

Healing the Healer

The Course in Miracles speaks of the “unhealed healer,” one who has not fully undergone the treacherous journey of healing himself, yet seeks to heal others. If we are still struggling to find our own way, how can we know the way for anyone else? Many of us, as healers, find ourselves facing this question. The Course also explains that *we teach what we most need to learn*. We teach spiritual, emotional and physical freedom because it’s what we want most for ourselves. We are overshadowed by the feeling of our own desperate need for wholeness. We need healing the way we need air and water. We yearn for self-realization.....the unbroken peace of one resting in Divine Consciousness.

The Course in Miracles is one of many gateways leading to the great transformer within. It remains true and consistent throughout, asking us to walk with unshakable conviction. As a Reiki Master, I find myself being asked to live the same principles, the same radical integrity with life as in ACIM.

What’s so sublime about Reiki energy is that it transforms each healing situation as *it* sees fit. The healer cannot manipulate its influence. Reiki energy is Divine Love. The most one can hope to do is be an ever deepening state of surrender.....to become so devoted to the Divine Presence from which Reiki springs, that we remove ourselves from the equation entirely.

And so, what if we look at ourselves and still see “unhealed parts?” There is a great chance then to love ourselves anyway, to let go of needing to be anything, and relax our minds around what we see. In the depths of relaxation we discover the wholeness that we already are.

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