

NEWSFLASH

I INTERRUPT YOUR “REGULAR SCHEDULED BROADCAST”, TO BRING YOU THIS SPECIAL “SEPTEMBER’S BULLETIN!!!! (I KNOW IT’S LATE, SO DON’T FUSS!) THIS JUST IN! “BREAKING NEWS”! !! HOT OFF OF “HEAVEN’S PRESS”!!



**SISTER MEAGAN, REPORTING “LIVE”!
FROM “HOP-WOP” HOLY GHOST TV!**

PASTOR CARMEN WENT TO HER DOCTOR FOR A CHECK UP. Well, she had just come off of a *forty (40) day fast*. Angel, her daughter, was with her. Pastor Carmen’s doctor, (a female), began to ask her some questions about her nutritional status. *Finally*, the doctor, (who is “normally” a very quiet spoken and mild mannered person), asked her, *“Mrs. Mc Cain, when was the last time you ate and what did you eat?”* Pastor Carmen answered, “I have not eaten anything for forty days”.

“THAT IS A LIE!” yelled the doctor.

This caught Pastor Carmen off guard. She was not expecting this kind of a response. See, she had “forgotten” that the carnal mind, cannot understand the things that are “spiritual.” (*1Corinthians 2:14*). Pastor Carmen did not know how to respond, so she said nothing. The doctor continued, *“No one can LIVE without food for forty days!”*

Then, Angel spoke up, *“Well, doctor, if I had not seen it for myself, I probably wouldn’t believe it either. However, I live with her and I can vouch for what she is saying. She is telling the truth”*. The doctor simply looked at both of them, without any expression on her face. She then went on with her examination and she *did not say anything else* to them about it.

Several months later, Pastor Carmen received a phone call from her doctor. **She said it was urgent and life threatening.** See she had run across one of Pastor Carmen’s labs (labs are blood work, that shows if there is something wrong in your body). This lab was extremely out of range. The doctor told Pastor Carmen that she was sending her a **“specific prescription”** and she repeated over and over again, **how urgent** it was for her to get it filled and start taking it **RIGHT AWAY!** She then said that she wanted to see Pastor Carmen again, in six weeks.

Well, Pastor Carmen got the prescription. Now, she had **“EVERY”** intention of getting **THAT PRESCRIPTION FILLED.** However, she **ACKNOWLEDGED GOD “FIRST”**, (as she always does).

And, guess what? God told her **NOT** to get the prescription filled, but to **simply “fast and pray”**. NOW, you already know what Pastor Carmen did! Yes! You are correct! She OBEYED GOD.

O.K., six weeks passed and again, she went to see her doctor. Pastor Carmen was a “little bit nervous” about how she would answer the doctor’s questions, this time, so she silently prayed, **“God, you tell her that I did not get the prescription filled, because I do not know how she will react.”**

Well, her doctor came into the room, “happy”, “smiling” and very “cheerful”. She did more blood work and several other tests. Finally, she looked up at Pastor Carmen and smiled. She said, **“WOW! I am so proud of you. You must have followed my instructions to the letter! Everything is normal and it looks great.”**

Pastor Carmen **never** said a word. The doctor asked, **“Do you need me to write you another prescription or do you still have enough medicine left until your next visit?”** Still, Pastor Carmen said nothing. Suddenly, her doctor looked up at her suspiciously and said, **“WHY! Mrs. Mc Cain, you NEVER even got that prescription filled, did you?!”** **Pastor Carmen burst out laughing!** Still laughing “out loud”, she said, “I told God to tell you, Doctor! I did not have the heart to tell you. God told me NOT to get that prescription filled, but to just fast and pray, so that is what I did.” **The doctor just shook her head and smiled. “Well”, she said, “Whatever you did, it worked. So, all I can tell you, is to keep on doing what you are doing.”**

When Pastor Carmen went back to the doctor, the doctor was looking sad. She confided that she had cancer and was going for surgery the next day. Pastor Carmen, Angel and an Armour bearer prayed, right then and there. The next day, the doctor personally found Pastor Carmen. Pastor Carmen asked what happened with the surgery? The doctor said, “My doctor checked me! He found no trace of cancer! I don’t need a surgery!”

