



RETIREMENT PLANNING SUMMARY: FOR AGREEMENT EMPLOYEES

Many of us think about how we'll spend our time once we have retired. However, before you can start enjoying your retirement years, you'll need to take a little time to get ready for retirement. This summary gives you an overview of the Amtrak benefits you'll receive in retirement and provides a checklist of activities you need to complete for a smooth transition from full-time work to retirement.

Your Amtrak Retirement Benefits at a Glance

When you retire from Amtrak as an agreement-covered employee, you and your dependents may be eligible for these benefits:

BENEFIT	COVERAGE			
Medical	Your Amtrak medical coverage will continue until the end of the month following the month in which you retire. Retirees between ages 60 and 65 with at least 360 months of credited railroad service (and not eligible for Medicare) may participate in the Early Retiree Medical Plan, as well as the UnitedHealthcare GA-23111 Plan P Supplemental Plan.			
	Retirees under age 65 who are not eligible for the Early Retiree Medical Plan may participate in: » UnitedHealthcare GA-23111 Plans A, B, or C for railroad employees; or » COBRA (coverage for up to 18 months).			
	Retirees age 65 and older may participate in Medicare and purchase coverage through the UnitedHealthcare GA-23111 Plan F that supplements Medicare.			
Dental and Vision	Your Amtrak dental and vision coverage will continue until the end of the month following the month in which you retire. You may continue coverage for up to 18 months through COBRA. You will pay 100% of the cost, plus a 2% administration fee.			
Life Insurance	Your active life insurance coverage will continue until the end of the month following the month in which you retire. You will receive retiree coverage equal to \$2,000.			
Retirement 401(k) Savings Plan	If you participate in this Plan, your account balance is based on your pre-tax contributions and any investment gains/losses. You may begin receiving a distribution from your account when you retire without being subject to the 10% early withdrawal penalty.			
Amtrak Retirement Income Plan	If you have credited service as a non-agreement employee, you may be eligible for a supplemental pension benefit from this Plan.			
U.S. Railroad Retirement Board (RRB) Annuity	You may be eligible for a retirement benefit from the U.S. Railroad Retirement Board if you have: » 120 months (10 years) of credited railroad service; or » 60 months (five years) of credited railroad service, if the service was after 1995.			
,	Benefits are calculated under a two-tier formula. Tier I is based on your earnings under Railroad Retirement and Social Security. Your Tier I benefit is calculated using the Social Security benefit formula, but with Railroad Retirement age and service requirements. Tier II is based on Railroad Retirement credits only. If you are not eligible for Railroad Retirement benefits, you may be eligible for Social Security benefits.			
	Normal retirement age is 65–67, depending on your year of birth. If you have 30 or more years of credited railroad service, unreduced benefits may start at age 60. If you have fewer than 30 years of credited railroad service, reduced benefits may begin at age 62.			
Vacation Days	You will be paid in full for all earned, unused vacation.			
Retirement Recognition Awards	You will be presented with a certificate of appreciation, signed by Amtrak's President and CEO, along with a medallion plaque. You will also be able to select a retirement gift, based on your years of Amtrak service.			
Rail Travel Pass	You will retain your rail pass privilege.			

Retirement Planning Checklist

WHEN	WHAT	
90 days before your retirement date	□ Call 877-772-5772 to apply for benefits from the U.S. Railroad Retirement Board (or Social Security), including Medicare coverage if you will be age 65 or older or otherwise eligible for Medicare when you retire.	
30-90 days before your	☐ Let your supervisor know that you plan to retire.	
retirement date	 Confirm that your supervisor has completed the electronic Voluntary Separation form, available on the Employee Information Portal (EIP). 	
	☐ Complete the Retirement Recognition Program form (form NRPC 2505). If you have service as a non-agreement employee, you will also need to complete the Amtrak Retirement Income Plan Application (form NRPC 2394). Return the completed forms to the Human Capital Employee Service Center.	
	☐ Prior to your last day of work, complete the Employment Separation Checklist (form NRPC 3219).	
	All forms are located on the Amtrak intranet. Go to "Library" then "Forms."	
Within 30 days after your retirement date	☐ If eligible, you will be automatically enrolled into Amtrak's Early Retiree Medical Plan. You will receive a confirmation statement in the mail.	
Within 60 days after your retirement date	☐ To continue Amtrak dental and/or vision coverage when you retire, you may elect COBRA coverage. For dental coverage, call UnitedHealthcare at 800-842-5252. For vision coverage, contact Conexis (our COBRA administrator), at 866-206-5751.	
Within 90 days after your retirement date (can be started before you retire)	If you are participating in a Flexible Spending Account or Commuter Reimbursement Account, you have 90 days from your last day of work to submit any claims for expenses that you incurred while an active employee. Contact WageWorks at 877-924-3967.	
	☐ If you have borrowed from your Retirement 401(k) Savings Plan account and have not repaid the loan in full before you retire, you must fully repay the loan within 90 days of your retirement date. Otherwise, the loan will be considered a "distribution" from the Plan and will be subject to income taxes.	
Anytime after you retire	You may begin receiving distributions from your Retirement 401(k) Savings Plan account any time after you retire by contacting Fidelity Investments at 877-477-AMTK (2685) or www.mysavingsatwork.com/amtrak.	

Have You Moved?

