt Boulevard, and we both used our Identification.

**Environment: (cover-up involved evidence)**      **Tried to cover-up evidence by:**

There was no cover-up evidence involved. Matter of fact, and from both of my sexual offenses, the medical reports showed no type of force; or injury nor were their any semen discharged from me.

**Yourself**

**Tried to cover up yourself by: (Identify thoughts)**

\* I invited Ms. T. D. (age 17) in my apartment; we have a few drinks and did some drugs. I invited her to my apartment to party, and that lead to us having sex. We undressed each other, got into the bed and I began to kiss her, and that's what she was doing back to me, while she pulled my penis down towards her vaginal. She was saying and moaning, she didn't know why she's doing what she's doing and I told her to just keep doing what we was doing in the bed. She pulled down my penis and said she wanted to feel it up in her vagina. That's when I took the opportunity to pound my penis deeply inserted it in her vagina.

\* With Ms. T. D., I was only celebrating my new job, as a Booking Agent, and with the Storyville Nightclub and Restaurant, in San Francisco, California. I was so happy to have found a job that would have gave me the opportunity to book entertainers' artists at their club. I never intended to have sex with her, but after partying, drinking and using some drugs together, one thing lead to another. Of course, I made a mistake by inviting her to my apartment to celebrate with me.

\* Ms. T. D. (age 17) I shouldn't have invited her to my apartment, and offered her something to drink and drugs. She was still a minor and I shouldn't have illegal sex with her; or with any other young girl, as far as that matter.

\* I didn't physical hurt Ms. T. D. (age 17). All I did was put my mouth on her vagina, had illegal sex with her, and offer her something to drink and drugs. I didn't force her by using a weapon; and God forbid, kidnap or abduction. It was just bad judgment. She was such a beautiful young lady, I've even thought about marrying her, and we talked about that, while having sex together.

\* With Ms. L. A. (age 22) I didn't know what I was thinking, especially after my medical situation and bad experience of being with prostitutes in the past. I was guessing Ms. L. A., reminded me so much of Ms. Janell Walker, I though I could start a relationship with her, but that didn't happen. I thought I could replace Janell's memories with her.

\* After, doing some shopping for some new clothes, *grooming?* I went to a hotel with Ms. L. A., a prostitute, (age 22), and paid to perform oral sex on her. When I was done, she wanted something from the store, and more to drink. I left Ms. L. A., into the Hotel room that we checked in together as Russell Tinsley and Lakeisha Adams, so we could get high. I thought once I got back, she would still be there, but instead she was gone, with some money, clothes and jewelry I left with her in the room.

*but you did  
what were  
your  
thoughts?*

\* I thought, All I did, was take a prostitute to a Hotel, to get high with Ms. L. A., and paid to have oral sex with her (age 22), when she took me for my money, clothes and jewelry then called the police to say that I raped her. I never actually penetrated her vaginal, and there was no medical reports to suggest otherwise.

\* I never considered myself denying; or lying about all that I been going through, I think it was more on the authorities' part of hiding the truth of the criminal activities, just to get a conviction. I however, took full responsibility of my actions, and even taken a plea bargain deals in some of my cases. When the women said that they feel they was violated, I have to respect her feelings. Evidently, I did something wrong to make a woman to go to the police, for anything about me. When she feel and said I did something wrong and she really thinks that, then I'm wrong, and I will not feel right as long as she thinks that way. However, I believe that the truths will always prevail. I am not denying anything, which I did. I am just sorry it happen like it did, and I hope it will all change for the better.

Name: Russell Tinsley

Date: July 27, 2014

*\* I encourage you  
to bring this  
assignment to your PG.  
Read chapter 8  
before you do that.*

#4. Put the stages of the Justification phase in the order that makes sense for your cycle. Tell us what happened 1<sup>st</sup>, 2<sup>nd</sup>, and etc. Explain how it happened for you. For example, if you tried to Cover-Up 1<sup>st</sup>, by threatening the victim and then you felt Shame and Guilt; 2<sup>nd</sup>.....

The stages included: Waking up, Fear, Cover-up, Shame and Guilt, Self-hate, Promises, and Compartmentalizing. (Compartmentalizing is when you think of positive things you have done, rather than focus on your negative behavior so as to try and make yourself feel better).

Stages List in the order that makes sense for your cycle below. Explain what you said or did.

\* **Waking up.** My being aware that women and young Teenage Girls are people and they have feelings, I know that I hurt my victims psychologically, emotionally even though I didn't cause them physical pain by my sexual actions. I told them that I was sorry, when we last spoke. They also apologized to me too, and T.W., signed her affidavit. Ms. L.A refused to even come to court to testify against me. *UNACCEPTABLE?*

\* **Cover-up.** I thought, like every time, as soon as things began to look like they are going well something bad happen, to me.

\* I don't need this shit. Somebody is either trying to kill or hurt me, and not trying to see that I become successful. My mother said I'll never stop to think about anything. And, she was afraid that I might end up like some of the gang members, back in Philly. She said I don't want you to be the next victim, from making the wrong choices in life, and bad association with people who do not give a fuck about you or what you trying to do in life. I know she was right and I didn't want to ruin my good character and representation; or to be locked up in somebody prison. My feelings were scared, terrified, fearful and frightened, because I went to prison any way, behind my cases involved Ms. T.D., and L.A., and now being civilly committed, to talk about after the sexual offenses.

\* **Shame and Guilt.** After my surgery and radiation therapy for my cancer diagnosis, I had been trying to deal with the fact that I am unable to achieve an erection and ejaculation. I even told the courts, and presented evidence documentations, since October 16, 2004, on the Philadelphia case, to try to clear my name from some of the charges, that I was falsely accused by Ms. L. A., and the Philadelphia Police Department of rape, against her.

Even though, I have a history of convictions for sexual offenses against women in California and Pennsylvania. In Pennsylvania, I was convicted on January 8, 2008 to 23 months in prison and was assessed a "sexually violent predator."

\* When Ms. L. A., an (age 22) prostitute, like Ms. Janell Walker, was and we check into a Hotel together so we could get high. I thought that once we were there, I could perform oral sex on her and I paid her for that.

---

\* **Self-hate.** With my medical condition and injury caused by defective procedures, I don't think I would ever be able to rub my genitals against another women's vagina again to eventually have sex with her if; or not she would be willing to have sex me.

\* Before the Doctors, performed their surgery on me, one of the disturbing things that bother me the most, was the fact the Doctors told me that I might not, and never be able to have sex again, like before. I asked her why; she said it's a 50%50 chances that you will not be able to get an erection and ejaculation. I then told her if I could not have sex, it was no reason for me to get the operation. When I said that, she said: "Then Mr. Tinsley, you will die". They perform the operation, and now I have to deal with this for the rest of my life. I do hope someday, to get another surgery to correct this erection and ejaculation problem, to get marry.

\* My feelings in both cases, I felt mentally and emotionally aroused, but disappointed, and betrayed, used

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Of course, self-hate is the fact that no one has considered my medical situation. And, when I get out of this civil commitment Special Treatment Unit, I plan to visit my medical physician who knows my health situation best, and try to correct my erection and ejaculation problem, so that when I do find the right woman, to get marry I would still be able to satisfy her sexual.

To be honest I miss being able to went to make love to my woman in our bed room and lay down on top of her, putting my penis in her vagina.

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**Promises.** After being incarcerated for so long, with this problem I am surprise that I am still living, and I know there is still a beautiful woman, who wants me to marry her lying on top of her, in our bedroom, willing to have sex; and/or to make love with me.

\* Yes When I left California, and return to Philadelphia, Pennsylvania, and after the entire numbers women I had problems with, and with me being sick with cancer and all. I said what I was doing; I'll never do it again. After I got locked up for my all my criminal activities on all women, I swore I would never do that again either.

---

\* **Compartmentalizing.** I am still a good man that can be trusted, after all I went through. People who really know me, and from my good character and entertainment; or religious' representation; has proven to them, I wasn't a bad boy. They know that I am not a rapist; or child molester, like some sex offenders' authorities try to make people think. I can do anything I put my mind into. I'm smart

\* I do feel a difference between the good things and/or the bad things that happen in my mind, and to make up the problems I've caused to other. I will lose everything that

Name: Russell Tinsley

Date: June 20, 2014

## Chapter #8

### The Justification Phase

*You didn't really answer the question as asked. Think about the justifications you had at the time (and perhaps still developing/experiencing empathy for your victims.)*

Page 71 #1: List as many examples as you can in which you believe your justification phase prevented you from developing empathy for your victim(s). (Use back of page for additional space.)

As a convicted sex offender for charges of "rape" and/ or because of my involvement in some illegal sexual criminal behavior, I'd committed against TW and LA, that was really "fornication", with these two young females in the state of California and Pennsylvania, and because they were not my wives. I, however, take full responsibility of my past sexual behavior, mistakes I'd made and regret any/all harm that I have caused to myself, family, friends and others. Especially upon Ms. T. D., and her family in San Francisco, California 33 years ago, and after being found guilty of rape against her, that made the Court to order me to register as a sex offender, after serving my 10 years prison sentence, and with 5 years of parole. I do have remorse for Ms. L.A., in Philadelphia, PA., 10 years ago, too, where I had to plea to a sexual offense against her, and was sentenced by the Philadelphia Court to 23 months time served, and was to be released to serve 8 years probationary community supervision and with out-patient treatment. Most of all, I pray everyday that G-d "Allah" will forgive me of all my sins that I have committed against His laws, such as in fornication and adultery. That is to mean having illegal sex, without being married; and/or in the case, having sex with a married person. Even, if Ms. T.D. and L.A. our sexual relationship "was Consensual" it was still illegal, pursuant to Allah's Laws.

Page 71 #2. Write down ten (10) reasons why you as a sex offender might try to justify your criminal sexual behavior. How did those reasons affect you in your life.

1.) *There are no real justifications; I take full responsibility of my own actions for what I did, and I would have to correct that wrong, by doing what is right, and from my own experiences thinking that prostitutes would love to be with a ladies man, like me, to make a lot of money with, because we would make so much money, working together and with all the sex and stuff.*

2.) Back then, I thought, we all got what we wanted, money, sex and drugs by working with each other.

3.) Again my thoughts was, all fast girls; and/or prostitutes liked men like me, to allow them to do their own kind of profession, without my interfering with all their business action.



4.) If I could go back in time, and from what I know now. I would change my own behavior, by valuing myself and others even more, to appreciate the beautified creation, be it oneself or others. I am not trying to justify my mistakes; or my past criminal behavior and sins I'd committed against Allah's Laws, most importantly by committing the illegal sexual relationship of fornication with Ms. T. D. Even though, in the state of California, their laws makes it legal to have consensual sex with a female between the ages of 16 - 21, but to marry her you will need a parent; or guardian consent. I guest that's one of the reason the District Attorney Office of San Francisco, did not charge me with statutorily rape, because statutorily rape wasn't a crime of violence; if it was Consensual.

5.) I am not in denial; or being defensive in what happen between Ms. T. D, and me. I took full responsibility then, and I do the same today, for my own action and as I told Ms. T. D, and her mother Ms. Sharon Davis, back in 1983, when they wanted to apologize to me about what happen. I told them that their nothing for them to apologize to me for. But, I was the one sorry for bringing any and all problems; or confusing to their family, that I must deal with for the rest of my life.

6.) If NJ does not intend an individual committed pursuant to the Act to remain confined any longer than he suffers from a mental abnormality rendering him unable to control his dangerousness. Whatever, the case may be as a patient at this STU, I am taking responsibility for my own decisions and actions, not blaming circumstance, other people, devil and destiny etc., since taking responsibility means taking a risk to change and therein lies the real fear and the challenge. I ask for your help, to allow me the opportunity to move forward, by processing this information, to improve my life in many ways including, not only here, but to be discharge from the STU.

## Relapse Prevention 1 A homework assignments

Name: Russell Tinsley

Date: July 6, 2014

### Chapter #9 Assignment

Read Chapter #9 Your Deviant Cycle, Putting it all together  
Complete #1 on page 81.

In RP 1B, you will develop an in depth Sex Offense Cycle

#1 Write out an abusive cycle that shows how you got into the mind state of committing your crime using only events you experienced and your reactions to them. Follow the outline below.

#### Build Up phase

what you see, hear, touch,  
taste, or smell

Perception of Events: My drinking alcohol and using illegal drugs with prostitutes Ms. Lakeisha Adams, and under age (FEMALE; Tawnya Davis 17 YEARS OLD.)

Reaction: I believe, because of my addiction to drinking, partying and drugs, as well as my depression to get some money, to invest in my business plans, was so strong that I wasn't thinking right, about the type of people I was calling my friends, and that it had interfered with my behavior, with both prostitutes and young female.

Behavior: I think by me not thinking right and being fully irresponsible for my addiction. I found myself getting arrested and going to jail, for crime I knew that I could had avoided from my criminal behavior.

this is a  
behavior  
not a  
perception

#### Action-Out Phase

Perception of Events: My thinking that I was a Ladies Man, "Playboy" or "Player", and the thoughts about how it was normal for me to pick-up on prostitutes and get paid, as well as laid by them.

Reaction: Making a lot of money and having sex, working with these prostitutes, to invest in my business plans.

Behavior: We all got what we wanted, money, sex and drugs by working with each other.

perception  
believe  
thoughts

behavior

justification  
not?  
behavior?

\* perceptions trigger thoughts + feelings (reactions)  
that can lead to behaviors.

Name: Russell Tinsley

Date: July 6, 2014

### Justification Phase

**Perception of Events:** From my experiences prostitutes would love to be with me, to make a lot of money, because we would make so much money, working together and with all the sex and stuff.

**Reaction:** Prostitutes likes men like me, to allow them to do their own kind of profession, without interfering with the business action.

**Behavior:** Working with them I would continue to feed my addition, of drinking, using drugs and having all kind of sex with them.

justification?

### Pretend Normal phase

**Perception:** These prostitutes knew I was a ladies man, and I thought that I was a ladies man too, and it was normal for me to get paid by them.

**Reaction:** Thought I will go out and hang out on the streets with them to watch their backs. I thought about all the money I could make with all these prostitutes working on these streets and to be able to have sex with any one of them.

**Behavior:** Making a lot of money and having sex with these prostitutes every time I got paid. My picking up one of these prostitutes off the streets, and taking her shopping and some where, like to a hotel to get high, having some sex, as well as talking about how we could make some money together was always on my mind. I guess I'd just went about it the wrong way.

## Relapse Prevention 1 A homework assignments

**Name:** Russell Tinsley

**Date:** July 6, 2014

### Chapter #9 Assignment

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**Behavior:** I think by me not thinking right and being fully irresponsible for my addiction. I found myself getting arrested and going to jail, for crime I knew that I could had avoided from my criminal behavior.

#### Action-Out Phase

**Perception of Events:** My thinking that I was a Ladies Man, "Playboy" or "Player", and the thoughts about how it was normal for me to pick-up on prostitutes and get paid, as well as laid by them.

**Reaction:** Making a lot of money and having sex, working with these prostitutes, to invest in my business plans.

**Behavior:** We all got what we wanted, money, sex and drugs by working with each other.

Name: Russell Tinsley

Date: July 6, 2014

### **Justification Phase**

**Perception of Events:** From my experiences prostitutes would love to be with me, to make a lot of money, because we would make so much money, working together and with all the sex and stuff.

**Reaction:** Prostitutes likes men like me, to allow them to do their own kind of profession, without interfering with the business action.

**Behavior:** Working with them I would continue to feed my addiction, of drinking, using drugs and having all kind of sex with them.

### **Pretend Normal phase**

**Perception:** These prostitutes knew I was a ladies man, and I thought that I was a ladies man too, and it was normal for me to get paid by them.

**Reaction:** Thought I will go out and hang out on the streets with them to watch their backs. I thought about all the money I could make with all these prostitutes working on these streets and to be able to have sex with any one of them.