Now, men of God, this was Pastor Carmen’s testimony. **NOT YOURS AND NOT “MINE”. See, God deals with every one of us, differently! According to our own several ability. (Matthew 25:15) - And unto one he gave five talents, to another two, and to another one; to every man according to his several ability; and straightway took his journey.**

Men of God, FASTING AND PRAYING WORKS! HOWEVER, YOU MUST MAKE SURE THAT **YOU PRAY**, SEEK GOD FOR YOURSELF, AND **HEAR** FROM HEAVEN. IT IS ESSENTIAL THAT YOU GET YOUR INSTRUCTIONS FROM GOD, AND NOT MAN. LET GOD TELL YOU WHEN TO **START** AND WHEN TO **STOP!**

YOU SHOULD NEVER ATTEMPT TO FAST, UNLESS:

- 1). YOU KNOW THAT GOD HAS TOLD YOU TO DO SO.**
- 2). Since Pastor Carmen is a nurse, she recommends that YOU CONSULT A DOCTOR TO MAKE SURE THAT YOU ARE HEALTHY ENOUGH TO BEGIN A FAST (even if it is only for one day).**
- 3). Never “Fast” WITHOUT A PURPOSE, and EXPECTANCY!**

“HERE IS A VISION THAT GOD SHOWED ME”.

On the night of September 26, 2012, I saw a vision of you “outmates”. You were all standing in a single file line and waiting to go through a door. (Could that door be the door that stands between YOU and the **FREE WORLD**”, as you call it?) As you were lined up, **YOU were looking on a “report” that was attached to a clipboard**, on top of an office desk.

On the report was a list of names and dates. One of the outmates that was waiting in line, looked on the report and became **“disgruntled and very disappointed”**. I recognized who he was. He went to sit down at a desk, inside of a classroom. **We held a conversation, but I don’t remember what it was about.** However, **my response** was this: “Well, Brother, the way we have been taught to fast is **“this way”**. If

you are used to eating breakfast early in the morning, then you will go to 10:00 a.m. without eating. *Oh! That's right you don't have breakfast until 4:00 a.m.!*" *Well, that was the end of the vision.*

Hmmmmmmmm..... SELAH.

NOW, DEAR BROTHERS, WHAT DO YOU THINK THIS VISION WAS ALL ABOUT?

When I came out of the vision, I realized that I did not finish telling the Brother about fasting. So, I started to write a letter to him about the vision. However, I began to ask myself, "Now, Meagan, how many other Brothers could there be, who want to fast, but don't know how?" Many of you have begun to fast and did not complete it. **WHY?** That's easy! Flesh, (Hunger), got the better of you and you broke the fast. Also, I began to think, "What about the men who desire to fast, but due to health related problems, and they think that they are unable to fast."

SO, I DECIDED TO SEND THIS OUT AS A "NEWSFLASH", FOR THE MONTH OF SEPTEMBER!

REMEMBER (Proverbs 3:5-6), MY BROTHERS! Before you engage in fasting, ***ALWAYS ACKNOWLEDGE God in all of your ways and He will direct your path.***

Did you know that "scientifically", fasting is said to be the "most effective biological method of treatment" and that it is called the "operation without surgery"? While fasting, the patient "improves" his or her physical health and gains much, **physically**. BUT, he or she will have "neglected" the most important thing, if the hunger and need for spiritual nourishment, (*during fasting*), is not satisfied. ***This is fasting away from God.***

This means that you can "fast" all you want to, but, with *out studying the Word of God, building yourself up on your most Holy faith, by praying in the HOLY GHOST, (in tongues) and praying with understanding*, then, you are simply "starving" yourself. You are doing nothing more than "GOING WITHOUT FOOD". So, when you are "fasting, you DO NOT" play basketball or cards, watch television, listen to music, sleep all day and find other activities to make you "FORGET ABOUT TIME" and hunger! ***Doing these things*** will only produce a "malnourished spirit" and it will "strengthen" your flesh. ***YOU DO NOT WANT THIS!***

All too often, we fast "FROM GOD" instead of "TO GOD". This is only feeding the flesh and the flesh gets stronger and stronger." Man shall not live by bread alone, but by every word that proceeds out of the mouth of God." (Matthew 4:4). Now, when you fast (*from the flesh and fleshly ways*), the Spirit of God increases and waxes stronger and stronger, ***IN OUR LIVES*** and the ***ANOINTING*** is stronger, ***ON OUR LIVES!***

Fasting **honors** God and **benefits** us. **Fasting is a privilege** that helps us draw closer to the Lord. If it did not assist and enhance our prayers, God would not have called us to do it. **Isaiah 58th chapter**, not only ***calls us "to fast", but it also "instructs us"***, in the CORRECT way to do it. Even satan recognizes "the power" that is in fasting and he will try anything that he can to distract, hinder and keep you from "FASTING" and seeking GOD.