We don't want to visit, we just want to make sure you don't miss important information – like your pension check. Keep Amtrak and the U.S. Railroad Retirement Board up to date with any address changes, even after you retire.

Amtrak Mail

Human Capital Employee Service Center

Attn: Benefits Transactions Specialist 405 King Street, Suite 310 Wilmington, DE 19801-3717

Fax: ATS-777-6610 or 202-799-6610

Email: HRESC@amtrak.com

U.S. Railroad Retirement Board

Call: 877-772-5772 Online: www.rrb.gov

SET READY: RETIREMENT

Retiree Medical Benefits at a Glance

	Retirees between ages 60 and 65 with 360 months of creditable service (not Medicare eligible)		Retirees age 65 and older, or Medicare eligible	
BENEFIT FEATURES	EARLY RETIREE MEDICAL PLAN	SUPPLEMENTAL COVERAGE (GA-23111 PLAN P)	MEDICARE PARTS A, B, AND D	MEDICARE SUPPLEMENTAL COVERAGE (GA-23111 PLAN F)
2013 Monthly premium	Amtrak provides at no cost to retirees/ dependents ¹	\$130 per participant	Part A: \$0 Part B: \$104.90 ² Part D: Varies by plan	\$185 per participant ²
Administrator	Aetna 855-5AMTRAK (855-526-8725)	UnitedHealthcare 800-842-5252	U.S. Railroad Retirement Board 877-772-5772	UnitedHealthcare 800-809-0453
Enrollment	Automatic – one month after retirement date	Contact UnitedHealthcare to enroll	Contact U.S. Railroad Retirement Board office to enroll	Contact UnitedHealthcare to enroll
Lifetime individual maximum	None	\$500,000	Varies by treatment	Varies by treatment
Annual deductible	\$100	\$100	Part A: \$1,184 ² Part B: \$147 ² Part D: \$325 ²	Varies by treatment
What is covered	Covers Major Medical expenses, including wellness and preventive care	Covers Major Medical expenses, and some wellness and preventive care	Part A: Inpatient care Part B: Medical services Part D: Prescription drugs	Varies by treatment
What the Plan pays	Covers preventive care at 100% and most other expenses at 80% of reasonable and customary (R&C)	Covers 70% of amount not covered by the Early Retiree Medical Plan	Refer to Medicare and You available on www.medicare.gov or call 800-633-4227	Varies by treatment
Prescription drug benefits	\$2 generic \$6 brand name \$5 mail order FOP Retirees Retail: \$10 generic \$20 brand formulary \$30 brand non- formulary Mail order: \$20 generic \$40 brand formulary \$60 brand non- formulary	Not covered	Covered through Part D only; varies by plan	Not covered
Dependent coverage	Will cover dependents until eligible for Medicare or retiree reaches age 65	Will cover dependents until eligible for Medicare or retiree reaches age 65	Must be Medicare eligible	Must be Medicare eligible

¹ FOP employees who retire on or after October 1, 2007 pay \$50 per month.

² 2013 information; subject to change each year.

Important Contacts

WHEN YOU HAVE A QUESTION ABOUT	CONTACT	PHONE/ONLINE	
Amtrak Retiree Benefits	Amtrak Benefits Service Center	800-481-4887	
(eligibility and cost, if applicable)		www.AmtrakBenefits.com	
Early Retiree Medical Plan	Aetna	855-5AMTRAK (855-526-8725)	
		www.aetna.com	
Supplemental Medical Coverage	UnitedHealthcare	800-842-5252	
(GA-23111 Plan P)		www.myuhc.com	
Other Railroad Plans	UnitedHealthcare	800-842-5252	
(GA-23111 Plan A, B, C)		www.myuhc.com	
Medicare Parts A, B, D, and Medicare	Medicare	800-633-4227	
Advantage Plans		www.medicare.gov	
Supplemental Medical Coverage	UnitedHealthcare	800-809-0453	
(GA-23111 Plan F)		www.myuhc.com	
Medical and Vision Coverage	Conexis	866-206-5751	
through COBRA	(COBRA Administrator)		
Dental Coverage through COBRA	UnitedHealthcare	800-842-5252	
Flexible Spending Accounts and	WageWorks	877-924-3967	
Commuter Reimbursement Accounts		www.fsaworks4me.com/Amtrak	
Retirement Income Plan	Human Capital Employee	888-694-7372	
(if you have non-agreement service)	Service Center	Email: HRESC@amtrak.com	
	JPMorgan Retirement	888-719-8932	
	Assistance Center		
Retirement 401(k) Savings Plan	Fidelity Investments	877-477-AMTK (2685)	
		www.mysavingsatwork.com/amtrak	
Railroad Retirement Benefits	U.S. Railroad Retirement Board	877-772-5772	
		www.rrb.gov	
Social Security Benefits	Social Security Administration	800-772-1213	
		www.ssa.gov	
Financial Planning Services	Fidelity Investments	800-343-3548	
		www.fidelity.com	
Rail Travel Pass	Amtrak Travel Services	800-424-0224	
		202-906-3745	
		(ATS-777-3745)	

This summary highlights some of the provisions of your benefit plans. It does not contain all of the details included in the official plan documents and insurance contracts. If there is a difference between what is written in the official plan documents and insurance contracts and what is written in this summary or communicated to you verbally, the official plan documents and insurance contracts will govern.

Amtrak reserves the right to change, amend, modify, and terminate any of the benefits described in this summary at any time, without notice.