**Behavior:** Making a lot of money and having sex with these prostitutes every time I got paid. My picking up one of these prostitutes off the streets, and taking her shopping and some where, like to a hotel to get high, having some sex, as well as talking about how we could make some money together was always on my mind. I guess I'd just went about it the wrong way.

**Name:** Russell Tinsley

**Date:** August 11, 2014

## **Chapter #10**

### **#1.: Interrupting Your Cycle: Basic Interventions**

#### **INTERVENTIONS FOR EACH STAGE OF MY RELAPSE CYCLE:**

##### **Interventions:**

**1. When I am engaging in Thinking Errors, I will challenge/cope with them in the following ways:**

- 1.) I would first check my perceptions, because how I view things determines how I think.
- 2.) I am smart.
- 3.) I help people not hurt people.
- 4.) I'm a problem solver. (Positive Self-Talk)
- 5.) I'll do my best, that's all I can do.
- 6.) I'm a spiritual person and I have faith that I can achieve anything.
- 7.) I know it's not about me, it's about others.
- 8.) I am a good person my good outweighs my bad
- 9.) Girls are more then breast & butt; she's someone's daughter, sister; or aunt and mother.
- 10.) I will find work to support myself and family.
- 11.) I have many skills. Family and friends say they need things fixed.
- 12.) I don't want to die I want to live life as good as I can without drugs.
- 13.) I can face reality without using drugs.
- 14.) I am strong

**2. Make a list of goals you have for your life and what you need to do to accomplish those goals:**

- 1.) I will share all of my feelings openly in therapy group.
- 2.) Call my Support Team and let them know what I'm feeling.
- 3.) Use my Positive Self-Talk.
- 4.) I will journalize them.
- 5.) Talk to others when I'm feeling inadequate or less then myself.
- 6.) Listen to music.
- 7.) Workout/Exercise.
- 8.) Go to Church and Majids to participate in Religious and social gatherings.
- 9.) Go out and play Bingo with my family and friends.
- 10.) Cutting the grass if needed.
- 11.) Painting the house (weather permitting)
- 12.) Planting flowers during spring/summer time.

- 13.) Go to the gym to workout and or participate in sport activities like playing basketball, jogging, exercising & socializing with others.
- 14.) Contact my AA/NA Sponsors to check out what they have plans for the next few hours or so.
- 15.) Participating in my Recovery in Sex Offender Treatment, and Enjoy going/being an active member in my AA/NA Recovery Programs.
- 16.) Register with the local Police.
- 17.) Meet with my Parole Officer to go over my Conditions of Release and make future appointment's to regularly meet with him/her daily/weekly/monthly, and/or asking my Parole Officer to take me to the Police Station, to register.
- 18.) Meeting up with my new out-patient therapist(s) and establishing times my groups regularly meet each week/month and/or day.
- 19.) Looking for a job.
- 20.) Getting my Driver's License renewed.
- 21.) Going to AA/NA Meetings.
- 22.) Go to Wells Fargo Bank and update my new address as to where my Bank Statements are to be sent to.
- 23.) Shopping for clothes.

Process Group 14 I, Russell Tinsley Thursday, September 11, 2014 takes the floor to discuss my cycle of Behavior – Thought – Feeling about M., and Build-up.

#### Build up

M. Age 14 / Mine 16.

F - Positive, Aggressive, Smart, Excited & Ambitious.

B - Meeting with her after school, to get know her better, talking on the phone, etc.

Th- I came up with a new good-looking girlfriend.

F - Happy, Powerful, Popular & well like; or loved.

B - Being a good boy-friend with my new and pretty girl-friend.

Th- We would be together, and build a strong foundation in our relationship, and to make some money together.

---

Thursday, September 25, 2014 takes the floor to discuss my cycle of Behavior – Thought – Feeling about T.D., and Build-up. Continue this floor on September 29, 2014.

#### Build-up

T.D. Age 17 / Mine 25.

F - I was so happy to have found a job that would have gave me the opportunity to book entertainers at the club.

B - I never intended to have sex with T.D., but after partying, drinking and using some drugs together, one thing lead to another.

Th – I made a mistake by inviting T.D., into my apartment to celebrate with her.

F - Smart; but a little foolish, Paranoid, Negative/Positive, Aggressive, Ambitious, Excited, High off the drugs and Drunk from the drinking.

B - Celebrating my new job as a booking agent, with this young and beautiful lady. I wanted to be her man.

Th – After getting high together, dancing, kissing and undressing ourselves, I thought to take advantage of this opportunity to have sex with her, with hope she would choose me as her man.

---

Monday, September 29, 2014 takes the floor to finish up about T.D., but I was asked by Dr. Burley, to discuss my cycle of Behavior – Thought – Feeling about H.W., and Build-up. Although, this matter was dismissed by the Judge Benson, from the San Francisco California Superior Court, and the District Attorney City and County of San Francisco. I will attach these Court's documents and a copy of the Declaration/Affidavit of Heather Weeks and my Private Investigator Murphy & Associates, Inc, in further support to my floor discussion. To Be Continue on October 1, 2014.



## Build-up

H.W. Age 18/ Mine 35.

F - I felt pretty good about meeting Amber's youngest sister H.W., on the bus and she gave me hers and sister phone number.

B - I called and talk with them on the phone off and on for several years, occasionally we saw one another, either when she came by the restaurant where I was working, in the neighborhood; or we would bump into each other on the bus.

Th- Even though, I knew H.W. was younger then her sister, but after talking to her awhile, I thought she would make me a nice girlfriend when she got older.

F - Pretty good about keeping in touch with H.W., up until her mother saw me one day, after walking her home from work. Then I became very disappointed, because the SFPD came by my job and arrested me.

B - I was arrested after her mother called the police, and after I already served time in prison for T.D., it didn't look good for me, but H.W., and I still kept in contact with one another, either over the phone or through letter writings.

Th - Again, I was being set-up and accused by the SFPD for something that I didn't do, especially after getting out of the county jail with this case dismissed. I was re-arrested for drawing exotic sexual picture to H.W., while in the county jail, which was part of my marriage proposal love letter, for her 18<sup>th</sup> birthday. **PLEASE SEE FURTHER DETAIL IN MY PERSONAL MAINTENANCE CONTRACT.**

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## Before my last sex crime

### Feelings

### Behaviors

Excited.....I was excited to meet Ms. Lakeiska Davis, when I met her, in the area of drugs and prostitution in Philadelphia. I picked her up, off the streets and was nice enough to take her shopping, out to a nice public restaurant to get something to eat, and we both check into a hotel room together, at the Days Inn, on Roosevelt Boulevard.

October 16, 2004, on the Philadelphia case, to try to clear my name from some of the charges, that I was falsely accused by Ms. Lakeisha Adams, and the Philadelphia Police Department of rape, against her.

Joyful..... When Ms. Lakeisha Adams, an (age 22) prostitute, like Ms. Janell Walker, was and we check into a Hotel together so we could get high. I thought that once we were there, I could perform oral sex on her and I paid her for that.

Happy..... Ms. Lakeisha Adams (age 22) I didn't know what I was thinking, especially after my medical situation and bad experience of being

with prostitutes in the past. I was guessing Ms. Lakeisha Adams, reminded me so much of Ms. Janell Walker, I though I could start a relationship with her, but that didn't happen. I thought I could replace Janell's memories with her.

### **During my last sex crime**

Thankful..... After, doing some shopping for some new clothes, I went to a hotel with Ms. Lakeisha Adams, a prostitute, (age 22), and paid to perform oral sex on her. When I was done, she wanted something from the store, and more to drink. I left Ms. Lakeisha Adams, into the Hotel room that we checked in together as Russell Tinsley and Lakeisha Adams, so we could get high. I thought once I got back, she would still be there, but instead she was gone, with some money, clothes and jewelry I left with her in the room.

Surprised..... All I did, was take a prostitute to a Hotel, to get high with Ms. Lakeisha Adams, and paid to have oral sex with her (age 22), when she took me for my money, clothes and jewelry then called the police to say that I raped her. I never actually penetrated her vaginal, and there was no medical reports to suggest otherwise.

Inadequate..... I am not going to fulfill my childhood dreams, to be very successful in life, if this kind of stuff keeps happening.  
No woman is good enough for me (the mothers) of all my children, and others.  
My mother was right, when she told me No Women can be trusted.  
I am better then any other man, and I am the best.  
I always look good in and out of my clothes.  
I had a large size penis.  
Maybe its because, I was always attracted to women who had Whorish behavior; or was prostitutes.  
I always kept money, with or without a good job.  
I can do just about anything right.  
I never try to hurt them (women), because I love them all, so why do they try to hurt me.  
All the women I was with wanted to have sex with me.

Obedient

Sympathetic

I do have remorse for Ms. Lakeisha Adams, in Philadelphia, PA., 10 years ago, too, where I had to plea to a sexual offense against her, and was sentenced by the Philadelphia Court to 23 months time served, and was to be released to serve 8 years probationary community supervision and with out-patient treatment. Most of all, I pray everyday that G-d "Allah" will forgive me of all my sins that I have committed against his laws, such as in fornication and adultery. That is to mean having illegal sex, without being married; and/or in the case, having sex with a married person.

Having a full understanding of the effect (*Fear humiliation, guilt & embarrassment*) it had on my victims, their family and friends. I take full responsibility of my past sexual behavior, mistakes I'd made and regret any/all harm that I have caused to myself, family, friends and others. Especially upon Ms. Tawnya Davis, and her family in San Francisco, California 33 years ago, and after being found guilty of rape against her, that made the Court to order me to register as a sex offender, after serving my 10 years prison sentence, and with 5 years of parole. I do have remorse for Ms. Lakeisha Adams, in Philadelphia, PA., 10 years ago, too, where I had to plea to a sexual offense against her, and was sentenced by the Philadelphia Court to 23 months time served, and was to be released to serve 8 years probationary community supervision and with out-patient treatment. Most of all, I pray everyday that G-d "Allah" will forgive me of all my sins that I have committed against his laws, such as in fornication and adultery. That is to mean having illegal sex, without being married; and/or in the case, having sex with a married person. Even, if Ms. Davis and our sexual relationship "was Consensual" it was still illegal, pursuant to Allah's Laws.

October 28, 2014

Russell Tinsley, In Pro Se  
Special Treatment Unit  
8 Production Way  
P.O. Box 905  
Avenel, NJ 07001

Merrill Main, Ph.D  
STU Clinical Director  
Special Treatment Unit  
PO Box 905  
Avenel, New Jersey 07001

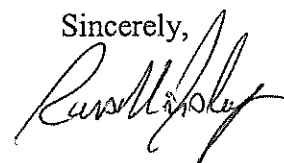
**Re: I.M.O. Civil Commitment of R.T., SVP-573-10**  
**Re: Lashonda Burley, Psy.D File#101530 and**  
**Christopher Beaumont, Ph.D. File#101531**  
**Re: Merrill Main, Ph.D STU Clinical Director**  
**File Russell Tinsley's Complaint**

Dear Merrill Main:

Please find enclosed my response to Merrill Main, Ph.D. STU Clinical Director's answer to my complaint for you and the special review board, and judicial appeal panel shall consider and assist me in returning to Philadelphia, Pennsylvania. I would be anticipating for a response, and because "this response may act as a Retaliatory Complaint, about the difficulties to participate in Treatment Process Groups when I am being treated with hostility by psychologists, group peers and other treatment staff members at the Special Treatment Unit, in Avenel, New Jersey. Please review the attached response filed with the State Board of Medical Examiners.

I thank you for your consideration.

rt/  
Russell Tinsley

Sincerely,  


### **In Response to Merrill Main's answer to Russell Tinsley's Complaint:**

In my response to Merrill Main, Ph.D. STU Clinical Director's answer to my complaint, and after speaking to him after the scheduling, Thursday, October 11, 2014 Community Meeting recently. Please be advised that the Deprivations of my Liberties and Retaliatory Conduct Against me by Merrill Main, Staff at STU and DHS; or DOC will continue to exist, from evidence of his own statements to me "No matter how much treatment you make progress in, because of your complaints, it would only hurt any and all chances for you to ever get discharge and that you will never get off the South Restricted Unit" prove his discriminating against me and by his treatment professionals at STU's sex offender program had "departed so substantially from professional minimal standards as to demonstrate that their decisions and practices were not. . . based on their professional judgment.

After Your reviewing, the special review board, and judicial appeal panel's consider all of the documentation I'd submitted to your office, and them, you can only conclude that the facts stated in my complaints, proves it, "that the Deprivations of my Liberties and Retaliatory Conduct Against me by Merrill Main, Staff at STU and DHS; or DOC will continue to exist, from evidence of his own statements to me".

Beginning during my Treatment Orientation and continuing through the present, Merrill Main, and staff at STU, DHS and DOC have subjected me to a concerted and continuing practice of pattern denying me my liberty and has created "problems in the treatment program over the last four years for and where they are intentionally interfering; or affecting my progress in the treatment and for me to not get discharge from STU, so that I can return to Philadelphia, Pennsylvania and to fulfill my obligations under that state ongoing criminal judgment, without due process, and harassing me, retaliating against me as a result of my attempts to exercise my rights.

More specifically, beginning from the time that I was originally civilly committed to the STU-Unit in May 2010, because of a Philadelphia's ongoing criminal process, I made it known to New Jersey courts, including numerous of the DHS and DOC appropriate authorities, that I was suppose to be returned to Philadelphia, for my ongoing criminal proceedings there, as is my right to do. As such, it was imperative that I be in Philadelphia, because my underlying offenses were in that state's jurisdiction, and thus I am on an active probation supervision that was an appropriate candidate for out-patient treatment, in Philadelphia – both while I had not been charged with or was convicted of any sex offense in the state of New Jersey, nor is there any criminal charge pending against me in this state—I must be discharge from the STU –to- return to Philadelphia, to participate in the out-patient treatment, in the active Philadelphia Criminal Action, not in New Jersey.

The STU-Resident Guide expressly provides that "the resident population, in reviewing the Phases," it would take an individual committee approximately four to five years to reach the goal of being released into the community. Please review, at page 33 of

the Resident Guild. In the four (4) years, I have been here, I have not had any reasonable movement through the phases, at the STU or in Philadelphia, especially under the circumstances, where I am defending myself in the civil action to adequately fulfill the Therapy Treatment Requirements, outlined in the Resident Guild, and from what STU-staff and the Treatment Team recommends for my good progress in treatment to help improve my life in many ways including discharge from the STU, and in my ability to return to Philadelphia, and my future, family and supporters very much depends on my ability to adequately satisfy a higher standard, which requires that I demonstrate, among other things, that I am capable of making an acceptable adjustment to open society, who is not dangerous to the public, and is not in need of inpatient treatment and supervision.

In the first instance, as Merrill Main, alleged that I was treatment refusal from May 2010 when I arrived at the STU, until I was committed in December 2013. I challenged him on that, and made reference to him of the opinion of Dr. DeCrisce, who testified at my civil commitment hearing, in December 18, 2013, "that R.T. was not obligated to participate in sex offender treatment since he had not been civilly committed". Merrill Main, called me a liar, and I had to show him the court's transcript, and then he said that Dr. DeCrisce was incorrect. He even went further to tell me "it made no difference; since your commitment last December, you have been participating and engaging in sex offender specific treatment. But by you making complaints, and filing lawsuits, that will only stop any and all advancement to the next treatment phase, keeping you in the South Restricted Area, as you continue to make complaint to threaten and intimidate staff, that will only make it all but impossible for you to be released from civil commitment," and he has thus rendered my commitment subjected to liberty restrictions; or punishment "in essence a life sentence", and the kind of restrictions to be an "confinement and punishment; or inhumane treatment, by his own statements to me.

