



National Alliance on Mental Illness

nami | Southwest Iowa

Agenda for Board Meeting **May 15th** at 11:00 AM

- I. Introductions – welcome
- II. Minutes of prior meeting January Minutes: approval needed
- III. Treasurer’s report: approval needed
- IV. Legislative Update - might reconvene in June/July?
- V. Committee Updates - a quick overview of key details, dates etc.
 - Fundraising- Alex
 - Much of the events planned were postponed.
 - Grants - Anna/Bernie
 - SBA Grant
 - Nominations/Bylaws - Alex (we need a chairperson to lead this)
 - To begin meeting soon
 - Strategic Planning -
 - To begin meeting soon
 - Volunteer/Member Recruitment
 - This will begin with Jessica Duncan as chair
- VI. Alex’s activity report
 - See additional page for further
- VII. Old business:
 - Membership to Nonprofit Association of the Midlands- approved and paid.
 - NAMI on Campus- postponed until we have a clear timeline for resuming classes
- VIII. New Business
 - Elections- see attached sheet
- IX. Other business
- X. Adjournment



Director Report May 2020

Because we have a lot of content to cover for this meeting, I will be brief and provide an overview of many topics. If anyone needs additional details please reach out to me after the meeting today. COVID-19 has created many challenges and disrupted all of our lives. NAMI Southwest Iowa has had to postpone many of our events and come up with creative alternatives. April/May/June are typically our biggest months for events and fundraising, this year we will have very few. We have had to pivot and consider ways to offer support groups virtually and serve our communities online. We are now offering 2 virtual options for Connections, a peer based support group and hope to add Family Support Group soon. We are evaluating the possibility of offering Family to Family virtually and collaborating with other affiliates throughout the state.

What does the future hold for NAMI Southwest Iowa? Much of what happens in the near future is out of our hands, however we will remain committed to serving our communities in any way we can. We will continue moving ahead with virtual events and prepare for a time when we can finally meet in person again. Today more than ever, our communities need our free services as social distancing turns to isolation from the support networks around us. Take a minute to share what NAMI is with someone new and consider donating to our cause. Thank you to our volunteers, board members and committed supporters for everything you have done so far and will do in the future.



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NAMI Southwest Iowa

Meeting called to order at 12:32

In attendance: Melissa Schwery, Ryan Plagman, Sonya Fittje, Diana Hoogestraat, Anna Killpack, Alex Burton

Conferencing by Phone: Lindsey Kinney, Jan Lunde, Jessica Coburn, Karen Williams

Short introduction and welcome discussion

Approve prior meeting minutes: Motion by Jan second by Diana all in favor.

Treasurer Report: Anna talked through the financials provided -- See attached

Approve Treasurer Report: Motion by Jan and 2nd by Jessica, all in favor.

Legislative Update:

Anna discussed the Invest in Iowa Act. NAMI Iowa is backing this bill and an article in the Des Moines Register discusses the funding challenges (January 10th article). This bill offers a funding alternative that would result in a 1% sales tax increase and a \$1250 per capita property tax reduction. This could provide 80.6M for mental health (far short of the actual cost).

Committee Updates:

Fundraising: upcoming events

Grants: application to area county foundations, to explore Children's Variety Grant

Nominations/Bylaws: Chairperson discussion

Volunteer: Melissa will chair this committee

Director Report:

Alex provided the activity report including discussion about the Grants Committee and exploring new funding areas. Discussion about fundraising efforts and the value of Amazon Smile, Hy Vee Giving and Social Media Marketing as well.

Old Business

NAMI National Convention: Melissa and Ryan have indicated interest, fundraising

Volunteer Policy: draft with revisions available for review and to be included in binder

Nami on Campus: club event date still pending, may have to find new contact point

New Business

Cost of \$50 to Midlands, cost to come from Director Training budget, to increase cost of budget to cover.

Motion to apply for the grants discussed: motion by Diana 2nd by Melissa, all in favor

Other Business

Family Support and Connections Training in March- still need potential attendees

Family to Family starting in Glenwood, January 26th, Atlantic starting in April

NAMI on the Hill in February

Meeting adjourned at 2:16 PM

Motion by Anna, 2nd by Diana, all in favor.