baldwin plastic surgery

2403 Loy Drive Suite 202, Lafayette, IN 47909

765.838.2119

LIPOSUCTION

**Before Surgery**

* Pain medication will be prescribed for use after surgery. It is important that you pick up your medication prior to the day of your surgery. You should not, however, start taking them until after your procedure.
* The pain medication most commonly prescribe is Lortab, Vicodin, and Hydrocodone. If you have had an allergic reaction or trouble with any of these pain medications in the past, please let us know.

**Day of Surgery**

* At your pre-op visit, you will be given soap to shower with the morning of surgery. Please pay particular attention to the areas Dr. Baldwin will be working on. Do not put any body lotions or creams on following your shower.
* Arrive at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Surgical Center at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* You will need to have a responsible adult to take you home from the surgery center. You will not be able to drive yourself home. We do not allow you to use public transportation or a taxi service following surgery.
* Please wear loose fitting clothing for ease in re-dressing after surgery.

**After Surgery**

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| |  | | --- | | * All areas treated by liposuction will be covered by a compression dressing which consists of an outer binder and internal absorbent pads. Drainage will seep out into the underlying pads and occasionally onto the outer compression garment as well the first night after surgery. Therefore, sleep or rest on an old blanket to avoid ruining good sheets or your furniture. * The compression dressing and underlying pads can be removed the day after surgery and you can shower. After showering, replace the outer compression binder or wrap. If there is still some drainage coming out of the small incisions, then place an absorbent pad between the binder and your skin for an extra day. If you were not sent home with some extra absorbent pads, call our office in the event this is necessary. * While you may shower the day after surgery, you should not be in a bath or hot tub for 4 weeks. * Bruising and swelling are to be expected in the first few weeks after surgery. Once this has resolved, intermittent swelling of the treated areas may occur as one’s activity level increases over the next weeks to several months. This is common and will eventually resolve. * Absorbable sutures are usually placed under the skin and are not visible. White tapes will be on all your incisions and should be left in place as long as possible. It is okay for them to get wet in the shower. * Do not simply lie around the first few days after surgery. Periodically getting up and walking around is encouraged to improve circulation to your legs and to help you breathe deeper. * If the legs, thighs, or knees have been treated, keep your legs elevated whenever sitting during the first postoperative week. This will help to decrease the amount of foot and ankle swelling. * You may drive when you feel comfortable and are off pain medication. This is usually within a week after surgery. * You may return to normal physical activities and exercise within two to four weeks after surgery. This will depend upon how much and what body areas have been treated by liposuction. After exercise, the treated areas may temporarily swell until the next day. This will eventually subside. * Because of the time it takes all swelling and bruising to go away for most liposuction-treated areas, one should not judge the final results for three to four months following surgery. | |  | |

Dr. Baldwin and his fully experienced plastic surgery staff are devoted to providing top quality care for their plastic surgery patients. Utilizing safe and proven techniques and technologies, Dr. Baldwin is able to help his patients achieve pleasing results. The safety, comfort and satisfaction of his patients are Dr. Baldwin’s primary concerns and he makes every effort to try to ensure that their experiences are positive ones.

James D. (Sam) Baldwin

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