Moreover, I have, more often than not, been unfairly placed on MAP for filing pro se legal papers, and having access to the STU facility Law Library. However, when the Seton Hall University School Law Center for Social Justice Civil Rights and Constitutional Litigation Clinic, investigated this issue, they spoke to Mr. Sengtacke, Deputy Public Defender, about that issue, they were informed that the STU has recognized its error and is no longer taking the position that I committed any kind of misconduct by filing those legal papers. Again, Merrill Main, and his staff are aware of this, but still continue to allege I was placed on MAP for this violation. They even went as far as accusing me of ordering a pornographic DVD, that my attorney Frank M. Gennaro, Esq., had disputed this alleged claim and stated to Merrill Main and his staff that: "Mr. Tinsley recently ordered and received from Oldies.com the Musical DVD's. The administrators of the STU facility have accused Mr. Tinsley of ordering pornographic material, which could subject him to disciplinary action".

"I have visited the Oldies.com website which, by any standard, does not seem to be a purveyor of pornography". Even though, my attorney tried to explain the nature of the company and the product which it sells, so that we can try to convince the STU facility staff that I was not patronizing a pornographer. Merrill Main and staff have continued to charge and punish me with this disciplinary violation.

At both Process Groups 12 and 14 I am diligently participating in the treatment, by attending and engaging in a meaningful, positive, constructive and productive way in order to fulfill my treatment goals for discharge from the STU, and return to Philadelphia, frequently, my efforts was passed over.

Further, pursuant to the application procedures set in the Resident Guild, I am continuously and diligently requested additional advancement to the next treatment phase/ by me being well over the intensity of motivation and making the investments in my fulfilling the Therapy Treatment Requirement, to get discharge from the STU as required by the Resident Guide Book. Frequently, such consideration for phase advancement was denied.

In addition to my formal Requests to staff regarding advancement to the next treatment phase, I made repeated verbal pleas for more Modules in order to prepare for the community. These requests fell on deaf ears, and by Merrill Main keeping me restricted on the South Unit.

As a result of my continued denial of adequate treatment, and by my being restricted on the South Unit, as well as being forced to repeat the South Unit, only RP-1A Module, I began filing formal grievances in accordance with the procedures set forth in the Resident Guild Book.

I have filed at least 10 separate grievances regarding my denial of adequate treatment; or for STU failure to Provide Treatment in Violation of the Fourteenth to the United States of the New Jersey Civil Commitment and Treatment SVP-Act, and also my Denial of Less Restrictive South Unit Area in Violation of Due Process, among other claims.

On September 8, 2014 in process group 14 Dr. C. Beaumont had brushed off evidence of my successful completion of RP1-A and Stress Management, to advance to (RP1-B). They, Dr. C. Beaumont, Merrill Main, and therapists had downplayed the evidence for my completion of Relapse Prevention 1 A Homework Assignments, my Personal Maintenance Contract, Autobiography and my Sexual History Questionnaire, as well as to my above average Post-test highest score in the module, among my positive feedback to other residents who was either moved off of the South Unit and/or advanced to RP1-B. But I was not! Here, Dr. Beaumont failed to consider my completion and recommended that I repeat this module, that was not only an error, but in violation to the law-suit settlement. I believe Dr. Beaumont and other therapist are retaliating against me, because of the complaints that I'd brought against them that are now under an investigation, by both the DHS – Division of Mental Health Services, Newark Board of Psychologists, and Seton Hall University School of Law as well as by my attorney.

I am frustrated with being mistreated and ignored, I 'd also began to assert my dissatisfaction verbally to STU, DHS and DOC personnel, and by my making statements to staff, they shouldn't never had perceived them as threatening; or to intimidate staff

members.

As a result of my numerous attempts to exercise my right to due process of Less Restrictive South Unit Area, adequate treatment; and to be free from punishment and inhumane treatment, and my expression of dissatisfaction with ongoing denial of my rights, Merrill Main and staff members embarked on a concerted practice and pattern of harassment and retaliation against me.

Examples of such harassment and retaliation include the following:

a. In retaliation for me, when I first arrived at the STU, attempting to access the law library, pursuant to a Request Staff signed by Mr. Steven Johnson:

**"Russell Tinsley, who is civilly-committed, was transferred to New Jersey from Pennsylvania on March 12, 2010. Russell Tinsley states that the attorney general filed a fraudulent certification, and Russell Tinsley sought to use the "law room" for "legal defense activities." Defendant, Ms. Kearney, a rehabilitation counselor, refused him access. He then complained to defendant Johnson, who told him to fill out a request, and that he would talk to Ms. Kearney. After five months, Plaintiff was scheduled to use the law room, "yet, Ms. Kearney still denied [his] access and [he] was place[d] on MAP."**

Ms. Kearney acted in a hostile manner and attempted to provoke me. When her attempts at provocation failed, an DOC Sergeant placed me in MAP on the South Unit, without good cause in March 2010, during which time I was locked down for the first forty three months at the STU, I spent 11 months on MAP and was not permitted to receive personal hygiene, clothes; or food packages; or to engage in certain activities including, but not limited to, accessing the law library or visiting with my family. I am still suffering the added harassment of being subjected to being house on the Restrictive South Unit Area, for disciplinary MAP Placements, and Treatment Refusals proceeding regarding this same incidents which include by filing those legal papers, and of accusing me of ordering a pornographic DVD, that my attorney Frank M. Gennaro, Esq., had disputed this alleged claim and stated to Merrill Main and his staff that: "Mr. Tinsley recently ordered and received from Oldies.com the Musical DVD's. The administrators of the STU facility have accused Mr. Tinsley of ordering pornographic material, which could subject him to disciplinary action".

b. All my legal materials were confiscated during my period on MAP, further depriving me of my right to defend myself against civil commitment.

c. Although, I am still on the Restrictive South Unit Area, my work now is in the position at the law library, and my assistance is provided to other residents on legal matters.

d. Before, I was assigned to work in the law Library, Officer Ware and Hyatt at STU Restrictive South Unit Area, were then employed on this unit, but before they was reassigned to work on others units, they had both threatened my physical well being and refused to allow me access to the Law Library in retaliation for grievances filed against them.



Such harassment and retaliation on the part of Merrill Main, STU, DHS and DOC staff members has included not only the aforementioned specific examples where they engaged in activity designed to: (1) obstruct me from obtaining access to the law library to prepare my defense in my Civil Action; (2) unlawfully provided to punish me; and (3) prevent my progressing through the phases of treatment, where I remain in the first phases of treatment for four years, but also by my being restricted on the South Unit, as well as being forced to repeat the South Unit, only RP-1A Module, further generalized attempts by Merrill Main, and STU, DHS; or DOC staff members to subject me to a hostile and unsafe confinement was punitive in nature environment, and to subject me to threats to my well being of never being discharged from the STU, regardless of my progress I am making in my positive treatment participation.

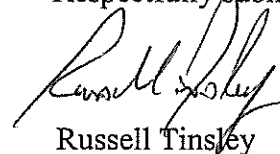
Such retaliation on the part of Merrill Main and staff members against me continues to this day and causes my fear for my own freedom, because this one-way door has resulted in essentially lifelong commitment.

As a direct and proximate result of Merrill Main and staff members' unlawful conduct, my civil and constitutional rights have been and continue to be violated.

As a direct and proximate result of Merrill Main and staff members' unlawful conduct, I have suffered damages, and it would be in the best interests of justice to approve the STU discharge, so that I can return to Philadelphia, Pennsylvania.

Dated: October 28, 2014

Respectfully submitted,



Russell Tinsley

September 19, 2014

Russell Tinsley, In Pro Se  
Special Treatment Unit  
8 Production Way  
P.O. Box 905  
Avenel, NJ 07001  
Telephone (888) 202-1699

J. Michael Walker  
Executive Director  
ATTENTION: Lucy  
New Jersey Office of the Attorney General  
Division of Psychological Examiners  
State Board of Psychological Examiners  
124 Halsey Street, 6<sup>th</sup> Floor  
Newark, New Jersey 07102

**Re: Lashonda Burley, Psy.D File#101530 and  
Christopher Beaumont, Ph.D. File#101531**

Dear Mr. Walker:

Enclosed please find additional information for my complaint against the STU's Process Group 14 Psychologists, and would like for you to review, investigate on how I am now being retaliated against since the filing of my complaint. I am being treated with bias clinical judgment by both Dr. Burley, and Dr. Beaumont, and it was unjust and unfair to have failed me in my RP-1A Relapse Prevention Module, after I successfully completed this module, with the highest test Posttest score: 87. You can examine the attached information that includes 1.) Copy of my Test Result of Treatment Modules, 2.) Copies of my RP1-A Module Homework Assignment my Personal Maintenance Contract, Autobiography and my Sexual History Questionnaire. Of course, they claim they failed me because I did not articulate therapy concepts in the exact way therapist accepts – so they failed me.

The STU's responded by offering me a second process group 12, while also participating in process group 14, at the same time, to afford me the opportunity to increase my exposure to treatment in order to fulfill my treatment goals. Details on scheduling attached.

Also, on September 8, 2014 in process group 14 Dr. C. Beaumont had brushed off evidence of my successful completion of RP1-A and Stress Management, to advance to (RP1-B). Both Dr. C. Beaumont and Dr. Burley, had downplayed the evidence for my completion of Relapse Prevention 1 A Homework Assignments, my Personal Maintenance Contract, Autobiography and my Sexual History Questionnaire, as well as to my above average Post-test highest score in the module, among my positive feedback to other residents who was either moved off of the South Unit and/or advanced to RP1-B.

But I was not! Here, Dr. Beaumont failed to consider my completion and recommended that I repeat this module, that was not only an error, but in violation to the law-suit settlement. I believe Dr. Beaumont and other Dr. Burley are retaliating against me, because of the complaints that I'd brought against them that are now under an investigation, by both the DHS – Division of Mental Health Services, Newark Board of Psychologists, and Seton Hall University School of Law as well as by my private attorney and private investigator.

My question to you is it legal to have me to participate in both of these process groups at the same time. Also, why are they still keeping me on South Unit, "A Restricted Unit" from rest of the general population, where treatment programs are more available to other? Thank you for your time and consideration in this matter.

Sincerely yours,

Russell Tinsley

RT/  
Enclosures:

TAYLOR – SMITH  
Attorney At Law  
Attn: Russell Tinsley  
1315 Walnut Street, Suite 732  
Philadelphia, PA. 19102

Attorney for Defendant In Pro Se

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IN THE COURT OF COMMON PLEAS  
PHILADELPHIA COUNTY, PENNSYLVANIA  
CRIMINAL DIVISION

COMMONWEALTH OF PENNSYLVANIA	:	
	:	
VS.	:	MARCH TERM 2005
	:	C.P. 0505-0108
RUSSELL TINSLEY	:	

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DECLARATION/AFFIDAVIT OF HEATHER WEEKS

1. My name is Heather Weeks, and being duly sworn according to law do hereby depose and say the following:
2. I was Russell Tinsley's acquaintance, who accused him of harassment resulting in him getting arrested and serving some jail time, of 1999, in San Francisco, California.
3. I used to have conversations with Russell on the phone and when I saw him on the city streets or public transportation "Muni". He even walked me home on two occasions, until one day I saw him out my kitchen window, standing in my back yard drive way and near some flower bushes, resulting in me and my mother calling the police on him.
4. After having Russell, arrested he started to write me love artistic letters, after my 18<sup>th</sup> birthday from jail, I thought was too sexually annoying to me.
5. Even though, I had Russell arrested and sent to jail I refused to cooperate with the prosecution who was trying to convict Russell of Stalking, annoying and molesting a minor and sending him to prison to serve a 25 yrs to life sentence. My mother and I thought that sentence was too harsh for just touching me on the shoulder, when he was getting off the "Muni" bus and walking me home after work, and/or for sending me some letters.
6. When Russell's investigator came to interview my mother and me. It was stated, I do not want to be pulled into this matter any farther because he does

not deserve to spend the rest of his life in prison for a little misunderstanding, as Russell, had been misunderstood by me, my mother, the police, prosecutor and the courts.

7. I apologize, for if I had known how the case would proceed, the time it would involve, and the severity of the punishment Russell, would face, I would not have brought those charges against him. In which Russell, has suffered and ended up being convicted of the crimes that should had been prevented serving prison time for.
8. Therefore, I am in support of Russell Tinsley, setting the record straight, clearing his name of the 1999 Stalking, annoying and molesting a minor or writing artistic letters. He need to clean his slate and expunge his criminal record and/or to be exonerated.
9. I verify that the facts and statements contained in this Declaration/Affidavit are true and correct to the best of my knowledge, information, and belief. Further, I understand that these statements are mare subject to the penalties of 18 PA. CONS. STAT. ANN 4904, relating to unsworn falsification to authorities.

Further the Affiant Sayeth Not.

Heather Weeks  
Heather Weeks

Sworn to and subscribed  
Before me this 4/10/07  
Day of \_\_\_\_\_, 2007

# MURPHY & ASSOCIATES, INC.

1440 FLORIDA STREET, SAN FRANCISCO, CA 94110  
415-647-9860 / FAX: 647-9864  
jmurf100@comcast.net

## MEMO

Date: December 20, 2011

To: Judge Benson, Dept. 21

Re: People v. Tinsley  
Our File # 02-3848

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Dear Judge Benson,

1. On Nov. 16, 2011, you ordered a supplemental probation report – it never was ordered, hopefully, today December 20, 2011, it was ordered.
2. Russell Tinsley is in NJ jail on a 1997 NJ statue 3<sup>rd</sup> degree petty theft ~~NJ~~  
New Jersey thinks Russ did prison time for the "Heather" incident, which was plea & release, no state prison – a naughty drawing shown on a bus to a 17 years old who looked 20. No touching, no sex, just naughty drawing. *I drove Russ to Airport!*
3. Defendant wants to come here and clear warrant, do time if he has to, but this open warrant from SF keeps coming up in Tinsley's East Coast life, he is in jail on petty theft in New Jersey.
4. *I do not know Mr Tinsley's history in the East Coast. Since he departed San Francisco. My understanding is that a Supp Probation Report will address any arrest history on Mr Tinsley.*

Sincerely,

John Murphy

415-710-2969

→ John Murphy

415 710 2969

TAYLOR – SMITH  
Attorney At Law  
Attn: Russell Tinsley, Esquire  
1420 Walnut Street. Suite 718  
Philadelphia, PA. 19102

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John Murphy & Associates, Inc.  
1440 Florida Street,  
San Francisco, CA 94110

April 5, 2007

Dear Mr. John Murphy:

We will like to bring this important matter to your attention.

Please find enclosed a draft of Declaration/Affidavit of John Murphy, form which you should complete with your signature and Notaries Seal, as well as mail to the Taylor-Smith, Law Firm Attn: Natasha Smith, Esquire, regarding Russell Tinsley, at the above address. Please note that there are still some facts and circumstances where we need some information that we will get from you in the very near future, but we wanted to get you a form to review, sign, notarize and return well in sufficient advance of our filing court deadline.

Your Declaration/Affidavit will be in further support of Russell Tinsley, effort to setting the record straight, clearing his name of criminal activity, cleaning his slate and for expunging of his criminal record as well as to get him exonerated. Absent a Declaration/Affidavit from you, this office does not have any alternative except to serve you with subpoenas for information and testimony appearance on standby; of all or any activity involving you in his criminal case law.

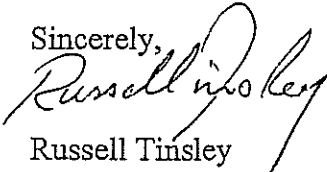
Of course, we do not want to pull you into this matter for court appearance because we can offer to sign, notarize and return the enclosed Declaration/Affidavit, absent a court appearance.

Nonetheless, Mr. Murphy, it would be highly appreciated, if you could send me any and all of your investigation information, pertaining to Mr. Russell Tinsley, as your client. Especially, I request all medical records, from your expert Dr. Michael, who testified on the physical difficulties of the client Russell Tinsley. Please see the attached document.

Thank you for offering your assistance, and for your convenience please find herein, enclosed a self-stamped addressed envelope for you to mail back to me.

We will be looking forward from hearing back from you.

