



41 Owston Road
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THE COURSES

Levels 1-8 are in association with the Tuning Fork Therapy Association and qualify you to be a practitioner and also to teach each level through their programme.



THE TRAINING CENTRE OF WELLBEING LTD



Tuning Fork Therapy Association
Levels 1-8

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Tuning fork accredited practitioners training level 5

Cost £175

The major auric layers of the human body. How to use which Tuning Forks on which layer of the aura All about the Otto tuning forks How to use the Otto tuning forks on the skin of the body-New never before seen methods!!! How to use Otto tuning forks to rejuvenate the face Methods and techniques to give a great facial using the Otto tuning fork Great ideas on how to use the Otto tuning fork in your next massage session to increase circulation and break up stagnation and blockages. Otto fork 1 DAY TRAINING

Tuning fork accredited practitioners training level 6

Cost £175

What is Auricular Therapy? Anatomical Regions of the Outer Ear Master Control Points Common Auricular Points Reference for Common Diseases Tonification and Sedation Chinese Five Element Points Zero Point Shen Men Tuning Fork and their Association Protocols Points on the Spine Protocols for the Spinal Column Client Form 1 DAY TRAINING Adjustable fork

Tuning fork accredited practitioners training level 7

Cost £175

The Level Seven Tuning Fork Certification offers instruction in the use of tuning forks on the meridian system of the body as it relates to the teeth. Yes, our teeth are alive and they are connected to organs, tissues and body systems of the body. Learn how you can enhance the organs and organ systems of your body through simple points around your mouth. This manual will provide clear and concise direction for the use of specific tuning forks on the meridians of the body Otto fork 1 DAY TRAINING

Tuning fork accredited practitioners training level 8

Cost £175

The Level Eight Tuning Fork Therapy course deals with bone growth, bone repair and bone pain/ailments. 50hz fork 1 DAY TRAINING

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Tuning fork accredited practitioners training level 1

Cost £275 Students will be introduced into the science of sound and how to use tuning forks to create well being and balance in the body. Topics covered include chakras, toning, meditation, methods and techniques for using tuning forks and more... Harmonic set of forks 2 DAY TRAINING

Tuning fork accredited practitioners training level 2

Cost £200

Students in this class will learn the following: Kinesiology Muscle Testing Techniques, Intro to Reflexology, Referral points of the body, Learn the Body Relation Guide Lines to locate points, Using Tuning Forks on the reflex points of the body, Reflex points on the hands and feet, Zone Therapy, Using tuning forks on the zones of the body, Working with the OM tuning fork. 2 DAY TRAINING

Tuning fork accredited practitioners training level 3

Cost £200

Students in the Level Three Tuning Fork class will cover the following information: Aura Smoothing Techniques Intro to Acupressure Points of the body The twenty major acupressure points of the body How to use Tuning Forks on the 20 major Acupressure points of the body Points on the back Charts The Five Elements The Elemental Body Technique The Laser Technique Accessing your Energy Body Protocols for the acupressure points Angelic forks 2 DAY TRAINING

Tuning fork accredited practitioners training level 4

Cost £200

The 12 Major Meridians of the Body Points on the Meridians to use your Tuning Forks The Conceptual Meridian The Governing Vessel Additional points along the Conceptual and Governing Vessel The Microcosmic Orbit The Flow of Energy How to Perform the Flow of Energy Method with Tuning Forks Chart of the Five Elements The Five Elements and the Meridians Ascending and Descending Energy Genesis forks—1 DAY TRAINING

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Other Courses

Tuning fork accredited practitioners certificate in animal healing in association with the Tuning Fork Therapy Association Cost £750 In this course you would receive the following: Tuning Fork Therapy Practitioner Certification (Level One) Tuning Fork Therapy Practitioner Certification (Level Two) Tuning Fork Therapy Animal Practitioner Certification Laminated Acupuncture Animal Chart The course covers Animal healing, canine acupuncture and chakras The cost includes all the manuals, an 8 pc. set of Student Harmonic tuning forks, 1 Weighted OM tuning fork and 1 Black Hockey puck

