

Washing Your Hands



1. Rinse your hands with warm water.



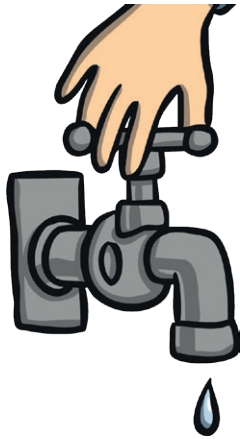
2. Apply plenty of soap.



3. Rub your hands together and count up to 20.



4. Rinse your hands so all the soap is gone.



5. Turn off the tap.



6. Dry your hands with a towel or dryer and count to 20.



7. If you have used a paper towel, put it in the bin.