RT/  
Enclosure

Sincerely,  
  
Russell Tinsley



TAYLOR – SMITH  
Attorney At Law  
Attn: Russell Tinsley  
1420 Walnut Street. Suite 718  
Philadelphia, PA. 19102

Attorney for Defendant In Pro Se

IN THE COURT OF COMMON PLEAS  
PHILADELPHIA COUNTY, PENNSYLVANIA  
CRIMINAL DIVISION

COMMONWEALTH OF PENNSYLVANIA	:	
	:	
VS.	:	MARCH TERM 2005
	:	C.P. 0505-0108
RUSSELL TINSLEY	:	

DECLARATION/AFFIDAVIT OF JOHN MURPHY

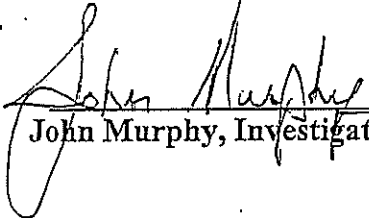
1. My name is John Murphy, I was the retained-court appointed investigator who met with the client Mr. Tinsley, at the San Francisco County Jail, and he requested the investigation for his Stalking, annoying and molesting a minor Ms. Heather Weeks' case in San Francisco, California.
2. As a result of my investigation, I am familiar with the 1999 case of Russell Tinsley, and even was his investigator, and sent one of my assistance, in which questioned Ms. Heather Weeks and Her mother Ms. Portia Henderson, adequately about their story.
3. I certify the conversation of my assistance, with Ms. Heather Weeks, and her mother Ms. Portia Henderson, about how after they had Russell, arrested and sent to jail they refused to cooperate with the prosecution who was trying to convict Russell of stalking, annoying and molesting a minor and send him to prison to serve 25 yrs to life sentence. Ms. Heather Weeks, and her mother both though that sentence was too harsh for just touching her on the shoulder, when he was getting off the "Muni" bus and walking her home after work, and/or for sending her artistic letters.
4. When I sent my assistance-investigator out to interview Ms. Heather Weeks, and mother Ms. Portia Henderson. It was stated, she [Ms. Weeks] did not want to be pulled into this matter any further because he Russell, does not deserve to spend

the rest of his life in prison for a little misunderstanding, as Russell, had been misunderstood by me [Ms. Weeks], my mother, the police, prosecutor and the courts. .

5. She [Ms. Weeks], apologized, and stated; 'If she had known how the case would proceed, the time it would involve, and the severity of the punishment Russell, would face, she would not have brought those charges against him'. In which Russell, has suffered and ended up being convicted of the crimes that should had been prevented serving time for
6. Therefore, I am in support of Russell Tinsley, setting the record straight, clearing his name of the 1999 stalking, annoying and molesting a minor or writing artistic letters. He needs to clean his slate and expunge his criminal record and/or to be exonerated.
7. I verify that the facts and statements contained in this Declaration/Affidavit are true and correct to the best of my knowledge, information, and belief. Further, I understand that these statements are mare subject to the penalties of 18 PA. CONS. STAT. ANN 4904, relating to unsworn falsification to authorities.

Further the Affiant Sayeth Not.

Sworn to and subscribed  
Before me this 9/20/07  
Day of \_\_\_\_\_

  
John Murphy, Investigator



GEORGE GASCÓN  
DISTRICT ATTORNEY  
CITY AND COUNTY OF SAN FRANCISCO

---

Date: October 25, 2012

AVENEL STATE PRISON  
PO BOX 905  
AVENEL, NEW JERSEY 07001


Attn: RECORDS OFFICER - HOLDS WARRANTS & DETAINERS

Re: Inmate: RUSSELL TINSLEY  
DOB: 3/9/1955 (per his letter) our DOB is 3/9/1958  
ID : Civilly Committed, Violent Sexual Predator

Dear Records Officer:

The San Francisco District Attorney's Office has received this individual's 1381 Demand for Speedy Trial. Our records show that this individual has no open cases or warrants pending on the name in which 1381 was made. Therefore no further action will be taken.

Sincerely,



1381 Coordinator

# SAN FRANCISCO PUBLIC DEFENDER

JEFF ADACHI – PUBLIC DEFENDER  
MATT GONZALEZ – CHIEF ATTORNEY



Mr. Russell A. Tinsley, SBI#298276C  
Adult Diagnostic & Treatment Center  
SVP Unit  
PO Box 190  
Avenel, NJ 07001

Dear Mr. Tinsley

You filed a pro se 1381 demand requesting that San Francisco return you for sentencing on court number 2008427 and 1852680, *or in the alternative to have your cases dismissed*. Your matter was heard on July 23, 2012 and the judge agreed to dismiss your cases. More specifically, your probations were terminated in both cases.

I have included with this letter a copy of your 1381 demand and a copy of the Case Management System records for each case.

Sincerely,

A handwritten signature in black ink, appearing to read "Aleem Raja".

7/24/12

Aleem Raja  
Deputy Public Defender  
415-575-8865

Cc: Frank M. Gennaro, Esq.

Adult Division - HOJ  
555 Seventh Street  
San Francisco, CA 94103  
P: 415.553.1671  
F: 415.553.9810  
[www.sfpublicdefender.org](http://www.sfpublicdefender.org)

Juvenile Division - YGC  
375 Woodside Avenue, Rm. 118  
San Francisco, CA 94127  
P: 415.753.7601  
F: 415.566.3030

Juvenile Division - JJC  
258A Laguna Honda Blvd.  
San Francisco, CA 94116  
P: 415.753.8174  
F: 415.753.8175

Clean Slate  
P: 415.553.9337  
[www.sfpublicdefender.org/services](http://www.sfpublicdefender.org/services)

Community Justice Center  
P: 415.202.2832  
F: 415.563.8506

Bayview Magic  
P: 415.558.2428  
[www.bayviewmagic.org](http://www.bayviewmagic.org)

MoMagic  
P: 415.563.5207  
[www.momagic.org](http://www.momagic.org)

(215) 747-1257

FAX: (215) 471-5199

**A-1 INVESTIGATION & SECURITY**314 SOUTH 56TH STREET  
PHILADELPHIA, PA 19143

December 9, 2006

Philadelphia Operating # 91206  
Client: Russell A. Tinsley**DIRECTIVE TO COUNSEL**

I received a phone call from the client stating he has a photograph of him self and police report information pertaining to the hotel security guard, which he can have ready for me to pick up.

I proceeded to C.F.C.F and met with the client, received his photograph and discussed contacting the security guard as a documented witness.

At 9:30 PM, I proceeded to the Days Inn Hotel and met with guard, Palmer, who observed the photograph and stated he did not recall the client. It was stated, he has no memory of any incident on 9-1-04 and he was never contacted by the Philadelphia police to discuss a rape or sexual assault case during that time.

Note: The subject stated, he does not want to be pulled into this matter because he does not have any information and no memory of any such incident at the hotel, as related to the client.

End Report.

**A-1 INVESTIGATION & SECURITY**

314 SOUTH 56TH STREET  
PHILADELPHIA, PA 19143

December 7, 2006

Philadelphia operating # 91206

Client: Russell A. Tinsley

**DIRECTIVE TO COUNSEL**

---

9-14-06 THROUGH 12-7-06

Met with counsel, reviewed case material to date; met with the client at C.F.C.F. reviewed investigation possibilities and made a list of objectives.

Subpoenas served to Days Inn Hotel manager for records and personal appearance on standby; interviewed security guard who could not recall the client or any activity involving him or anyone else and 9-1-04.

Subpoena phone records, Cingular phone company for AT&T call plus plan, phone number 267-252-3982, from 8-1-04 through 10-1-04 ; criminal record searches for subjects, Lakeisha Adams and Michael Walker, Results-no record located in Philadelphia county .

Photographed hotel front, sides and rear with maps of the area to correspond with the photographs for directions in general. Spoke with Shirley Ceasar the client's sister, several times for input to help the client.

Received numerous phone calls from the client for continuing updates on progress with the investigation and reviewing the client's additional suggestions.

Additional contact with counsel for update meetings in his office and continuous telephone contact as information and was received. Received hotel records of the client for one (1) day of 4-3-04, no other direct records on file of hotel computer.

Developed photographs; prepared a photo I.D. directive and formulated them with an area map. Prepared reports, submitted to counsel.

End Report.

## UNIVERSITY OF CALIFORNIA, SAN FRANCISCO

BERKELEY • DAVIS • IRVINE • LOS ANGELES • RIVERSIDE • SAN DIEGO • SAN FRANCISCO



SANTA BARBARA • SANTA CRUZ

SCHOOL OF MEDICINE

Please address reply to undersigned at  
ONCOLOGY  
San Francisco General Hospital  
Building 80, Ward 84  
1001 Potrero Avenue  
San Francisco, CA 94110

November 5, 2002

Hon. Jerome T. Benson  
Superior Court Judge  
Department 21  
850 Bryant Street  
San Francisco, CA

Re: People vs Russell Tinsley, Case # 175247-28346

Dear Judge Benson:

I am writing in follow-up to my letter dated October 3, regarding the medical status of Russell Tinsley, a patient at San Francisco General Hospital who has a diagnosis of rectal cancer. Mr. Tinsley underwent a surgical removal of a large rectal cancer in July, 2001. At surgery, he was found to have a large tumor with extensive spread of the tumor to the lymph nodes. In addition, two tumor masses separate from the primary tumor were found on the surface of the bowel that had been removed. This unusual finding makes his case an advanced one, although all of the evidence of the cancer has been removed. His case was discussed at our hospital Tumor Board, and the clear consensus from the surgeons, radiation therapists, and oncologists present was that Mr. Tinsley should be given further treatment to attempt to reduce his high risk of recurrence of cancer. In general, the use of chemotherapy and radiation therapy following a diagnosis of high risk rectal cancer results in a 30% reduction in the risk of the cancer's return. Relapse of rectal cancer is almost 100% fatal. At the time, we estimated Mr. Tinsley's risk of recurrence as very high, perhaps as high as 90%.

The treatment that is recommended is quite standard for this disease. Patients undergo a "cycle" of chemotherapy, which consists of five days of injections into the vein each day. This chemotherapy produces nausea, occasionally vomiting, and frequently is associated with sores in the mouth and throat and diarrhea. Patients lose a moderate amount of hair, and may, with time, experience fatigue and anemia. Patients often need medication for mouth sores or diarrhea.

One month after this "cycle", patients begin treatment with radiation therapy. This involves daily visits to a radiation therapy unit for treatment. During the radiation treatment, patients have a continuous intravenous infusion of chemotherapy at a very low dose, seven days a week for the entire 5-6 weeks of radiation treatments. This infusion generally requires placement of a special iv catheter and use of an electronic pump to deliver the drugs. This particular program has been shown in research studies to be

superior to other ways of delivering drugs during radiation therapy, and is the standard practice at UCSF and San Francisco General Hospital. Side effects of this combination therapy include diarrhea, often fairly severe, and occasionally requiring withholding of the treatment; additional side effects include fatigue, nausea, hair loss, anemia and low white blood cell counts, soreness of the hands and feet, and loss of appetite.

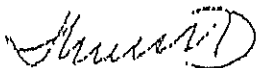
One month after the completion of the radiation and chemotherapy, the patient resumes the "cycles" of five day chemotherapy for an additional three monthly treatments. At that time, generally about six months after starting, patients have completed their treatment. It usually takes a few weeks to recover from this treatment.

Patients undergoing this chemotherapy are not hospitalized for it, but they require a high level of supportive care, frequent physician visits, and this care must be provided by staff with expertise in the management of the side effects of chemotherapy. For example, the management of diarrhea consequent to this treatment must be rapid, aggressive, and must involve intravenous fluids, or death can ensue (and has indeed been reported in the literature about this therapy). Similarly, low white blood cell counts must be watched closely, and aggressive support initiated rapidly if the patient develops a fever. We usually employ a combination of frequent physician and home nursing visits to maintain patients during the treatment period. Daily transportation to radiation therapy is also necessary during that period of this treatment regimen.

Because it has been a long time since his diagnosis, we repeated his CT scan in September. He was found to be free of cancer at that time. This means two things: we are very lucky that he has not experienced a relapse yet; and we need to get his treatment going as soon as is feasible. We anticipate that he will be able to resume normal activities about nine months after starting treatment.

Thank you for your prompt attention to this matter. I hereby declare under penalty of perjury that the foregoing is true and correct.

Sincerely yours,



Judith A. Luco, M.D.  
Clinical Professor of Medicine  
Director, Oncology Services  
San Francisco General Hospital





State of New Jersey  
OFFICE OF THE PUBLIC DEFENDER

P.O. Box 850  
Trenton, NJ 08625-0850  
TheDefenders@opd.state.nj.us

CHRIS CHRISTIE  
Governor

KIM GUADAGNO  
Lt. Governor

YVONNE SMITH SEGARS  
Public Defender

Tel: (609) 292-7087  
Fax: (609) 777-1795

May 13, 2011

Dr. Ralph Woodward  
New Jersey Department of Corrections  
P.O. Box 863  
Trenton, NJ 08625-0863 By fax (609) 341-3399

Re: Russell Tinsley, SBI 298276C, Special Treatment Unit, Avenel

Dear Dr. Woodward:

Just today, I received an email from Mr. Tinsley's attorney who told me that Mr. Tinsley had been diagnosed with cancer when he was in California, but his disease went into admission. Apparently, his cancer has returned, and a doctor in the Special Treatment Unit told Mr. Tinsley earlier this week that he has a tumor in either his liver or kidney. He was told that he needs testing to show where the tumor is located and what can be done. He is very interested in having his testing done immediately, and he would like the necessary medical procedures to be done as soon as possible.

Anne Picker is Mr. Tinsley's attorney on his post-conviction relief (PCR) petition, and Ms. Picker is also trying to get a copy of Mr. Tinsley's medical records which may be helpful in his PCR case.

I would appreciate any steps that you could take to ensure that Mr. Tinsley receives prompt diagnostic testing and appropriate medical care. I would also appreciate if you can let me know the best way for Ms. Picker to receive a copy of Mr. Tinsley's medical records for use in his PCR case. As always, thank you very much for your help.

Very truly yours,

Susan Remis Silver  
Special Assistant to the Public Defender

The Creative Spirits of the State of New Jersey

"Ministry of Justice Committee

"All to often, in day-too-day living, there is little mention of the human connection that has brought us this far"

Jihadah S. Sharif, Founder/Executive Director

Board of Directors

Jesse Muhammad, Chairperson, Dolly Henry, Secretary, Cheryl Townsend, Treasurer

Samuel C. Arnold, Paul W. Bergrin, Esq. Maria Norales-Crompton

Rutgers Community Development Clinic volunteers legal council under the supervision of  
Professor Robert C. Holmes, Esq. Director

To: [redacted], Public Defender

Re: Russell Tinsley

Case # SVP 57310

**COPY**

Dear [redacted]:

Mr. Russell Tinsley has asked the Creative Spirits of the State of New Jersey Ministry of Justice Committee to advocate in his behalf, he believes that he is not being treated fairly by the New Jersey courts system and that you will not argue in his behalf to assure that he get the justice that he deserves.

Mr. Tinsley states that he is presently being considered for civil commitment by the state of New Jersey although he has no sex offense charges in New Jersey. He said that the only charges that he had in New Jersey is a 1997 petty thief charge that was satisfied May 13, 2010, after he was extradited to New Jersey January 15, from Philadelphia 2008 after completing a jail time for a rape charge. For that complaint he was sentence by the Philadelphia, Pennsylvania courts to 23 months time that he had served while waiting to be sentence and was to be release to serve 8 years probation.

Mr. Tinsley also explains that Philadelphia, Pennsylvania the original jurisdiction, meaning, that they only have the authority to rule on criminal and or civil cases that has been tried in their courts and that New Jersey does not have any authority to civil commitment Mr. Tinsley when he has been tried else where and not in New Jersey for any sex offenses.

Mr. Tinsley claims that the rape conviction is questionable and that he only accepted to plea guilty in order to get to his dying mother. Mr. Tinsley also claims that he has no history of hideous conduct.

