Leading the way to a healthier

Durham



Talk to a public health nurse:

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1-800-841-2729 or 905-666-6241 MONDAY TO FRIDAY 9:00 am to 6:00 pm



www.durham.ca

Talk to a public health inspector:

1-888-777-9613 or 905-723-3818 ext. 2188

MONDAY TO FRIDAY 8:30 am to 4:30 pm

For health information and services

Start With Us!

Our free, confidential help lines provide the information you need to promote and protect your health and to prevent injuries and disease.

Durham Health Connection Line

You can talk to a public health nurse about:

- parenting concerns
- infant and child development
- breastfeeding support and services
- infant and child nutrition
- prenatal resources and information
- teen, adult and senior issues
- healthy eating, healthy living and injury prevention
- immunization and travel health
- smoking cessation
- community resources

Environmental Help Line

You can talk to a public health inspector about:

- DineSafe Durham and food safety
- drinking water quality, public pools
 & beaches
- animal bites, rabies and West Nile virus
- health hazards and other environmental health issues
- emergency preparedness & management
- pandemic planning
- infectious diseases prevention & control
- beauty and body art safety (tattooing & body piercing)
- day nursery issues and playground safety
- Smoke-Free Ontario Act enforcement
- private sewage systems