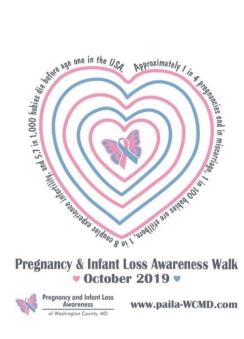
# Pregnancy & Infant Loss Virtual Walk October 2019

Our Pregnancy & Infant Loss Awareness Virtual Walk is a month long event to spread awareness and start conversations about Pregnancy & Infant Loss. The virtual walk will take place during the entire month of October, Pregnancy & Infant Loss Awareness Month.



## What is a virtual walk?

A virtual walk is a unique way to get involved on your own terms. It is a walk that takes place anywhere at any time. No need to sign up for a specific day and time at a specific location. You can walk when it works best for you. Walk as far as you want at any location. Join a group of friends and/or family and walk together. Run if you want. The goal is to spread awareness about Pregnancy & Infant Loss.

#### How does it work?

When you register, you will receive an awareness shirt to wear when you walk. Take pictures during your walk. Send your pictures to us and we will post them on our social media pages and website. Post your pictures to your social media pages. You can also talk to people you meet during your walk and tell them why you are walking, share your story.

## How do I register?

See the back for registration information.

# This October, let's spread awareness and help break the silence surrounding Pregnancy & Infant Loss.

www.paila-wcmd.com/virtual-walk

## **Registration Information**

Registration opens on August 1, 2019. When you register, you will receive an awareness shirt of your choice (see deadline details). You will be able to choose the size and shirt color (white or grey) and have the option to personalize your shirt for an additional \$4.00. You can add your baby's name or team name to the back of your shirt.

There are two ways to register:

- 1. Online at <u>www.paila-wcmd.com/virtual-walk</u>
- Complete the attached form and mail with registration fee to (see deadline details): PAILA of WCMD PO Box 4538 Hagerstown, MD 21742

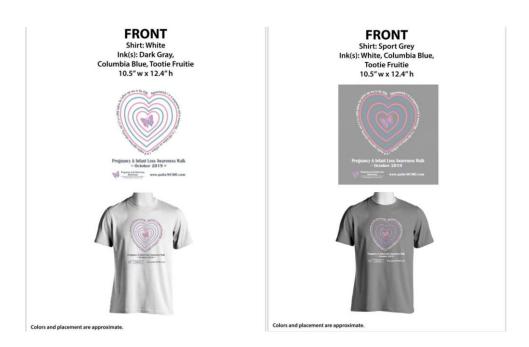
You can also turn in the attached registration form at our events but be aware of registration deadlines to receive an awareness shirt.

Events:

August 17 – Butterfly Release & Ribbon Cutting Ceremony October 6 – Karaoke & Silent Auction Fundraiser October 12 – A Walk to Remember

#### **Deadline** Details

- \* Register between August 1 and September 19, 2019 to receive your shirt by October 1.
- \*\* Register between September 19 and October 15 to guarantee you receive an awareness shirt.
- \*\*\* Register after October 15, you will receive an awareness shirt only if supplies last.



The three individuals/teams to raise to most money will receive a gift certificate and Pura Vida Baby Loss bracelet.