We are asking that you do as you are required by the law and that is, that you please represent your client with diligence and competence.

Most Sincerely,

*Jihadah Sharif*  
Jihadah S. Azziem-Sharif  
Founder/Executive Member

Cc: The Honorable John A. Mc Laughlin  
Lisa Maria Albano, Prosecutor  
Paula Dow, New Jersey Attorney General  
Eric Holder, U. S. Attorney General  
The Honorable Reggie B. Walton  
Mr. Raymond M. Brown, Esq.  
Mr. Jack Furlong, Esq.

1 Chestnut Street Suite 108 East Orange, New Jersey 07018 (973) 551-4235 (973) 766-1514  
"People Working Together Can Accomplish Anything"  
(It Does Take The Whole Village)

**CURE Civil Commitment Newsletter**  
**P.O. Box 2310**  
**Washington, DC 20013-2310**

October 25, 2012

Mr. Russell Tinsley  
PO Box 905  
Avenel, NJ 07001

Dear Mr. Tinsley,

We do not advocate on behalf of individuals. We simply do not have the resources to complete the research that would enable us to credibly advocate for someone's release.

We are hoping that our newsletter will educate and inspire our readers to become advocates for improvements in or the abolition of civil commitment systems.

Sincerely,

A handwritten signature in black ink, appearing to read "Thomas Chleboski". The signature is fluid and cursive, with the first name "Thomas" written in a more compact, stylized script and the last name "Chleboski" written in a more elongated, cursive style.

Thomas Chleboski  
Editor



**State of New Jersey**

OFFICE OF THE GOVERNOR

PO Box 001


TRENTON, NJ 08625-0001

CHRIS CHRISTIE  
Governor

January 12, 2011

Mr. Russell Tinsley  
8 Production Way, PO Box 905  
Avenel, New Jersey 07001-1660

Dear Mr. Tinsley:

Thank you for your letter. I appreciate your taking the time to share your thoughts with me. 

I have asked my Department of Law and Public Safety Attorney General Paula Dow to review the information you sent to me and reply to you directly. If you wish to contact Attorney General Dow's office, you may write to the Department of Law and Public Safety at PO Box 80, Trenton, NJ 08625-0080, or call 609-292-8740.

Again, thank you for writing.

Sincerely,

Chris Christie  
Governor



State of New Jersey  
DEPARTMENT OF CORRECTIONS  
WHITTLESEY ROAD  
PO Box 863  
TRENTON NJ 08625-0863

CHRIS CHRISTIE  
Governor

KIM GUADAGNO  
Lt. Governor

GARY M. LANIGAN  
Commissioner

February 16, 2011

Russell Tinsley #563  
Special Treatment Unit  
P.O. Box 905  
Avenel, NJ 07001

Dear Mr. Tinsley:

A copy of your undated letter to the Commissioner, the Department of Human Services, Dr. Main, John Main and Director Norris was forwarded to this office for response.

I have reviewed your complaint and have determined no action by this office is necessary at this time.

Yours truly,

Michelle Ricci  
Director  
Division of Operations

c Correspondence Unit #10120083  
S. Johnson, Assistant Superintendent, STU  
File



*State of New Jersey*  
DEPARTMENT OF CORRECTIONS  
WHITTLESEY ROAD  
PO Box 863  
TRENTON NJ 08625-0863

CHRIS CHRISTIE  
*Governor*

KIM GUADAGNO  
*Lt. Governor*

GARY M. LANIGAN  
*Commissioner*

February 17, 2011

Resident Russell Tinsley #563  
Special Treatment Unit  
PO Box 905  
8 Production Way  
Avenel, New Jersey 07001

Dear Mr. Tinsley:

Your correspondence to Commissioner Lanigan regarding official misconduct was referred to me for review and response.

I have taken the liberty of forwarding your correspondences to the Special Investigations Division for their review and any action deemed appropriate.

Sincerely,

A handwritten signature in cursive script that reads "Melissa Matthews".

Melissa Matthews, Planning Associate 3  
Division of Operations

MM

C: Special Investigations Division  
File

Philadelphia Complaint Unit  
U.S. Dept. Of Justice  
Federal Bureau Of Investigation  
600 Arch Street  
Philadelphia PA 19106

Russel Tinsley  
C/O STU P.O. Box 905  
8 Productipn Way  
Avenel N.J. 07001

RE: Per Philadelphia Division Of The  
Federal Bureau Of Investigation [F.B.I]  
in the matter of Russell Tinsley

Philadelphia Complaint Unit: To whom it may concern:

Dear F.B.I. Special Agent in Charge,

This is to acknowledge receipt of your letter, post dated Feb 8th, 2011 per Fed's Investigation in the abduction or kidnap of a Philadelphia lawyer pro-se, and brought to New Jersey under false pretense.

My case involve the F.B.I. to initiate a Investigation on charges of conspiracy between Philadelphia PA. and New Jersey's bureaucrats, and where it involved fraudulent two faces of Judges, attorneys and Corrections officers. After review of the attached information, letter to New Jersey Gov. Chis Christie and the incident report Memorandum, you will read the very specific facts of how the fraudulent bureaucrats are engaged in "Sexual slavery exploitation industry," and has our country in a uproar to "Reform Sex Offender Laws." Go to the web at: [ReformSexOffenderLaws.org](http://ReformSexOffenderLaws.org).

In this "Incident Report, I am seeking Charges of a "Pattern of Official Misconduct," and "Criminal Threats," as to New Jersey Dept. of Corrections Officers threatened to kill me, and even went as far as to tell me that they would have my family members killed in Philadelphia PA. if I didn't do what they wanted me to do. One, was to extort me and my family out of approximately \$1million dollars for their assistance in obtaining a favorable Court decision regarding an fraudulent, corrupt, and unjust civil commitment process taking place against me, at the "Special Treatment Unit," and under the Essex County Superior Court Division.

Two, they threatened to kill me if I didn't drop my lawsuit and UCC "Commercial Lien" against certain defendants in my complaint which alledges corruption. See: letter to Gov. Chris Christie of New Jersey.

Initial RT Page 1 Continued...on reverse side→ Dated: 2-14-11



UNITED STATES COMMISSION ON CIVIL RIGHTS

624 NINTH STREET, NW, WASHINGTON, DC 20425

[www.usccr.gov](http://www.usccr.gov)

February 16, 2011

Russell Tinsley  
PO Box 905  
8 Production Way  
Avenel, NJ 07001

Dear Mr. Tinsley:

The United States Commission on Civil Rights recently received your complaint.


- The Commission was established to conduct studies, hold hearings, issue reports, and serve as a national clearinghouse for civil rights information. As such, the Commission has no authority to provide direct remedial assistance or offer an opinion as to the soundness of individual allegations.

In order to be helpful, we have forwarded your complaint to:

Chief, Special Litigation Section  
Civil Rights Division  
US Department of Justice  
950 Pennsylvania Avenue, NW  
Washington, DC 20530

This agency is authorized to help resolve the problem you described. We have requested that the agency notify you in writing concerning all actions taken to resolve your complaint. Should you need to communicate further concerning this matter, please contact the above agency directly.

Sincerely,

  
Christopher Byrnes  
Acting Assistant Staff Director  
Office of Civil Rights Evaluation



ANDRÉ CARSON

7TH DISTRICT, INDIANA

COMMITTEE ON FINANCIAL SERVICES

SUBCOMMITTEE ON  
CAPITAL MARKETS, INSURANCE AND  
GOVERNMENT SPONSORED ENTERPRISES

SUBCOMMITTEE ON  
INTERNATIONAL MONETARY POLICY  
AND TRADE

**Congress of the United States**  
**House of Representatives**  
Washington, DC 20515-1407

425 CANNON HOUSE OFFICE BUILDING  
WASHINGTON, DC 20515-1407  
(202) 225-4011

DISTRICT OFFICE  
300 E FALL CREEK PKWY N DR. #300  
INDIANAPOLIS, IN 46205  
(317) 283-6516

February 24, 2011

Russell Tinsley  
8 Production Way  
Po Box 905  
Avenel, NJ 07001-1660

Dear Mr. Tinsley:

I received your correspondence dated January 25, 2011, in which you copied me on a letter you wrote to the President of the United States.

Congressional courtesy requires Members of Congress to allow your representative to assist you. I enclosed the correspondence you sent me so that you may forward it to your U.S. Representative.

If I can be of further assistance to you, please do not hesitate to contact my office.

Sincerely,



André Carson  
Member of Congress

AC/bt

In the Name of God, Most Gracious, Most Merciful

IN THE EXECUTIVE OFFICE OF THE UNITED STATE GOVERNMENT

President Barack Hussein Obama  
Commander-In-Chief  
The White House, ATTENTION PARDON  
1600 Pennsylvania Ave.,  
Washington, D.C. 20502

President Executive Order No. \_\_\_\_\_

Re: **PARDON APPLICATION**

For Russell Tinsley, and for Executive Order of Redemption and Reparations:

**DIRECTIVE TO AUTHORITIES**

Pursuant to seeking an Executive Order of Redemption and of African Americans' unfulfilled Reparations (the broken promise or special filed order 15, authorized by congress, given in 1865 – that the U.S. government made to former slaves after the civil war was violated, as a sovereign people), to the President, and upon Mr. Russell Tinsley's request proposal to receive a pardon by the President Barack Hussein Obama's Executive Office, as well as for Diplomatic privileges, and immunities from prosecution.

I, Hereby, want the White House to guarantee in the interest of justice, and it would be a natural right thing to do, for Mr. Russell Tinsley's freedom, property, liberty and sovereignty.

Also, pursuant to Mr. Russell Tinsley's request, and under the **Uniform Commercial Code (UCC at 3-603(b))**. And see **The Siren, 74 U.S. 152 1869**, the president has received a application, submitted to Mr. Eric Holder, U.S. Attorney General, at the Justice Department's Office of the Pardon Attorney, which evaluates all requests using strict, longstanding guidelines, including a requirement that applications have finished serving their sentences and expressed remorse.

With the President Barack Obama, reaching out to black men incarcerated, with plans to keep black men out of prison by helping ex-cons settle into mainstream society, will not be done, when the state officials and courts' authorities continue to violating the birth rights of the people sovereignty, which made it illegal for state officials and courts' judges to discriminate on the basis of being a member of the black race, creed or gender "**birth right**".

Even Ms. Paula Dow, attorney general of the state of New Jersey, has said: "**For ex-offenders to be a real success in society. To accomplish that, she said they cannot just be shown the door. Simply arresting those who repeat their criminal behavior is not enough**" she said. "**We will never, ever be able to arrest or incarcerate our way out of our problems**" she said.

In this case, placed upon the Executive Office, and U.S. Justice Department, receiving Mr. Russell Tinsley's pardon request, we believe that he should have been exonerated by the courts of authorities, who handled all his criminal cases before this pardon request, in his past criminal history.

Mr. Russell Tinsley, alleged, that he was either unlawfully arrested, and charged; or wrongfully convicted. He also claim, that he was also released on some charges without conviction, and in the city of Los Angeles, Cal., San Francisco, Cal., Las Vegas, NV., Philadelphia, PA., and in the state of New Jersey, from dates 1972 through 2010. He has been through long, tortuous appeals, in San Francisco, Philadelphia, and New Jersey, and has spent well over twenty-five years of his life all together in prison.

From the attached record, he may qualify to have the fact that he were arrested removed from police and court records. In legal terms this is referred to as Expungement, by way of a Pardon or Clemency, and to Reclaim his violation of un-alien-able Right, the constitution, Sovereignty and freedom, through the Process of Redemption; And/or a pardon from the President Executive Office of the United States Government.

In addition, Mr. Russell Tinsley, may have a cause of action to obtain financial damages for wrongful arrest and confinement.

However, he do qualify to have his record expunged, by way of a Pardon or Clemency, and to setting the record straight, clearing his name of criminal activity, cleaning his slate and for expunging of his criminal record as well as to get him exonerated (**PARDON**); or to obtain compensation/Reparations for his arrest and confinement.

Nonetheless, Mr. Russell Tinsley, has suffered and ended up being convicted of the crimes with which we believe he was innocent and convicted of the crimes with which he did not commit. And, we believe it was unfortunate, the prosecution authorities on those past history cases had discriminated against Mr. Russell Tinsley, because he was a African American. They misunderstood, as Mr. Russell Tinsley, had been misunderstood by the court of authorities.

Therefore, we are in support of Mr. Russell Tinsley, setting the record straight, clearing his name of the 'commercial criminal (Trial) charges' to wit: **Pursuant to him under the Uniform Commercial Code (UCC), and by the Constitutional rights of the United States, and the bill of rights that allow him by law to expatriate out of the system as it is and repatriate into the sovereign nation of our forefathers. Please See UCC law UCC at 3-603(b), and The Siren, supra. Which states: "A Sovereign operate strictly in common law and no statutory, civil court has any jurisdiction over the sovereign". Also see, FRCP Rule 2, Title 28 and 7<sup>th</sup> Amendment to the Constitution, which preserves the right of People to a common law venue.**

**WHEREFORE**, in support of Mr. Russell Tinsley, setting the record straight, clearing his name of the commercial crimes, cleaning his slate and his effort to secure a Pardon and expunge his criminal record and/or to exonerate himself.

The President of the United States of America, has issued his Executive Order of Pardon, and Redemption, with Reparations for Mr. Russell Tinsley, as the Secured Party Creditor, Authorized Representative who has reclaimed his Sovereignty through the process of Redemption, is to have his 'sovereignty' established and declare to him, as a **"Secured Party Creditor" who has taken commercial control of his Debtor, collateral and property, pursuant to UCC Uniform Commercial Code, at 1-207 and 1-103.**

Mr. Russell Tinsley, have the right as a sovereign to control both side of his life, the common law (private), and statutory (public). See **Baldaut vs.Nathan Russell, 96 Atlantic Recorder, and page 96 (88 NJ laws 33).**

I hereby certify, that on this \_\_\_\_\_ day of \_\_\_\_\_ A.D. As the President of the United States of America, I hereby issued a Executive Order Number \_\_\_\_\_ Pardon, for Mr. Russell Tinsley, and ordered all his criminal arrested removed from police and court records, or as Expungement, by way of this Pardon.

By the President Executive Office of the United States Government.

Dated: \_\_\_\_\_

\_\_\_\_\_  
President Barack Obama

\_\_\_\_\_  
U.S. Attorney General Eric Holder

Submitted by:

\_\_\_\_\_  
Russell Tinsley, Sui Juris  
NOW - ASSUMPSIT (TDC)  
"Without prejudice, UCC1-207"

In the Name Of God, Most Gracious, Most Merciful

## MEMORANDUM

**TO:** Mr. Eric Holder  
U.S. Attorney General of the  
Department of Justice  
950 Pennsylvania Ave., N.W.  
Washington, DC 20530 001  
**ATTENTION:** President Obama, and  
New Jersey, Attorney General Paula Dow

### CIVIL/CRIMINAL COMPLAINT

**FR:** Russell Tinsley

**RE:** Pardon Application/Executive Order

---

You should conduct a full investigation in the attached Executive Order of Redemption by the President, and for my pardon application to the US Justice Department's Office of the Pardon Attorney. Please review the attached documentation for your investigation.

I would also like to report that the New Jersey Attorney General Office, has caused me some complications, and sabotaged my May 12, 2010 MAX released date, and without any arrest, charge; or conviction. In legal terms this is violating the Executive Order of the President, and for Mr. Russell Tinsley's request to receive a pardon, Expungement of police and court records; and/or exonerated by the courts and of authorities, who are taken part in the unlawful conduct to have sabotaged Mr. Russell Tinsley's newly released date from prison, of May 12, 2010.