The devil knows, that fasting and prayer will "uncover anything" that *hinders your effectiveness for God*. ***See, satan also knows that "fasting and prayer" unleashes divine power in your life.***

Remember, **fasting is not a diet plan to lose weight!** Neither is it a "magic bullet" to get God to do what you want Him to do. Nor is it for the purpose of "seeking forgiveness," because the *shed blood of Jesus Christ* accomplished the atonement for our sins, over 2000 years ago. (*No expiration date on that*), ***Hallelujah!!!***

Pastor Carmen, through the wisdom of the Holy Spirit, has taught us *how to fast in accordance with Scripture*. (The word of God). ***Pastor Carmen was saved at five (5) years old*** and she has been fasting all of her life. The instructions on fasting, (that she received from God), even at a very young age, she has passed on to us and countless others. Although most of us have corporately gone on several (40) day fasts, we know that the number of days doesn't really matter! Just go as long as God ordains for you to go, even if it is only a day, three (3) days, (7) days (14) days or (21) days. The "KEY" to FASTING IS IN "OBEDIENCE".

Joel 1:14 and Joel 2:15 tells us to declare a Holy fast and to CALL a sacred, solemn assembly.

To Consecrate means to declare, set aside or to dedicate as HOLY for a specific purpose. Well, Pastor Carmen has taught us according to God's Word, that anything we COMMIT into the hands of God, he will KEEP. So, the first thing we must consecrate is OURSELF! (Leviticus 20:7).

Also, Hebrews 10:20,22- says that, "By a new and living way which he consecrated for us.... let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water". Cleanliness is next to "Godliness"

Listen, precious Men of God, before you do anything, YOU MUST PREPARE TO FAST. Consecrate your own Body! Take a very CLEAN shower or bath.

After that, "ANOINT" your entire body, beginning with your head. Then began to declare! "Head I anoint you, in the name of Jesus! During this fast, Whatsoever things are honest, lovely true, etc. these are the ONLY things that you will think on. (Philippians 4:8). I will keep my mind on Jesus, therefore He will keep me in "PERFECT PEACE". Use every declaration and decree that you can find in the word of God concerning your mind.

Then, go on to your EYES. I declare that I make a covenant with my eyes! My eyes are the windows to my soul and I will not contaminate my SOUL by allowing any thing wicked, vulgar, immoral or perverted to enter my eyes, etc. Again, find and use every scripture in the Bible concerning your eyes.

Then, go on to your ears! Do the SAME THING FOR YOUR Heart, your belly(stomach), your hands, your feet, your tongue, your mouth, your body, and even "ANOINT" your "PRIVATE PARTS". Bind up all sexually perverted desires, pornography, masturbation, incubus and succubus spirits. Present your ENTIRE BODY TO GOD!!!

Exodus 28:41 And thou shalt put them upon Aaron thy brother, and his sons with him; and shalt anoint them, and consecrate them, and sanctify them, that they may minister unto me in the priest's office. You are a nation of Kings and Priests, so Priests/Kings, GET READY! "Anoint yourselves"! Use OIL, if you have it, or hair grease/pomade/Vaseline, etc. (what ever you have). If you have none of these things, Use WATER! The ETHIOPIAN said, "See, here is water, what does hinder me"? (smile). The only thing that matters is that YOU are serious in your "HEART" concerning touching the Heart of God.

O.K. Let's start off with a week of "Consecration" that will lead to one "full day of fasting".

Please adjust this schedule according to your "OWN PERSONAL" daily schedule.

REMEMBER, AFTER THE CONSECRATION, NEVER EAT ANYTHING, UNTIL YOU HAVE PRAYED, FIRST.

Monday- go to 10 a.m. without eating. After 10 a.m. you may pray and eat

Tuesday- go to 12 noon without eating. After 12 noon you may pray and eat.

Wednesday- go to 3 p.m. with out eating. After 3p.m. you may pray and eat.

Thursday- go to 6 p.m. without eating. After 6p.m. you may pray and eat.

Friday – go to 9 p.m. without eating. After 9 p.m. you may pray and eat.

Saturday- go to 12 a.m. (MIDNIGHT), without eating.

