Infants 4-11 Months

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast  Breast milk/formula, oatmeal cereal, mangos | Breakfast  Breast milk/formula, mixed grain cereal, bananas | Breakfast  Breast milk/formula, oatmeal cereal, pears | Breakfast  Breast milk/formula, mixed grain cereal, apples | Breakfast  Breast milk/formula, oatmeal cereal, peaches |
| Lunch  Breast milk/formula,  Rice cereal, chicken, mixed veggies | Lunch  Breast milk/formula, barley cereal, turkey, sweet potatoes | Lunch  Breast milk/formula, rice cereal, beef, green beans | Lunch  Breast milk/formula, barley cereal, ham, squash | Lunch  Breast milk/formula, rice cereal, chicken, peas |
| Snack  Breast milk/formula, teething biscuits | Snack  Breast milk/formula, Ritz crackers | Snack  Breast milk/formula, oyster crackers | Snack  Breast milk/formula, graham crackers | Snack  Breast milk/formula, biscuits |

Children 1 year and older

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast  Banana nut muffins, fruit cocktail, milk | Breakfast  Banana, graham cracker, milk | Breakfast  Waffles, blueberries, milk | Breakfast  English muffins, applesauce, milk | Breakfast  Cold cereal, mandarin oranges, milk |
| Lunch  Meat balls, BBQ sauce rolls, peas, pears, milk | Lunch  Chicken and pesto noodles, pineapple, green beans, milk | Lunch  Crescent rolls, sliced turkey, grapes, roasted asparagus, milk | Lunch  Pork pot stickers, peaches, carrots, milk | Lunch  English muffin pizzas, applesauce, peas, milk |
| Snack  Crunchy granola bar, milk | Snack  Ritz crackers, milk | Snack  Wheat thins, milk | Snack  Graham crackers, milk | Snack  Biscuits, milk |