With President Obama, reaching out to black men incarcerated, and with plans to keep Blackmens out of prison, by helping ex-cons settle into mainstream society. It will not be done, when the state officials and courts' authorities continue to violating the rights of the people sovereignty, which made it illegal for state officials and courts' judges to discriminate based on race, creed or gender. (Birthright)

Even Ms. Paula Dow, attorney general, has said: "For ex-offenders to be a real success in society, to accomplish that, she said they cannot just be shown the door. Simply arresting these

who respect their criminal behavior is not enough," she said. "We will never, ever be able to arrest or incarcerate our way out of our problems," she said.

As previously discussed, make the necessary arrangement with the Executive Office of the United States Government and U.S. Justice Department with your investigation in order for you to clear this serious problem or for me to be exonerated, and released from incarceration.

I hope this complaint will not be ignored.

Thank you,

Sincerely yours,

Russell Tinsley

Dated: June 30, 2010

**Russell Tinsley #563  
sui juris  
C/O STU  
8 Production Way  
P. O. CN 905  
Avenel, NJ 07001-0905**

**June 17, 2010**

**US Attorney General Mr. Eric Holder Jr's,  
U.S. Department of Justice  
950 Pennsylvania Ave.  
N.W. Patrick Henry Building  
Washington, DC 20530**

**ATTENTION:  
Mr. Patrick Reilly  
Director N.J. Public Advocate  
and Judge Phillip M. Freedman**

**ATTENTION  
Attorney General of New Jersey  
PAULA T. DOW  
R.J. Hughes Justice Complex  
25 Market Street  
P. O, Box 112  
Trenton, New Jersey 08625**

**Re: Request for US ATTORNEY GENERAL AND/OR FBI Investigation In violations of  
Criminal/Civil Matters of  
The Civil Commitment of Russell Tinsley N0. SVP-573-10**

Dear Mr. Eric Holder Jr.

**ATTENTION:** Ms. Paula Dow, and Mr. Patrick Reilly:

Pursuant to the recent Supreme Court Rules "**Sexually Dangerous**" Can Be Held Longer than Sentences. I need the US Attorney General assistance to correct an error, and to release Mr. Russell Tinsley, from the Civil Commitment Detention of the Special Treatment Unit, in Avenel, NJ. And as an injustice to Mr. Russell Tinsley's case, and where Mr. David L. DeCosta, Deputy Attorney General, is over ridding a Judge's Order; or jurisdiction of another state Pennsylvanian, County of Philadelphia, or trying to make Mr. Russell Tinsley, subject to the laws out of the state of New Jersey to civilly commit him. In addition, where he is constitutionally protected with Due Process and prohibitions against being punished twice for the same offense was being violated.

Mr. Russell Tinsley was not charged with sex crimes, in the state of New Jersey, and is under Philadelphia's Court System conditional release plan – with probation, and with reasonable assurance could live safely in the community of Philadelphia with support and supervision.

Enclosed please find information regarding Mr. Russell Tinsley, legal civil rights, that should be protected by the US Attorney General, state attorney general, and the N.J. Public Advocate. And as he is being framed in a civil commitment case, based on Double Jeopardy,

discrimination, denials of equal protection of laws and Due Process under the Constitution, because of his race, color, religion, sex, age, disability; or nation origin. **Please see the 1964 Civil Rights Bill, and 42 U.S.C. 1975.**

The US Attorney General Office, state attorney general, and the N.J. Public Advocate's, Civil Litigation supposes to protect our rights under the Constitution.

The Special Litigation Unit Section, Civil Rights Division, of the U.S. Department of Justice, was given a brief about this situation, along with the NAACP Legal Department. Now with the US Attorney General Office, and the state attorney general Ms. Paula Dow, as well with the N.J. Public Advocate. We are under the leadership of President Obama, and the US Attorney General Mr. Eric Holder Jr's holding power in this country, with the Constitution are obligated to our nation under God, by laws to act against any injustice offenses to all the American people.

Furthermore, as a matter of Law, Justice, Liberty; or **"Freedom from Slavery"** for African American people and as a Public Service, we are to protect the life and property rights of others. Mr. Russell Tinsley, believe the US Attorney General Office, state of New Jersey Attorney General Office and through Ms. Paula Dow. As well as with the Public Advocate are in a position to be of civil legal rights' assistance to correct this injustice towards him, and to correct the jurisdiction error, regarding violations of how the state New Jersey is violating Mr. Russell Tinsley's civil legal rights in this case.

Please contact Mr. Russell Tinsley and his attorney Joan Van Pelt, with the Public Advocate, Office of the Public Defender. We must correct this error and/or deal with the important issues of Mr. Russell Tinsley, being target as an African American, with racial profiling problems, protection of his civil legal rights, and from being framed, and/or being illegally recommended to Civil Commitment by the state of New Jersey Attorney General Office.

Thank you for your time and consideration in this matter.

Sincerely Yours,

Russell Tinsley

cc:

Patrick Reilly

Van De Pelt

Judge Phillip M. Freedman



Russell Tinsley #563  
Sui juries  
P.O.Box CN 905  
8 Production Way  
Avenel New Jersey 07001-0905

## **“SOVEREIGN”CITIZEN CRIMINAL COMPLAINT REPORT**

**Re: Filing This Criminal Complaint and Counterclaim against the Corrupt and Unjust  
Process-taking place at the Law Division under the New Jersey SVP Act is Unconstitutional**

**By Russell Tinsley**

**Pursuant to the legislative power of the United States: And the President Executive  
Office, the Senate and the House of Representatives in vested in Congress, taken to the  
Supreme Court, under and by The Constitution of United States of America.**

I bring this Citizen Criminal Complaint and Counterclaim to be filed for state and federal  
investigation and criminal litigation.

Just recently Mr. Patrick Reilly, and Director Public Advocate, that he was fired by the  
New Jersey Governor Mr. Chris Christie, and from representing, the civilly committed informed  
me.

In another report, the New Jersey Governor calls the state of New Jersey under the SVP  
Act a corrupt and unjust process. He said:

**“HISTORICAL AND TRADITIONAL CURRUPTION THAT MAKES A MOCKERY  
OUT OF STATE AND ITS COURTS”.**

### **CHARGE I VIOLATION OF CIVIL RIGHTS**

This present Citizen Criminal Complaint and Counterclaim, is a Civil/Criminal Action to  
the United States Government, State and Federal Agency and the Courts. And, by New Jersey

State Attorney General to be mandated by the Law of Civil Rights, Constitutional Rights guarantees to all Americans, including those enumerated in the Bill of Rights as well as Amendment 13, 14, 15, and 19. In addition to the Law Division of the Judges, Superior Court under the New Jersey SVP's officials to reform, and to be upheld by the United States Constitutional Law. Our Country Constitution to uphold the dignity and equal protected due process for all the people, but its powers is only as potent as the people's willingness to live by it.

We are making them aware that they are under a Federal Criminal Investigating and Litigation. A Criminal Action has been filed against them of their crimes of corruption, racketeering under the {RICO ACT}, and due to fraudulent practices, and unjust process, are unconstitutional. All of this is being taking place at their Law Division under the New Jersey SVP Act. And by the Judges, Attorney General Deputies, Public Advocates, and by their state Psychiatrists and other officials of New Jersey Department of Corrections and Department of Human Services, and who are funded by the Federal Government with taxpayers' dollars.

**In my case, number SVP-57310, I Russell Tinsley is filing this Citizen Criminal Complaint and Counterclaim to the Federal Government, and with copies to the state agencies, to conduct a Criminal Investigation and Litigation:**

**First, in respect the fact, the Governor, acknowledgment of the corrupt and unjust process of New Jersey under the SVP Act is unconstitutional.**

**Second as it relates to racketeering, because of fraudulent practice, and mismanagement of federal and taxpayers' money.**

## **CHARGE II CIVIL DISOBEDIENCE**

As in my case, On May 12, 2010, I was kidnapped. In addition, by the Department of Corrections, from South Woods State Prison. They brought me here to the Special Treatment Unit, in Avenel, New Jersey Illegally. I am being held here against my will, and as a Political Prisoner Hostage, by this corrupt and unjust process. All of the this is being done in violation of state and federal laws, and because of the mistreatment to me, and my case that are taking place in this Law Division, under the New Jersey SVP Act, with the improper judicial conduct. It constitutes a basis for this Criminal Complaint, a federal investigation and litigation for formal judicial disciplinary proceedings. In addition, especially, at the Special Treatment Unit, and where they do not have jurisdiction, to justify keeping me here. I did not have a sexual offense in their jurisdiction, to put me into New Jersey's Special Treatment Unit. Other words. I was not charge with a sex crime.

I therefore, I filed this Criminal Complaint for the Federal Government to conduct a full Criminal Investigation. Moreover, of the conduct of the judges, and attorneys that calls for either disciplinary action and/ or criminal federal indictment against them, in which they are in violation of Civil Disobedience:

**“Purposeful breaking of a law as part of an organized crime effort to change the laws in their courts to civilly commit me, and others persons illegally”.**

The judges named in this criminal action are being charge with illegal practice and for unconstitutional violation to the Civil Rights, and Constitutional Rights guarantees to all Americans, including those enumerated in the **Bill of Rights as well as Amendments 13, 14, 15, and 19**. It is the basic law of the land, and must be up held.

As in my own case, and where the civil commitments’ judges change the law. They are in violation of Law Made by the Presidents’ signed Bills, and the state and federal legislature, under the U.S. Constitution Section 9, Clause 1 presents certain activities that States Governments cannot do. States cannot Pursuant to Clause 1 Section 9, Clause 3; (6) pass laws excusing people from carrying lawful agreements.

In my case, the judges are not only in violation of the state of New Jersey and Federal Government Constitution, but they are misinterpreting their own state laws and statue. Example in my case, and what:

**N.J.S.A 30: 4-27.38 mandates to them: “Notice of the person’s release to the Attorney General or the prosecutor of the county in which the person was prosecuted for the sexually violent offense”. Also in N.J.S.A. Section (3) d. It Mandate “That the person be returned to the appropriate state, county or local authority to complete service of the term of incarceration imposed until released in accordance with the law”.**

The New Jersey Judge Freedman, Attorney General, and Public Advocates, and other NJ state officials disagree, and changing the laws in their courts, to justify the fact is that I never committed a sexual act and or was ever charged, convicted and sentence in the state of New Jersey for a sexual offenses. In addition, for them not letting me leave New Jersey, to the proper jurisdiction, and under their “Philadelphia, Pennsylvania probation supervision is absurd.

I am outraged by the state of New Jersey Courts under the SVP Act Corruption, Unjust, and Unconstitutional Process. In addition, the New Jersey Governor is right, and I fully support in what he said:

**“HISTORICAL AND TRADITIONAL CURRUPTION THAT MAKES A MOCKERY OUT OF STATE AND ITS COURT”.**

Furthermore, it makes a mockery out of our Civil and Constitutional Rights that will not be compromised and / or tolerated.

Based on what jurisdiction, did they bring my body here? In addition, where does it say in law under the Constitution they have any legal rights over my sovereignty, as a human being, a living man with a soul, or where does it say they have jurisdiction to keep me in here?

Under what law under the Constitution or statute does the state of New Jersey have that authorized to supersede another state sovereign jurisdiction?

### **CHARGE III DISCRIMINATION**

The Law makes it clear that the circumstance surrounding my case is that I would still be under Philadelphia, Pennsylvania's jurisdiction, and New Jersey's Attorney General shall release me to the appropriate official of the state, which I was tried, and sentenced to Philadelphia County Probation.

I even stressed upon the Judge Freedman, under what law or statute does the state have that authorized to supersede another state Jurisdiction?

If you argue that, the state has jurisdiction under New Jersey SVP Act, so does Philadelphia, who has the proper jurisdiction in their state, and under state and federal law. Therefore, the state of New Jersey does not have the authority to supersede another states jurisdiction. Especially, when

#### **N.J.S.A 30: 4-27.38 and in N.J.S.A. Section (3) d. It Mandate and contradicts their argument.**

Moreover, I filed this Criminal Complaint, for a criminal investigation. As such, the U.S. Attorney has authority to provide direct investigation, or by forwarding my criminal complaint to the appropriate law enforcement agency(s); U.S. Attorney General, Department of Justice, or to the Federal Bureau of Investigation (FBI).

As you know, the state and federal law under the Constitution of the United States of America prohibits sovereign state jurisdiction to supersede another sovereign state jurisdiction. As stated above:

**See Powers Denied the States: Law Made by the Presidents' signed Bills, and the state and federal legislature, under the U.S. Constitution Section 9, Clause 1 presents certain**

**activities that States Governments cannot do. States cannot Pursuant to Clause 1 Section 9, Clause 3; (6) pass laws excusing people from carrying lawful agreements.**

In this case, it involves Powers Denied the States, and States' rights and a jurisdiction question under the Constitution. In addition, of state and federal law, on whether or not New Jersey has the right to supersede Philadelphia, Pennsylvania's jurisdiction. In which is not only relating to discrimination against me, but to the State of Philadelphia, Penn., is not only a criminal act, but also an act of civil war, is unconstitutional.

The U.S. Constitution was based on a compact between the sovereign states. The state of New Jersey, and Philadelphia, Pennsylvania, they both must still be sovereign. Moreover, each state had the right to determine whether the SVP Act, I am now being held under, by the New Jersey Attorney General, has jurisdiction. However, it is clear by both state and federal law that the Attorney General shall be trying to make all reasonable efforts to get me back to the State of Pennsylvania, County of Philadelphia, who has proper jurisdiction and responsibility for treatment in accord with the Philadelphia Judge's Court Order. Each state has the SVP Act law, but New Jersey cannot be the state to declare the proper jurisdiction, and NJ Attorney General shall be trying to make all reasonable efforts to get me back to the State of Pennsylvania, County of Philadelphia, who do have the proper jurisdiction and laws within its borders. If the states did not have this right, a majority in the state and federal courts agencies might trample on the rights of a minority, and as in this present case situation, before this Court.

As in this present case, if New Jersey refused to permit Philadelphia, Peen's jurisdiction, the right to pick me up, and because of their proper jurisdiction over my case, to do so, by law. In which, the New Jersey Attorney General by Congressional Legislation, the Law says they are suppose to release me to the appropriate official of the State of Pennsylvania, County of Philadelphia, in which I was sentenced to supervision probation, and under their responsibility for custody, care and treatment therapy, if necessary.

Suffice to say, since I was never sentenced in New Jersey, under the New Jersey SVP Act. I am being held illegally that calls for a criminal investigation. Because the very life of our system is the Independence of the States. Nonetheless, the United States of America, Federal Government was more than a mere compact among sovereign states. The National Government was Supreme in the Powers given to it by the Constitution. The courts and the electoral process, not by the states refusing to obey and change the laws, should settle any disputes between the states and the federal government.

In New Jersey, the Attorney General are refusing to release me to the appropriate official of the State of Pennsylvania, County of Philadelphia, in which I was sentenced to supervised probation, and under their responsibility for custody, care and treatment, etc. New Jersey's refusal to release me to Philadelphia, Penn., is discriminatory with respect to Philadelphia, Penn's Sovereign Jurisdiction. And any denial of my civil rights under the Constitution as it is, in this case, in violating the Laws of United States of America, as is, it is, the people's Constitution, the peoples' government, made for the people, made by the people, and answerable to the people. Other words, the state of New Jersey's refusing to obey the laws of the land in their courts, and the legal sovereign jurisdiction of another state, Philadelphia, Pennsylvania, is a major violation, and violated "The Letter of the Constitution". This is a Criminal Act.

#### **CHARGE OF IV ILLEGALITY**

The New Jersey's high miss management of the Tax Payers' Money for cost they claim is needed per year to confine a sex offender in the Special Treatment Unit (not including court costs), was only the first of several revelations that startled New Jersey. During this Criminal Investigation, and litigation process, for the charges being brought against this illegal system. We turned up disquieting evidence, that the (DOC) Department of Corrections had had hundreds of their incarcerated inmates recommended to the Attorney General for civil commitment was unconditional. And a out right denial of due process and prohibitions against being punished twice for the same offense, including "that they should be able to have input at the initial screening by the (DOC) Dept. of Corrections, before they submit their recommendation to the New Jersey Attorney General. This issue, I raised to the judges, Attorney General and Public Advocates. This process is being carried on with questionable legal justification. Further, it was revealed that once a person gets past the Temporary Order there usually is no return. It is like a black hole, because the state has assigned only two (2) Judges who clearly have the same agenda as the Attorney General and Public Advocate. In addition, to rubberstamp 100% of the petitions would clearly prove their bias and prejudice, if you were black and/or African American racisms', so they commit about 99% of the petitions, which is contrary to its Megan's Law. We also charged them that the pre-commitment hearing and the annual reviews are not conducted by jury trials using the same rules of evidence that control criminal trials.

