

# Y O M A S S A G E

## GENERAL LIABILITY RELEASE FORM

By signing below, you agree to the following:

- 1) I give my permission to receive massage therapy.
  - 2) I understand that therapeutic massage is not a substitute for traditional medical treatment or medications.
  - 3) I understand that the massage therapist does not diagnose illnesses or injuries, or prescribe medications.
  - 4) I have clearance from my physician to receive massage therapy.
  - 5) I understand the risks associated with massage therapy include, but are not limited to:
    - Superficial bruising
    - Short-term muscle soreness
    - Exacerbation of undiscovered injury
- I therefore release the company and the individual massage therapist from all liability concerning these injuries that may occur during the massage session.
- 6) I understand the importance of informing my massage therapist of all medical conditions and medications I am taking, and to let the massage therapist know about any changes to these. I understand that there may be additional risks based on my physical condition.
  - 7) I understand that it is my responsibility to inform my massage therapist of any discomfort I may feel during the massage session so he/she may adjust accordingly.
  - 8) I understand that I or the massage therapist may terminate the session at any time.
  - 9) I have been given a chance to ask questions about the massage therapy session and my questions have been answered.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_