Infants 4-11 Months

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast  Breast milk/formula, mixed grain cereal, mangos | Breakfast  Breast milk/formula, oatmeal cereal, bananas | Breakfast  Breast milk/formula, mixed grain cereal, pears | Breakfast  Breast milk/formula, oatmeal cereal, apples | Breakfast  Breast milk/formula, mixed grain cereal, peaches |
| Lunch  Breast milk/formula,  barley cereal, beef, mixed veggies | Lunch  Breast milk/formula, rice cereal, ham, peas | Lunch  Breast milk/formula, barley cereal, chicken, squash | Lunch  Breast milk/formula, rice cereal, turkey, green beans | Lunch  Breast milk/formula, barley cereal, beef, carrots |
| Snack  Breast milk/formula, teething biscuits | Snack  Breast milk/formula, Ritz crackers | Snack  Breast milk/formula, Oyster crackers | Snack  Breast milk/formula, Graham crackers | Snack  Breast milk/formula, biscuits |

Children 1 year and older

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast  Pumpkin muffins, Banana, milk | Breakfast  Whole wheat toast, peaches, milk | Breakfast  Waffles, mandarin oranges, milk | Breakfast  French bread with cheese, blueberries, milk | Breakfast  Cold cereal, mixed berries, milk |
| Lunch  Taco Lasagna (corn tortillas, refried beans, taco meat, shredded cheese) olives, milk | Lunch  Cheese pizza, Canadian bacon, pears, butternut squash, milk | Lunch  Chicken, roll, peaches, salad, ranch, milk | Lunch  Breakfast burrito (flour tortillas, eggs, cheese, peppers), salsa, fresh fruit, milk | Lunch  Spaghetti and meat sauce, green beans, blueberries, milk |
| Snack  Crunchy granola bar, milk | Snack  Ritz crackers, milk | Snack  Biscuits, milk | PM Snack  Graham crackers, milk | PM Snack  Wheat Thins, milk |