

AROMA ZONE™ THERAPY

Combining the
essence of
aromatherapy with
the Zone protocols of
the spine.



Aroma zone therapy follows a series of protocols for specific ailments using the zones and reflex points on the spine and associated essential oils and blends to assist in the body's natural healing abilities.

The techniques used are of a light pressure, which enables many with pain associated conditions to tolerate this gentle therapy.

Study this unique and trademarked therapy programme only at The Training Centre of Wellbeing.

CONTACT US

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THE TRAINING CENTER OF WELLBEING

AROMA ZONE™ THERAPY
TRAINING BROCHURE





CURRICULUM

Zone Therapy
The Spinal Reflex Points
Pathologies
Protocols
Essential Oils
Essential Oils Blends
Contraindications
The Therapy Sessions: putting it all together
Applications
Case Studies and Research

ABOUT THE COURSE

Pre-requisite: Aromatherapy including AP level 3 or equivalent. Reflexology
Duration of training: 1 Day
Cost: £125
Independent Learning Hours: 10
Case Studies: 3 with 2 follow ups on each

IS THIS COURSE FOR YOU?

This course is ideal for the experienced aromatherapist and reflexologist practitioner who would like to offer a new therapy to their clients.

Please contact us to ensure that you meet the minimum requirements for this course. We will need to see your certification. A minimum of level 3 (or equivalent) reflexology and aromatherapy including Anatomy and Physiology is required. Your previous study must have been classroom based training.

MORE INFORMATION

This system is only available to study at The Training Centre of Wellbeing or at an approved training centre.

WHATS INCLUDED?

Your training includes:
Full printed manual, classroom sessions, support with case studies.

Accredited by the Complementary Medicine Association