You have NOW completed 24 HOURS, one “full day” of fasting. Each day, you will feel your flesh die a little more, as you neglect and over look it’s stubborn demands to be fed. Paul said that he had to keep his body under. Under what? SUBJECTION. (1 Corinthians 9:27).

First, PUT (bring) it under subjection, then KEEP it under subjection! The definition of Subjection is: to place under authority or domination, influence and control. Once you place your flesh under Godly influence, His authority, His domination and His control, your “flesh” now knows that you mean business. Here, Paul is talking about bringing FLESH under GOD’s domination, God’s influence and God’s control.

“ This is NOT Witchcraft’s control!”

Remember, though, it is “still” flesh. Just like a stubborn child, you must SHOW “flesh” who is the BOSS, continually! No “flesh” will glory in God’s eyesight! FLESH does not want to be subject, and it will do anything that it can to try to rebel, such as your “HEAD” starting to hurt, your STOMACH starting to make “LOUD” growling noises, and sometimes you might even feel a little “LIGHT HEADED”. We have been taught, that when this happens, drink ORANGE JUICE, or some type of juice. And, remember to drink water, water, water! This will “help” keep you physically “hydrated” and it will help to “flush out” all toxins from your system. However, a Doctor can better instruct you on what to do, while fasting.

“Scriptures to read: (Please look these up in your Bible and read All passages!”

Matthew 6:17-Tells you to first anoint your head (*preferably with oil*), then wash your face. The reason for this is so that people will not see oil running down (from your head onto your face), and cause people to say, “Oh, you must be fasting”.

Matthew 6:18- Says, tell no man that you are fasting. See, God does not even want you *to appear or to look like you are fasting*.

In Isaiah 58th Chapter- you have promises that belong to you and you should confess these promises (for yourself, whoever or whatever you are fasting for). Isaiah 58 tells us what the fast **should be about and also what it should not be about.**

Matthew 17:21 and Mark 9:29: Jesus tells us that there are *specific demon spirits that can only be cast out through fasting and prayer*. I PRAY THAT YOU UNDERSTAND THAT JESUS WAS NOT ONLY TALKING ABOUT “US” BEING ABLE TO CAST DEMONS OUT OF OTHERS, through fasting and prayer. Look at this scripture, closely! He also is letting us know that we need to “FAST AND PRAY” to cast devils out of OURSELVES!

Why is it that we feel like we are SO perfect, just because we are “SAVED”? The disciples were saved, were they not? Yet, here in this passage, the disciples *could not* cast out this particular spirit because they had the Bridegroom (*Jesus*) living among them. Plus, the disciples had some unbelief and “bad attitudes”.

Before the man came and brought his son, (that had a dumb spirit in him) to them, they had been ARGUING about who was the greatest among them. (Mark 9:33-35). Men, you need to really pay attention to this scripture. See, many times we think that we are fooling God, but we are ONLY deceiving ourselves. Notice, in this passage, Jesus waited until they got all the way to Capernaum, came in the house and closed the door. THEN, HE turned to them and asked, “What were y’all arguing about, by the way?”

Notice, what the disciples did. Feeling guilty and in condemnation, they got “quiet”. See, they did not know that Jesus had heard them arguing. The thing is, just because you don’t SEE Jesus standing there, does not mean that HE does not SEE YOU, HEAR YOU or KNOW WHAT IS IN YOUR HEART! JESUS IS LOOKING AND LISTENING TO YOU, AT ALL TIMES. SO, WHOM ARE YOU REALLY

FOOLING? See, the disciples had that “**who is the greatest**” complex. This is of the devil and this is why they could not cast the spirit out of the boy. The dissension (*dumb spirit*), between them, would have only strengthened the (*dumb spirit*) in the boy!

(Joel 2:12-17)-Therefore also now, saith the Lord, Turn ye even to Me with **all** your heart and **with fasting and with weeping and with mourning**. (Men of God, please, “**READ ALL VERSES**”).

Matthew 6:16 thru 18

16 Moreover when ye fast, be not, as the hypocrites, *of a sad countenance*: for they *disfigure their faces*, that they may appear unto men to fast. Verily I say unto you, They have their reward..

