

Risk assessment template – Massage

Company name: Hengroen Healing

Assessment carried out by: Deborah McGovern

Date of next review: September 2020

Date assessment was carried out: 04.07.2020

Revision1: 01.08.2020

What are the specific steps?	What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	Inherent Risk			What further action has been taken/do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Residual Risk			Priority	Done
				P	I	Tot				P	I	Tot		
Prior to appointment	Lack of understanding of infection control	Client	<ul style="list-style-type: none"> Level 4 qualifications include infection control 	2	3	6	<ul style="list-style-type: none"> Additional day long Coronavirus infection control course Member of FHT 	Therapist	Prior to opening	2	2	4	High	Yes Yes
	Attendance of extremely clinically vulnerable person	Client		4	4	16	<ul style="list-style-type: none"> Clients in this group are required to obtain consent prior to treatment. This will be checked via the pre-treatment questionnaire.¹ 	Therapist	Screening of existing clients prior to opening	2	2	4	High	Yes – FHT form used and amended
	Infection	Therapist		3	2	6	<ul style="list-style-type: none"> Cancellation of appointments if client is suffering any relevant symptoms - form to be sent in advance² Checks to be made on the day 	Therapist will call/text client	Prior to every appointment	2	2	4	High	
	Infection	Client		3	2	6	<ul style="list-style-type: none"> Therapist to check temperature on day of treatment and also any relevant symptoms and cancel appointments if these are prevalent 	Therapist will call/text client	Prior to every appointment	2	2	4	High	

¹ <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/question-and-answers-hub/q-a-detail/q-a-coronaviruses>

² <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/question-and-answers-hub/q-a-detail/q-a-coronaviruses>

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Arrival	Infection	Therapist and client		3	3	9	<ul style="list-style-type: none"> Client to wait in car until allowed in No hugs! Client to proceed straight to handwash station without touching any surfaces Client to wash hands for 20 seconds with no touch soap dispenser Towel to be placed in lined swing bin (to be purchased) Client to sit only on plastic, wipeable chair Therapist to maintain 2m distance for this process Client required to wear face covering 	Client and therapist	Every appointment: <ul style="list-style-type: none"> Protocols to be emailed Protocols added to website/FB 	2	2	4	Medium	Yes
Room Set up	Infection	Therapist and client		3	3	9	<ul style="list-style-type: none"> All removeable items removed Soft furnishings removed as far as possible Remaining furniture to be covered with wipeable surface Client only to use wipeable chair Client clothes to be put into lidded box Couch covers to be changed to sheets for faster drying times Wipeable pillow covers to be purchased and used Bolsters etc covered in cling film/other non-porous material 	Client and therapist	Prior to opening	2	2	4	Medium	Yes
Treatment	Infection	Therapist and owner	<ul style="list-style-type: none"> Hair back Nails short and clean Cough/sneeze into arms and hand wash/sanitise after No working if ill 	2	2	4	<ul style="list-style-type: none"> Scrub-type overalls able to be washed at 60 Wipeable aprons to be used when temperatures allow T shirts changed after every client when temperatures dictate Therapist will hand wash and sanitise prior to treatment Face Visor to be worn as per guidance³ Face covering to be worn as per PA guidance (to be updated when available) 	Therapist and client	Every treatment	1	2	2	Medium	4

³ <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/close-contact-services>

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							<ul style="list-style-type: none"> Client must be able to get themselves on couch and adjust towels – step will be available Therapist to hand wash and sanitise when working on a new part of the body Treatment time reduced to 45 mins 							
End of treatment	Infection	Therapist and owner	<ul style="list-style-type: none"> Hands washed Clothes washed Bed covers changed 	2	2	4	<ul style="list-style-type: none"> Client to get themselves off couch Client to remove all bed coverings, place in the lined bin Client to wash hands, place towel in the bin, double tie bag and replace face covering if removed for treatment Contactless payment to be made, either by card reader or by online link Therapist to remain 2m distance for this process Therapist to open door 	Therapist and client		1	2	2	Medium	
In between treatment	Cross infection	Clients	<ul style="list-style-type: none"> Hands washed Bed covers changed Towels changed 	2	2	4	<ul style="list-style-type: none"> Lined bin bag to be removed wearing gloves, bedding to remain in bag until it can be washed Floor to be washed with SoChlor and wipe placed in lined bin outside of treatment area Bed to be disinfected and remade Chair, box, bin, table covers and covered surfaces to be cleaned with SoChlor 	Therapist		1	2	2	Medium	

More information on managing risk: www.hse.gov.uk/simple-health-safety/risk/



1. **Rare** - occurs rarely
2. **Unlikely** - unexpected, but might occur
3. **Moderate** - expected to occasionally occur
4. **Likely** - expected to often occur
5. **Almost Certain** - expected to occur very often

Consequence (Potential Severity)



1. **Insignificant** - damage negligible (paper cut)
2. **Minor** - basic First Aid needed
3. **Moderate** - treatment required
4. **Major** - hospitalisation
5. **Catastrophic** - loss of life

		Consequence (Potential Severity)					
		Insignificant	Minor	Moderate	Major	Catastrophic	
		1	2	3	4	5	
Likelihood of occurrence	Almost Certain	5	5	10	15	20	25
	Likely	4	4	8	12	16	20
	Moderate	3	3	6	9	12	15
	Unlikely	2	2	4	6	8	10
	Rare	1	1	2	3	4	5