Attorney Furlong said existing rules permit "the wholesale shoveling with a black hoe" of evidence on hearsay admitted into commitment hearings.

Public Advocate Joan Van Pelt, who presented arguments alongside Furlong, said only New Jersey, North Dakota and Minnesota, among the 16 states with sex offender commitment laws, do not permit jury trials.

Furlong said he is seeking a consent order changing “the way they house them, the way they treat them and the way they decide to release them”.

These disclosures and other hints of illegal activity caused many citizens to demand stricter federal control over the activities of the New Jersey SVP and the Adam Walsh Act.

I am suffering from the fact that I have not been charged with new or old sex crimes in the state of New Jersey. I was chosen, and set up by the Department of Corrections and Attorney General when Philadelphia, Pennsylvania, has me under their supervised probation, and under their sovereign jurisdiction.

**WHEREFORE**, this Criminal Complaint report is being filed to the U.S. Attorney, State and Federal Legislatures in the Senate and Congress. Moreover, all the way to the White House and/or, to the Supreme Court is to meet litigation for law and or for a President Executive Order, against the corrupt, unjust and unconstitutional process-taking place at the Law Division under the New Jersey SVP Act. Moreover, that the laws of the United States required you “Uncle Sam” Federal Government to meet treason with force.

We must together, uphold the Law even against the state of our birth, and country we love.

In my conclusion, this Criminal Complaint is just the beginning of the fight for my legal sovereignty rights and under the United States of America’s Constitutional Rights to return and live in Philadelphia, Pennsylvania.

**SUMMITTED:**

Respectfully Submitted

\_\_\_\_\_,  
**Russell Tinsley, Sui juries**

#### **AFFADAVIT OF RUSSELL TINSLEY**

I, Russell Tinsley, declare under penalty of perjury that the foregoing is true and correct to the best on my knowledge, and that this Criminal Complaint was placed in the resident mailing system of Special Treatment Unit on June 29, 2010.

Executed on June 29, 2010

\_\_\_\_\_,  
**Russell Tinsley, Sui juries**

With the Name of Allah, Most Gracious, Most Merciful

January 13, 2011

Honorable Ellison  
U.S. Congressman  
21 Plymouth Ave North  
Minneapolis, Min 55411

ATTENTION: Ms. Paula T. Dow,

Re: Bunia Muhammad, aka Russell Tinsley, adopted son of Imam W. Deen  
Mohammed, Leader of The Mosques Care and WDM Ministry

Dear Congressman Hon. Ellison,

As Salaam Aliakum:

First of all, All Praises are due to Allah, and ask Him to send His Peace and Blessing upon and your beloved family.

As I indicated to you in my introduction package of my Mosque Care and WDM Ministry information, I told you about my representation of Imam W. Deen Mohammed's The Mosque Cares/ WDM Ministry, and now under the leadership of my brother Wallace, President of the Mosque Cares W. Deen Mohammed II.

You have been referred to me by the Muslim Journal and my sister NGina Muhammad, daughter of Imam Mohammed, for helping me regarding the state of New Jersey's corrupt and unjust process taking place at the Law Division, under the New Jersey SVP Act, and the attorney general's petition for my civil commitment, as a sexual violent predator.

Secondly, as a Muslim, and representative of Imam W. Deen Mohammed, a associate of yours, I very much need your help to contact Ms. Paula T. Dow, Attorney General of New Jersey. For her to withdraw the state's petition, so that I can return to my position as Representative of Imam W. Deen Mohammed's The Mosque Cares/WDM Ministry, as I am needed.

I understand that your district is Indianapolis, Ind., for the matter to be considered by your office. However, by you and I being Muslims, and associates of Imam W. Deen Mohammed, you should want for your brother in the faith, what you want for yourself. You should also be aware that I am a Innocent Muslim, under the Imam's leadership and with the worldwide community of Al-Islam support who protest this alleged claim that I am a sexual violent predator, and should not be considered for civil commitment, but has righteous - religious leadership ability to be a great access to society, and I deserve a second chance for Freedom, Justice or Liberty. I do not pose and danger to society and/or to other persons. Nonetheless, I would appreciate it if your office will contact Ms. Paula T. Dow's, cc: Matthew Sapienza, Deputy Attorney General, with the Community of Imam W. Deen



Mohammed's concern about my being illegally recommended to civil commitment by the state of New Jersey Attorney General Office, and with all of our request for arrangements, should be made with that state in order for Ms. Paula T. Dow's petition be withdrawn against me. In sha Allah.

Thank you for your time and consideration in this matter. You can contact me at the below address.

Respectfully,

**Bunia Muhammad,  
Aka Russell Tinsley**

Cc:

**Paula T. Dows**  
**Matthew Sapienza**  
Honorable Faith S. Hochberg  
United States District Court Judge of New Jersey  
Honorable Patty Shwartz  
United States District Court Judge  
Mr. Robert S. Mueller, III Director  
Federal Bureau of Investigation  
Honorable Gregory E. Smith  
Philadelphia Court of Common Pleas  
Mr. Eric Holder, Jr.  
**U.S. Attorney General**  
U.S. Department of Justice  
President Barack Obama  
The Mosque Cares/WDM Ministry  
President W. Deen Mohammed II  
Muslim Journal  
NGina Muhammad

**Return Address**

**Bunia Muhammad,  
Aka Russell Tinsley, #563  
Special Treatment Unit  
8 Production Way  
P.O. Box 905  
Avenel, NJ 07001**

IN THE  
SUPERIOR COURT OF THE STATE OF NEW JERSEY  
FOR THE COUNTY OF ESSEX

IN THE MATTER OF THE

COMMITMENT OF RUSSELL TINSLEY

CIVIL ACTION

SVP 573-10

SUPERIOR COURT OF NEW JERSEY  
LAW DIVISION - ESSEX COUNTY  
DOCKET NO.: ESX-L-153-13

Re: Tinsley v. Sengstacke et al  
Docket No.: ESX-L-153-13

/ affidavits of complaints

FIRST AMENDED **Affidavit** AND JURY DEMAND

*Where affidavits are directly conflicting on material points. It is not possible for the district judge to "weight" the affidavits in order to resolve disputed issues; except in those rare cases where the facts alleged in an affidavit are inherently incredible, and can be so characterized solely by a reading of the affidavit, the district judge has no basis for a determination of credibility." Data Disc, Inc. v. Systems Tech. Assocs., Inc. 557 F.2d 1280 (9<sup>th</sup> Cir. 1977)*

1 To Honorable Judge All statements made based on personal knowledge.

Russell Tinsley bring this *affidavit* against Mr. Lewis P. Sengstacke, Esq. Office of the Public Defender Division of Mental Health Advocacy and the New Jersey Division of Mental Health and Services at (the "STU") affidavit supporting my claims.

2. This affidavit is a complaint and Criminal allegations made against the above-named attorney Lewis P. Sengstacke, Esquire, and Office of the Public Defender Division of Mental Health Advocacy, as well as the New Jersey Division of Mental Health and Services. For the following reasons, Mr. Tinsley's complaint against Lewis P. Sengstacke, Esq., is because of a lack of diligence by his attorney and he is not handling Mr. Tinsley's case to the best of his ability.

3. According to Mr. Tinsley's petition he is being subjected to the NJSVPA given that he does not have a sexual offense in New Jersey, and the fact his underlying Jurisdictional and Venue, as in his case, is a ongoing criminal proceeding in the State of Pennsylvania. Mr. Tinsley is extremely dissatisfied with Mr. Sengstacke's representation, to advocate as hard as possible on his behalf, and regarding the circumstances of his case and the applicable law that would enable Mr. Sengstacke to credibly advocate for Mr. Tinsley's release. Mr. Tinsley knows that Mr. Sengstacke is negligent and has conspired against him to illegally civilly commit him in New Jersey. This is being done with the New Jersey Division of Mental Health and Services at (the "STU"). In which Mr. Tinsley is still serving a out of state, special nolo contendere pled sentence of 8 years probationary community supervision, shall be supervised by the Philadelphia Adult Probation and Parole Department and subject to conditions of an out-patient treatment program. In which was appropriate to Judge Gregory E. Smith, of Philadelphia County, where Mr. Tinsley case is still pending. See Commonwealth v. Tinsley, NO. CP-51-CR-0501081-2005 (438 EDA 2010), and In the Superior Court of Pennsylvania. As a result, Mr. Tinsley is suffering because he is still incarcerated

in a condemned building of the Rahway Eastern New Jersey State Prison Administration Segregation (Ad. Seg.) Detention Center. (NOT IN A THERAPEUTIC MENTAL FACILITY or a MENTAL HEALTH TREATMENT PROGRAM at the Special Treatment Unit (STU), as the State of New Jersey wants to make the Public and Society to believe, in Avenel, New Jersey, but it's a very punitive environment for prisoners' punishment for misconduct in prison.

4. The record in Mr. Tinsley's case, that include his files, all transcripts, performed legal research, his letters and prepared competent legal briefs which was already filed in both the States and Federal's Court or Agencies. You shall discover the records show that this case was subjected by CORRUPTION in all of the issues raised by these documents. In addition, the history of Mr. Tinsley's case pursuant to the record clearly indicates a CONSPIRACY to illegally civilly commit him, in the State of New Jersey, in front of Bias Judges (NO JURY); Psychologists' who are making up Abnormalities on the FRAUD and NEGLIGENCE; or FAKE diagnosis to justify Civil Commitment.

5. Unfortunately, it also states that the court-appointed counsel, Mr. Sengstacke, is helping the State of New Jersey Attorney General Office to civilly commit Mr. Tinsley. And the fact he did not try to defend him against the New Jersey Division of Mental Health and Services at the (the "STU") from making the error of placing Mr. Tinsley on MAP; or placing him in a TR process group, When Mr. Tinsley never had his initial civil commitment hearing. Moreover, by arguing issues that he already knows will be denied by the same Bias Judges who presides over Mr. Tinsley's New Jersey case. They even know that Mr. Tinsley has no sex offenses in New Jersey and Jurisdictional; or Venue is to immediately release Mr. Tinsley, so that he can return to Philadelphia, Pennsylvania to complete out his on going criminal case there.

6. Although, Mr. Tinsley has a Constitutional Rights to have resolved his case based on the statutory interpretation, his New Jersey Civil Commitment attorney has refused to form the basis for completeness, of the interstate Compact for Adult Offender Supervision adopted by New Jersey in 2002, codified at N.J.S.A. 2A:168-26 to 39. Most important, in the extraordinary circumstances, the Philadelphia Adult Probation and Parole Department has agreed to supervise Mr. Tinsley, and based on a special nolo contendere pled, and where Mr. Tinsley's Pennsylvania case is still pending, then New Jersey has no obligation to prevent Mr. Tinsley from returning to Philadelphia, Pennsylvania.

7. Mr. Tinsley's residency is and was always in Philadelphia, Pennsylvania, with no ties to the State of New Jersey, NO HOLDS WARRANTS and DETAINERS. The New Jersey Attorney General has steadfastly make the error of refusing to consent to Mr. Tinsley returning to Philadelphia, Pennsylvania, even though the extraordinary circumstances, Constitutional Rights of Due Process and Equal Protection of the Law warrants that Mr. Tinsley be returned to Philadelphia, Pennsylvania. The Judges, who presides over Mr. Tinsley's New Jersey case, will not issue a release order without the Attorney General's consent is absurd.

8. Further, this kind of dissatisfaction Mr. Tinsley have with Mr. Sengstacke's representation falls under the rubric of ineffective assistance of counsel and his accusing Mr. Sengstacke, and the Office of the Public Defender Division of Mental Health Advocacy of FRAUD and CONSPIRACY. These are Criminal allegations made against Mr. Sengstacke, and the Office of the Public Defender Division of Mental Health Advocacy are in the jurisdiction of the U.S. Attorney's Office or the District Attorney's Office. Mr. Tinsley is making the Criminal allegations and his case should be assigned to an investigator reporter.

9. This matter for a civil commitment hearing has been scheduled for December 12, 2012, at the Special Treatment Unit, 8 Production Way, in Avenel, New Jersey 07001, and on the prison ground. Mr. Tinsley herein move the Judge Freedman, with his motion to remove Mr. Sengstacke, from his case and assign a private counsel, In the alternative, to have Mr. Tinsley's case dismissed and

where the Attorney General of New Jersey must agree to dismiss Mr. Tinsley's case. More specifically, Mr. Tinsley will return to Philadelphia, Pennsylvania, to report to the Philadelphia Adult Probation and Parole Department. This is for his special nolo contendere plead sentence of community supervision shall be supervised by his probation officer Mr. Matthew Shellenberger, and subject to conditions of an out-patient treatment program, in which was appropriate to the Philadelphia Courts of Common Pleas' Judge Court Order, in that case.

10. Mr. Tinsley is hoping that the News Media will Cover this Civil Commitment Hearing of Russell Tinsley and the conditions of confinements; or will educate and inspire the public to become advocates for improvements in or the abolition of civil commitment systems.

For more information, visit Mr. Tinsley's website and review his Obama-tribute and the two civil commitment links 1.) Civil Commitment Blues and 2.) the Talk Shoe's Civil Commitment Radio Live Broadcast live interview of Russell Tinsley and two other Residents at the Special Treatment Unit, in Avenel, New Jersey.

[www.pimpinentertainment.net/ObamaTribute](http://www.pimpinentertainment.net/ObamaTribute)

Email: [promo@pimpinentertainment.net](mailto:promo@pimpinentertainment.net)

Russell Tinsley c/o SPECIAL TREATMENT UNIT 8 Production Way Avenel, NJ 07001

Any statements made that are false are subject to penalty of perjury within the jurisdiction of the court that will try the case.

Russell Tinsley  
Russell Tinsley

4/26/13  
Date:

Respectfully submitted by:

Russell Tinsley  
Russell Tinsley, in pro se

WITNESS my hand this \_\_\_\_\_ day of \_\_\_\_\_ 2013

/s/ \_\_\_\_\_

[name1]

*State of New Jersey*

:ss

Essex County Superior Court

On this 26<sup>th</sup> day of April, 2013, before me, the undersigned Notary Public in and for State of New Jersey, appeared Russell Tinsley, ( ) personally known to me or ( ) proved to me on the basis of satisfactory evidence, to be the person whose signature appears in the within instrument and acknowledged to me that he executed it.

Witness my hand and official seal:

/s/ Shellenberger Shy

NOTARY PUBLIC



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# WE the PEOPLE

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WE PETITION THE OBAMA ADMINISTRATION TO:

## Russell Mac-T Tinsley needs your support from the injustice and law at the special treatment unit in Avenel, New Jersey.

Our protest to free Russell Tinsley from a New Jersey Prison punishing him wrongfully, and he needs your help, also we are sending you our Email and link <http://www.pimpinentertainment.net/obama-tribute>. The illegal civil commitment process of Russell Tinsley who needs your support and donations against the injustice sexual offender laws, that must be reformed, especially, for an investigation into the circumstances surrounding the civil commitment of Russell Tinsley, at the Special Treatment Unit, in Avenel, New Jersey, Illegal and wrongful civil commitment process.

