

## Authorization to Release/Exchange Confidential Information

I, \_\_\_\_\_ (“Patient”) hereby authorize \_\_\_\_\_ Julie Laraway, LMFT \_\_\_\_\_ (“Provider”) to release/exchange confidential information obtained during the course of my treatment to [name or entities to whom information is to be released] \_\_\_\_\_ (“Recipient”).

This authorization permits the release of and exchange of the following information, with above recipient:

Any and All Information Necessary  
 Diagnosis                       Prognosis                       Treatment Plan  
 Progress to Date               Clinical Test Results       Dates of Treatment  
 Summary of Treatment       Other (specify) \_\_\_\_\_

I authorize release of and/or exchange of the above selected information for the following purpose(s):

\_\_\_\_\_  
\_\_\_\_\_

The information to be released and/or exchanged should be used in the following ways:

\_\_\_\_\_  
\_\_\_\_\_

The recipient may use the information (described above) solely for the following purpose(s):

\_\_\_\_\_  
\_\_\_\_\_

I understand that I have a right to receive a copy of this Authorization, and that any modification or revocation of this Authorization must be in writing.

The Authorization shall remain valid until: \_\_\_\_\_ (“Expiration Date”) or unless otherwise revoked.

By: \_\_\_\_\_ Date: \_\_\_\_\_  
Patient or Patient’s Representative