Infants 4-11 Months

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| BreakfastBreast milk/formula, oatmeal cereal, mangos | BreakfastBreast milk/formula, mixed grain cereal, bananas | BreakfastBreast milk/formula, oatmeal cereal, pears | BreakfastBreast milk/formula, mixed grain cereal, apples | BreakfastBreast milk/formula, oatmeal cereal, peaches |
| LunchBreast milk/formula, Rice cereal, chicken, mixed veggies | LunchBreast milk/formula, barley cereal, turkey, sweet potatoes | LunchBreast milk/formula, rice cereal, beef, green beans | LunchBreast milk/formula, barley cereal, ham, squash | LunchBreast milk/formula, rice cereal, chicken, peas |
| SnackBreast milk/formula, teething biscuits | SnackBreast milk/formula, Ritz crackers | SnackBreast milk/formula, oyster crackers | SnackBreast milk/formula, graham crackers | SnackBreast milk/formula, biscuits |

Children 1 year and older

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| BreakfastBanana nut muffins, fruit cocktail, milk | BreakfastBanana, graham cracker, milk | BreakfastWaffles, blueberries, milk  | BreakfastEnglish muffins, applesauce, milk | BreakfastCold cereal, mandarin oranges, milk |
| LunchMeat balls, BBQ sauce rolls, peas, pears, milk | LunchChicken and pesto noodles, pineapple, green beans, milk | LunchCrescent rolls, sliced turkey, grapes, roasted asparagus, milk | LunchPork pot stickers, peaches, carrots, milk | LunchEnglish muffin pizzas, applesauce, peas, milk |
| SnackCrunchy granola bar, milk | SnackRitz crackers, milk | SnackWheat thins, milk | SnackGraham crackers, milk | SnackBiscuits, milk |