Tuning fork accredited practitioners training in planetary forks £450 Aligning to the energy of specific planets, the Planetary Tuners activate those qualities by creating a sympathetic resonance between the planets and yourself. By consciously directing the energy of each planet for healing and well-being, the Planetary Tuners brings new dimensions to your Astrology readings, enhance bodywork and acupuncture sessions, or use for personal meditation and growth. This price includes a set of 11 un-weighted planetary tuners with a sky blue pouch. Manuals and all attunements to the planets below. Benefits: Direct the energy of each planet Healing and well-being Enhanced Astrology readings, bodywork and acupuncture sessions Personal meditation and growth The Planetary Tuners work through creating a sympathetic resonance between the planets and yourself, thus amplifying the effects of each planet in your live. Each Planetary tuner is tuned to the frequency of a different planet and activates the different astrological qualities associated with that planet when played. *Sun: Enhances sense of strength and motivation, self-identity, vitality and radiance and promotes enthusiasm, assertiveness, and determination. *Moon: Promotes emotional tranquility, softness, intuition, enhances feelings and the feminine, and a flowing flexibility with life. *Earth: Enhances deep security and safety of Mother Earth, the cosmic sound OM, and an ability to be grounded and centered. * Mercury: Enhances ability to cooperate through understanding and sharpens communication skills through reason, writing and speaking with confidence. * Venus: Enhances ability to feel and have love and close relationships with The Centre of Wellbeing www.centrewellbeing.co.uk tuning ork practitioner 7 others, sense of creativity and artistry, ability to receive and share, increases our love of pleasure, harmony and self-appreciation. * Mars: Enhances strength and desire, motivates action, brings out decision making abilities and assertiveness, gives courage and strengthens sexual nature. * Jupiter: Enhances openness, trust, optimism, good fortune, and brings out a jovial spirit of laughter. Allows one to be receptive to grace and the adventure in life. * Saturn: Enhances ability to be disciplined and set limits with our self and others. Helps be more structured and organized and take responsibility for completing important tasks. *Uranus: Enhances ability to make life changes through inspiration and insight and freedom of expression without self-imposed limitations. * Neptune: Enhances spiritual experiences and brings out ability to be compassionate and open to surrendering to creativity. Helps get in touch with and support the dream life, artistic nature, music, art, dance and creativity. * Pluto: Enhances ability to face our deepest secrets and bring light to the darkness. Through the energetic forces of Pluto, you can let go of old patterns and bring about a rebirth in consciousness. 3 DAY TRAINING

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Specialist Courses

Tuning fork accredited practitioners training in the spine £595 This course is not part of the therapy association program and does not qualify you to teach this level. This training is fully accredited with the CMA and approved by Balens insurance. You are able to practice as a tuning fork spinal practitioner once you have completed this training weekend, successfully completed the final exam and submitted 4 case studies with a minimum of 2 follow ups on each. You must have attended our level 1 training or be able to evidence that you have received tuning fork practitioner training prior to attending this course. You must have anatomy and physiology training, which can be with us or you must show evidence of your training if this has been done externally to The Training Centre of Wellbeing. You must also agree to our codes of practice as a requirement of certification. This course takes place over 2 days and includes a set of 12 spinal tuning forks., training centre manual, harmonic massage manual and “song of the spine” book by Dr June Leslie Wieder. You may wish to purchase a chakra set of forks and a harmonic set if you don’t already have them as these can be used on the spine also and we provide details of this in our training manual but they are not required for this course. During the training you will learn about the anatomy of the spine and the nervous system. You will understand the reflex points of the spine and you will learn how to perform a harmonic massage whilst working on the energetic system of the body.

Tuning fork accredited practitioners training in the endocrine system £595 This course is not part of the therapy association program and does not qualify you to teach this level. This training is fully accredited with the CMA and approved by Balens insurance. You are able to practice as a tuning fork endocrine practitioner once you have completed this training weekend, successfully completed the final exam and submitted 4 case studies with a minimum of 2 follow ups on each. You must have attended our level 1 training or be able to evidence that you have received tuning fork practitioner training prior to attending this course. You must have anatomy and physiology training, which can be with us or you must show evidence of your training if this has been done externally to The Training Centre of Wellbeing. You must also agree to our codes of practice as a requirement of certification. This training takes place over 2 days and includes a set of endocrine system tuning forks, training centre manual and the “personal tuning fork” book by Deborah K Bates. You will study the endocrine system and understand how to use the forks on individual glands. We study the homeostatic relationship with other body systems. Included in this training is also a study of the energetic body and how it connects to the endocrine system. You may wish to purchase a chakra set of forks and a harmonic set if you don’t already have them as these can be used on the endocrine system also and we provide details of this in our training manual but they are not required for this course.

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Successful completion requires anatomy and physiology training, adherence to codes of conducts and completion of case studies.

The following courses do not form part of the therapy association teaching programme.

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Frequency of Essence ™

Contact us to receive the course brochure with full details of our courses in:

- Essence
- Auras and Chakras
- Angels and Crystals
- Colour

Frequency of the Human Body ™ from £495 Contact us to receive the course brochure with full details of our courses covering:
The Spine,

- The Endocrine System
- Digestion
- The Brain
- The Senses

Frequency of Mysticism ™ from £495

Contact us to receive the course brochure with full details of our courses including:

- Elemental Reiki
- Fibonacci
- Solfeggio
- Kabbalah
- Planets

If you would like to begin this amazing journey into tuning fork therapy, we strongly recommend you contact us to arrange a meeting either in person or via skype to discuss your options.

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Our Specialist Tuning Fork Therapy Courses These are not part of the tuning fork therapy association teaching program.

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