





Alaska's KAAATs is an Associate Certified Cat Behavior Consultant (ACCBC) through the International Association of Animal Behavior Consultants (IAABC)

KITTY ADVOCACY AWARENESS ADOPTION TAILS

# ctivitie

# for YOU and YOUR CAT!

Here is a list of some activities you can do with your cat(s):

- Puzzle Feeders
- Scratchers
- Crates/shelves
- Wand Toys
- Ball toys
- Mouse toys
- Vertical space
- Music ("Through a Cat's Ear" program)

# Paper bags

Not only are paper bags tons of fun to pounce on and scoot, they also come with an added bonus because they offer a place for a timid cat to hide.

# Paper balls

*If you have paper headed for the recycling bin, wad some up and toss it to your kitties.* 

### Pipe cleaners

*Make chains out of pipe cleaners and let kitties bat them around.* **Wine corks, milk caps, and paper towel rolls** 

When cut into manageable sizes, are all good toys.

# Puzzle toys

*Cut holes in a small box or plastic container and put kibble inside. This can be especially appealing to cats who are motivated by food. You can also purchase puzzle feeder toys.* 





### Clicker training

*This enrichment tool teaches the cat to respond positively to simple commands.* 

### Rotate toys

*Make sure you rotate new toys every day or two so they have something new and fresh to pique their interest.* 

### Milk crates

Build a fun jungle gym.

### Perpetual motion activities

Utilize an aquarium or a motor-activated toy in a bowl of water.

### Cat videos

Providing visual stimulation, your cat can learn the pattern of the sounds and movements of the animals in the videos, which helps keep their minds active.

### Access to windows

*If possible, provide access to windows so he/she can receive natural light and visual stimulation (as long as the window does not frighten him/her).* 

Scratchers can be purchased, <u>https://www.stretchandscratch.com/</u> which are made to fit in kennels or they can even be made using carpet remnants and curtain rings to attach to the kennels.

http://www.sheltermedicine.vet.cornell.edu/Resources/documents/EnrichmentProtocolforCats.pdf,

http://www.sheltermedicine.vet.cornell.edu/Resources/documents/CatEnrichmentLogSheet.pdf,

http://www.theverticalcat.com/CATify-Your-Home ep 48.html