We are calling on the Public, Media, Civil and Human Rights Groups as well as the Federal Government or upon the President Obama Tribute, indeed that with the urgency by the people in support to reform

Created: Nov 04, 2014

Issues: [Civil Rights and Liberties](#), [Criminal Justice and Law Enforcement](#), [Human Rights](#)

SIGNATURES NEEDED  
BY DECEMBER 04, 2014  
TO REACH GOAL OF  
100,000

99,999

TOTAL SIGNATURES  
ON THIS PETITION

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1

### Add Your Name

First Name \*

Last Name \*

Email Address \*

Zip Code

☐ Sign up for email updates from President Obama and the White House on this and other issues.

By signing this petition you agree to our [terms of participation](#) and [privacy policy](#)

SIGN NOW

Note: When you sign this petition, your initials, city, and state may be publicly displayed on the petition page. Once you sign a petition, you cannot remove your signature.

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Signatures: 1 of 1

#### CREATOR

R. T.  
Avenel, NJ  
November 04, 2014  
Signature # 1

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CREATE A PETITION



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**PLAYZA CLUB RECORDS AND  
PIMPINENTERTAINMENT NETWORK**  
**www.pimpinentertainment.net**  
**Email: promo@pimpinentertainment.net**  
**EMAIL**

**TO:** Concerned American Citizens And  
Civil and Human Rights Group's or Media:  
**From:** Russell Tinsley, CEO and Founder Playza Club Records Co.  
**RE:** American Friends Civilly Committed Illegally

---

This is our protest to free Russell Tinsley, from a New Jersey Prison punishing him wrongfully, and he needs your help. We are sending you our Email and link <http://www.pimpinentertainment.net/Obama-tribute>, and about the illegal civil commitment process of Russell Tinsley who needs your support and donations against an injustice with the sex offender laws that must be reformed. Especially, in Russell Tinsley's case we call for an investigation into the circumstances surrounding the civil commitment of Russell Tinsley, at the Special Treatment Unit, in Avenel, New Jersey, illegal and wrongful civil commitment process.

We are calling on the Public, Media, Civil and Human Rights Groups as well as the Federal Government; or upon the President Obama-Tribute. Indeed that with the urgency by the people in support to reform the sex offender laws' protest for the proper authorities' investigation, surrounding the illegal civil commitment of Russell Tinsley as well as against the racial and religious discrimination he is receiving.

Please give your support **"TODAY"** and/or make your donation in our cause, as well as to share our website Obama-Tribute and civil commitment link with other concerned American citizens, about this injustice and illegal civil commitment process. Thank you for your support, in the 2012 Obama-Tribute on our website at [www.pimpinentertainment.net/Obama-Tribute](http://www.pimpinentertainment.net/Obama-Tribute). Now, you can freely download. This download is about the injustice of civil commitment for Russell Tinsley, who needs your support for this injustice and mistreatment he is receiving at the Special Treatment Unit in Avenel, New Jersey. Please Pledge and make your contribution donation **"TODAY"**. Call Russell Tinsley at 1-888-202-1699 ext. 101 for more information.

Our goals is to get a Civil Rights/Human Rights Attorney for his litigation against this corruptions in the Unconstitutional civil commitment regime, especially in the illegally process in the state of New Jersey, and where Russell Tinsley is being held. Our goal is to get good media coverage and the public involvement, as well as to attract support from political leaders including President Obama, with our Obama-Tribute. We must reach President Obama immediately, and get more good media coverage... Write your letters to your two Senators, Governor, and President... Our Proposal is to reform these harsh New Sex Offender Laws... Let us not be willing to give up our essential liberties to obtain the false safety of these restrictive laws made against sex offenders by politicians who are pimping and pandering for political gain. Please give your support to Russell Tinsley **"MAKE YOUR CONTRIBUTION DONATIONS"**

**Question! Are civil commitment unconstitutional and a waste of taxpayer's money?**

**Is this an injustice against American Citizens? Tweet your answers on Facebook.com/Russell Mac-T Tinsley, MySpace music/ Mac T, YouTube/Pimping Mac T's Channel. Moreover, on Twitter@Mac T Promo.**

## PLAYZA CLUB RECORDS

### MEMORANDUM

To: President Barack Obama  
From: Russell Tinsley, CEO Playza Club Records Company  
Re: Russell Tinsley's with [www.pimpinentertainment.net](http://www.pimpinentertainment.net)  
Subject: **We need the President Obama's Authorization for our Musical CDs Tribute**

Date: March 28, 2012

---

Dear Mr. President:

As the owner and founder of the Playza Club Records Company, and with the [www.pimpinentertainment.net](http://www.pimpinentertainment.net) web site. We are proudly to announce our Musical CDs' Tribute to Our Living Legend **"Mr. President Barack Obama's 2012 reelection presidential campaign efforts"**. Even though, the campaign is not soliciting new vendors at this time, and Obama for America 2012 ability to accept donations of goods, and services is tightly restricted due to federal election law. We will still need the President's authorization to use our CDs, as a Musical Tribute, and effort towards the President's reelection 2012 campaign. Please review Russell Tinsley, CEO Playza Club Records Company's web site [www.pimpinentertainment.net](http://www.pimpinentertainment.net) and for a free download of our Musical Tribute. **Please Email: promo @ pimpinentertainment.net.**

In addition, this Musical CD was recorded with songs and information about the injustice from the United States of America's jurisdictional system that violates the citizens of America Civil and Constitutional Rights, for a fabricated civil commitment of sex offenders in this country's state and federal courts. Moreover, especially in the state of New Jersey's injustice and inequity corruption, that has Russell Tinsley, illegally confined. We included this information to inform the President and the public of the important concerns of getting out to vote for the President's reelection, and to participate in reforming the harsh sex offender's law in this country. You can also visit [www.njvoices.org](http://www.njvoices.org) Email: **infor @ njvoices.org**. Also, visit [ReformSexOffenderLaws.org](http://ReformSexOffenderLaws.org). ("RSOL")

Thank you,

Sincerely,

Russell Tinsley

Encl:

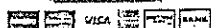
# The Playza Club Records Feat. MAC-T



OBAMA WON!!!  
WE DID IT!!!

## Special Tribute to Our Living Legend President Obama

Donate



President Barack Obama campaigned for 2012

**VOLUNTEERS NEEDED** by the President Obama's Challenge to Serve "A NEW ERA OF PUBLIC SERVICE:" And Per a Fundraiser Benefit Event.

"A President Barack Hussein Obama's 'Call of Social Change, and for A New Era of Public Service' & Sacrifice" with a twist, an educational musical recording.

*"If President Barack Obama makes time to be a great Father and Husband, you have NO excuse homey!! Obama has RAISED the BAR for ALL MEN."*



### Tribute to President Obama

Musical tribute to President Obama compiled by Russell Tinsley at Civil Commitment, NJ

[Obama Tribute Full.mp3](#)

MP3 audio file [6.5 MB]



### Civil Commitment Blues

This is a song produced by some of the inmates at Civil Commitment in Avenel, NJ

[Civil Commitment - FULL.mp3](#)

MP3 audio file [10.1 MB]



### Talk Shoe - Sept 27, 2010

Live broadcast from Civil Commitment with 3 inmates



[talk shoe-Full-2010-9-27.mp3](#)

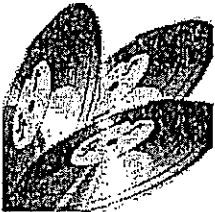
MP3 audio file [69.4 MB]



President Obama and Family



Obama and Biden



Entertainment presented by:

**PLAYZA CLUB RECORDS**

### MACT'S NOTE FROM PRISON

From Russell Mact Tinsley to my Fans, Friends and Supporters Please be advised that this Mact note is from PRISON and he wants you to be informed of his scheduled court date for DECEMBER 12, 2012. He does need you to ADVOCATE on his behalf. He simply needs to have your SUPPORT to help him for his RELEASE. We are hoping that his fans with their support will donate at least one dollar toward his release and home coming Party thru his website at [www.pimpinentertainment.net](http://www.pimpinentertainment.net) CLICK THE DONATION BUTTON. You can write and contact him directly at Russell Tinsley # 563, P. O. Box 905 Avenel, NJ 07001, or call him at 732-574-8658, and 732-574-8489.

Russell —

President Obama made a surprise visit to the campaign office in Chicago yesterday to give a heartfelt thank-you to staff and volunteers.

I wanted to pass this video along, because it's a message every single person who helped build this campaign deserves to see. He wasn't just talking to those of us in the office -- he was talking to all of you.

<http://my.barackobama.com/Thank-You>

In his speech on Election Night, President Obama gave you all the title you have spent the last year and a half earning:

"The best campaign team and volunteers in the history of politics."

So many times in this election, this campaign was counted out. They said our supporters wouldn't turn out, and we'd never see the kind of voter participation we saw in 2008. They said we'd be buried in money and special-interest influence. And they said that no campaign could overcome the political headwinds we faced.

Last year, a major American newspaper asked, "Is Obama toast?" As recently as two weeks ago, another ran this headline: "Can Obama win?"

Tuesday night, you all answered all of those doubts with a resounding YES WE CAN. By knocking on doors, organizing phone banks, and chipping in a few bucks when you could, you built a campaign that is unparalleled. And you re-elected our president.

You also proved that millions of ordinary people taking ownership of a cause is still the most powerful force in our political process. You showed that grassroots organizing and small donations are not only the right way to win, but also the most effective way.

How we got here must guide where we go. If we're going to accomplish the things America voted for on Tuesday, you've got to be even more involved in getting them done than you were in giving us all the chance.

We'll be in touch soon about how we can get started on some of the President's top priorities in his second term.

For now, I just want to say I am so proud of this team. And I can't wait to see where you take this incredible movement from here.

Thank you — more to come,

Messina

Jim Messina  
Campaign Manager  
Obama for America

PAID FOR BY OBAMA VICTORY FUND 2012, A JOINT FUNDRAISING COMMITTEE AUTHORIZED BY OBAMA FOR AMERICA, THE DEMOCRATIC NATIONAL COMMITTEE, AND THE FLORIDA, IOWA, PENNSYLVANIA AND VIRGINIA STATE DEMOCRATIC PARTIES.

Contributions or gifts to Obama Victory Fund 2012 are not tax deductible.

The first \$2,500 from a contributor to Obama Victory Fund 2012 will be allocated to Obama for America, designated for general election debt retirement. The next \$30,800 from a contributor will be allocated to the Democratic National Committee. Any additional amount(s) from a contributor will be divided equally among the Florida, Iowa, Pennsylvania, and Virginia State Democratic Party Committees, up to \$10,000 per committee and subject to the biennial aggregate limits. A contributor may designate a contribution for a particular participant. This allocation formula may change if following it would result in an excessive contribution or if Obama for America receives sufficient funds to pay its outstanding debts. Contributions will be used in connection with a Federal election, may be spent on any activities of the participants as each committee determines in its sole discretion, and will not be earmarked for any particular candidate.

This email was sent to: [promo@pimpinenteertainment.net](mailto:promo@pimpinenteertainment.net).

If that is not your preferred email address, you can update your information [here](#).

## OBAMA TRIBUTE - MAC-T

We believe that emails are a vital way for the campaign to stay in direct contact with supporters. Click [here](#) if you'd like to unsubscribe from these messages.

This campaign is a community, and all ideas are welcome.

We appreciate any feedback you might have — positive or negative.

[Click here to contact the campaign](#) with any questions or concerns.

PLAYZA CLUB RECORDS AND  
PIMPINENTERTAINMENT NETWORK  
[WWW.PIMPINENTERTAINMENT.NET](http://WWW.PIMPINENTERTAINMENT.NET)  
Email: [promo@pimpinentertainment.net](mailto:promo@pimpinentertainment.net)  
EMAIL

To: Concerned American Citizens and  
Civil and Human Right Group's or Media:  
From: Russell Tinsley, CEO and Founder Playza Club Records Co.  
RE: American Friends Civilly Committed Illegally

Our protest to free Russell Tinsley from a New Jersey Prison punishing him wrongfully, and he needs your help, also we are sending you our Email and link <http://www.pimpinentertainment.net/obama-tribute>. The illegal civil commitment process of Russell Tinsley who needs your support and donations against the injustice sexual offender laws, that must be reformed, especially, for an investigation into the circumstances surrounding the civil commitment of Russell Tinsley, at the Special Treatment Unit, in Avenel, New Jersey, Illegal and wrongful civil commitment process.

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Please give your support "[TODAY](#)" and/or make your donation in our cause, as well as to share our website Obama-Tribute and civil commitment link with other concerned American citizens, about this injustice and illegal civil commitment process. Thank you for your Support of the 2012 Obama-Tribute on our website at [www.pimpinentertainment.net/Obama-Tribute](http://www.pimpinentertainment.net/Obama-Tribute), and about the injustice of civil commitment from Russell Tinsley, who needs your support for this injustice and mistreatment at Special Treatment Unit in Avenel, New Jersey. Please pledge a make your contribution donation "[TODAY](#)" call Russell Tinsley at 1-888-202-1699 ext. 101 for more information.

Our goals to get a Civil Rights/ Human Rights Attorney for our litigation against this corruptions in our unconstitutional civil commitment regime, especially in the illegal state of New Jersey, and where Russell Tinsley is being held. Our goal is to get good media and public as well as to attract support from political leaders including President Obama... with our Obama-Tribute, we must reach President Obama immediately, and get more good media coverage...Our Proposal New Sex Offender Laws...Let us not be willing to give up our essential liberties to obtain the false safety of these restrictive laws made against sex offenders by politicians who are pimping and pandering for political gain. Please give your support to Russell Tinsley "MAKE YOUR CONTRIBUTION DONATIONS".

### COMMUNITY ANNOUNCEMENT

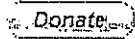
We are calling on the Obama Administration and the world community!

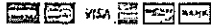
Russell Mac-T Tinsley needs your support from the injustice and law at the special treatment unit in Avenel, New Jersey. This is a Russell Mac-T Tinsley protest to free him from illegal incarceration requesting help from the Obama Administration and we need community advocate on his behalf.

## OBAMA TRIBUTE - MAC-T

We simply need to have the resources and funds to complete the research as well as to hire a civil or constitutional rights attorney that will be able to credibly advocate for his release.

He is hoping that his website [www.pimpinmentertainment.net/obamatribute](http://www.pimpinmentertainment.net/obamatribute) end the civil commitment blues and talk shoe live broadcast from civil commitment with three inmates will educate and inspire his fans, friends, family, and supporters to become advocates for improvement and or abolishing of civil commitment system. Give your support and make you donation today!

 Donate



For more information, write to Russell Mac-T Tinsley at:

P.O. Box 905

Avenel, NJ 07001

Or call:

(732) 574-8658



Mac T's Playza Club Records having a specail 50% sale offer on all his CDs and Appearel  
for the holiday shoppers. (WITH FREE SHIPPING!!)

From The Admins of the webstie

New file download

### MEMBERSHIP

new  
Image

When purchasing products please continue to PayPal where you will be able to put in your credit card number even if you don't have PayPal account.

New file download

Available now at all online music stores

MAC-T "My Gangsta Partie" also

K-Love-N-Effect

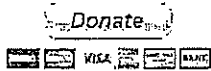
Available at [Amazon](http://Amazon) and iTunes

new  
Image

You can also purchase "Mac-T" CD "My Gangsta Partie" and download at [Amazon.com](http://Amazon.com)

[Amazon](http://Amazon.com)

[Amazon](http://Amazon.com)



[Amazon](http://Amazon.com)

## You can find us here:

### MAC-T Playza Club Records

Administration Assistant

Office: (732) 574-8321

(732)-574-8390

[promo@pimpinentertainment.net](mailto:promo@pimpinentertainment.net)

You tube: [PimpingMacT](http://PimpingMacT)

Follow me on: [Twitter](#)



Name:  
Mac Tinsley

## Upcoming Dates

Come to our next dates and see us perform!

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Join in!

We have expanded!

**New Internet Presence!**

We are happy to present to you our new Internet site.

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**Artists Entertainment Management**

**[www.pimpinentertainment.net](http://www.pimpinentertainment.net)**

**Russel (Mac T) Tinsley**

**For booking (888) 202-1699 ext. 101**