17 But thou, when thou fastest, *anoint thine head, and wash thy face*;

18 That thou *appear not unto men to fast*, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.

Please, Men of God, do not “announce” that you are fasting. NO ONE SHOULD EVER EVEN KNOW THAT YOU ARE “FASTING”. If you are fasting corporately or with a husband or wife, then this is different. WHY? Because they already know that you are fasting. (No sex or caressing, stroking, embracing, cuddling, or patting, spouses!) This can only lead to you breaking the fast). But immediately, after the fast, “Come together again”! *1 Corinthians 7:5-¹⁰* not deprive one another except with consent for a time, that you may give yourselves to fasting and prayer; and come together again so that Satan does not tempt you because of your lack of self-control. Try to fast together. Help keep each other saved!

But, even then, just because you all know that you are fasting, you STILL should not be discussing the “fast”. Some go around saying, “Man, I am so weak!” “This fast is really draining me”. “I can’t wait till this fast is over, I am going to really EAT UP something!” HYPOCRITE! YOU HAVE YOUR REWARD! You might as well go on and EAT! You are not getting ANYTHING from the Lord! Could this possibly be why “SOME” of you are still incarcerated, and not gone home yet? H-m-m-m-m-m (SELAH).

However, if you are fasting individually, YOU ARE NOT SUPPOSED TO TELL “ANYONE” THAT YOU ARE FASTING, at all! Also do not wear a sad countenance or show weariness or a false humility. Why? Because then, you Jesus compares you to the Pharisees”, who fasted “FOR SHOW” (just to be seen), and for the praises of men. Jesus called them HYPOCRITES and told them, “You already have your reward”. In other words, Jesus is saying, “Do not look to get NOTHING from me, cause you already got it. Men’s recognition and praise”.

Brothers, this is why so many of you do not ever get what you are “fasting for”. Other men looking up to you, singing your praises and talking about how spiritual you are... **That is your REWARD!**

See, if you had **SHUT your mouth, and followed God’s instructions** about fasting, maybe you would have received what you were “fasting” for, by now! You should not even “*testify*” about what God did for you while you were fasting, until the fast is over.

Luke 18:12- Tells a little story about a “**Pharisee and a Publican**”. The Pharisee was a Church (TEMPLE) going man. **You know the kind.** In the Church every time the door is open, wanting to be in charge of everybody and everything! He was more concerned about what others felt about him, than he was about his SALVATION. He was just a loud mouthed “ **HYPOCRITE**”, that wanted to be seen! He was “**HYPED**” on himself! He wanted others to think he was SO much MORE righteous than he was. “**I fast twice a week, and I give tithes of all that I possess.**”

These are the words of the Pharisee that stood in the temple to pray to God. But notice that Jesus says that **he prayed “with” himself** (as he recited his resume’). That simply means that he was praying “to himself”. Why was he praying “TO HIMSELF?” **Because, God was not listening!** (*Psalms 66:18*) says, “*If you regard iniquity in your heart, God will not hear you*”. Why did the hypocritical Pharisee want others to “hear” him?

Well, so that others could possibly look up to him. See, Brothers, hearing him declare, loudly, **HOW GREAT** he was, would cause others to “feel intimidated”. Then, this would cause them to be “easily” manipulated. After that, being dominated by him would be a cinch! (UNDER HIS CONTROL)!

Watch those who are always talking LOUDLY! BOASTING! BRAGGING! SAYING NOTHING! BELIEVING THEIR OWN PRESS! PATTING THEIR OWN SELF ON THE BACK! PUTTING OTHERS DOWN! (**THAT IS WITCHCRAFT**). Anybody that tries to “defend” the actions of a Pharisee, is operating in witchcraft, and THEY do not want others eyes to be opened to the TRUTH. (John 8:32)-says, “You shall know the truth, and the truth will make you free”.

Men, we need to be made free! Anything that controls you, is iniquity! **It is WITCHCRAFT!** The **three (3) ‘tell-tell’ signs of witchcraft (IN THE CHURCH)** is **MANIPULATION, INTIMIDATION, AND DOMINATION**. In this case, the Pharisee’s iniquity was PRIDE, SELF-RIGHTEOUSNESS, HOLIER THAN THOU SPIRIT, EGO TRIPPING, JUDGEMENTAL AND A CONDESCENDING (**LOOKING DOWN ON OTHERS SPIRIT**)!

