

# **MUSIC & ART**

FOR CHILDREN AGES 15 MONTHS - 3 YEARS

In our CREATIVE EXPRESSION classes, children will participate in group and individual activities designed to teach the fundamentals of music appreciation and artistic expression. Using various instruments, songs, and movement, each child will be introduced to a variety of musical genres and sound. The creative arts component utilizes a wide variety of arts and craft materials to create a concrete understanding of colour, texture, and design.

### CLASS DAY: MONDAYS | DATES: MARCH 23 - JUNE 12 TIME: 10:00AM - 12:00PM





## **MY FOUNDATION: MATH & LANGUAGE**

FOR CHILDREN AGES 15 MONTHS - 3 YEARS



In MY FOUNDATION, children will participate in group and individual activities designed to teach the fundamentals of Math and Language. Using a phonetic based program, each child will be introduced to alphabetic symbols, phonetic sounds, and basic word composition. The Math component utilizes gross motor work and table activities to create concrete understanding of numeracy. Each child will progress at his or her own pace and be assisted at their individual level.

CLASS DAY: WEDNESDAYS | DATES: MARCH 25 - JUNE 14 TIME: 10:00AM - 12:00PM

#### LIMITED SPACE AVAILABLE! CALL 905.455.3687 FOR MORE INFORMATION



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## **MY 5 SENSES**

### FOR CHILDREN AGES 15 MONTHS - 3 YEARS

One of Maria Montessori's tennants are that all knowledge is first experienced through our senses of sight, sound, touch, smell, and taste; she believed that by specifically training adn refining these senses, learning can be optimized. Children will work individually and in small groups participating in our sensory based activities.

Each class begins with a BrainGym activity, a movement based warm-up that prepares the child's mind and body for the structured portion of the program

CLASS DAY: TUESDAYS | DATES: MARCH 24 - JUNE 13 TIME: 10:00AM - 12:00PM

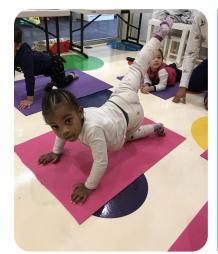


PER SEMESTER



# THE MINDFUL CHILD: KIDS YOGA

#### FOR CHILDREN AGES 15 MONTHS - 3 YEARS



In our class The Mindful Child, children will participate in group and individual activities designed to teach the fundamentals of movement and body awareness and self-regulation through the practice of fun, engaging Kids Yoga.

Each class begins with a BrainGym activity, a movement based warm-up that prepares the child's mind and body for the structured portion of the program.

CLASS DAY: THURSDAYS | DATES: MARCH 26 - JUNE 15 TIME: 10:00AM - 12:00PM

### LIMITED SPACE AVAILABLE! CALL 905.455.3687 FOR MORE INFORMATION

