

# DEBORAH MCGOVERN HENGROEN HEALING

Eden End                      Mob: 0787 655 1264  
7 Eden Crescent  
Chatteris  
Cambridgeshire  
PE16 6AN  
Deborah@hengroenhealing.co.uk

## COVID-19 PROTOCOLS – HUMAN

### **Prior to appointment:**

- Let me know **on the day and up to 14 days later** you are suffering from a temperature, cough or shortness of breath. Cancellation fees will not apply in these circumstances
- Return the COVID-19 questionnaire within 24 hours prior to your treatment
- Wait in your car until I open the door
- 2m distance will be maintained for as much of the time as possible

### **On entering the premises:**

- Proceed straight to the handwash station without touching any surfaces
- Wash hands
- Proceed to plastic chair, there will be a lidded box for your belongings

### **Changes to treatment:**

- Settle yourself on the bed and arrange the towels
- Treatments will either be face down or side facing, unless working on legs/feet
- I will be washing my hands prior to the treatment (as well as in between clients) and when working on a new body area
- PPE will consist of scrubs, visor and disposable apron
- Treatments will be 45 mins max

### **After treatment:**

- Please remove all bedding from the bed and place in the laundry bin
- Contactless payment to be made
- Wash hands before leaving the premises, add the hand towel to the bin and tie the bag
- Proceed to exit without touching any surfaces

### HENGROEN HEALING

Animal Massage ▪ Animal Reiki ▪ Sports Massage ▪ Reflexology ▪ Reiki ▪ Aromatherapy

Deborah McGovern ▪ 07787 6551264 ▪ [Deborah@hengroenhealing.co.uk](mailto:Deborah@hengroenhealing.co.uk)