**Hopi Hall, M.A., MFT**

I am a licensed marriage and family therapist and have worked since 2001 in various sites including work with families and children in community clinics, providing group therapy and individual therapy with inpatient/outpatient treatment facilities with chronically mentally ill, in-school counseling for schools K-8, crisis response in-home and in community for children up to the age of 21, and crisis response for adults in-clinic and at Cottage Hospital ER for Santa Barbara County.

Currently, I work in my private practice, located in Santa Barbara and in Los Olivos, and provide individual, family, and couples therapy for a range of issues. My sessions are forty-five to fifty minutes long. I have training and experience in the following theoretical orientations: Psychodynamic, Object Relations, Cognitive-Behavioral, Jungian, Gestalt, Family Systems, Process, Medical Model (psychiatric crisis/trauma), Play, Feminist, and Eclectic. While all of these modalities enrich and inform my work, I use a Psychodynamic, Object Relations lens to organize my thoughts about a case and to plan treatment. If you would like to know more about this I would be happy to tell you.

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| Degrees: | * M.A., Counseling Psychology with an Emphasis in Depth Psychology
* B.S., Aeronautical Science, Minor in Humanities
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| Services Offered: | * Child, Adolescent, Family Therapy
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| Areas of Emphasis:  | * Adolescents, Adoption, Anxiety, Attachment issues, Avoidant Personality,
* Career Stress/Changes, Children, Communication Skills, Depression/Clinical
* Depression, Divorce/Dissolution, Ethnicity/Multi-Cultural Relationships, Expressive Art Therapies, Grief/Loss, Traumatic Loss, Infertility/Pregnancy, Issues of Abuse (Abused), Issues of Abuse (Trauma), Life Transitions/Mid-Life Issues, Head Injuries - TBI, Early Childhood Loss, Postpartum Depression, Parenting, Play Therapy, Post Traumatic Stress Disorders, Relationships, Self Esteem/Personal Growth, Trauma, Women's Issues.
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| Theoretical Orientation:  | * Attachment
* Developmental/Depth
* Object Relations
* Psychology
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Clinical Member of CAMFT

Licensed Member of SBCAMFT

Please visit my website: [www.hopihall.com](http://www.hopihall.com)

Email: hopihmft@msn.com

Phone: (805)598-1281