REMEMBER! This Pharisee actually said, (TO GOD), in Luke 18:11, “*God, I thank you that I am not as other men are. I am not an extortioner, I am not unjust, I am not an adulterer AND, I am not EVEN like this MAN standing next to me*”. He was right! He certainly was **NOT like the publican**, who was standing next to him, OR **he would have been humble**. And, **he would have confessed and repented**. Yes! “Confessed” that he was a sinner and ‘repented’ for allowing these demon spirits to operate in him. But, “NO”, he was too busy trying to show how HOLY and righteous he was. Men of God, we cannot afford to pray “*with*” ourselves anymore. We need God to hear us, *Amen*? Proverbs 18:12- before destruction the heart of man is haughty, and before honour is humility. Look, Brothers, the Pharisee did not realize that he was headed for destruction, he was SO haughty. Yet, he continued to “Pray” for honour. Where was his humility? (his humbleness)? Why does everyone want to be honored and nobody want to be humble? *Honour means fame, glory, great respect, regard, high esteem, a high or noble rank, or privileged*. We want God to Honour our cries and prayers, but we refuse to honour God. **Instead, we continue to be HAUGHTY, not Humble.**

Now, don’t forget! Jesus says that there was also a PUBLICAN there in the same temple, standing right next to the Pharisee. This Publican **humbled himself** (before God), not even lifting his eyes to heaven as he prayed. Instead, he beat (hit) himself on the chest and “humbly prayed” that God would be merciful unto him. He cried out and confessed, “God I am a sinner”. **Publicans were despised in Jewish HIGH SOCIETY, rejected and looked upon as dogs. But Jesus says that the publican left the temple (church) more justified than the Pharisee.** My God! I say, “Let church folks and High Society despise me as a dog! Since humble is the way, Lord, let me be humble. ON PURPOSE! Voluntarily! HUMBLE IS THE WAY! AND, “FASTING” HELPS TO BRING THAT OLD FLESHLY, HAUGHTY, DEMONIC SPIRIT DOWN TO A SPIRIT OF HUMILITY.

We can FAST from a lot of things! Coffee! TV! People! Things! Smoking! Alcohol! Drugs! How many of you were “addicted to drugs” when you first got incarcerated? Many of you may have been “HIGH” when you were arrested. After a while of being locked up, and “not using”, how did you feel? How did you look? Didn’t you think clearer? Your skin even looked lighter and clearer! You were abstaining from DRUGS! Now, if you abstain (stay away from), VOLUNTARILY, and add prayer, reading the BIBLE, and seeking God, “YOU ARE FASTING DRUGS”. Before you know it, you will be delivered, if you are serious. Remember, the Bible said that some of these spirits come out of us, ONLY by fasting and prayer!

Now! Let us look at Isaiah 58, again, a little bit! In verse (3), God says, “Listen to them complaining, Isaiah! They got some nerve! Do you hear them asking me, “God, what is the use of us fasting, and starving ourselves

for you, when you are NOT paying us any attention”? We are about to lose our minds, down here, and you are not answering any of our prayers. You are not even listening to us!”

God said, “Well, Isaiah, you tell them since they are BOLD enough to come to me like this, I am going to be bold enough to ANSWER them”! In (verses 3-5), God answers: “Do you really call what you are doing, A FAST? You got to be kidding! Look at you! When you say you are fasting, you are finding pleasure: Playing cards, games, TV, etc. Plus, all the work you never got around to do, you finally decide to do them now, just to PASS THE TIME! Come on! Your prayers to me are for me to “KILL” somebody for you or get even with someone who did you wrong! This is NOT a fast! All you are doing is “SHOWING OFF”, so others can see, and hear you! Going around with your head hung down, so others can ask, “WHAT’S WRONG?”

Do you really think this is acceptable to me? NO!” In (Verses 6 -10): God says, “This is the kind of fast that I want”. While you are NOT eating, STOP selling your food trays! GIVE them away to some one you know is afflicted, hungry, poor, nobody puts anything on their books and they are in need. STOP being wicked, gossiping, pointing your fingers at others, (snitching), and being two – faced! In (verses 9-14) God says, “Then, I will hear you when you call! Your prayers will get answered and your BODY HEALED, quickly”. WOW! My Brothers! This is the WORD OF THE LORD, THANKS BE TO GOD. Men of God, there are many examples in the Bible that teaches us about fasting and the results afterward. Remember that what you pray for IN SECRET, Father God will reward you **OPENLY!! AMEN? AMEN!!**

This has been an exclusive report, now signing off from HOP-WOP reporting live

Sister Meagan



Now Men of God, back to you!!!

“HAPPY BELATED BIRTHDAY TO ALL OF MY BROTHERS BORN IN SEPTEMBER”.

