

DANCE XPRESSIONS COVID-19 POLICIES:

STAY AT HOME and keep a safe distance from family when you have cold or flu symptoms, including coughing, sneezing, runny nose, sore throat and fatigue. We will be able to provide online options for students who have to stay home.

Practice good hygiene, eg. regular hand washing, avoiding touching your face, covering coughs and sneezes, disinfect frequently touched surfaces.

Keep physical distancing, as much as possible, when in the community; and where not possible, consider using a non-medical mask or face covering.

Stay Home and away from others if you have cold or flu like symptoms.

We will be using both entrances to the studio - Studio A (Downstairs) entrance will be at the **BACK DOOR**. You will come in through Studio D and take class in Studio A. Studio B (Upstairs) entrance will be at the **FRONT DOOR**, you will leave your belongings on the hooks provided downstairs and then make your way up the stairs to dance in Studio B.

Barefoot are no longer allowed in the studios. You must be wearing dance shoes or dance socks (with grips).

We advise you to bring your own equipment (yoga blocks and exercises balls) however we will be sanitizing our equipment after each class.

Both Dressing Rooms will be closed. Dancers are asked to come dressed ready for class.

We will be cleaning “high touch” areas in our studio frequently and provide hand sanitizer in every room/hallway of the studio.

Our waiting room and office area will be closed until further notice. We ask that you drop kids off at the front door and only allow dancers inside the building. We have instructors that can help them change their shoes if need be.

We will be taking a 15min sanitization break every two hours to clean the floors.

We have sanitization stations set up at both entrances. Please use before entering.

Only one person in the bathroom at a time.

