Infants 4-11 Months

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| BreakfastBreast milk/formula, mixed grain cereal, mangos | BreakfastBreast milk/formula, oatmeal cereal, bananas | BreakfastBreast milk/formula, mixed grain cereal, pears | BreakfastBreast milk/formula, oatmeal cereal, apples | BreakfastBreast milk/formula, mixed grain cereal, peaches |
| LunchBreast milk/formula, barley cereal, beef, mixed veggies | LunchBreast milk/formula, rice cereal, ham, peas  | LunchBreast milk/formula, barley cereal, chicken, squash  | LunchBreast milk/formula, rice cereal, turkey, green beans | LunchBreast milk/formula, barley cereal, beef, carrots |
| SnackBreast milk/formula, teething biscuits | SnackBreast milk/formula, Ritz crackers | SnackBreast milk/formula, Oyster crackers | SnackBreast milk/formula, Graham crackers | SnackBreast milk/formula, biscuits |

Children 1 year and older

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| BreakfastPumpkin muffins, Banana, milk | BreakfastWhole wheat toast, peaches, milk | BreakfastWaffles, mandarin oranges, milk  | BreakfastFrench bread with cheese, blueberries, milk | BreakfastCold cereal, mixed berries, milk |
| LunchTaco Lasagna (corn tortillas, refried beans, taco meat, shredded cheese) olives, milk | LunchCheese pizza, Canadian bacon, pears, butternut squash, milk | LunchChicken, roll, peaches, salad, ranch, milk | LunchBreakfast burrito (flour tortillas, eggs, cheese, peppers), salsa, fresh fruit, milk | LunchSpaghetti and meat sauce, green beans, blueberries, milk  |
| SnackCrunchy granola bar, milk | SnackRitz crackers, milk | SnackBiscuits, milk  | PM SnackGraham crackers, milk | PM SnackWheat Thins, milk |