

# Merkaba Center for Healing, LLC.

## Structural Integration of Mind. Body. Spirit.

Kendra Bratherton- OTA, PBP, Reiki Master and Tensegrity Medicine specialist

[www.merkabacenterforhealing.com](http://www.merkabacenterforhealing.com)

Before your session please read over the following information and initial each paragraph, indicating your full understanding and consent.

### \_\_\_\_\_ Client Contract & Consent

You understand that Kendra Bratherton is a Certified OT Assistant, she is not running this Clinic as an OT practice, therefore will not be accepting insurance at this time. Her License to touch in the State of Oregon is through her Professional Bowenwork® Practitioner certification. She is also a certified Level 2 Tensegrity Medicine™ Practitioner and Reiki Master. Merkaba Center for Healing, LLC and Kendra Bratherton have General Liability Insurance through ABMP (Associated Bodywork and Massage Professionals). Payment is to be completed at time of service via cash, check or major credit card. Cancellations need to be made 24 hours prior to appt. or a \$25.00 fee will be applied. Returned Check fee \$25.00.

### \_\_\_\_\_ Bowenwork® Theory and Nature of Session

Bowenwork is a very effective and gentle form of bodywork. Gentle moves are performed over muscles and soft tissue, stimulating the nervous system to reset and heal. Frequent pauses in between moves allow the body to process the messages and initiate the healing process. Wear or bring lightweight, loose fitting clothing or you may choose to wear your underclothes and be professionally draped for modesty and comfort. You may notice changes over the next several days as your body continues the process. The process can continue up to 10 days after the session. It is important to follow closely to any 'homework' provided. This is an essential part of your care and will improve your results. Bowenwork does not diagnose or cure health issues, it simply is a profound tool to assist the body's own healing process.

### \_\_\_\_\_ Tensegrity Medicine™ Theory and Nature of Session

Tensegrity Medicine is my overall approach, addressing chronic conditions and movement dysfunctions by evaluating postural patterns and lifestyle strategies through a whole body approach. Myofascial Length testing is used to determine the greatest fascial restrictions throughout the body. With this information, we are able to address the most restricted area using different types of light manual therapies. You agree to have your postural assessment picture taken for chart reference and height documented before and after session. You agree to verbal dialogue around core belief patterns, attitudes, and emotions that may be contributing to our physiology and chronic pain.

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## \_\_\_\_ Energy Medicine and Nature of Session

My training includes Integrative Spiritual Enrichment which is a combination of Traditional Usui & Tibetan Reiki, along with Universal Shamanism, intuitive cultivation, essential oils (doTERRA) and vibrational healing concepts. Integrative sessions are unique to each client. Every session will be different and completely guided by using intuition from source, spirit and guides (mine and yours) to allow a one of a kind, personalized therapeutic session which might include Reiki, sound healing, crystals, rebalancing energy centers, aromatherapy, mind/body reconnection, dialogue around core belief patterns that may no longer be serving you, Bowenwork and homework exercises that will continue supporting your healing journey. I work with hand placements on specific points of the body as well as the etheric energy field (1-2 feet away from the body).

## \_\_\_\_ Confidentiality and Responsibility

Merkaba Center for Healing, LLC staff respects and adheres to strict professional and ethical guidelines in terms of confidentiality and responsibility which prohibit her from disclosing client confidences to any third party, with legal exception involving harm to oneself or others, child abuse, homicide or suicidal intent or as required by court action. Staff reserve the right to decline service at anytime. Any sexually inappropriate innuendos, touch or looks will immediately end the session.

## \_\_\_\_ Pre-existing Conditions

Merkaba Center for Healing, LLC does not diagnose on a physical, emotional or mental level. There is no dispensing of any medications and we do not prescribe medical treatment or perform surgery in any way. You, the client, are in complete control of your healing. It is not within Merkaba Center for Healing, LLC and staff to “heal” you. There may be times when you may not notice positive effects from the services offered.

## \_\_\_\_ Client Responsibility

I have read and discussed the above information and agree with it completely. I understand that I should continue to see any medical doctors whose care I am currently under and that any prescription medication should not be altered without first consulting a qualified physician. If I am uncomfortable, it is my responsibility to state so and discuss my preferences and comfort level. I also agree to remain calm and manage my behaviors appropriately during sessions, I will not exhibit any form of sexually inappropriate behaviors, and understand that the session will terminate immediately if I do so.